First Native American History Month at Fredonia | Page A-2



Issue No. 11 Volume CXXI

Wednesday, November 12, 2014



DEBATE REVEALS BELIEFS OF **SA** EXECUTIVE HOPEFULS

Cost of Fredonia's rebranding efforts

COURTNEE CESTA Managing Editor

Fredonia's rebranding comes with a hefty price tag.

The college's most recent, and arguably most noticeable, transformation sits on the edge of campus - the slate signs that mark the point at which the village ends and the campus begins. At night, they are backlit with a classic "Fredonia blue" color. The cost: nearly \$18,000.

In the worst-case scenario,

year period. Since June, however, the college has spent just under 61,000 - less than half of theiroriginal estimation. The amount, however, only encompases efforts that happened in the days directly following the switch and does not include expenses that administration would have spent anyway, such as parking stickers, the alumni magazine and certain advertising items.

Expenses have been split into four categories: stationery, which includes letterhead, the entire campuses; Facilities and University Services, which

includes signage such as that on the incubator, the back of the facilities services building, banners, etc; Marketing Needs, which is used primarily by the admission teams, marketing communications and alumni; and Advertising.

Before the campaign started, the estimated cost for stationery was just over \$21,500, facilities was just under \$77,000 and Marketing just under \$22,000. Since the campaign started, the actual cost for stationery items business cards and envelopes for has reached just over \$3,500 - a efforts took off quickly and are figure that Fredonia's Director of Marketing and Communications,

Mike Barone, attributes to departments not taking full advantage of the items.

This money does not come from tuition or state dollars but from an FSA account that grows as consumers purchase apparel labeled with the Fredonia brand. The Walden Galleria mall, Walmart and the university's bookstore are among the locations that provide royalties to the fund, which is now being reinvested in the new facade.

According to Barone

Broadcast media groups take action against

commentators

MEGHAN GUATTERY and MAGGIE GILROY Staff Writer and Editor in Chief

For each home men's hockey game, Fredonia's campus radio stations (WCVF/ WDVL) and television station (WNYF) provide play-by-play collaborate to commentary and video coverage for televised broadcast.

However, on Saturday, Oct. 26, when the Blue Devils faced off against the Oswego Lakers, the commentary covered much

Fredonia projected a \$132,000 price tag on the rebranding efforts that will be spread over a two-

INSIDE

THE

LEADER:

See Rebranding page A-2

more than slapshots and penalties. Two commentators, a student and alumnus, made inappropriate comments that went against FCC policy, with the intention of being humourous.

A negative reaction to the comments was expressed by both Fredonia alumni and Oswego students via Twitter.

At the beginning of the third period, WNYF-TV staff cut the audio from the program. They displayed the words, "We apologize for the slander," on the screen. In addition, they issued an immediate apology for the comments on social media as well as onair.

See Commentators page A-5



HILLMAN OPERA FEATURES

Fredonia looking BACK DURING VETERANS Remembrance Ceremony A-3



Writer Daisy Fried visits Fredonia: Poet Daisy Fried came to campus for a craft

talk and poetry reading on Thursday, Nov. 6. This event was part of the Mary Louise White Visiting Writers Series, which is presented every semester. See story on page B-2

Men's ice hockey celebrates first win of season:

The men's ice hockey team traveled north

to gain points in two non-conference games

against SUNY Canton this weekend.

See story on page B-5

Rebranding: continued from A-1

well underway. He says that although there are certain things, such as the Technology Incubator in Dunkirk, that still say "SUNY Fredonia," his concentration is on pushing the college's new logo and solidified name outside of the immediate community.

"The folks who live right here in our backyard are still going to call us whatever they want to call us," Barone said. "We still have people calling us 'Fredonia State' and 'SUNY Fredonia.' We didn't make this change with them in mind, because we already have brand recognition in them. But it's when you get one, two, three, four hours away from here - that's when people start to think of us as multiple entities. They were openly asking, 'now, which one

are you? Are you SUNY Fredonia, are or you Fredonia state?"" When it is

complete, the incubator's new sign will cost estimated an \$13,000.

push The for the seemingly simple name "Fredonia," of rather than " S UNY Fredonia," is not an intention to break away from the SUNY system but is move а for the college to gain higher recognition. There are 64 SUNY colleges that operate under four flagships which make the system the largest of all in the nation. Because of the large number of campuses, however, Fredonia is constantly immersed in unavoidable

competition with its SUNY brothers and sisters. "Evolve, transform, change the

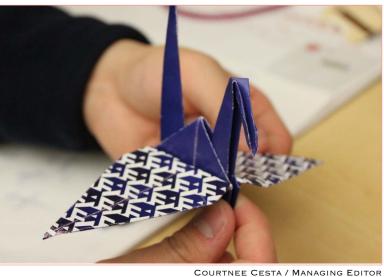
world," Barone said. "That's our campaign we're in. And it's what

want people to think 'Fredonia' first. That's the dominant thing, and then, 'oh, by the way, we're part of the State University of New York, and we're very happy to be.""

Before the change, Fredonia was one of the few universities in the SUNY system that was still identified as such in its official title.

To enforce the 'Fredonia' name outside the campus, the college has created advertisements beyond its usual radio commercials. When the campaign started in October, it released a handful of billboards in the greater Buffalo metro area, then moved on to include large banners in the Galleria Mall.

Barone appreciates out-ofhome media, such as the billboards and banners, for the unavoidable



'EVOLVE, TRANSFORM, CHANGE THE WORLD" CAMPAIGN ENCOURAGES STUDENTS TO CREATE PAPER CRANES TO REPRESENT kept going with HOMETOWN.

> exposure it provides — the audience can't physically change the channel or fast forward - but says there's a downside to it as well: the lack of content.

studios and study abroad experience, but no classroom learning something Barone says was done deliberately, in order to show how much learning at Fredonia happens outside the classroom. But that isn't the only unusual aspect of the video.

"We also started with the sciences, and that's very different for this university. Most people think of education and music," Barone said. "And that's great. We're very strong in those areas and we're not going to give up on them any time ever. But that's not enough anymore. We're much more than that.

"And then there's the crane."

The paper crane, which can be seen in all of the new ads for Fredonia, was introduced to campus a few years ago by one of Fredonia's

partner universities in Japan. In March 2011, following the earthquake 9.0 and tsunami Tohoku, near Japan, Fredonia students, staff and faculty sent one of the partner universities care packages. In return, Fredonia received a series of origami cranes that the college then hung in University Commons a symbol of happiness, peace and good luck.

When the rebranding campaign launched, was Barone said he used the crane as inspiration create an to animation where the birds emerged from the "F" of the new logo.

"So we just it and said 'you know, this really is that great

symbol for that transformation that a Fredonia student experiences while they're here.' And it just sort of took off from there," Barone said.

This year, accepted students

Fredonia hosts its first Native American History Month

BRITTANY PERRY Special to The Leader

"I do not 'look' Native. In fact, if no one told you, you'd think I was all Irish. However, I have my grandmother's eyes, and I was raised a Shinnecock," said the president of the Native American Student Union (NASU) Sierra Wiegman as she addressed a crowd of 50 for the opening ceremony of Native American History Month.

The opening ceremony took place on Nov. 4 in the Horizon Room.

Wiegman's opening was joined with a talk entitled "Indigenous Stereotypes: Past and Present" given by the event's main speaker, Dr. Lisa Marie Anselmi, an archaeologist and chair of Anthropology at SUNY Buffalo State.

Anselmi discussed just a few of the many stereotypes about Indigenous peoples of North America that are prevalent in popular culture today. Her presentation highlighted the creation of these and other Indigenous stereotypes during the Colonial period (c. 1540-1789) and followed the use of these stereotypes by the public and later government entities in the United States and Canada through the successive time periods until the present.

"Indigenous peoples of North America and their cultural traits seem to be often objectified because of the long-time depth of these sorts of stereotypes here. Opinions of the colonial settlers in the U.S., Canada and Mexico were formed upon their arrival in the 1500s, and it was in their vested interest to belittle and dehumanize Indigenous peoples, since their goal was conquering these groups to acquire land and resources," Anselmi said. "For the colonists, it was necessary to be able to compartmentalize their activities so that the moral standing on which the land deals and treaties were undertaken could be seen as sound rather than as sketchy."

The second event that was hosted as a part of Native American History Month was a domestic violence and sexual assault forum that discussed these crimes against Native American women and was co-sponsored by the Women's Student Union. According to the Campus Report, the forum was led by Brian Mohr, a deputy sheriff in Erie County who is of Seneca ancestry, on Thursday, Nov. 6, in McEwen Hall Room G-26. A presentation by Fredonia's Counseling Center followed to educate audience members with appropriate ways to address, respond to and support friends or family members struggling with domestic violence. Today, students will be able to attend a seminar on cornhusk doll making. The seminar will be led by Marcy Kane and Bernadette Franklin, both of Seneca Deer clan ancestry, from 5 to 7 p.m., at the Williams Center, Room S204-E. Materials will be provided for the program, which is free and open to the public. 'The event I'm actually looking forward to most is Culturefest," Wiegman said. "It's actually not a Native American Student Union

event, but it's an event put on by the Center of Multicultural Affairs (CMA) in honor of NASU's first history month. We are going to be having presentations and tables from every CMA group, and most of the international groups and international education groups."

Wiegman says that NASU is currently working on getting Native dancers to close. The event will be held Monday, Nov. 17, in the Multi Purpose Room at 6 p.m.

Students and faculty will be able to experience a "Cranston Thanksgiving" on Tuesday, Nov. 18, around dinner time at Cranston Marche. The event will serve traditional Native American dishes, such as succotash, samp, (a bean stew), and slump, (a dumpling with blueberry sauce over it).

To wrap up the month of celebration before the closing ceremony, the group will be showing "Unseen Tears" on Nov. 19 at 7 p.m. "Unseen Tears" is a short documentary about Native American families in Western New York that continue to feel the impact of the abuses that occurred at the Thomas Indian School and the Mohawk Institute. There were often instances of physical abuse, forcing those inside the institutions to shave their heads and when someone tried to speak the Native language, their mouth was washed out with soap. Survivors will share their stories about the traumatic separation they experienced from their families, abuse and a systematic assault on their language and culture.

