



THE LEADER

State University of New York at Fredonia

Issue No. 12 Volume CXXI

Wednesday, November 19, 2014



SEE STORY
ON PAGE B-2

Gabbie Lee / Assistant Photo Editor

Students have mixed reviews about SA's performance

MARSHA COHEN
Staff Writer

In the aftermath of the Student Association Executive Election, many are wondering what changes SA will go through with a new president and vice president in office.

For the first time in a handful of years, the election, in which Jefferson Dedrick and Zach Beaudoin raced for presidency, garnered a large student turnout. Dedrick and his running mate Alexis Phillips won the election with 430 votes, making this year's election the highest turnout within the past two years — it still runs shy of the 2009 elections, where the winners received 634 votes.

A turnout like this can be accredited to both Dedrick and Beaudoin's grassroots-style campaign technique, something that fellow SA representatives found beneficial.

"I think it was each candidate going to different groups. I think Jefferson saying that he, along with Zach, are running, really helped the turnout," said Jason Burgos, a junior class representative and chair of community relations.

And although each candidate promises to make SA better than its current state, many students wonder if that promise will be carried out. According to SA's FSU4U page, SA aims to promote: "the general welfare of the students, enhance student

See SA page A-4

Dedrick and Phillips win executive election, mandatory activity fee passes

S.L. FULLER
News Editor

The Student Association Executive Election results are in. With 380 total votes, Jefferson Dedrick and Alexis Phillips are the new SA president and vice president.

"Dizzy," Dedrick said on his feelings, just minutes after reading the results posted on the SA Office door Wednesday night.

"[It's] surreal, I can't believe it actually just happened," Phillips added. "It's very very exciting."

Opponents Zachary Beaudoin and Tyler Colvin received 137 total votes — 243 votes lower than their opponents. The votes for the executive candidates, including one write-in and zero invalid votes, reached 518 total votes. The total is 347 votes higher than last year's executive election, which had 185 total votes, including 31 write-ins and 14 invalid votes.

Not only have students been voting for the SA president and vice president these past two days — they've also been voting on whether or not the Student Activities

fee should be mandatory. The vote on this \$97.75 fee happens every two years. The result of this vote ultimately determines how much of a financial burden clubs will have to bear for the next four semesters.

With 334 votes for a mandatory fee, in comparison to 138 votes in favor of a voluntary fee, the students have decided to keep the fee mandatory.

A mandatory Student Activities fee means that there's one less obstacle for Dedrick and Phillips to overcome. However, the duo plans to seize the opportunity and leading

their administration to become the best that it can be.

"Zachary and Tyler both had some great ideas and Alexis and I look forward to working with both of them throughout the coming year," Dedrick said. "But we could not be more elated and excited that people like what we were talking about and we are so pumped to bring all our ideas to the student association and start working for the students."

**Maggie Gilroy, Editor in Chief, also contributed to the above article*

The Hunger Games: Up 'til Dawn edition

Event raises over \$6,000 for St Jude

MEGHAN GUATTERY
Staff Writer

According to a study the American Psychological Association conducted in 2010, consisting of 1,134 participants, 76 percent determined "money" to be a somewhat or very significant stressor in their life. In the same survey, an additional 47 percent of the participants listed

"health problems affecting my family" as an additional stressor.

The link between these two major stress-causing factors: medical bills.

According to its website, St. Jude Children's Research Hospital has, on average, more than 67,000 patient visits each year, all of which are funded through insurance companies or third-party payers.

"At the St. Jude Children's Research Hospital, no family receives a bill," said junior business management major and Fredonia for St. Jude President Brittany Hull. "The daily operating cost is \$2,000,000."

Since these families are not required to pay for their children's treatment, this not-for-profit relies heavily on fundraisers and donations to

continue to operate efficiently and effectively.

"We host a variety of events on campus to raise money for the St. Jude Children's Research Hospital and to make it a little easier on the families," said Hull.

In Steele Hall from 11:30 p.m. on Nov. 22, until 6 a.m. on Nov. 23, Fredonia for St. Jude hosted its annual fundraising

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Seamless Transfer calls for changes to curriculum:

In December 2012, the SUNY Board of Trustees adopted a new policy called "Seamless Transfer."
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Madrigal Feaste invites students to free performance:

The School of Music is presenting its Madrigal Feaste for the third year but, for the first time, is inviting students to attend a full-dress rehearsal free of charge.
See story on page A-2

Up 'til Dawn: *continued from A-1*



MARY LAING / PHOTO EDITOR

BRITTANY HULL, THE PRESIDENT OF FREDONIA FOR ST. JUDE, WELCOMES PARTICIPANTS DURING THE OPENING CEREMONY.

event, Up 'til Dawn. Seven teams and just over 30 participants spent their Saturday night in the gymnasium, raising awareness and money for the children's hospital.

Face painting, archery and cotton candy were just a few of the things keeping the participants awake throughout the night.

"This event is important because it raises awareness and money for St. Jude Children's Research Hospital, and it celebrates the people who did raise money," said Alison Malcolm, a sophomore speech pathology major and Fredonia for St. Jude Teams executive board member.

However, Up 'til Dawn wasn't always about staying awake into the wee hours of the

morning.

"It used to be a letter-writing event, where the students would come, sign a few letters and then they could leave," said Hull. "We would send the letters to the people they addressed them to, asking for donations."

Last year, St. Jude changed the concept behind Up 'til Dawn. It became an overnight activity event.

"We tried our best to figure out how this would work and if it would work well with our campus," said Hull.

For being no more than a trial run of the new event, it was a success, raising over \$10,000.

After the transition from an event that simply required stationery, to a night requiring endless amounts of coffee, Fredonia for St. Jude worked out

the kinks and was prepared to put on a successful event.

"This year, we were a lot more organized," said junior psychology and sociology major Sydnee Worth, treasurer of Fredonia for St. Jude. "We had a lot more time and we knew what we were doing, so we could plan the events better."

The group's executive board decided to use Hunger Games, in honor of the premier of "Hunger Games: Mockingjay, Part 1" on Nov. 21, as the theme for this year's event.

"Through a text messaging system, we gave out clues [to all participants] about their next activity," said Hull. "It was supposed to be a secret, so they didn't exactly know what they're getting into when they signed up. They received a text message

saying where the location of their next activity was and a brief hint about what they would be doing."

The night also included performances by all-male a capella group Much More Chill and hip-hop dance team Envied Xpression.

At 6 a.m., the Fredonia for St. Jude executive board announced that the event had raised over \$6,000. Catherine Edwards was the leading fund-raiser with an individual total of \$502.

"If we didn't have these clubs to raise the money, I really don't think it would get done," said junior music business major Kyle Vertin. "It promotes other students to raise money and become aware and involved."

Madrigal Feaste invites students to free performance

COURTNEE CESTA
Managing Editor

The School of Music is presenting its Madrigal Feaste for the third year but, for the first time, is inviting students to attend a full-dress rehearsal free of charge.

"Students expressed an interest in seeing the show, but the ticket price is prohibitive because it includes an upscale meal," said organizer Dr. Gerald Gray. Tickets for the full event are \$65 and include an open bar and five course meal which is catered by FSA, as well as a dinner theatre performance put on in collaboration by the School of Music and the Department of Theatre and Dance. "This year we are delighted to open up the dress rehearsal to students."

The student preview will be on Thursday, Dec. 4, at 8 p.m. in the Williams Center, and although students will not be served a full meal, they will see the full performance.

A Madrigal Feaste is a common form of dinner theater and, like at Fredonia, is traditionally held during the Christmas season. It features theater skits and choral music that accompany each course of the meal, all of which reflects the medieval and renaissance time periods.

Although the past two years' performances have sold out, Gray says that organizers are continuing to make improvements.

"The music and script continue to change each year, and we are also adding a guest appearance by the College Choir this year," Gray said. "The comedies change every year, and this year we are thrilled to have Richard and Carmen Gilman as our King and Queen."

Richard Gilman is a professor emeritus of the geosciences department; both he and his wife are Fredonia residents and active members of the campus and community.

Preparation for the Madrigal Feaste began months ago, when organizers met to decide on a menu, the comedies and the music. According to Gray, they will not get together again until the week of the event when all aspects of the performance mold together.

The decision to perform a traditional feast came to light as Gray remembered a similar event he was a part of as a high school student. And from the first year it was presented at Fredonia, the community has shown appreciation and support as evident through consistent ticket sales.

"We try to make this a time where people come for great food, great entertainment and warm-hearted good cheer," Gray said. "Each year at the end, when we dim the lights and sing our final Christmas carol, I see couples holding hands and all around the room there are warm smiling faces."

Gray said that, when he first performed in a Madrigal Feaste, it was the festive music, exquisite costumes and grand banquet dinner that brought people together and created an unforgettable experience.

"Providing a place where that can happen is really important to me."