Wiegman, who briefly broke away from her native heritage, has used the resources available from the CMA to re-vamp the Native American Student Union

When I went to Multicultural Weekend at Fredonia, I was given an introduction to the Center for Multicultural Affairs. I saw that there was a sign for 'Native American Student Union,' but learned that there was no such group at that time," Wiegman said. "I thought about how I had pushed away my culture, about the accepting environment that Fredonia offered and how I could not only work to reclaim what I had lost, but also introduce others to the joy it had once brought me."

Fredonia is celebrating Native American History Month from Nov. 4 to Dec. 3.

we want to prove we do as well as any other place. And we laughed out loud when Bill Nye came in and kept saying that because we were already two weeks into this campaign."

Becoming more contemporary is only a part of the campus' reason to move toward its new logo. Barone says that aside from modernization, the rebranding is an opportunity to create a complete visual change to support its operational change.

When establishing a new name for the campus, the rebranding committee turned to FSA for help. According to Barone, FSA provided a significant amount of important data, such as statistics that showed apparel with the "SUNY" acronym was not selling nearly as well as apparel that sported "Fredonia State."

"We didn't want to get rid of our connection to the system all together," Barone said. "We just

"Now, we had a different riddle that we had to solve because we added a visual component that we had to get across," said Barone. "It's just logo, vibe, feeling - something like that. And hope it permeates."

Barone has confidence that over time the "Fredonia" message will in fact permeate, but meanwhile strives to create something bigger and better. The campaign has now evolved toward its most prominent medium and primary component, as seen during the Country Music Awards last week, a television Spot.

"What we wanted to do is really create something that was dramatic, to have it stand out," Barone said. "Something that would be a noticeable departure from what we've done in recent years. To change the tone of the entire university."

Throughout the 60 seconds, the audience sees science labs, recording will receive a sheet of paper to use to create their own crane.

The campaign in its entirety, including the billboards, posters and television spot, was created to initiate the change in perception of Fredonia, and is spreading far beyond campus. According to Barone, aside from playing in Western New York during the CMA's, the television Spot is also playing in Buffalo, Rochester, Syracuse and even into Ithaca, at all Regal Cinemas before every single movie. Because TV and outdoor media are expensive, the campaign will soon turn to online ads, such as on YouTube and Twitter.

The university is staggering its resources to develop the campaign, which should come to a close within a two year period.

Anselmi stresses the importance of celebrating various types of history months, even if the culture being celebrated does not fit in with your own.

"These monthly celebrations highlight important persons. historical events and/or current events and concerns for these communities. This is a form of education. All Americans would be able to learn about something new or to a greater depth than they knew before because of their participation in these events," she said. "Learning about a community or culture other than one's own fosters greater understanding, awareness, and empathy with members of that culture. We live in an increasingly global world and these inter-cultural experiences aid us in negotiating that world in a positive manner."

Fredonia looks back during Veterans Remembrance Ceremony

MARSHA COHEN Staff Writer

For the seventh year in a row, Fredonia gave recognition to the brave men and women who served our country by honoring them at the Veterans Remembrance Ceremony.

Fredonia staff members and students joined Veterans Affairs Secretary Eric Shinseki in commending the nation's veterans in the current and previous generations for their time in service.

During the event four students each received a \$500 scholarship from the Veterans Affairs office, and junior criminal justice major Ryan Blendowski received a \$1,000 scholarship for his current service in the National Guard. Blendowski was unable to attend the event because he was called to active duty by the National Guard.

For three consecutive years, Fredonia has been named to Victor Media's Military Friendly school list, crediting consistent dedication to making the transition from active service to student easy for veterans.

"I was a student employee at the Veterans Affairs Office after retiring from the army in 2011, and I graduated this past December [from Fredonia], and then I was offered the job," said Mark Mackey, the new Veterans Affairs Administrator.

Mackey reflected on the help he received from the Veterans Affairs Office, and how it made life as a student easier. "I was really nervous when I got out. [The Veterans Affairs Office] really helped

me out a lot. I was a 40-yearold veteran going back to school, but they were a very helpful group. It made me understand — it's not hard being a student," said Mackey.

"They verv were practiced and extremely informative. They make you sure [G.I.] get

because when COLORS. first vou

hear about,

'Oh I'm getting benefits,' you don't know how to go about it, but the office will bend over backwards to make sure you get them," said Patrick Seiberg, a junior criminal justice major and member of the U.S. Air Force Reserves.

"On a scale of one to 10, in terms of how hard the transition was from marine to student, was about five. I made a list of what I should and shouldn't do. A lot of people fail and I don't, I push myself," said Andrew Flagg, a former Marine and currently

difference.

"I've always wanted to help. I came from a low socioeconomic background, so I can relate to kids coming from that background. My dad barely made it through high school

> and my mom didn't, so I can relate to those types of kids," said Flagg.

Jayde Gemboys, a junior social work and criminal justice major, was honored with the scholarship because of her dad's 23 years of dedication to the armed services.

"Не served eight years in the Navy and 15 years in the

the inside he's probably like a teddy bear, but on the exterior he's tough. Sometimes it's hard. He's got to work on his personal skills, but he's always motivated me," said Gemboys.

The men and women who have served our country can easily admit that they are not always the typical students, but they don't let their differences hinder them from performing in the classroom.

"It think it's good for us to be in the classroom because we have world experience. We can say, that, 'oh I remember that I was there," said Flagg.

"The military teaches you discipline, it teaches you that you can always do better. When you are getting yelled at in basic training, no matter what you do it's not good enough and that improves you as a person," said Seiberg.

The transition from combat to student is not always the smoothest, but Mackey offers support to those who have a hard time shedding their battle wounds.

"With my experiences, I was diagnosed with PTSD [Post-Traumatic Stress Disorder]. I fought in Iraq and I've worked through it. We have a few students that I've sat down with and really helped them get through the tough times," said Mackey.

REBECCA HALE / ASSISTANT REVERB EDITOR

 $b \; e \; n \; e \; f \; i \; t \; s$, the Junior Cadets of Dunkirk High School retire the

a social studies adolescence education and a history major.

From glancing at the program, many former service men and women major in criminal justice, which seems very fitting because of their service backgrounds. Flagg chose the education route because he wanted to make a

National Guard. If it weren't for my dad's service, going to a four-year school wouldn't be possible," said Gemboys.

Gemboys openly spoke about what it is like being raised by a military father, and how it has shaped her into the student she is today.

"It was tough. I mean, on





--- POLICE BLOTTERS ----

UNIVERSITY

Monday, Nov. 3, 2014

12:38 a.m. Ashley S. Janoff, age 18, was issued an appearance ticket and arrested for possession of marijuana in Alumni Hall.

3:52 a.m. There was an odor of marijuana in Eisenhower. A report was filed.

11:21 p.m. Marijuana and vodka was found in the dormroom of Kristofer E. Harris, age 19, during a fire alarm investigation.

Tuesday, Nov. 4, 2014

9:00 a.m. A student was receiving numerous phone calls from unknown number. A report was filed.

Wednesday, Nov. 5, 2014

1:00 p.m. A door aram broke in the 311 suite of Kasling/Grissom Hall. Photos were taken and a report was filed.

4:49 p.m. There was a smoking light in a room in Hendrix Hall. A report was filed an Housing Service was called to repair it.

8:55 p.m. A Faculty Student Association employer and employee were acting strangely in the Williams Center. The manager was spoken to.

Thursday, Nov. 6, 2014

10:39 p.m. A Macbook Pro was stolen from the music area of Reed Library. The property was located and returned. A report was filed and a statement was taken.

10:48 p.m. Jacob T. Pontrello, age 19, was arrested and issued an appearance ticket for possession of marijuana in Grissom Hall. Evidence was collected.

Friday, Nov. 7, 2014

1:50 p.m. A student was acting strange in Residence Life. A report was filed.

2:30 p.m. An M&T bank debit card was turned in. A report was filed.

2:35 p.m. A computer tablet was stolen from McEwen Hall. A report was filed.

9:24 p.m. Samantha R. Fleming, age 18, was issued an appearance ticket for possession of marijuana in Hemingway Hall.

10:30 p.m. There was suspected marijuana usage in McGinnies Hall. The claim was unfounded.

1:00 a.m. Subjects were found in lot 9A with marijuana and alcohol. John B. Murphy, age 18, Jacob P. Nisbisch, age 18 and Amanda B. Namendorf, age 18, were arrested for possession of marijuana. Adam A. Plera, age 19, was arrested for underage possession of alcohol.

11:00 a.m. A wallet belonging to a student was found in University Village. A report was filed and the owner was notified.

THE LEADER CLASSIFIEDS

House 2bdrom close to college nonsmoking no pets non partiers call Don at 7166735270 2bth ava Fall15 Spring16

11:00 a.m. Keys were found by Mason Hall. A report was filed and the owner was contacted.

Fredonia

Tuesday, Nov. 4, 2014

1:33 a.m. Robert R. Abate, age 41, was issued traffic tickets for failure to stop at a stop sign, driving while intoxicated per se, (blood alcohol content above 0.18), and driving while intoxicated. d

Wednesday, Nov. 5, 2014

Austin C. Smith, age 20, was charged with harassment.

Brittany Deming, age 24, was charged with harassment.

Joshua J. Diorio, age 26, was charged with grand larceny.

Friday, Nov. 7, 2014

9:45 p.m. Mykell J. Pyatt, age 24, was issued an appearance ticket for unlawful possession of marijuana.

Saturday, Nov. 8, 2014

12:01 a.m. Calvin C. Munoz, age 22, was issued an appearance ticket for violating the noise ordinance.

12:50 a.m. Roy R. Roman-Garcia, age 18, was issued an appearance ticket for attempting to purchase alcohol by fraudulent means. Roman-Garcia was released on own recognizance (ROR).

12:01 a.m. Akil N. Pruill, age 19, was issued an appearance ticket for unlawful possession of alcohol.

1:19 a.m. Delany A. Williams, age 19, was held for criminal mischief in the fourth degree, trespassing and criminal impersonation in the second degree.

Carlton J. Coatsworth, age 21, was issued traffic tickets for driving while intoxicated with a blood alcohol level of more than .08, driving while intoxicated and speeding in zone.

Sunday, Nov. 9, 2014

12:26 a.m. Shane M. Margis, age 27, was held for disorderly conduct.

1:36 a.m. Timothy M. Wright, age 22, was issued an appearance ticket for violating the sewer ordinance.

All information printed in The Leader's police blotter is a matter of open public record. No retractions or corrections will be made unless a factual error is shown. Anyone who is cleared of charges has the right to have so printed. It is the responsibility of the accused to provide notice and proof of the dropped charges.