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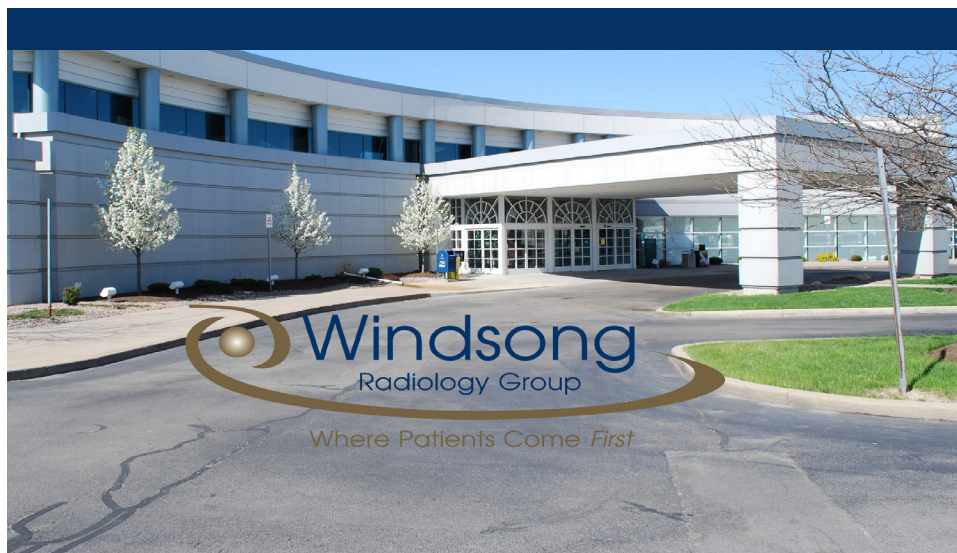
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The sweet sixteen Cyber Monday 'dos' and 'don'ts'

How to prepare for the online shopping season

NAOMI LYNCH
Special to The Leader

In a week, we will be all be home, stuffing our faces with turkey (or tofurkey, depending on your preference) and Aunt Bertha's mystery casserole. While

you figure out how to approach her food, don't forget that one of the biggest shopping days is around the corner: Black Friday!

But do you really want to brave this nasty Western New York weather? OF COURSE NOT!

Wouldn't you rather stay

inside and enjoy, say, a steaming hot cup of cider while doing all your shopping from your smartphone?

So stay inside, and stay warm, because Cyber Monday is the solution to all your problems!

According to Investopedia,

Cyber Monday is "the Monday following the U.S. Thanksgiving weekend, generally thought of as the start of the online holiday season."

In case you weren't aware, there are many benefits to shopping online: avoiding the near-fatal

mobs of people, ease in comparing prices, and most importantly, free shipping!

Before you grab your leftovers and connect to your neighbor's unlocked wifi, here are a few dos and don'ts:

Do:

DO Research prices before you buy! Cyber Monday is all about maximum savings — the more dollars you keep in your wallet, the better! Pricewatch.com is an excellent website to compare prices on your laptop or your computer. Don't forget to also visit CyberMonday.com to see some great year-round deals.

DO know the return/exchange policies for each website you buy from. NBCWashington.com says to look carefully at the fine print so you can send the item back, if need be.

DO set a limit. Consider purchasing a prepaid card and loading all your holiday shopping money onto it so you won't feel tempted to overspend.

DO stay organized. Keep track of all your purchases on a sheet so you don't buy double or triple of any item unless you intended it to be that way.

DO be wary of counterfeits! If a Gucci bag is \$50, it's probably Fucci.

DO read product reviews. These are your most invaluable resource when it comes to purchasing technology items. If a lot of people are against one item, you're better off not buying it.

DO look at bundle deals — those are literally the best bang for your buck!

DO follow all of your favorite retailers on social media, says Coupons.com. Places like Forever 21 and Target love to post deals only for their followers and you don't want to miss out on those.

Don't:

DON'T buy outdated phones, says LaptopMag.com. Sure, that practically free Samsung Galaxy S3 might look tempting, but that phone and operating system are two years old, and will look archaic compared to your friend's iPhone 6. Save yourself the envy trip and only invest in the newer models.

DON'T get distracted — buy only what you planned on getting. Impulse purchases will be your worst enemy. Fight the power. You don't need those \$10 boots. They'll fall apart in a few weeks anyway.

DON'T click "purchase" if the website isn't a secure one. Look for a lock symbol in your toolbar to make sure that your website is protected. If you don't see that, exit! Stealing identities is all the rage these days — don't become the next target.

DON'T you DARE pay for shipping. Point. Blank. Period. If shipping isn't free, try to find the same item at a retailer that offers free shipping.

DON'T buy a cheap netbook! According to LaptopMag.com, the cheaper the netbook, the worse the quality is. Those doorbusters look like great deals, but would you put your money in a shredder? Heavens, no! Reports say the best netbook out is Acer's C270 Chromebook, available for \$199.

DON'T use random Wi-Fi networks, says UpsteamCommerce.com. This is common sense. That deal that your best friend texted you that you have to buy right freakin' now isn't worth compromising your identity to a random Wi-Fi network. I know you've used a random network before. So have I. Just don't do it again.

DON'T consider buying that budget craplet! Craplet is short for "crappy tablet," and woe is you if you purchase one. If you don't know the brand name, avoid it by all costs. Even brand name tablets, such as the Samsung Galaxy Tab 2, are a rip off, says LaptopMag.com. The specs on that tablet were excellent ... two years ago. Again, don't put your money in a shredder, people.

DON'T lose sight of the real meaning of the holidays — spending time with loved ones. Material items are just a bonus. Don't be a grinch, okay?

Seamless Transfer calls for changes to curriculum

CONNOR HOFFMAN
Special to The Leader

In December 2012, the SUNY Board of Trustees adopted a new policy called "Seamless Transfer." The main purposes of Seamless Transfer is to make it easier for students to transfer to a different university, so that students can complete their associate's degree within two years. Seamless Transfer is intended to standardize the SUNY education system, and in order to do that, most campuses must make changes.

One main change is a 64-credit limit on an associate's degree and a 126-credit limit on a bachelor's degree. This policy also makes it so that each general education course is accepted across the SUNY system. Another change is that now students must declare their major by 30 credits into their two-year degree, or by 60 credits if they have a four-year degree.

Every SUNY campus is expected to submit their curriculum changes to SUNY by Dec. 1, 2014. Seamless Transfer states that students should be able to finish general education requirements within two years which, according to the Fredonia website, is not

something for which the university feels strongly.

"While our reasoning for the spread of general education requirement over four years is based upon best education practices and sound education research," the Fredonia website states, "we must comply with the dictates of this 'Seamless Transfer' requirement."

The main committee in charge of implementing these necessary changes is the General Education Revision Committee, which is composed of professors from different disciplines as well as a student representative. The Fredonia General Education Revision Committee has proposed three main changes: changing around the senior capstones, increasing cluster core requirements and opening up the vision of course clusters. Course clusters are either classes that are suggested to be taught back-to-back or courses that are connected under a theme.

In order to make transferring easier the SUNY system invested in a new program called DegreeWorks, which was implemented this semester. This is an online application that allows

students to audit and see their degree progress. It's just one of perhaps many changes to come.

Most seniors graduating Fredonia have to complete a senior capstone that their program requires. Some of these senior capstones require a service-learning aspect of their capstone, but not many of them have this.

Fredonia.edu states "We propose that Senate take on this idea and make it a campus-wide graduation requirement, rather than a requirement within the General Education program."

Fredonia is considering changing how it deals with course clusters so that students can complete their general education requirements within two years, as the Seamless Transfer initiative encourages. Assistant Provost of Curriculum, Assessment and Academic Support Lisa Hunter says she thinks this would benefit transfer students greatly.

"It's the hope that [transfer students are] going to be excited about it, and that it will create a smoother process for them," said Hunter.

"I think that all 64 campuses coming together and agreeing on what foundation courses will be

included in the Seamless Transfer, I think that was a huge undertaking because all the campuses had to work together" said Hunter

Hunter mentioned how Seamless Transfer provides a challenge with what institution changes their classes to match a different university's classes."If a particular course contains different elements different from another institution who changes? Who changes to make sure that the content in that course is going to be equivalent" said Hunter.

Not everyone believes that Seamless Transfer is going to be beneficial to the SUNY education system. The main opponent of the policy is the United University Professions (UUP), a union that represents SUNY employees. UUP has published a document titled "Seamless Transfer/Core Curriculum: Impact on Public Higher Education," which states all of their objections and the possible effects. Longer degree completion time, standardization of general education and weaker curriculum are all possible negative effects of Seamless Transfer, according to the union's document.

UUP believes this will happen because Seamless Transfer is

planning for students to be able to finish their general education requirements in two years. As UUP mentions in this document, this could lead to longer degree completion time because it does not give uncertain students enough time to figure out their major. Less time to decide on their major could mean a longer time to degree completion, since they were rushed to finish their general education classes.

UUP is very upset with the thought of a standardization of general education courses. They believe that standardizing the courses is not the answer to quicker degree completion time. They also believe that, with standardization, this will make the classes weaker and less diverse. UUP believes that, since the courses would have to be standardized, professors would have less freedom to design the courses they teach.