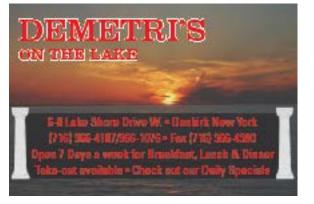


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Debate reveals beliefs of SA executive hopefuls Dedrick, Beaudoin, Phillips and Colvin discuss views of SA

S.L. FULLER News Editor

Past, present and future Student Association members were part of the audience last Thursday night to hear the 2014 SA Executive Election Debate. Presidential candidates Jefferson Dedrick, sophomore adolescent education and history double major, and Zachary Beaudoin, junior international studies and English double major, debated for two hours explaining their platforms and ideals in McEwen room G24. Dedrick and Beaudoin also had their running mates by their sides: vice presidential candidates Alexis Phillips, senior business major, and Tyler Colvin.

As a first-time Chair of Elections, this debate was the first one William Sattelberg had ever moderated. For the first half hour of the two-and-a-halfhour debate, all four candidates introduced themselves and their platform, answering general questions made by Sattelberg.

Sattelberg then followed with a standard debate structure, giving each speaker two minutes to answer each question with 45 seconds allotted to the opposing candidate for rebuttal. However, the candidates were not asked traditional debate questions.

The first question Sattelberg asked was "how well do you know the Student Association Constitution?" This allowed for each candidate to explain their knowledge of it, but didn't allow for true debate.

One of the few subjects that Dedrick and Beaudoin disagreed on was the unwritten duties of the president. Dedrick said that he thinks that the Student Association Constitution and statutes cover every single issue, while Beaudoin felt there was room to take liberties and add things.

"Beyond what's stated in the constitution, I think the presidency position is someone who represents the campus well," said Beaudoin during his two-minute response. "Someone who ... shakes those hands, gets to know people on a personal basis. And honestly, I think the president's position is bringing everything full circle. Because we do have an administration and I personally feel like there's a big gap between administration and the students. And I think the president needs to be that voice to kind of bring the student association together, bring the students together and the administration together and act as an advocate for the students but also to personalize the administration."

In Dedrick's 45-second response, he stated how he thinks all those things are already written down.

"I think that all of those things are very good things and I think that they're covered in the Constitution and statutes," said Dedrick. "Our Constitution and statutes are meant to be this comprehensive document that covers everything the Student Association does ... And really, I think it's comprehensive of everything that the president should be."

"I think the Constitution is kind of general when it deals with the president. Statute E1 is 'Duties of the President' and it outlines them all very nicely, very succinctly," continued Dedrick in his two-minute response. "And what I think the job of the president is to take where it says 'liaison to the administration' and use that for all that it's worth. I think the Constitution and statutes say what the president needs to do and it's up to the presidents themselves to say 'I'm going to take this and I'm going to run with it' and that's what I'd love to do."

Although Dedrick began disagreeing with Beaudoin, toward the end of his twominute response, he appeared to agree with Beaudoin in saying that the president should expand upon what's written because it's not all there. So, in Beaudoin's 45-second rebuttal, he agreed with Dedrick.

"I agree completely," said Beaudoin after Dedrick's response. "The beauty of a democratic constitution is that they are living documents. It encompasses a lot but it's so broad that you can never be so specific. You need to be broad or else you get caught up in the constitution — you're going to get violations of the constitution."

Disagreeing then ultimately agreeing with each other was a running theme between the presidents for the rest of Dedrick and Beaudoin's debate. Even when answering questions from the audience, submitted to Sattelberg via email and Twitter, each candidate would wave their 45-second rebuttal almost every time because they agreed with each other.

As the debate moved from presidential candidates to vice presidential candidates, waving the 45-second rebuttal remained a continuing trend. However, Phillips and Colvin did not agree with each other on some subjects.

One of the biggest responsibilities of the SA vice president is to coordinate Fall and Spring Summits. Sattelberg asked the vice presidential candidates what they would do to change them. Both Phillips and Colvin waved their rebuttals, but they did use their two-minute response time.

"There were questions asked this evening that point to student involvement," said Colvin. "I would like to be much more proactive in seeking out students — I want students to represent positions of responsibility within the Summit. And I really want students to be more active in the support of the organization so they can truly make it their own."

Phillips said she wanted to take advantage of the opportune time for communication with groups.

"I've attend this past Fall Summit and the past Spring Summit so I know what they entail. And, in terms of facilitating them, I think it's really important to make sure that all the groups are getting the information that they need so they know how to get money, and the faces of the executive board, so that they know who to go to about issues that they may have," said Phillips. "There's already been a huge transition between Spring Summit to this Fall and it went smoother. It was more clear and more concise and those are things that I plan on continuing. Historically, that's one of the sure times that the executive board and all the SA reps are going to be interacting

with the presidents and treasurers of the groups. And that's such a huge interaction, so we want to make sure that it's an official one."

Although the audience dwindled when the debate shifted to presidential to vice presidential debate, there were a few who felt it was important to stay for the vice presidential debate too.

"I stayed because I think that ... the vice presidents, since they work more with the groups, are equally as important [as the presidents]," said audience member Courtney Loiacono, senior double major in English and women's and gender studies. "I think that all four candidates really spoke eloquently on what they wanted to do if they were elected to the position."

Overall, all parties thought the debate was beneficial to both candidates and prospective voters.

"I thought the debate went very well," said Beaudoin via email after the debate. "I think a combination of things could have definitely improved the debate such as formatting, questions, and clear rules. Although, for our first debate and Will's first debate moderating, Bravo to both sides!"

"What really stood out to me was the collaborative effort, even though everyone was really respectable. And each of the candidates — even though they were competitors — kind of fed off of each other," said Loiacono. "I think that really speaks to the collaborative effort that SA, as a whole, is trying to go for."

Commentators: continued from A-1

The apology on the Facebook page for WNYF-TV reads "We apologize for the comments made during tonight's hockey broadcast. We do not condone the actions of the broadcasters involved and they will be spoken to accordingly."

"I think they acted very

are banned indefinitely from calling the games. Complete disciplinary action from WCVF/ WDVL is still in process. Both commentators were understanding of the action taken against them.

"It was an unfortunate situation and we handled it in the

ensure that both are aware of the actions of their commentators.

"You can never really be sure what will happen — that's part of our jobs," said Meghan Devine, general manager of FRS. "You never know what will happen and it's all about handling things appropriately,

on the game but the commentary resembled the comments of a rowdy audience rather than professional broadcasters."

The apology was received by Athletic Director Susan Viscomi as well as men's hockey coach Edward Gosek. Viscomi expressed her appreciation of the action taken by members of Fredonia media in a recent email interview. "I am replying to let you know that both Coach Gosek and I received a letter of apology from Ms. Johnson," said Viscomi. "Oswego State appreciates the swift and decisive action that was taken and we now consider the matter closed." WNYF-TV also received an email from WTOP-TV, the Oswego TV station, stating that it understands that situations such as this happen and the situation will not be taken personally by the station.

especially the on-air announcers, just to remind them that in general we don't make fun of other people or communities," said Johnson. "By having someone sign the contract, you know that they have really thought about it."

Johnson is optimistic that

appropriately under the circumstances," WCVF/WDVL advisor Laura Johnson, associate professor of communication, said about the WNYF-TV's choice to cut the audio. "They did not have the chance to get any consensus from any professionals at the university. They made the decision to pull it basically on their own."

The commentators were instructed by Johnson not to speak in regard to the situation. Johnson also asked that their names not be revealed, as the commentators have been spoken to and proper discipline is being implemented.

It is WCVF/WDVL's policy that commentators who break FCC rules will be banned indefinitely from their positions, therefore both commentators most professional way that we possibly could," said Cassandra De Luise, general manager of WNYF.

Krystina Ventry, WCVF News Director, and Brendan Hoare, PR Director for WNYF-TV, are currently filling in for the "color commentary" segment. Jerry Reilly, Sports Information Director, has expressed interest in filling in for the "play by play" segment.

"Since then, WNYF and FRS have devised a publicity strategy so that we can collect ourselves and make sure that neither of us are hurt by the situation," said De Luise.

The strategy will focus on timely responses to situations such as the one on Oct. 26. It will also emphasize communication between the two stations to

and I think that, like Cassie said, we devised a way that if this ever is to happen again, which it shouldn't based on how we're running this, it would be fixed in a timely fashion without having

Just after the event occurred, Johnson sent a letter to the Oswego athletic faculty.

to go out of proportion."

"I am writing to apologize for the content of the broadcast and to say that WNYF-TV was in no way responsible for the unprofessional comments made over the air by the radio announcers," said Johnson. "WNYF was correct to pull the plug on the audio broadcast, in my opinion ... I explained to the entire group that broadcasters get in trouble when they forget the purpose of broadcast. In this case, the focus should have been

The staff at WCVF have already begun developing a plan for a contract system to prevent these kinds of errors in the future.

"It will be for everybody,

this experience will better the students in the long run.

"The thing that I have

admired is that the TV and radio stations have pulled together and are trying to fix this in a professional manner and work together," said Johnson. "I'm completely impressed with how the students have responded. I expect that this will help them further develop their professional behavior as broadcasters."

"The entire thing has been a learning experience, especially with two student groups that have been working so closely together in the past," said Devine. "We had a strong connection in the past and we're obviously working to make this continue as a strong future."

OPINION

Wednesday, November 12, 2014

The Leader A-6

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Voting matters

If you haven't yet, today's your last chance to vote in the Student Association Executive Elections. Stop by the booth outside Tim Hortons between 9 a.m. and 9 p.m., and let your voice be heard. Here's five reasons why The Leader thinks it's important to vote in student elections:

1. It's your right

Whereas many governments around the world don't allow citizens the right to vote, America does! You have the opportunity to select (student) government leaders, and the health of our democracy relies on your participation.

2. Your vote matters

Many students believe their vote won't make any difference, but elections have shown that just a handful of votes can sway the outcome. Taking initiative to vote can keep the election from being left to chance.

3. Shape the social agenda

If you're passionate about a certain social issue, there's no better way to show it than voting in support of your beliefs. It's a great excuse to learn more about the candidates, too!

4.It's important to be involved

Regardless of political beliefs, a pair of the candidates will run the Student Association, which serves the student body.

5. The rest of your college career may shape your future job, home, family or business. Do you really want to leave those decisions up to someone else?

LETTER TO THE EDITOR

Dear Editor,

As an alumnus back for Homecoming weekend, I can only compliment all of the students and members of the administration who made it such a successful weekend for us old-timers. Fredonia has indeed become a beautiful campus and the Homecoming events were great.

Of course, I picked up a copy of [Issue eight of] The Leader and was pleased to learn that there is a Saudi Students Club, and that they are introducing Fredonia to Saudi culture. However, the first page photos show mostly male students, so I am wondering how many Saudi women are on campus. Moreover, I am curious as to what the Saudi Students Club might have to say about equality of opportunity for women in their country. In fact, my wife is Arabic, from Bahrain and, before our marriage, I recall her making me promise to never ask her to move to Saudi Arabia! Of course, that was years ago ... perhaps Saudi women are now able to drive and compete with men for jobs ... but if not, I would express the hope that the Saudi students at Fredonia might pick up something of the concept of gender equal opportunity to bring back to their country.

Lance Durban Class of 1970

POLICTAL COMMENTARY: MIDTERM ELECTION RECAP

Republican majority may be short lived

CONNOR HOFFMAN Special to The Leader

Republican mania has taken over the country after they kept control of the house and gained a majority in the senate. The Republicans have taken a very tough tone against the Democrats, but they should watch what they say. The Republicans must and he's going to burn himself if he continues to go down that path," said Boehner on Obama's proposed immigration executive orders.

"T've made clear to the president that if he acts unilaterally on his own outside of his authority, he will poison the well and there will be no chance for immigration moving in this Congress," said Boehner. voted out. The American people are sick of a Congress that would rather trash talk each other than legislate. According to a Gallup poll,65 percent of Americans are dissatisfied with the how the government system works.

Even with all the tough rhetoric, the Republican leaders have been saying there is some hope for bipartisanship. Both Boehner and McConnell have said they currently don't plan to completely repeal Obamacare but rather repeal some of the most controversial parts of it. They have also expressed that they hope to do this bipartisanly, according to an Op-Ed that Boehner and McConnell published in the Wall Street Journal. the party believes in, but must also be willing to compromise. According to a 2013 Gallup poll, the American people believe one of the most important issues is dysfunctional government. McConnell and Boehner have to be leaders and tell the conservative wing that this country needs both sides to agree.

A Ramussen poll conducted on Oct. 28 shows just this, with 62 percent of those polled believed that Congress is doing a poor job. 80 percent of those polled believed Congress listens to their political party more than the people they represent. Only 10 percent believed their congressman listen more to their constituency. In January the House of Representatives will be composed of 244 Republicans and 180 Democrats. The Senate will be composed of 52 Republicans, 43 Democrats and two independents. Although the Republicans may have a majority, this is not a strong enough majority to override the president's veto. Let's hope the Republican leadership makes the right decision and reaches across party lines to work with Obama and the Democrats. I guess we will just have to wait until 2016 and see how it all unfolds.

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Proud member of:

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Columbia Scholastic Press Association Associated Collegiate Press work with the Democrats if they hope to keep control in 2016.

Even before President Obama took office, the Republicans vowed to resist him at almost every step. The Republicans would gain the reputation of the party of "no." The Republicans obtained this nickname because to many it seemed like they would rather say "no" than work with the Democrats.

The Republicans are going down a slippery slope of no return with some of the comments they've made. They must watch what they say; if they don't, the American voters will blame them in 2016 — not Obama.

Speaker of the House John Boehner has threatened Obama not to issue executive orders on immigration.

"When you play with matches, you take the risk of burning yourself,

Boehner has chastised Democrats who voted for Obamacare, saying that was the main reason they lost.

"I don't believe a thing he says," said Republican National Committee Chairman Reince Priebus when asked about working with President Obama.

"[The] era of Obama lawlessness is over," said prominent Tea Party Republican Ted Cruz.

Soon-to-be Senator Majority Leader Mitch McConnell has taken a slightly different tone on the party's recent victories.

McConnell has said that the party's recent victory is due to America's disappointment with Obama, but also that dysfunction in Washington was a big factor, too.

The Republicans have to realize before it's too late that this badmouthing is going to have them "The Senate in the last few years basically doesn't do anything," said McConnell. McConnell has said how his first plan is to get the Senate back to normal

The Republican leadership may say that it is willing to work together with the Democrats now, but not every part of the party agrees with that. According to conservatives such as Ted Cruz, Republicans need to maintain a harsh tone against the democrats and not include them that much in lawmaking.

McConnell and Boehner should adhere to the conservative values that

FROM THE DESK OF **RYLI CHMIEL BUSINESS MANAGER**

Br³⁵ eaking He arts, My Ba o

Illustration by Ryli Chmiel / Business Manager

right? Well, wrong.

Rumor had it that the hit AMC drama "Breaking Bad" was going to start back up with a sixth and final season. I clicked so many links to different websites, like Empire News, (which sounds legit, right?) and was definitely convinced for a while. I mean, even Vince Gilligan, the creator of the show, said in the "interview" that "it's true; we did decide to come back for another round with Walt ... He hasn't died just yet."

The article also stated that the sixth and final season would begin shooting in December – now wouldn't that be a Christmas miracle? Sadly, but surely, the rumor was squashed by Aaron Paul himself (who played Jesse Pinkman in the show), tweeting about it. First, he said, "This link really made me laugh. And also made me think that I had some work to do. Breaking Bad season six everyone. [link to Empire News]." He then tweeted, "It's not happening

Everyone loves a good rumor, friends." My heart is broken for sure, but I will forever be a "Breaking Bad" fan.

> But, hey, cheer up! You'll be happy to know that what isn't a rumor is that there will be a spin-off show called "Better Call Saul," which will focus on the criminal lawyer himself, Saul Goodman (played by Bob Odenkirk), and will be set in the time leading up to establishing his strip-mall law office in Albuquerque, New Mexico.

> So, not to start another rumor, but word on the street is that there could possibly be some guest appearances from the chemistry teacher/meth cook himself, Walter White, Jesse Pinkman and maybe even Hank the DEA agent - who knows! "Better Call Saul" is said to premiere in February of 2015, so instead of having a countdown to Christmas, let's have a countdown to the premiere!



Courtesy of imgur.com



What kind of Disney character would you like to see?

Jake Walsh Senior, Sound Recording Technology

"I want to see a modern character that gives a good message to todays youth, in a world where the media sort of tells you how to live. That would be a good image for Disney to have and a positive influence on the kids today."

Griffin Tritto Freshman, Public Relations

"Definitely a more modern character"

Justin Gennaro Freshman, Liberal Arts "I want to see something more modern that plays off of more modern issues, definitely a new take on today.'



Kali Fyock Junior, Public Relations

"I would like to see a Blue Devil Disney character."



Kathleen Mahaney Junior, Music Education "I would like to see more ethnically diverse characters, maybe something along the lines of an LGBT-focused character."

A dream is more than a wish your heart makes Junior petitions Disney

MAGGIE GILROY Editor in Chief

Burgandi Rakoska currently has a tie for her favorite Disney princess. Although it used to be Belle, of "Beauty and the Beast," it is currently "The Princess and the Frog's" Tiana.

"I like that whole message that, after 70 years or so, Disney finally had that message that wishing isn't going to get you to that destination," Rakoska, a junior childhood inclusive education major said. "That you have to work hard."

Like Tiana, Rakoska knows what it is like to work hard to reach her dream. But, unlike Tiana, Rakoska is in a wheelchair. This motivated Rakoska to petition Disney to create a princess with a disability.

"I woke up last Sunday morning and thought why am I just sitting here just hoping it would happen?" Rakoska said in a recent interview. "Why not actually do something?"

The petition, posted on http:// www.change.org, was created by Rakoska on Oct. 26. It states "Nearly one in five people have a disability in the U.S. Yet less than 1% of Disney characters are disabled.

Disney is renowned for creating a magic that can be experienced by children and adults alike. Part of this magic is created through representation. "So,

Disney, I'm wishing upon a star...Please create a Disney disability and let children signatures.

Rakoska has had Spina Bifida her entire life. According to the Spina Bifida Association, Spina Bifida is a condition formed in the womb when a spinal column

untether her spine. She has been in and out of a wheelchair since then, however she will most likely be in a wheelchair for the remainder of her life.

At the present moment,

Rakoska can only think of two disabled cartoon characters, one from Avatar: the Last Airbender. While Rakoska began the petition on her own, she has received support from the campus and community. "I started

the petition on my own, but everybody has stuck behind

me," Rakoska "It's said.

Rakoska has been busy conducting interviews for local TV stations, as the petition has gained attention from media across the community including WGRZ and YNN. Rakoska described the media attention as "nuts."

"I remember when WGRZ came and they asked 'best case scenario/worst case scenario,"" Rakoska said. "Best case scenario: it happens and I can go down to Disney and be a part of it. I've been day dreaming, I'm not going to lie. Just daydreaming about just the best of the best scenarios.

"But even the worst case scenario, it's still a thought in their heads. People still see it and they're like 'well, hey, why hasn't Disney done this?' And 'what would it be like if they did do it?""

While Rakoska has not yet heard back from Disney, she has instilled this hope in the minds of others.

"I've had people come up to me all week, and they're like 'you know what? I've never thought about that before. But that's the point," Rakoska said. "And even if that's the most that comes from this, it's still working."



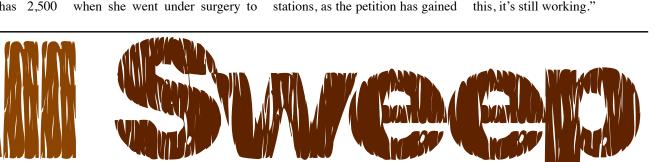
REBECCA HALE / ASSISTANT REVERB EDITOR

Princess with a Burgandi Rakoska is interviewd by WGRZ in Reed Library.

with disabilities experience the

magic." As of the publication of this article, the petition has 2,500 does not close all the way. However Rakoska has only been in a wheelchair since she was 12,

nice."







REBECCA HALE / ASSISTANT REVERB EDITOR

PRESIDENT HORVATH, KALI FYOCK, LAUREN ORLOWSKI, JORDYN HOLKA AND DR. HERMAN PARTICIPATE IN THE CAKE-CUTTING IN HONOR OF FALL SWEEP'S TENTH ANNIVERSARY.