In less than a month, Fredonia will see exactly what this new SUNY policy will bring to curriculum. The December deadline will arrive soon and Fredonia will have to decide how it wants to integrate the Seamless Transfer Initiative.

SA: continued from A-1

life on campus, and represent the interests of the student body.” The big question among students is, does SA actually do that?

“I think that [SA] has done a good job recently with getting more connected to clubs. The recent president [Jefferson] has stopped by our meeting, he’s joined up with a radio show. I think even with the last administration president, Antonio and Hughdean, they tried to get involved, but I don’t think many clubs see that because there are so many clubs on campus, and they do a lot of work over there,” said Joseph Cardina, business manager of Fredonia Radio Systems.

Some clubs may recognize the attempt that the recent administration is making to be the organization that they say they are. But for some clubs, SA’s attempts are not good enough.

“I have never really had any run-ins or conflicts with SA. The most interaction I have with SA is when it comes to paperwork,” said Shannon Schwarberg, president of the social work club and womens club soccer.

Schwarberg serves as secretary for SA’s general assembly meetings, but she does not let work biases get in the way

of facts.

“If I didn’t work for SA, I would know one officer: Dean,” said Schwarberg.

With SA receiving mixed reviews on their performance amongst clubs, it seems as if the association might suffer from an identity crisis.

“I think a lot of groups see us as an evil entity that just gives out money; I guess that is why they hate us. They don’t see us as representatives of the students voice. Whenever we have our rules set in place, we are seen as a bureaucracy. People then just turn away,” said Burgos.

The idea of students helping students might sound like a good idea on paper, but is it the best method?

“I think it is really impressive that they learn the bureaucracy that it takes to run an organization. I think they do well with handling the money aspect — they have to do real work. I don’t find them to be unprofessional,” said Cardina.

“I think that they should do more than fall and spring summit. Not that many people show up and are tired, so going beyond that would probably help them,” said Schwarberg.

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POLICE BLOTTERS

UNIVERSITY

Monday, Nov. 10, 2014

12:46 a.m. Evan E. Lynch, age 19, attempted to obstruct an investigation of criminal complaint. and was in possession of marijuana. Lynch was arrested and held for arraignment, a search warrant was executed and evidence was seized.

11:30 a.m. A watch was found in Fenton. A report was filed.

Tuesday, Nov. 11, 2014

12:07 a.m. A male who trying to sell his furniture in Gregory Hall was being loud and disrupted. A report was filed and the subject was referred to Student Affairs.

1:18 a.m. Zachary A. Holbrook, age 18, was issued an appearance ticket and was arrested for unlawful possession of marijuana in lot 7.

Wednesday, Nov. 12, 2014

4:22 a.m. Items were found in Mason Hall by a janitor. The items were stored and a report was filed.

1:07 p.m. Someone found a cell phone in Starbucks. A report was filed and the item is being held temporarily.

1:07 p.m. Car keys were found in Starbucks. A report was filed and the items are being held temporarily as evidence.

4:33 p.m. A longboard was stolen out of a hallway of Mason Hall. A report was filed and a statement was taken.

Thursday, Nov. 13, 2014

11:01 a.m. A male student was found sleeping in the bathroom of Cranston Marche. A report was filed and the subject was advised.

6:00 p.m. A silver ring with a heart shaped stone was found by the Williams Center. A report was filed.

10:30 p.m. A wallet and phone were taken from Reeb Library on Nov. 12. A statement was taken, information was collected and it was referred for investigation.

Friday, Nov. 14, 2014

12:24 a.m. Connor Hoffman, age 18, was arrested for unlawful possession of marijuana in Eisenhower Hall.

3:28 a.m. An individual was annoying the Faculty Student Association Bookstore manager. A report was filed.

Saturday, Nov. 15, 2014

6:16 p.m. A suspect vehicle hit another vehicle in front of Alumni Hall causing minor physical injury. A report was filed and statements were taken.

11:08 p.m. Daniel R. Cheney, age 18, was issued an appearance ticket for smoking marijuana in Grissom Hall. A report was filed.

Sunday, Nov. 16, 2014

1:08 a.m. A stop sign on Ring Road at Old Main Drive was found broken off at ground level. Photos were taken and a report was filed.

2:55 a.m. A male was found in Nixon Hall with a fake ID. He was issued a traffic ticket and a report was filed.

FREDONIA

Friday, Nov. 14, 2014

12:22 a.m. Roberto J. Cheverez, age 26, passed through a red light without stopping. He was issued a traffic ticket.

1:17 a.m. Adam B. Super, age 22, was issued a traffic ticket for operating a motor vehicle while using a mobile phone.

All information printed in The Leader's police blotter is a matter of open public record. No retractions or corrections will be made unless a factual error is shown. Anyone who is cleared of charges has the right to have so printed. It is the responsibility of the accused to provide notice and proof of the dropped charges.

International Education Week celebrates diverse campus community

AMANDA DEDIE
Special to The Leader

International Education Week is a celebration of Fredonia's international community within the university, and will be held Nov. 17-20. This week aims to increase awareness amongst the student population of global education and highlight opportunities available.

The U.S. Bureau of Educational and Cultural Affairs began celebrating International Education Week 15 years ago to providing insight into the lives and cultures of their fellow international students, faculty and staff.

"International Education Week is a way for universities in general to promote internationalism on their campus through study abroad and international students, by ways of film showings, workshops about incorporating your study abroad experience in your resumes and interviews," said William Webber, student assistant to the Office of International Education. "It's to show students and faculty and the campus community that there are other cultures out there, and that they're here."

The theme for 2014 is "gratitude and storytelling." During the week, the Office of International Education will be collecting stories from Fredonians about gratitude and global citizenship. These stories will then be shared during a luncheon on Thursday, Nov. 20 at 1 p.m. in the Horizon Room in the Williams Center.

"The goal of the week is really to promote diversity, international and global citizenship, and global opportunities," said Erin Willis, assistant director of study abroad and exchange programs. "In many ways it's strictly about study abroad, but our goal here is to reach out to as many people as possible and celebrate international students and students from under-represented backgrounds."

Some of the other events during the week, held with the Center for Multicultural Affairs, include Culture Fest and Zumba night. Culture Fest will have clubs on campus that have a primary focus on diversity and globalization, followed by three Zumba sessions (one joined by President Horvath), starting at 5 p.m. in the Williams Center Multipurpose Room.

On Tuesday, the Office of International Education held a combined study abroad photo contest, international photobooth and part Passport Day event. Former study abroad students were able to feature their art photos with the chance to win prizes. Campus members were also able to take part in the "Global Blue Devils" photo series, in which

they were able to have their pictures put onto photos of places they've been, or places they wish to go to.

There will also be study abroad informational sessions, international film screenings, a global coffee hour and international career and opportunity workshops.

In regards to the study abroad programs, Janeil Rey, assistant professor for the College of Education and faculty leader of the Belize Service Learning Project, explains why traveling abroad is an important component to international

education.

"When you travel, you realize how much people know about the United States, and how little we know about other countries. There are lots of ways to connect with people around the globe, but there's nothing that can substitute for going to that place and meeting and working with people side-by-side," said Rey. "You can be a tourist, but you can't have the opportunities you have in a study abroad program. You're really becoming part of the community, and that really changes your perspective."

SCHEDULE of Events 2014

Monday, November 17th

- Financing Study Abroad Presentation, McEwen 209
12:00 - 1:00 pm
- Study Abroad Information Session, Williams Ctr. S204 ABC
4:00 - 5:00 pm
- Culture Fest and Zumba, Williams Ctr. MPR
Co-sponsored with Center for Multicultural Affairs
5:00 - 9:00 pm

Tuesday, November 18th

- Photo Contest, Passport Day, Photo Booth, Williams Ctr. MPR
12:00 - 3:00 pm
- Film Showing - "Cold Eyes," Williams Ctr. GCL - S226B
7:00 - 9:00 pm
- UN Day of Peace. Sponsored by Amnesty International;
Williams Center S204
7:00 - 9:00 pm

Wednesday, November 19th

- International Opportunities After College, Williams, Ctr. S204 ABC
12:00 - 3:00 pm
- Resume Building - Global Perspectives, Williams Ctr. S204 ABC
3:00 - 4:00 pm
- International Social Hour, Williams Ctr. GCL - S226B
3:00 - 4:00 pm
- Film Showing - Khayalami: My Home, McEwen 202
6:00 - 7:00 pm

Thursday, November 20th

- International Day of Gratitude, Williams Ctr. Horizon Room
1:00 - 3:00 pm

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OPINION

Wednesday, November 19, 2014

The Leader A-6

THE LEADER

Vol. CXXI, Issue 12
The Leader
Fredonia State Free Press
S206 Williams Center
Fredonia, N.Y. 14063

News & Advertising Office:
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General Education Revision: *The Leader's* opinion

We, the staff of The Leader, all have various majors, however we all have to take a certain amount of College Core Curriculum courses (CCCs) in order to fulfill our degree requirement. The current revision of the general education program has caused us to analyze our own curriculums and contemplate what we view our ideal general education program to be.