JORDYN HOLKA / REVERB EDITOR A STUDENT PARTICIPATES IN SUNDAY'S FALL SWEEP.

rdyn Holka / Reverb Edit

A TEAM DISPLAYS THEIR HARD WORK DURING SUNDAY'S FALL SWEEP.

Wednesday November 12, 2014



B-1 The Leader

Hillman Opera presents 'Susannah'

SEE STORY ON PAGE B-4



Writer Daisy Fried visits Fredonia

KRISTEN SHULTIS and REBECCA HALE Staff Writer and Assistant Reverb Editor

Poet Daisy Fried came to campus for a craft talk and poetry reading on Thursday, Nov. 6. This event was part of the Mary Louise White Visiting Writers Series, which is presented every semester.

The craft talk was held at 4 p.m. in McEwen 202, where Fried focused on the process of revision. Fried asked for student volunteers to read two versions of William Carlos Williams' poem, "Last Words of my Grandmother." The first reading was the 1924 version, and the second was a revision from 1939, and was half as long as the first. Fried asked students which version they preferred, and the audience was split.

Fried used this example of revision to show that revision doesn't always make a poem better or worse, but it can make the poem feel different. The first version felt more personal, more descriptive and gave the reader a better understanding of the subjects. Still, the revised version was more focused. Fried explained that revision can change the feel of a poem to appeal to a different audience.

Alex Rodriguez, a sophomore video production and childhood education dual major, was one of the volunteers who read Williams' poem. On Fried's views on revision, he said, "I think it was spot-on."

"She said that it's hard to nail

down to a specific process, and I liked her views on that," Rodriguez said.

Next, Fried read two versions of W.B. Yeats' poem, "The Sorrow of Love," an 1892 version, and after, a 1925 revision. Through changing the pronouns and the adjectives in the poem, but keeping the same structure, Yeats changed the mood of the poem as well as the audience appeal. The first version felt like an intimate and mournful monologue, spoken to a love, while the revision felt philosophical and contained more of a dissonant tone.

Through these examples, Fried taught students about the power of revision, and how it can be a tool to do more than simply fix errors and change a few words here and there. After the craft talk, Fried answered students' questions and signed their books.

"I enjoyed [the craft talk]. It felt focused, and I liked the exercises," Rodriguez said. "There was more participation where she called on us, which was nice."

During the later 7 p.m. reading, she read from her book, "Women's Poetry: Poetry and Advice," which is named after one of the poems in the book. As the title suggests, this book is three sections of poetry, with the fourth section being an advice column in which the "Poetess" answers some fabricated questions.

"To be a writer, you have to write a little each day; [even] if it's ten minutes, it will give you something to come back to tomorrow and not be frustrated," said Fried.

Some poetry is easy to decipher and contains clear messages; however, in Fried's poems, the message isn't always clear. She takes different approaches to writing the poems.

Three things that Fried said shouldn't be written about in poetry are kittens, babies and drinking. Afterwards, she read her poem "Midnight Feeding" in which she discusses all three.

"You should never be scared to write," said Fried. "You might not figure out that you have a love for writing if you don't try to write."

Fried never really talks about the metaphors within, or the meaning of her poems. She explained that, "a lot of times, I can't explain the metaphors that I use."

When asked about the meaning of her poems, she doesn't like to give definite answers, but rather little hints or clues. This leaves the ultimate interpretation of her poems up to the reader.

Fried was the final author to speak as a part of this semester's



DAISY FRIED PERFORMS HER POEM "TORMENT."

Mary Louise White Visiting Writers Series, but the series will continue next semester with author Laura van

den Berg in March.

MARY LAING / PHOTO EDITOR

Rumpelstiltskin opens Kaleidoscope Family Series Turning a classic tale into a barrel of laughs

NAOMI LYNCH

Special to The Leader

Have you ever felt the need to live out a fairy tale? Better yet — have you ever felt the knack to turn straw into gold? Never fear — The Dufflebag Theatre's unique production of Rumpelstiltskin is here!

Rumpelstiltskin is the opening show of the 2014-15 Kaleidoscope Family Series, brought to the campus by the Rockefeller Arts Center. According to the university's website, this is the

becomes the queen of the land, but for the ultimate price: her firstborn child! Now, the queen has three days to figure out his true name, or lose her child forever!

According to its website, DuffleBag Theatre is known for its infamous, "nearly world famous" productions. Marcus Lundgren is the the artistic director and Rod Keith is the general manager for this show. What sets DuffleBag Theatre apart from the rest is the company's truly interactive performances - the audience members truly become part of the show. DuffleBag Theatre has been employing this interactive storytelling since 1992, and while the core story remains the same, each performance offers a unique twist that makes each show one of a kind.



company's sixth performance at Fredonia.

For those who don't know, the story of Rumpelstiltskin is about a miller who brags to the king about how his daughter can turn straw into gold. The king is impressed by this talent and tells the daughter she has a night to turn the straw into gold, otherwise he will kill her. She laments until a little imp enters the room and for a price, he spins straw into gold.

Eventually, with the imp's help, the miller's daughter

If you're looking for a wonderful, child-friendly performance where you can laugh your socks off, go ahead and check out Rumpelstiltskin.

Rumpelstiltskin will be performed in Marvel Theatre on Nov. 14 at 7 p.m.

See http://www.fredonialeader.org for a review of "The Great Beauty" film screening.

11/4	Is This Plagiarism?
11/5	Using Online Presentation Tools
11/11	Citing & Managing Sources Using Zotero
11/12	Using EBooks
11/18	Citing & Manging Sources Using EndNote
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FITNESS COLUMN

Department of Theatre and Dance's stage combat courses offered



SCOTT DOWNEY / SPECIAL TO THE LEADER ANNA CHICCO AND SHANNON CUNNINGHAM REHEARSE A COMBAT SCENE.

SCOTT DOWNEY Special To The Leader

Did you ever wish that "Kick Butt 101" was a course you could take in college? Believe it or not, Fredonia offers Armed and Unarmed Stage Combat: classes that will teach you how to fake it until you break it.

Professor Steven Vaughan's theater classes in armed and unarmed combat, at first glance, look like disorganized chaos — or a good, old fashioned melee - where everyone kicks, punches and otherwise maims each other. If you watch long enough, however, you can see the beginnings of an artform.

This may sound a little odd, but Vaughan said that there are no normal days in theater.

Students, based on the direction of Vaughan, wrote their own scripts. Although they do contain some dialogue, the action is mixed in order to prepare the students for a real theater

experience.

Vaughan then introduced the basics of theater action, along with safety. He reminded students that while what they are doing is makebelieve, the floor, pillar, piano and props are real and have the potential to hurt someone..

Vaughan viewed each group's performance and gave advice and reasons why things are the way they are in theater and how to make their performance better. Students then had time to discuss amongst themselves what plotlines and action best fitted the tone of their scenes.

Eric Schutt, a BFA musical theater major, has done theater since middle school and said that it was the only thing he felt passionate about. He agrees with Vaughan that in a production, words are sometimes not enough. The actors need to either sing, kiss or fight. Combat classes are where they learn to fight correctly.

Anna Chicco, a BFA musical

theater major, said that she took the classes to obtain the ability to not only do stage combat, but stunts and tricks safely and effectively on stage. The punches, kicks and rolls are all real, but there is no contact made. She also commented on the physical benefits of the class, saying that it was a real workout. She stretches out before this class just like any other workout because doing the drills and rehearsing the scenes requires a lot of energy.

"It is so much fun," Chicco said. "What other class can you punch your friends in? It's energetic and silly, but very technically-based, so you are constantly learning and improving."

Vaughan and his students prove that education can be fun. They laugh, fight, get thrown on the floor and laugh some more.

Class signups are taking place now, so if this sounds like fun to you, join Vaughan and his merry troupe of actors for a place in Armed and Unarmed Stage Combat.

Renowned percussionist visits Fredonia

KORI BARKLEY Staff Writer

Percussion students at the State University of New York at Fredonia last Wednesday, Nov. 5, had a day full of knowledge and excitement, as She-e Wu, a leading influence in the percussion world, spent the evening presenting a motivating marimba master class.

Sponsored by Majestic, Mapex,

the region and concluded the week with a free performance of the Ewazen Concerto for Marimba and String Orchestra by Wu alongside Gannon University's Erie Chamber Orchestra.

While in Fredonia, Wu interactively demonstrated to students how incredibly musical and stylistically versatile she is.

A marimba trio and four other soloists performed a variety of styles of marimba music, ranging from contemporary to baroque, but she was able clearly articulate how to take each piece one step further.

what makes her such a great [musician]. And that's just really inspiring."

Tyler Marvin, another student performer, described the master class as one of the most enriching musical experiences he's had thus far in his time at Fredonia.

"The experience as a whole taught me a lot about my music making in general," Marvin explained. "We learn a lot about theory in our time here, but one thing I took out of the class is that applying phrasing to the musical decisions we make can be very different from analyzing the chord structure of a Mozart piece on a theory test."

The do's and 'donuts' of college fitness PART TWO

JORIAN HOLKA Special to The Leader

Throughout history and in society, weight training has been regarded mainly as existing solely for men who want large muscles. Although resistance training is in fact the primary manner by which to add muscle mass to your body, it is not just for people who wish to be "buff" or "jacked."

Consider this – Claude Bouchard, obesity an researcher from the Pennington Biomedical Research Center, revealed that one pound of muscle burns three to five times more calories than one resistance pound of fat. As an example, a 165-pound person who has greater muscle mass will more a 165-pound person with less muscle and more fat on their body.

It is important to note, however, that a pound of fat at rest burns only two calories per day, while a pound of muscle at rest burns six to 10. Therefore, the amount of excess calorie burn from a greater amount of muscle mass is not incredibly sizable. However, there is no doubt that more lean muscle mass can aid your metabolism and in turn help you meet your body goals.

And how can you add more muscle mass? That's right weight training!

Unfortunately, the general sentiment that resistance training is reserved only for "manly men" is a widely accepted stereotype. "Cardio bunnies" is a humorous phrase often used as a stereotype referring to women who spend all (or the majority of) their time in the gym using the cardio machines (treadmills, ellipticals, etc.) in the hope of losing weight. However, if a deeper understanding of muscle burns more calories the mechanics of resistance than fat and weight training builds more muscle than cardio, then why can't people see the fallacy in their ways and dedicate at least some of their time to weight training? "I don't want to get too big." Ever heard that before? It's a common response to the question of why people don't employ resistance training in their exercise regimens. But two main points can be made against this:

2.Whether your goal is weight gain, weight loss or even weight maintenance, you need to implement resistance training into your routine if you want the body you've always striven to achieve.