We believe students should be required to take CCC classes outside of their comfort zones, because that's how we grow academically and become more well-rounded. Nevertheless, if a student has chosen a major,

the majority of his/her time should be spent learning about that field. It is important for students to have the chance to take classes in other subject areas, but there are better alternatives than a long list of required CCCs.

We think there should exist the option to omit one category of CCCs and fill those credit hours with classes in a subject area of more interest to the student, because most students have at least one subject area that just does not sit well with them. There is the school of thought that says that these students should learn to push through these subject areas, but we believe that was what

high school was for. College is an institution where we are "free" to study what we want and think that should be reflected in the CCC requirements.

Perhaps requiring open-ended electives would be a better alternative to a rigid checklist which must be followed by everyone, regardless of major. We think that CCC requirements should mandate only the number of credit hours taken outside a student's major; the student should have the choice of which classes to devote time to. This would also boost most student's GPAs and reduce frustration — if a student is enthusiastic about

learning, as opposed to just "getting another CCC out of the way" he/she is much more likely to do well in the class.

College is a time for students to expand their knowledge about subjects pertinent to their future career and explore new interests of their choosing. Oftentimes, a CCC requirement forces students into a course they may not have the capability of succeeding in. This sets students up for failure, lowering their GPA as well as their morale. Since we are paying for this education we, as customers, should be able to tailor our courses to our interest.

Correction:

In "A dream is more than a wish your heart makes," featured in issue 11, it states that Rebecca Hale took the accompanying photo. Courtnee Cesta took the photo.

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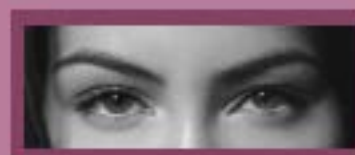
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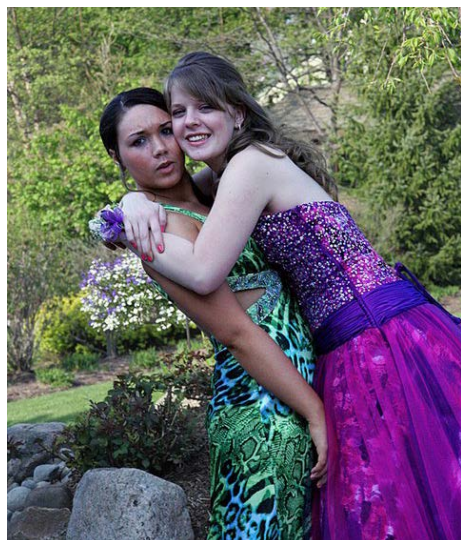
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FROM THE DESK OF COURTNEE CESTA MANAGING EDITOR

As a wide-eyed first year student, four years seemed like an eternity and certainly enough time to learn how to be all I wanted to be. But looking back — it isn't. I came into Fredonia full-force, aspiring to be a journalist, a musician and a business professional. And with a measley two weeks left of classes before I'm off to face the real world, I'm looking back and realizing that aside from gaining experience, I gained valuable lessons (okay... and the "freshman 15") that were not exactly what I thought I would learn...

1. Advocate for yourself. Speak up if you want something accomplished.
2. Realize the importance of time management as to avoid becoming a sleep-deprived and over-worked zombie.
3. Good friends are important, and sometimes loyalty is the only quality you need in a friend. If you can count on each other being there in a time of need, you may have found an invaluable friend for life.
4. Good communication is key. Learn what to say and how to say it.
5. Take advantage of social networking. Employers really do check up.
6. Appreciate family. Don't forget that while you're growing up, your parents (and the rest of your family) is growing old(er). Savor every visit, every trip home and every phone call.
7. Don't sweat the small stuff. You're going to get your first F and fall down (and up) the stairs — but nobody cares.
8. A clean email inbox is one of the easiest

ways to eliminate an unnecessary stressor.



9. It's never too late to stay in touch with old friends. It's easy to get caught up in our busy college lives, but remember that you'll need someone by your side when you move back home, too.
10. People don't pay attention to you as much as you think. Wear the same shirt three days in a row and you'll see it's true.
11. Be good to your body. While it's easy to go all out at Cranston or sit at your computer and stare instead of hitting the gym, sometimes ... just don't.
12. But, at the same time ... just eat the damn slice of cake every once in a while.
13. Contrary to the wise words of Meghan Trainor — it's all about people. For everyone's sake, learn how to interact well and how to compose a complete, well-thought out email.
14. You don't need to read the book. You can sometimes even get away without buying the book.
15. But remember, you get out what you put in.
16. "No one looks back on their life and and remembers the nights they got plenty of sleep." But you still need sleep.
17. Don't be scared to change your major

or try new things. You have four years, so use them.

18. Take advantage of all student discounts while you can. You can't beat \$15 oil change or a free six month subscription to Amazon Prime.

19. Carpe diem, YOLO, Hakuna Matata, etc. Call it what you want; it all means the same thing. Embrace the short time before we have to be real adults. And if you so please, wear a shark costume. And rock it.

20. Don't drink beer if you don't like it.



Don't wear pearls if you're not comfortable. You do you.

21. Learn the value of good conflict



resolution skills.

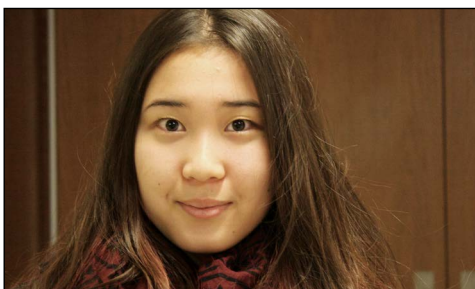
22. Be careful what opportunities you turn down, but you don't have to take on everything under the sun. Once you say no, you may never get asked again, but you win some, you lose some.

23. The importance of having a job. While working in high school was to solely fund your clothing addiction, a job in college is important. It's how you pay your rent, and it's how you feed yourself. So work often and spend wisely.

24. Lastly, take your time. Life isn't a race, and your college experience isn't an exception. The things you've accomplished, the mistakes you made, the friends you've attained, the goals you've reached and the goals you've set to reach are all part of the great college experience. When it's over, you'll want to go back and do it all again because despite it being the craziest, scariest time of your life, it was beautiful, and liberating.

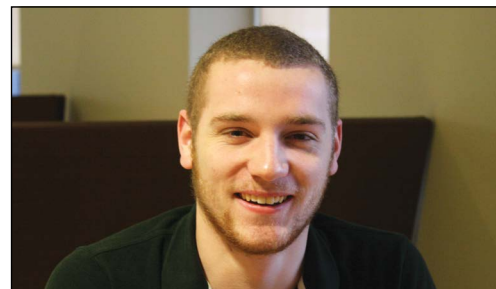


What has been your favorite and least favorite CCC?



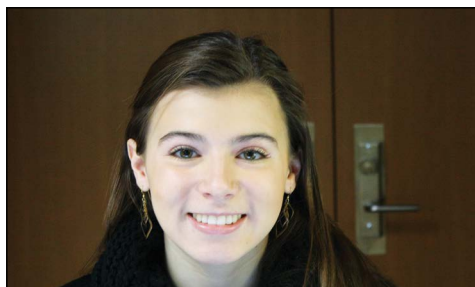
Dzhula Muchaeva
sophomore, media management

"[My favorite] was for social sciences — mass media and society with Amber Rinehart. I think [my least favorite] was U.S. history ... sorry. It was just so many papers to write."



Sam Fox
sophomore, social work

"My favorite CCC so far has actually been Math in Action because it's so easy. And my least favorite CCC has definitely been sociology with Skinner."



Quinn Patton
senior, communication disorders and sciences

"My favorite CCC is one that I'm currently taking. It fulfills a social sciences requirement, and it's actually an honors seminar that's offered. It's called mental health and society; so that one's my favorite. And my least favorite CCC is the arts — I have yet to fulfill it because I feel like there's not a ton offered, and it's really hard to choose one you're going to be interested in, so I think you just end up picking whatever's left."