According to Bodybuilding.com, proper weight training increases good cholesterol (and decreases bad cholesterol) and lowers your risk of diabetes, cardiovascular disease, high blood pressure, breast cancer, osteoporosis, premenstrual syndrome, stress and illness.

The guidelines for training are relatively simple for beginners.

First, identify your goal. According to Layne Norton, easily metabolize calories than PhD., exercises performed in sets of six to 12 reps work optimally for muscle growth. To strengthen and shape (but not necessarily grow) muscles, sets of 12-15 reps will suffice. Start by performing three sets of each exercise with one or two minutes of rest in between.

> Second, choose how to craft your weekly weight training schedule, which should include full-body resistance training days, an upper/lower body split (a terms which indicates "splitting" your workout schedule into days on which you train specific muscle groups), or a three-day split. The three-day split is most often chosen by beginners, as it allots three days for weight training (chest and back day, biceps and triceps day, and legs and shoulders day) and four days for rest and cardio. With this schedule, three or four exercises are chosen for each muscle group that is being worked on the given day and performed as described above.

Finally, as you achieve

Innovative Percussion, Evans and Zildgian companies, Wu travels the world as a solo performer and clinician. According to Zildgian's website, she has appeared at institutions in France, Belgium, Italy, Sweden, Denmark, England, Scotland, Germany, Spain, Greece, Japan and Korea, as well as at numerous Percussive Arts Society International Conventions throughout the United States.

In addition to traveling, Wu designs percussion instruments for her sponsors, composes and has recorded solo marimba and chamber music recordings with the American Brass Quintet and the International Sejong Soloists.

Wu is an associate professor and the head of the percussion program at the Bienen School of Music at Northwestern University in Illinois.

Wu spent the past week presenting master classes to four schools across

With her high energy and vibrant personality that never seemed to diminish, Wu explained that musicianship goes deeper than playing all the correct notes at tempo with the proper dynamics. Rather, it is the shaping of phrases through dynamics and breathing that makes a piece musically excellent.

Her passion and effervescence encouraged the students.

percussion А graduate performance major, Paul Chambers, performed for her and was impressed with how personable and efficient she

was.

It was so easy to connect with her both as a teacher and a performer," Chambers said. "The way she constantly keeps going with her high energy and incredible music skills is

Wu's sense of working toward making oneself a better musician, whether one wants to teach or perform, seemed to be the theme of the night.

"If you want to play, you have to continue to practice," Wu encouraged. "And if you want to teach, you have to be the best musician that you can be, so that still requires practicing. Either way, you need to be passionate about it and that's what drives you to be better, so you can express."

Door prizes of mallets and drumsticks, sponsor tee-shirts and baseball caps were given by raffle throughout the night, until every student won something.

1. It takes a significant effort to get "too big," so don't worry about that. You'll have time to figure out what type and amount of weight training works for you before you become abnormally large.

training and your body becomes more accustomed to the practice, you will be able to incorporate more complex practices into your routine, including drop sets, rest-pause sets, supersets, four-day splits, five-day splits and more.

Education is the name of the game, and it is important for all who wish to get more heavily involved in weight training to take it upon themselves to learn proper form, recovery techniques and other methods to stay safe while exercising.

In the third part of "The do's and 'donuts' of college fitness," you'll read about recovery techniques as well as the importance of water - both in and apart from exercise.

COVER STORY

Opera set in McCarthy period focuses on contemporary issues



MICHAEL HAWK (OLIN BLITCH), LEFT, PERFORMS ON STAGE WITH OTHER CAST MEMBERS IN THE OPERA 'SUSANNAH.'

GABBIE LEE / ASSISTANT PHOTO EDITOR

REBECCA HALE Assistant Reverb Editor

Over the weekend, Marvel Theatre was alive with the sounds of opera, as the Hillman Opera presented this year's musical drama, "Susannah."

"Susannah" is a work by Carlisle Floyd that is set in 20th century Evangelist America, during the time of McCarthyism.

It follows the life of Susannah, a young and beautiful, but virtuous, woman who lives with her alcoholic brother Sam

the 1950s at the height of the McCarthy hearings," explained Rudge. "It's intense and deals with hypocrisy – so much so that it is uncomfortable for some. Slander, bullying, injustice, self-

righteousness and the loss of innocence are all in the opera, and are as disturbing as they are current."

T h e performance featured relatively simple set, which changed primarily between two scenes: Susannah's house and the

Susannah for two of the three performances.

The was double cast, with Van Norden playing Susannah on Friday and Sunday, and Danielle Beckvermit playing the role on

the roles of Sam (Dylan Greene, Steve Olick), the Reverend Olin Blitch (Colin Mann, Michael Hawk), and Little Bat McLean (Casey Gray, Alex Kosmowski). "It's kind of cool to see.

> I play it a certain way, and then Danielle plays it a different way, and it's cool to sit back for a second and watch her

> > do a scene.

is very intense and dramatic and emotional, so I don't necessarily have to be in that emotional state of mind [all the time]."

The issues illustrated in "Susannah" evoked powerful responses within the audience and were meant to make them ponder current and past issues, even long after leaving the theatre.

"It gives the audience, and us as well, a chance to look back on ourselves, and it changes who we are, and that's what art is: to influence others and influence



Susannah is oppressed by the other people of the Valley where she lives, and when Susannah refuses to repent for a sin she did not commit, things take a turn for the worse.

The show is emotional, dramatized and musically dynamic.

"It falls in that space between opera and musical," said Dr. David Rudge, conductor and Music Director of Susannah. "It's very heartfelt and hard-hitting."

Students had been hard at work preparing for Susannah since last May, when auditions took place, and have been rehearsing for three hours most nights. The opera itself explores many real-life themes that the actors had striven to perfect.

"The opera was written

"If the set was too complicated, it would distract from the story, so it's exactly the amount Margaret Van Norden, senior



GABBIE LEE / ASSISTANT PHOTO EDITOR

of what is Margaret Van Norden (Susannah Polk) and Steven Olick needed," said IV (SAM POLK) PERFORM ON STAGE IN THE OPERA 'SUSANNAH.'

vocal performance and arts Saturday evening. The other enjoy it, and it does give me a administration major who played roles that were double-cast were time to rest, because the show

Everybody's yourselves," Van Norden said.

completely The show featured 31 actors, different," Van a live pit of over 40 musicians and 44 people working on the Norden said. "It's just one production staff, including producer Julie Newell, stage pendulum and director Ted Sharon, vocal coach then another pendulum Shinobu Takagi and Chorus Master Matthew Marco. and they're

equally "It's been a joy to collaborate with Julie Newell and Ted amazing; you Sharon, and the cast has been get the same effect either great," said Rudge. "[They are all] young professionals who way. I'm not have been willing to take risks going to take everything and grow as singers and actors."

The Hillman Opera is Danielle does, and she's not put on every Fall semester by going to take the Hillman Memorial Music Association, the School of Music everything I do, but I do and the Department of Theatre and Dance.

WEDNESDAY NOVEMBER 12, 2014



BLUE DEVIL FRANKIE HART CHECKS A MEMBER OF THE SUNY CANTON TEAM.

Blue Devils ice hockey celebrates first win of season

MICHELLE HALE Staff Writer

The men's ice hockey team traveled north to gain points in two non-conference games against SUNY Canton this weekend.

On Friday, the men were able to play a quick game of catch-up to tie the SUNY Canton Kangaroos 4-4. The Kangaroos had a 4-0 lead against the Blue Devils just five minutes into the second period. Two of these goals were scored in the first period.

Sophomore Frankie Hart ended the scoring drought for the Blue Devils at the 18:25 mark in the second period with assists from freshman Matt Cessna and sophomore Hunter Long. This was Hart's first goal of the season. The score at the end of the second period

was 4-1.

Two quick goals in the third period brought the Kangaroo's lead to only one goal. Fredonia's senior forward Stephen Castriota scored on a power play 2:51 into the third period — his second goal of the season. With the score 4-2, sophomore Hunter Long added another goal for the Blue Devils 38 seconds later. This was his first goal of the season.

The final Blue Devil goal was scored with 53 seconds left in regulation time off of a power play in the Blue Devil's favor.

Junior Taylor Bourne tied the game and sent the Blue Devils and Kangaroos into an overtime battle. The score remained 4-4 after overtime, and improved the Blue Devil's record to 0-1-2.

Blue Devil sophomore Jeff

Flagler played the first 25 minutes of regulation in goal, where he allowed four goals into Fredonia's net and had 10 saves. Sophomore Chris Eiserman was put into net and made 17 saves. He played the remainder of the game.

Saturday marked the first win of the Blue Devil's 2014-15 season.

All Blue Devil goals were scored in the second period. Fredonia was able to hang onto the lead through the third period to gain their victory over the Kangaroos.

The Kangaroos scored with 1:22 into the second period right before Fredonia tallied up their three goals.

Sophomore Frankie Hart added his second goal of the season to make the score 1-1 with assists from freshman Marcus Andersson and Matt Cessna.

Junior John DeFeo cracked another goal in the Kangaroos' net four minutes later with assists from Andersson and senior Cory Melkert to make the lead 2-1.

Senior Taylor Bourne scored once again on a power-play to clinch the win for the Blue Devils. Bourne's goal was assisted by junior Ryan Wilkinson and Castriota.

The Kangaroos failed to meet the goal deficit, even with their second goal in the first minute of the third period.

Fredonia's Chris Eiserman had 29 saves to keep the Blue Devils on top. The win was the first of the season.

The Blue Devils head back up north this weekend for SUNYAC conference games against the Potsdam Bears on Friday and the Plattsburgh Cardinals on Saturday.

THE LEADER B-5

Women's basketball focuses on repeating success for 2014-15

season

QUINTIN JAMES Special to the Leader

The 2013-14 women's basketball team was a solid team a year ago, posting a record of 15-10. They were led by intern coach Linda McDonald, who coached in the WNBA, and posted a good season before being knocked out in the first round of the playoffs by rivals Geneseo.

After the season, McDonald was officially named the full-time head coach of the Fredonia women's basketball team.

"It felt good when you're re-hired because that means you're doing something right," McDonald said.

She said it was "rewarding" and that she loves the opportunity to coach the young women on getting better and succeeding in life.