Brittany Hull
junior, business management

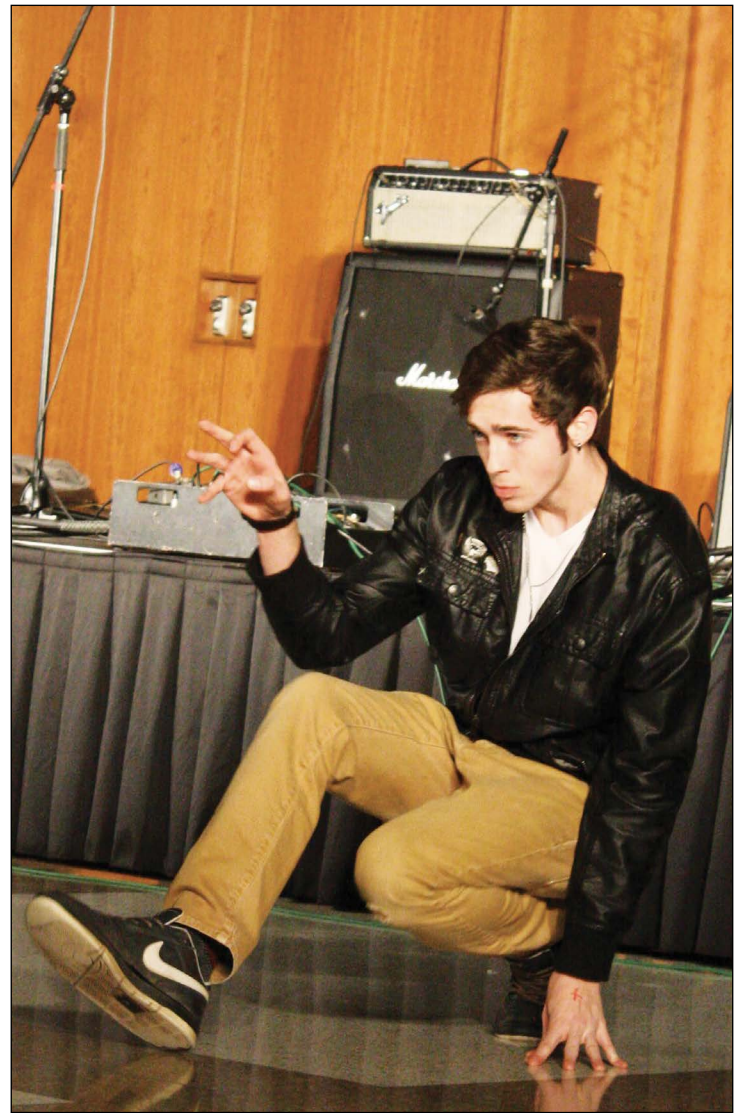
"My favorite CCC was probably oceanography, and my least favorite was world cultures."

Photo Page



REBECCA HALE / ASSISTANT REVERB EDITOR

THE ACTRESSES OF 'FIVE WOMEN WEARING THE SAME DRESS' POSE FOR A PHOTO AFTER THEIR FINAL PERFORMANCE. SEE FULL STORY ON PAGE B-1.



REBECCA HALE / ASSISTANT REVERB EDITOR

ATTICUS KISER PERFORMS AT TALENT SHOW HOSTED BY 'FRED BEFORE BED'. SEE FULL STORY ON PAGE B-1.



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Rebecca Hale / Assistant Reverb Editor

'Five Women Wearing the Same Dress'

PAC show plays at President Horvath's house

REBECCA HALE
Assistant Reverb Editor

THE PERFORMING ARTS COMPANY

put on its latest show, "Five Women Wearing the Same Dress," by Alan Ball, in an interesting venue — the front living room of University President Virginia Horvath's home. The change in traditional atmosphere proved to be a success, as all three performances sold out.

Students and friends were ushered in through Horvath's front door and were instructed to remove their shoes in the front hall as their coats were taken. They then moved into the living room, which had been transformed into an intimate theatrical space.

Chairs were lined up in rows, and there were even stage lights set up. The entire play takes place around one set, a bedroom, which made Horvath's home fitting. Director Brittany Bassett explained that she got the idea from "The House of Yes," a PAC show she'd seen done in Horvath's home two years ago.

"I'd seen another show done in here already, so when we were looking for a location, we thought, 'hey, let's do it in the president's house!'" said Bassett, a senior BFA acting major. "It already takes place in the bedroom, so it's perfect."

The set consisted of a bed, a vanity, a table for two and a few other pieces of bedroom furniture. "Five Women Wearing the Same Dress" tells the story of five troubled bridesmaids who hide away in a bedroom at a wedding reception and lament on their own lives and

nostalgias.

The play dives into the lives of these women and contains a lot of subtext that students find relatable. Each character has her own troubled past and struggle, leading Bassett to describe the characters as "the rebellious sister [Meredith], the naïve virgin [Frances], the neurotic lesbian [Mindy], the lost ex-best friend [Georgeanne] and the beautiful cynic [Trisha]."

Some of the issues illustrated within the play are sex, drugs, abuse, broken-heartedness, addiction, self-absorption, anxiety, jealousy and distrust.

Another interesting concept that director Brittany Bassett decided to implement with "Five Women" was to change up the casting. The show featured a double-cast, but instead of having two casts, she simply had the same women play different roles.

"I wanted to find something

else to make it different and unique," explained Bassett. As a theatrical exercise, this is a great way for actors to be flexible in their character. It also makes for two completely different interpretations of the same play from night to night.

"It was literally a half hour before auditions, and the idea just hit me, so during auditions, I looked for girls who could create two different characters and be able to take the challenge of creating those characters, and memorizing both [sets of] lines," Bassett said.

For Bassett, this has been her first time truly directing a show, and she couldn't be more proud of the success it reaped. This, of course, was thanks to the hard work of the actors, technicians, E-board, the Department of Theatre and Dance and the cooperation of Horvath.

"This is my first time being the director of a full-length play and,

as an actor, I know how vulnerable you need to be on stage with the audience next to you, but I never understood the vulnerability that a director has to go through," said Bassett. "You put heart, and time, and effort and linguistics into a script and into a play, and give everything to these actors, and for these three nights I just sat back and watched it happen, and I didn't really know how anxious I would be, because this whole thing is me."

Despite her first-time fears, the show ran flawlessly.

"This just came to life so much better than I could have ever imagined, so the venue was just perfect, and it gave it the exact feel that I was going for," she said.

PAC's next assisted production will be independent project, "Really Really," by Paul Downs Colaizzi, which will open on Feb. 7.

'Fred Before Bed' films in front of live studio audience

Talent show raises funds for Autism

MAGGIE GILROY
Editor in Chief

Fans of late-night talk shows are familiar with WNYF-TV's own "Fred Before Bed," but, on Wednesday, Nov. 12, audiences were invited to experience the talk show in a new way: live and in-person for the first "Fred Before Bed Talent Show presented by WNYF-TV."

Filmed in the Williams Center Multipurpose room and broadcast on WNYF-TV, the talent show was the talk show's first show in front of a live studio audience. Live audience members were required to purchase tickets; a total of \$299 was raised from ticket sales and basket raffles, all of

which was donated to Autism Speaks.

Local businesses contributed to the event, including P*Dubs, Family Video, Tuscany, Blasdell Pizza, Maria's Pizzeria & Restaurant, and Chautauqua Health and Fitness.

In addition to WNYF-TV, which hosted and broadcast the event, Fredonia Radio Systems coordinated the live sound, Sound Services coordinated lighting, Sigma Phi Epsilon assisted with ticket sales and setup and Delta Phi Epsilon donated a basket.

"It was cool that we had so many groups," said host and executive producer Brendan Hoare. "We have a good network at the TV station and Fred Before Bed. It helps, because

we're all connected to campus groups because we interview them on the show itself. It's kind of how it all came together."

The talent show featured 12 acts that showcased students and clubs on campus and incorporated various talents. Each act was allotted a five minute slot and varied in style, which ranged from stand-up comedy to small acoustic acts, larger bands and dance groups. Competitors included Albert the Fish, Andrea Adinolfi, Ruckman and the Basterds, Deanna Buley, Alexandra Braggins, Holkampany, the Fredonia Dance Team, Jenn McMaster, Irish Dance Club and Dollar Diplomacy.

See Talent Show page B-7

INSIDE REVERB:

A conversation with Savannah King

I met up with Savannah in Starbucks on a grey, Wednesday afternoon. We briefly bonded over the colds we were getting over before settling into the interview.

See story on page B-4

Student produced film premieres at Fredonia

"Uni- Terra" is an independent film written by Fredonia student Joseph Edwards, who also cast, directed, shot and edited the film — which is a lot for such a young filmmaker.

See story on page B-6

SOLD OUT AUDIENCES FALL FOR ORCHESIS' 'TOMBÉ'



JORDYN HOLKA
Reverb Editor

This past weekend, Orchesis, Fredonia's popular student-run dance group, put on its fall showcase entitled "Tombé." There were two performances, one Friday night and one Saturday night, both of which were completely sold out.

According to Lauren Orłowski, a public relations major and the vice president of Orchesis, "tombé" is a dance term meaning "to fall." "We wanted to keep it very simple, while still incorporating the word 'fall' in our show," said Orłowski on why the group chose that title.

"Tombé" ran for a little over an hour, including intermission, and featured about 30 student dancers in 11 different dances. The first number was "Here in One Minute," a seven-minute piece choreographed by guest

choreographer Jenna Del Monte. Orchesis president Abigail Donegan knew Del Monte, a Buffalo native and a current adjunct professor of dance at SUNY Potsdam, by way of a dance conference. She was the individual who invited Del Monte to choreograph a piece for this show. Although a tad on the longer side, the number was interesting, featuring four dancers artfully running backwards across the stage area and ending in a flash of light.

While many of the dances seemed to feature a similar style, each had its own unique twist that could be credited to its choreographer. Most numbers, such as "Travel with the Wind" and "Departure," involved some variation of a contemporary modern, jazz or ballet dance, but some numbers stood out as being of genres of their own, such as "Good Morning," choreographed by Erik Miller, which was an invigorating and energetic tap number.