This season should be an interesting one as the Blue Devils lost three seniors and all three played a huge part of the offense.

The obvious question on everyone's mind: Who will replace Becky Hebert?

Hebert averaged 22.4 points a game while she shot 56 percent in her senior year, and was all-conference for the third straight year. She was the Blue Devils' all-time leading scorer and, when asked how she will be replaced, McDonald said it would have to be a team effort. This team is expected to compete again for another playoff berth and McDonald expects another plus .500 record from the team this year.

She said everyone needs to step up their games because now, with key players leaving, other players will have to step up and fill the void left behind. When asked about last year's playoff game and if it still hurts, McDonald said the loss "isn't weighing" on their minds, but the loss was "very tough to get over." They will use this loss as motivation for the season.

This year features a class of good freshmen, but three to look out for are Jacque Law, Eternity Jones and Emily Lasher. Jones can potentially be really good once she adjusts fully to the college game, Lasher is a promising perimeter threat and Law is a young all-around player. One player to keep an eye on this year is sophomore point guard Alexis Cheatham.

As a freshman last year, she averaged 12.3 points a game and added 4.9 assists and lead freshman with 46 three pointers last year. When I asked about what she wanted to see out of Alexis this year, McDonald pointed out she expects her to become more of a leader and set a standard for the team to follow.

Week 11 Fantasy Football Love/Hate

CURTIS HENRY Special to The Leader

With the conclusion of Week 10, the push for the playoffs in both the NFL and your fantasy football league has started. We've had

against the Browns. The extra time to get healthy for Gio should be beneficial. In addition, the Bengals have scheduled an inviting matchup with the Saints - who boast one of the worst run defenses in the league - this week.

The Hate List:

QB: Andrew Luck, Indianapolis Colts

late, the Patriots defense has been incredibly good. I'm not saying you should bench Luck; he's been phenomenal. That said, don't be surprised if Luck doesn't have a massive day at the office on Sunday.

defense and has backup quarterback Drew Stanton starting. All things considered, it's a no-brainer to leave Floyd on your bench for Week 11.

In case you haven't noticed, as of TE: Martellus Bennett, Chicago Rears

quite the season up to this point, and it's only going to get better in the coming weeks. Without further adieu, I give you the Week 11 Love/ Hate list.

The Love List:

QB: Josh McCown, Tampa Bay **Buccaneers**

McCown was efficient in his return as a starter for the Bucs this past weekend. This week he'll have an inviting matchup with Washington. I'd like anyone against the Redskins' pass defense. Even me. Even you.

RB: Giovani Bernard, Cincinnati Bengals

He's missed the past two games because of a nagging injury, but he had a mini-bye week this week following the Thursday night game

WR: Kelvin Benjamin, Carolina Panthers

The Falcons are just the beginning of a long line of favorable matchups for Benjamin. For me, he's a lowend WR1 or a high-end WR2 in all formats.

TE: Antonio Gates, San Diego Chargers

He's fresh off of a bye week and playing an Oakland team that just surrendered two touchdowns to Julius Thomas. In addition, six of his nine touchdowns this season have come at home. There's potential here for a monstrous game for Gates.

D/ST: San Diego Chargers Because, well, Oakland is the new Jacksonville.

RB: Lamar Miller, Miami Dolphins

He's been a borderline top 10, back all season in Knowshon Moreno's absence. However, I don't like him at all going up against a stingy Bills run defense on a short week: not a top 15 play heading into this week, even with guys like Murray and Forsett on bye.

WR: Michael Floyd, Arizona Cardinals

Since Week 5, Floyd has yet to catch more than four catches or 47 yards in a game. This week Floyd gets the number one Detroit Lions'

The entire Bears' offense is a train wreck right now. While it's by no means Bennett's fault, he's the biggest loser in value in the offense's current state. Things aren't going to get better for Bennett in Week 11, as he faces a Vikings team that allows the fourth fewest points per game against opposing tight ends.

D/ST: Chicago Bears

Just because it's obvious doesn't mean it isn't true. They've given up over 100 points over the past two games; even with the favorable matchup this week against the Vikings, I'm not going to be looking to the Bears. Look elsewhere if you're someone who shuffles defenses.

Some other players to look out for are junior forward Sabrina Macaulay, who will be a greater part of the offense this year, and junior guard Kayla Billups, a role player last year, who will hopefully step into a bigger role as a primary scorer for the Blue Devils' offense.

Without the services of Becky Hebert, the Blue Devils will look to run an up tempo offense where the ball stays in motion throughout the game. The Blue Devils will keep moving at all times as they feel they have the advantage when it comes to speed and endurance.

The games we should look out for this season are Cortland, Plattsburgh (which is an up and coming team with promise) and of course the rematch against Geneseo. The season should be interesting as many new faces and pieces try to gel and make a run at a title, but the team is led by a good coach and has a strong foundation. This team should be exciting to watch and they it has of potential.

The women open their season this Saturday, Nov. 15, as they travel to Alfred, N.Y., to take on the Panthers.

Women's volleyball places second in SUNYAC tournament

SEAN MCGRATH Sports Editor

The Fredonia women's volleyball team traveled down to New Paltz, N.Y., this past weekend, making it all the way to the championship final, but falling to New Paltz, 3-0.

Fredonia first played the Buffalo State Bengals on Friday, knocking them off in a 3-1 victory.

Starting off slow, the Devils dropped the first set of the match, 25-16. After a quick focus, the Devils rattled off three straight set wins to claim the match by scores of 25-23, 25-16 and 25-23, respectively.

Fredonia relied heavily on the duo of junior middle blocker Jessica DiChristopher with 21 kills and five blocks and junior opposite Paulina Rein with 15 kills and one block, leading the way for the Devils.

Junior setter Kelly Edinger added 48 assists en route to the victory.

Rein also was critical defensively for the Blue Devils, recording 25 digs, only second behind junior libero Lauren Hokaj with 29 digs.

Earning the win against the Bengals set the women up for the championship match on

Sunday, facing first place New Paltz Hawks, who boast a 9-0 SUNYAC record and a 31-5

keep our composure."

to Buffalo State we were able to with New Paltz, "Defensively we switched our matchups Going into Sunday's around at the net against overall record. They defeated match, Fredonia and New Borquist and offensively we



BLUE DEVILS COMPETE IN SUNYAC TOURNAMENT.

Brockport, 3-0, to earn a championship bid.

"Leading up to the playoffs we talked about respecting our opponent no matter who they were going to be." head coach Geoff Braun said, "We also stressed that we would certainly face adversity and not to get rattled. After the first set loss

Paltz had faced each other twice already this season. Both matches went in favor of the Hawks, both by a score of 3-1.

"Facing New Paltz means going up against the SUNYAC Player of the Year in outside hitter Becca Borquist and a libero who is very strong." Braun said about matching up eight kills, three blocks and 16

wanted to limit the amount of touches that their libero had. During the match we made some small adjustments."

COURTESY OF FREDONIABLUEDEVILS.COM

Fredonia, however, fell victim to the New Paltz team in three straight sets by scores of 25-19, 25-16 and 25-19.

Rein led the way with

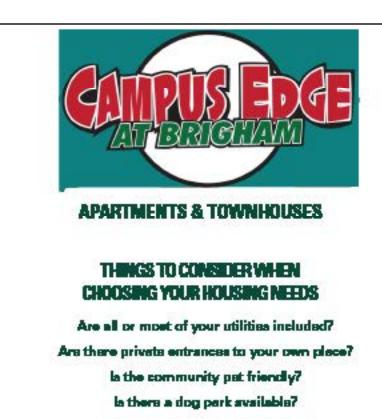
digs, followed by sophomore outside hitter Sara Madison, who recorded six kills and two blocks. Edinger added 19 assists.

Following the tournament, Fredonia had two players named to the SUNYAC All-Tournament team. Both Lauren Hokaj and Paulina Rein earned the honors.

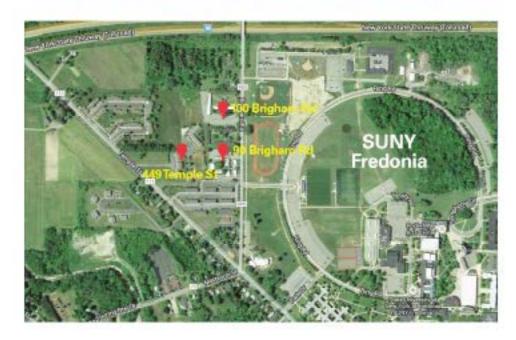
Fredonia finished the season on the outside of the NCAA tourney with hopes to earn an at-large bid to the tournament. Unfortunately, the picks came in and Fredonia, who was ranked seventh in the order, was left empty-handed.

"Ultimately I thought we did a decent job of slowing down Borquist but we could've kept the ball away from the libero more. Our downfall was our serve receive." Braun commented, "We didn't pass well enough to get our middle attack going and our entire offense suffered."

Fredonia doesn't have to worry about graduation, with no seniors on the team. They now look to design a plan to matchup with the stronger teams and look to make another run in the tournament come next Fall.