"The 20th Century Fox Mambo," choreographed by Jordan Fischer, also stood out as a departure from the norm

set by the other pieces in the show, as it was based in musical theater-style dancing and, therefore, was much more theatrical than the other numbers.

"The 'Mambo' was my favorite because I've seen the show and it's my favorite, and I love what they did with it," said audience member Sanjana Tasker, a freshman vocal performance major.

All dance numbers were entertaining to watch, and the three months of planning and practice that went into the show were evident in every number, on every dancer's face, and in every dancer's movement.

The show concluded with a dance entitled "Haute Monstere," which was choreographed by the show's other guest choreographer, Andrij "AJ" Deneka. Deneka is also a Buffalo native and was brought in for his second collaboration with Orchesis by Orłowski.

"AJ's piece was so very fierce and sassy," said Orłowski. "It was kind of out of my element for me, so I enjoyed personifying that character and working with that number."

As was evidenced by the two sold out shows and the reverberating applause and cheers throughout,

Orchesis' "Tombé" was, overall, a great success.

"I think we are very happy with the result of it — we did sell out both nights, which was a great thing," said Orłowski. "Of course, after every performance, you take that time to debrief, and there's always things to work on, and that's not a bad thing, because you grow from those experiences. I know one of the biggest concerns we have heard from a lot of the guests that attended the show was as far as seating goes."

As the show was held in the Williams Center Multipurpose room, seating and lines of sight were definitely of concern. The problem was that unless one was in the front row or on an aisle, it was extremely difficult to see any dancing that took place on the floor, which there was actually quite a bit of.

"That's something we're definitely looking into and considering for next semester, because we want to be able to have everybody that attends the show see it the same way the person in the front row would see it," said Orłowski. "That's really important to us."

Justin Petito, a senior theatrical production and design major, serves as the technical supervisor for Orchesis and served as the lighting designer for this particular show. He added that as

a group, they are always tweaking and improving their set-up so as to make it the best possible experience for all involved.

Speaking about changes made from last semester's performance to this semester's performance, Petito said, "We added more lights for our backlight, we got more drape to give us a little bit more masking [and] we rented a sound system as opposed to using some of the stuff we had in house, which gave us a better sound."

Looking to the future, he said, "I look forward to the spring show, and it's going to have some new things that we're hoping to throw at it."

As for what those "new things" may be, Petito didn't say.

Although an audition is required, Orchesis is a student-run dance group that welcomes members of all dance backgrounds. "Some of the dancers range from no experience to 13 years of experience, so there's a different range there," said Orłowski. "But it's awesome to showcase all of their talents, and that's the thing that makes me most proud. We tell them the most important thing is to go out there and have fun — leave your heart on the dance floor, keep that smile and just put on a great show — have fun. That's the most important thing."



MEMBERS OF ORCHESIS PERFORM A DANCE TITLED "HERE IN ONE MINUTE."

GABBIE LEE / ASSISANT PHOTO EDITOR

A R E V E R B

T H A N K S G I V I N G

The do's and 'donuts' of college fitness

Part 2.5:
Thanksgiving Edition

JORIAN HOLKA
Special to The Leader

People look forward to Thanksgiving Day for a multitude of reasons: time away from school, being with family and friends, and more. However, it is undeniable that the majority of people consider the Thanksgiving food to be a major attractant.

For the health-conscious, however, the abundance of food present at Thanksgiving dinner can be somewhat daunting and, in turn, make them anxious.

The first step in taking on Thanksgiving dinner from a healthy perspective is not obsessing over it. Everybody needs and deserves a day in which he or she can enjoy one of life's many great gifts: food.

Excessively worrying about a meal and the possible slight weight gain that can come as a result, is not healthy in and of itself. It's important to remember that living a healthy lifestyle involves not only physical health, but also mental, emotional and social health. A responsibly enjoyed meal can aid all of the latter; Thanksgiving Day should be welcomed, not feared.

Even before the annual Thanksgiving gathering, however, there are numerous proactive steps that you can take to ensure that you get the most out of your Thanksgiving Day experience.

First off, don't fast the morning of the big day. Doing so most often results in one overindulging at the feast and feeling regretful afterwards. Instead, eat small meals and/or snacks are high in protein and fiber. Doing so will help to maintain your metabolism, as well as fill you up and keep you full longer.

Secondly, ensure that you're staying hydrated both prior to and during the meal. This will help to flush out the excess sodium that will most likely be consumed that day, as well as keep you fuller and ensure that you don't overeat.

Finally, exercise as close to heading out to your holiday gathering as possible. Whether it's cardio or weight training, any sort of exercise will rev your metabolism and prime your body for better acceptance of the macronutrients and

micronutrients that will be consumed. However, remember not to go overboard with your training — overdoing it is not necessary!

Now come the steps that can be taken at the Thanksgiving dinner table itself in order to keep it a healthy-minded undertaking.

If appetizers are served, sample them — but be careful not to overindulge. However, if raw vegetables are available, feel free to have more of those, as they contain little amounts of calories and abundant fiber, which will help to control your appetite during the upcoming meal.

When the meal is served, begin with the protein — the turkey. Doing so will help minimize the blood sugar spike that often accompanies the consumption of refined carbohydrates (white bread, potatoes, white pasta, etc.) and, in turn, reduce the likelihood that your body will store the extra calories you will consume as fat. In order to maximize this effect, be sure to consume skinless white-meat turkey if possible.

Next, move on to the available vegetables. As has been stated, vegetables are full of fiber, which will help to fill you up while consuming a small amount of calories.

From there, you are free to move on to the available carbohydrate dishes and desserts.

Finally, while doing all of the above, be sure that you are eating conservatively and socializing during your meal. Take small bites, put your utensils down between bites, and converse with your loved ones. Eating slowly will allow your body time to let you know when it's full. Savor the meal itself, as well as the time you have with your friends and family. After all, that's what Thanksgiving is all about — giving thanks. Take the time to be thankful for the food you have been given, the loved ones you have around you and the time you have on this wonderful earth.

Loving yourself during the holidays

BRIONASAAS
Special to The Leader

How's it going, fellow students? Excited for the upcoming holidays? Because I know I am!

I'm sure all of you have a very fun week planned and are looking forward to sharing some delicious treats with your loved ones and friends back at home! Some of you might be worried about overdoing it this holiday season; if you're like me and live far away from home, maybe this is an opportunity that you just can't miss!

Maybe you feel like you have to take advantage of as much yummy food as you can. Have no fear! Enjoy yourself and don't think about it too much. Your body is your own, and you should decide your own standards for it.

Whether your standard is gaining weight, losing weight or remaining the same, continue on your path regardless and don't let anyone criticize it. Let others worry about their own body. Even if you do gain a few pounds during the holidays, no one should care — not even yourself.

We define our own beauty.

Our bodies are something

we should definitely take care of, considering having our good health is what we will depend upon in the future. Still, we can at least make the holidays an exception and not beat ourselves up about it.

"Body image" is what we think of when we look in the mirror. What's sad is that part of the reason we see anything other than beauty when we look at ourselves can be blamed on the media ... and that is downright crazy! Letting strangers or celebrities make us feel like outcasts due to the size of our bodies is ridiculous.

We were born the way we are for a purpose, and we all don't have the same purpose in life! We are all unique, and we should embrace and celebrate it — never criticize it.

The only opinion that should matter is your own. Another way to create positive body image for yourself is to be comfortable in your own skin. One of the most breathtaking and exhilarating feelings for me is being comfortable in my own skin. It's powerful to be confident about knowing who you are; that will give you the feeling of being in control, not only over your body, but also over your life. I'm free to be me, and you're free

to be you.

The moment we lose sight of ourselves is the moment we are not living life for ourselves, but for others. So, be in control! It's not easy to be comfortable in your own skin at all times, since there are a lot of pressures in today's society forcing us to be some definition of "perfect." This is repeated everywhere, but I will say it anyway because it's true: NO ONE is perfect! Not the models in the magazines, not our teachers, not us.

A way to look at this is to embrace your flaws — let them make up your rare identity, or let them be another factor that makes you stand out from the rest of the crowd. This is the true meaning of feeling comfortable in your own skin.

So, let us indulge in food and love our bodies during the holidays. If we do that, we will be happy and, therefore, get the serenity we deserve. Holiday breaks are a time of relaxation and love; if we're too busy worrying about our bodies, we won't be taking advantage of our time off! So, let loose and have fun. Have a safe and memorable holiday season, everyone. Happy Thanksgiving!

Thanksgiving Menu

Our Reverb staff wanted to share with you some of our favorite Thanksgiving recipes! Some are traditional family favorites, and others have been found on Pinterest and the good ole' Internet. But they are all most definitely delicious!

hors d'oeuvres

Naomi's Wickedly Tangy Chicken Deviled Eggs

beverage

Apple Cider Sangria

entree

Beer-Can Turkey

side dishes

Dem Wedges

Becca's Green Bean Casserole

Kori's Squash

Kori's Stuffing

desserts

Jordyn's No-bake Pumpkin Pie

Kori's Apple Crisp

Kristen's Leftover Surprise

For full recipes visit www.fredonialeader.org



A conversation with Savannah King

CLAIRE WOODCOCK
Special to The Leader

I met up with Savannah in Starbucks on a grey, Wednesday afternoon. We briefly bonded over the colds we were getting over before settling into the interview. She told me about her experience touring with the 10,000 Maniacs, working with her own band, an upcoming LP and how she's juggling it all.

Claire Woodcock: So it seems like you're living this double life. Kind of like Hannah Montana when we were kids but just better in every way!

Savannah King: It's totally true. I'm at school Tuesday through Thursday, and then on Thursday nights, I leave and, like, get in a van and go on tour. I leave campus to go travel and do all of these shows, and then I sit in Starbucks as a college student, so it's pretty crazy.

CW: Probably more so now that you're touring with 10,000 Maniacs...?!

SK: Definitely — the 10,000 Maniacs is just, like, a bump up from my own tours. I got back from the first little leg of the tour a little over a week ago, and I just started the second leg of the tour. I sing harmonies and play rhythm guitar ... it's super official. They let me open the show for a lot of them; I'm opening for them again on Saturday. So, it's awesome that I get to promote my own music, and they let me sell my CDs and I couldn't ask for anything better ... they're amazing people.

CW: How did that gig come about?

SK: The head of the music industry department at Fredonia, Armand Petri, [has] been their producer for 30-something years. The previous girl that had the gig was a Fredonia student — they use a lot of Fredonia students in their production and live sound crews — and they knew she was going back to school. So they asked Armand, 'Don't you know any singer/songwriters who would like this gig?' And he was like, 'Yeah, Savannah.' So he called me into his office and asked, 'Hey do you want this job?' and I said, 'Yes, of course, when do I start?' And it was almost immediately. I literally had a week to learn all of their songs, and then I was on the road with them.

CW: So are you picking up any good advice from them?

SK: Totally. Because I've never performed on that big of a scale — I've done larger shows, but they consistently do these shows and have been in the industry way longer than I have. So, I'm just asking them a million questions and just being a sponge and soaking up everything that I can from them because they're pros — they've been doing it for so long!

CW: Alright, so let's backtrack: how'd you get your start as a musician?

SK: My parents were musicians. My mom was a singer and she did

theatre while my dad played bass. We had a music room in the house growing up where my dad had all of his instruments and equipment and stuff. They would turn on microphones and I would just sing in the microphones. They encouraged me to do piano and violin, I picked up the guitar, and I just begged them for voice and guitar lessons. But they waited to see if it was really something I wanted to do, because voice lessons are expensive and it was a lot of dedication, but I just didn't stop playing.

So I did the lessons, and I did the plays in high school, and eventually I realized I could write my own songs on the guitar; and as soon as I figured that out, it was over. So I just begged my mom to take me to open mics, like, I would look up on the internet all of the open mics going on in the area. I was 14 or 15 and these were in bars in Buffalo, so she was a little hesitant. But we went to some cafe ones and eventually I just networked with people, put together my own shows and people put me on their shows and it just sort of grew from there.

CW: When did you know that singing and performing your own music was what you wanted to do?

SK: "One of the times that I performed was at the Palace Theatre in Lockport, which is this huge, huge theatre. It was a talent show, and my guitar teacher told me about it. I would come in every week for my lesson and play him the songs I wrote, and it became more about that than learning scales or whatever because he realized that that was what I wanted, so he helped me with my writing.

Then he heard about this talent show in Lockport and was like, 'You should sign up, you should do it!' So I did, and I played one of the first songs I ever wrote, 'Dear June,' and it's on my second EP, the 'She Sends Her Love' EP. I put it on there because it's close to my heart. So little 14-15-year-old me was up on this huge theatre stage and the room was full of parents and stuff, and I played this song that I wrote and it was the proudest moment of my life. And it probably wasn't very good if you go back and look at it, but just being on that stage for the first time, playing one of my songs, was when I was like 'Yes, I need to do this.'

CW: So now you're a senior music business major at Fred. You've done a lot of your own promotion and marketing, so it would be pretty dumb to assume that your business degree hasn't helped you with that, right?

SK: It's definitely helped. I mean, I came into the program already doing that stuff, so this program's more reinforced what I was doing already. It was good to hear from industry professionals like Armand and all of the guest speakers who have been

through it all and just the networking alone! Everyone in the music industry program hopefully will [be] going on to be in the music industry, so that's however many people that I know now that are in the industry. Just getting the 10,000 Maniacs gig was because of my major, so I'm completely grateful for that opportunity.

CW: Okay, so I feel like I have to ask: You're so busy. I mean, I think that I'm busy, but next to you, there's no comparison, you know? So how do you manage everything?

SK: To-do lists. To-do lists are like my number one thing right now.

CW: Are you a chronic list maker?

SK: Yes, I have at least twenty of them written down at home and pictures of them on my phone."

CW: You sound just like me!

SK: Yeah, I need to plan out my weeks way ahead of time. My grandmother will ask, 'Do you want to have lunch?' and I'll say, 'I'm free in, like, three weeks on Tuesday, can you do 6?' I was busy with my own tours, but now it's my own shows on top of band practices, on top of 10,000 Maniac's band practices, on top of their shows, on top of their tours, on top of school, on top of just having a life. It's pretty crazy! And I recently put my own band together, so then there's rehearsals with that, but that's something I've wanted to do for a long time.

CW: Oh yeah? Tell me about the band!

SK: Well I've been solo for a really long time, but playing with a band has been something I've wanted to do for so long! Playing solo has its benefits — it has its perks — but I got tired of just always being solo. Plus, it's fun to play with a band working off of other instruments!

Loren Metzger was my assistant — she got intern credit for going on tour with me. And then all of a sudden she said, 'I play drums by the way,' and I was like, 'Oh okay, cool.' And then it



turned out she was actually the most ridiculous drummer I've ever seen and she's a girl, and girl drummers are awesome. So I was like 'Please, join my band!' My guitar player is Mark Bamann. He's in the music industry program and graduating in December with me. Mark, Loren and I have toured together in the past. And then we found Scott Gergelis — he plays upright and it's so, so good — and it just fell into place so well. Nothing is forced with this music."

CW: How did that formulate?

SK: That was a hard place to get to — finding a band. Because you not only have to gel as people and personalities, we have to gel musically. It also depends on the spots we're at in life, the time we can devote and all of the members just fell completely into place. They're fantastic. They're all Fredonia students or alumni. I'm so proud of them. Even though I write all of the songs, we arrange them together. They're our songs. I give them to the band to rearrange them. Everyone's so proud of them.

CW: Have you announced any dates?

SK: Our first gigs are coming up in November! We haven't played out yet, so we're pretty excited. November 20th is the Tudor Lounge in Buffalo, and then the 28th is in Niagara Falls at The Evening Star. I can't wait to get it out in the world because I've been working for so long behind the scene, and I can't wait for people to see it. It's just more fun being onstage with other people, and they're like my best friends, too, and that's awesome."

CW: Your voice has been compared to those of Joni Mitchell, Ani DiFranco, Fiona Apple and Sarah McLachlan. Would you consider these women some of your inspirations?

SK: Oh, they're definitely inspirational to me. I'm still finding my own style and my own path that I'm

going down in music, so I don't know if I'm like any of those artists 100 percent. But definitely I can hear it in the tones in my voice and how I sing. So it's an honor any time anyone says that to me, but I'm foraging my own path — trying to, anyway.

CW: What would you describe your voice/style as right now?

SK: People have called it contemporary folk — not really sure what that means because it sits in a really weird spot. My guitar player is very jazzy and so is my bass player, and I come from a really folky and poppy place. So all of those things put together, I don't know what to call it yet. And every song has a different twist and style and that's what people who have heard our rehearsals, that's what they've said. There's something for everyone.

CW: So you've already released 3 EP's, but soon you'll have a new album coming out?

SK: We're putting a full band album together that's due out in the spring. We've just demoed so far, so I don't want to put any date out, but it'll be a full-length album. I've put out three EP's, so I'm kind of tired of putting out five songs, so yeah, we're going in and starting to record that and starting to do live shows. I just walk around all day and I'm just so excited to record and perform with my own band.

CW: You seem like you're in pretty good shape for graduation.

SK: It's all a pretty good wave to ride on coming out of college, so just working on my own band and touring and working on my own music and hopefully not having to get a day job that I hate. Hopefully not having to work for an office or something. So, hopefully I can do enough with the music to make that my main focus every day.

CW: Well it seems like you have so many good things going for you!

SK: I'm trying, I don't sleep at night, but I'm trying.

CW: Same Savannah, same.

Stefan Zweig and WWI exhibit on display in Reed Library

JORDYN HOLKA
Reverb Editor

The Stefan Zweig and World War I exhibit is on display in Reed Library, and, according to the introductory poster hanging on the wall, is intended to offer “unique insight into the causes that led to the war, and how it was experienced by the European artists and writers of the era.”