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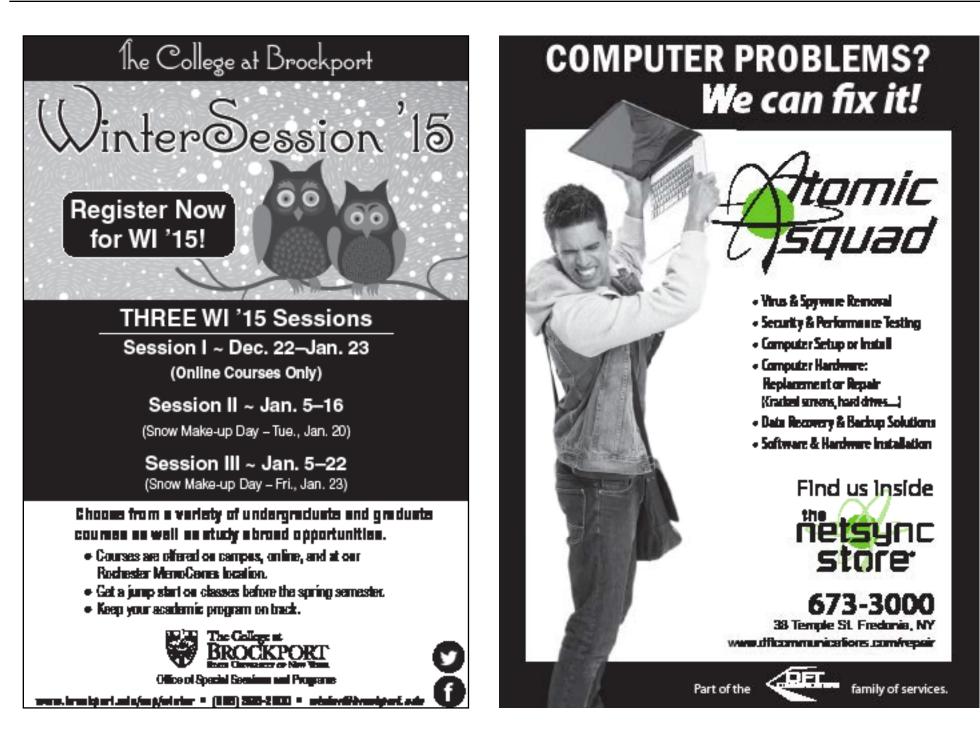
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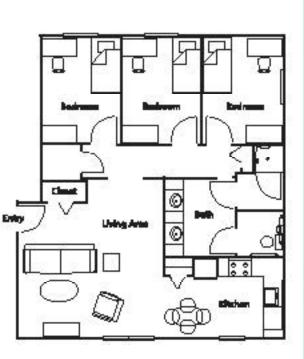
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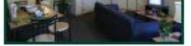
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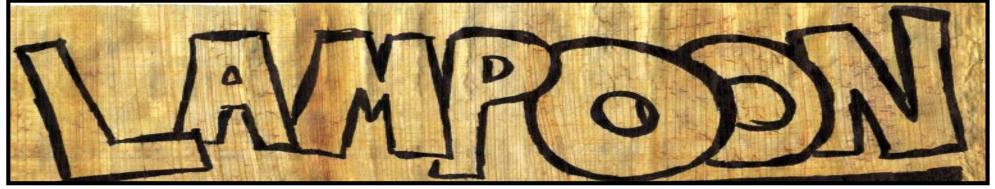
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Sex in the SUNY:

Like a virgin, chin licked for the very first time

KELLY CANER Staff Lampoonist

It was Halloween weekend, and I was looking for any man to open my portal to Halloweentown. The only sexual experience I'd ever had was with Brian in the 9th grade, who brought out a tub of vaseline and used it to grease up his pink puffy lips and then proceeded to kiss me everywhere but my mouth. What I mean by that is he literally made out with my chin for a good ten minutes. And the next day, he told our English teacher about it and the teacher gave me a high five. So, that was all I had under my sexual belt. But this Halloween I vowed to make a difference.

It's college and I couldn't afford those polyester costumes that cost almost as much as a sweatshirt from the bookstore. I had to improvise, I took a pink sheet and my cowboy hat and went as an Alaskan Bullworm (like from Spongebob). There I was, an Alaskan bullworm, out on the town looking for someone to fiddle my violin strings like Beethoven at a concert.

I slithered my worm self to a party where I met Peter, who was in a bacon costume. I tried to come across as cool and sexy as possible, but shockingly — the Alaskan bullworm costume prohibited that. I was unable to move my arms in the costume and I ended up collapsing onto the slice of bacon I so badly desired. It was more embarrassing than when you save a picture of your crush on Facebook so show your friends and then you accidentally send the picture of the crush to the crush. I though the wouldn't want to diddle my skittles anymore, but the bacon slice was so kind that he just laughed it off. I was in love.

I brought the bacon slice back to my dorm, a.k.a. the love oven. I had cleaned up the room earlier that evening, knowing there was a possibility of having a man put his popsicle in my freezer. When we got back to the room, things were getting spicier than El Diablo's red chili. He started to unwrap me from my worm costume, like a butterfly being released from its cocoon. And once this butterfly was released I said "Jesus take the wheel!" and let him ride on the Cane-train.

As a first timer, I was nervous and couldn't help but giggle like when you're in the dorm bathroom and you hear the person in the stall next to you fart. It was an awkward, yet rewarding, experience. I won't go into explicit detail; let's just say he knew his way around a nipple. But I can say this with confidence: after this Halloween, I won't be lighting the black flame candle from Hocus Pocus...

*This is a completely fictional story, I did not lose my virginity to a bacon strip, but I did get chin-licked, and am still very traumatized about it.

Bookstore to begin selling new 'double wide' longboards

ANITA TENSION Special to The Lampoon

The University Bookstore announced Friday that, beginning in December, they would stock a new type of "double wide" longboard rumored to take up at least two times the amount of space on roads, sidewalks and in the aisles between desks in classrooms.

The new longboard, the bookstore promises, is "guaranteed to be as unwieldy as modern science allows," and will feature "big, gnarly wheels the size of your head which will absolutely obliterate the feet of anyone dumb enough to even try accessing the public walkways."

"Every dimension of the thing is planned out to be as clunky as possible," says Robert Herschel, a representative from the "А manufacturer. highly trained team of engineers has examined every line and contour of the product, ensuring that nothing about it is even close to conveniently sized.

"This thing even runs on gasoline," a pleased Herschel adds, revving the fuel-guzzling plank on wheels. "It doesn't have to, of course – nothing has to – but we thought it was a nice touch."

Not everyone in the community is pleased, however. Local longboarder Wesley O'Halloran expressed concern over the increased presence of the "Hummer of longboards."

"There's just no way my teeny-tiny, wimpy-ass normal longboard can compare with the shiny awesomeness of the double-wide longboard," he told reporters, shaking his head sadly and thumbing the tattered lip of his embarrassingly small longboard. "When I roll up, no one's like, 'Damn that guy's board is really long.' They're just like, 'That is a small, weak man.""

"Maybe they're right," he added, pushing away on the pitifully undersized longboard that brought shame to him and his ancestors.

Being awkward: The unreciprocated hello

AWKWARD ANNIE Staff Lampoonist

Most of the time, I try to say hello to everyone I have ever been acquainted with. If I met you in line for food, if you are in one of my classes, if we have the same backpack, I'm going to stare at you until you notice me.

Saying hi to someone, or just being friendly, can really brighten people's days and you'll feel good doing it. The only downside of this is when they don't see your act of kindness or hear your outreach of friendship.

The worst is when you are walking a good twenty feet behind your friend and you call out their name and they don't hear you. Then you're just that random person shouting into the void; everyone looks at you with shared confusion as to why you are screaming by yourself. It looks like you are either singing or you just had a small stroke either one. I once was following behind my two friends and tried to summon them at least six times, only to be left walking alone in the dark with the judgmental whispers of those around me to fill the silence.

The other morning, I was heading to class and saw a friend of a friend who knew me coming towards me. First I tried to meet his gaze by staring at him - then I tried to yell "hi" to him. Me yelling is basically just my voice getting high enough to pierce through the ears of dogs and small children. When he finally saw me he was like, "Oh I didn't even recognize you." Now, reader, this was most likely because I had no trace of makeup on and had just rolled out of bed, put on my glasses and my boyfriend's flannel and booked it to class. My cunning response for when people catch me on an off day is, "I'm in disguise." This is basically my way of saying, yeah, I know I look like a goblin. Either way, saying hello to someone is always a risk because you never know if they will come out of their sleep coma to register your greeting in time. My advice is to do it anyways because you have nothing to lose but the small amount of energy you just used forming a word.

GUIDE TO SPRING 2015 COURSES

COLIN PERRY Special to The Lampoon

Registration for the spring semester is well underway, but whether you're indecisive, have credits to spare or are totally lazy, we here at The Lampoon have dug deep to shed light on some lesser known (yet still great) options. COMM 7 Passive Aggressive Communication This course intends to equip students with the tools necessary to preserve your sense of righteousness while still really taking them down a notch, as well as provide an introduction to topics such as blame deflection, denying your true feelings and the perfect way to say "whatever." But you don't have to listen to me, I guess. It's not like I'm the expert on this or anything.

MATH 227 The Biggest Number

Intended for majors and non-majors alike, this course investigates why some numbers are bigger than other numbers and applies the skills from that field to attempts at discovering what the biggest number might be. Assignments include thinking up big numbers and a 35-page research paper on the topic. Previously having taken MATH 226, How Many is This Number, is recommended for this course but not required. century has seen the emergence of the doorknob as a potent symbol in the world of literature for, um, people's anxieties ... Yes. That's good. This course will read a variety of works from around the world that address the idea of the doorknob and what it's ... capable of? We will also engage thoughtfully with the leading theorists on the topic, ranging in school of thought from psychoanalytic, neo-postproto-Marxist and some of the other ones too, probably.

PHIL 299 Beating Batman One of the biggest questions in life is who, if anybody, could defeat Batman in a physical confrontation. This course will attempt to find an answer to that issue through simulation, critical evaluation of historical attempts and extensive readings from leading scholars on the subject.

THEA 346.6 Intermediate Animal Noises How does a raccoon sound? Do chickens "caw-caw," "cuckoo" or something else entirely? And why are animal impressions becoming one of the most marketable and valued skills in the emerging workplace? Through intense evaluation of theory and practice, this course examines all of these topics and many more.

PSY 45612 Mental Breakdowns in Action In this course, students will observe and critically evaluate the complete and total breakdowns of other individuals, as well as attempt to prepare for their own special moment when that feeling - the one where you're wasting your time and you needed to apply to grad school last September anyways and you should have just listened to Dwayne in high school because he's doing pretty good for himself but you're here of all places plugging away at the days and hating yourself for it and it's not right - finally sinks in.

ART 0 Literally Just Throwing Some Garbage Together and Calling it Art Students in this class will literally just throw some garbage together, call it art, slap some price tags on the junk and sell it all off to pay for food, which in turn will become waste that other students can pretend has value. Becoming acquainted with this cycle will allow students to appreciate not only their life choices up to this point, but also their immediate prospects for the future and how dumpster diving might play into them.

ENGL 834867 Doorknobs in Contemporary Literature, and their Effect on, Uh, Something The 21st

HIST 498 History of Fast Food in Fredonia McDonald's. Burger King. Taco Bell and Kentucky Fried Chicken. These are only some of the emblematic franchises that have come to define the area since their debuts, and in this course we will learn the vast and rich history behind each of these establishments and more. Hopefully students will learn what the world, just a few blocks away from campus, has to offer and come away from class with a new appreciation for all things deepfried. All students registered receive a free coupon for any milkshake of their choosing.