Zweig was a Jewish-Austrian propagandist-turned-pacifist who lived during the World War I era. He was a writer whose works made him a popular figure in his day and which have experienced a revival as of late. Some of his works are included in display cases throughout the exhibit, including “The World of Yesterday,” translated by Anthea Bell and “The Cripple,” translated by Matthew Pisarski.

The exhibit explains that Zweig underwent basic training for World War I in 1914, after which he took up a post at the War Archive in Vienna. His initial

job included writing “‘tales’ of the army’s courage and bravery and other propaganda pieces,” according to one display.

After living through the war and seeing all of its devastation, Zweig developed a strong dislike towards war and its consequences, becoming much more of a pacifist. This was evident in his play, “Jeremias,” which portrayed the biblical Jeremiah being “mocked and rejected for his pacifist troubles,” as phrased by a poster in the exhibit.

The Stefan Zweig and World

War I exhibit can be found by walking into Reed Library and taking a slight left; it is in the space directly to the right of the stairs

posters that are displayed on the walls, as well as viewing corresponding pieces of literature — including letters, books and poems — from Zweig’s life that are displayed in glass cases.

This exhibit is curated by the students in Professor Birger Vanwesenbeeck’s graduate seminar, “Remembering the Great War.”

“Having grown up in ‘Flanders Fields’ (in Northern Belgium), I’ve long been interested in the Great War and how it was responded to by the artists and writers of the era such as Zweig,” said Vanwesenbeeck.

The exhibit is displayed

in conjunction with the State University of New York at Fredonia’s Stefan Zweig collection, which, according to the collection’s website at <http://www.fredonia.edu/library/collections/archives/zweig.asp>, includes “2,000 manuscript letters exchanged between the author and his first wife, Friderike; published books by Friderike and some letters that were written to her; [and] the Alfred Zweig Collection, a small group of letters, memorabilia and photographs that were donated to Reed Library in 1979 after the death of Stefan’s brother, Alfred.”

“This year’s World War I centennial offers a unique occasion to revisit Zweig’s complicated connection to the war and to highlight some of the prized pieces in Reed Library’s world-renowned Stefan Zweig collection,” added Vanwesenbeeck.

The Stefan Zweig and World War I exhibit will be on display until Dec. 15.



MAGGIE GILROY / EDITOR IN CHIEF

THE EXHIBIT WAS CURATED BY STUDENTS FROM PROFESSOR BIRGER VANWESENBEECK’S GRADUATE SEMINAR.

that lead up to the library’s music archives. A spectator to the exhibit can comfortably spend 10 to 20 minutes reading the informational

BOOK EXHIBITS EXAMINE WAR THROUGH TWO DIFFERENT LENSES

November is celebrated as Veterans month, a time when we are encouraged to reflect on the sacrifices made by our American soldiers more than we already do on a daily basis. Two exhibits currently on display in Reed Library tap into this idea of celebration and reflection, juxtaposing war in the past with war in the present day.

Book project honors veterans

KRISTEN SHULTIS
Staff Writer

Reed Library is home to many archives and displays throughout the year. One of the most recent displays is the Veterans Book Project.

The display holds books that are written either by veterans, by people close to veterans or by medical doctors and all cover a range of different topics that affect, or have affected, veterans in some way.

The veteran’s book project raises awareness of the newest veterans. This is something that artist Monica Haller is a big part of. You can support the cause by buying the books or by visiting the library, which currently has some of the books.

Katinka Hooyer, an author and anthropologist researching PTSD in soldiers, writes about the way in which a soldier’s routine enforces PTSD over time. In her book on display, Hooyer accounts how she has dealt with soldiers with PTSD.

One of the accounts from a soldier is titled “Fieldnote #16: The government often glamorizes what we do as soldiers. They paint you as a hero. You’re fighting over someone else’s religion. Their land. It’s not even American land. So many people I have trained or fought beside are no longer here.”

Another part of Hooyer’s

book includes surplus data and her thoughts on researching. It is titled, “Surplus data: My own reaction should be used as: 1. A barometer of my own ‘interiority.’

is disability? How do we view it? Rate it? See it?”

Another book within the Veterans Book Project details the life of a woman, named Nya

combat soldier who became a San Francisco Queer woman.” A page later she begins to tell her story, saying, “I would have been allowed to stay in the army with

hiding my identity.”

Reyes also mentions how she was proud that the president repealed “don’t ask don’t tell,” but she also noted that being transgender didn’t fall under that category.

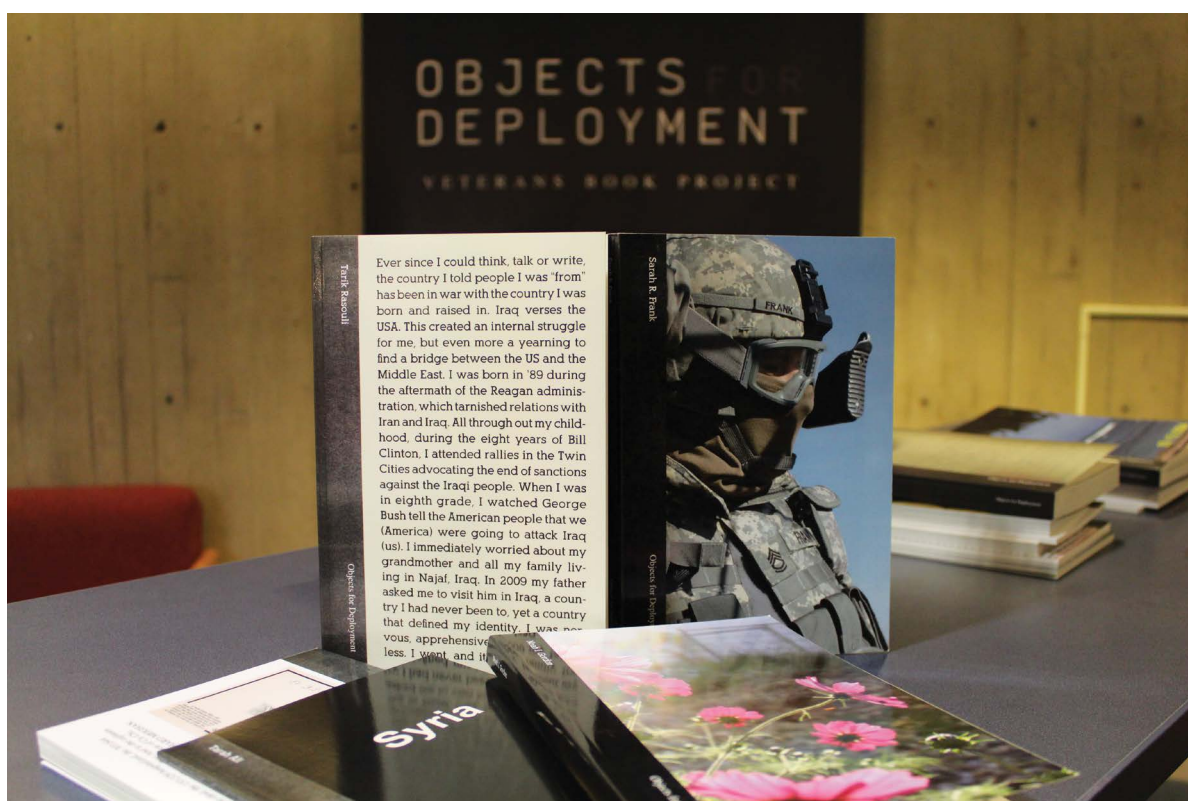
“I am a Transgender American Soldier who lives her life as an American Woman. This is seen as a personality disorder and therefore it doesn’t fall within the repeal of ‘don’t ask don’t tell,’” she says in the book.

There are also books on display written from people stationed in Iraq and Afghanistan, which strive to raise awareness for people like Reyes and the soldiers that Hooyer researched. Aside from that, there are also many people who talk about the VA healthcare system and their experiences with the system.

All of the authors of the books had people to help them; there was even a workshop hosted so the veterans could tell their stories.

Not all of the books are solely words, some contain pictures, drawings and other forms of artistic expression that the veterans created to tell about their experience in Iraq or Afghanistan, as well.

If you are interested in reading any of the books, you can purchase them online at veteransbookproject.com, or you can stop by the library.



MARY LAING / PHOTO EDITOR

THE VETERANS BOOK PROJECT CONTAINS FIFTY SOFTBOUND BOOKS AUTHORED BY VETERANS, MEMBERS OF A VETERAN’S FAMILY AND REFUGEES FROM IRAQ AND AFGHANISTAN. THE GALLERY IS ALSO A MAKESHIFT READING ROOM WHERE PEOPLE CAN SIT AND READ THESE BOOKS.

Of how I think how it affects my interpretation. This reflects the reactions of my culture as a whole. 2. A barometer of ‘phenomena under study.’ For example ‘What

Reyes, who had to quit the army because she was unaccepted as a transgender. She opens the book with “There are the traces of the All-American Alpha Male

PTSD. They were ready to assign me to a desk job. There was part of me that really wanted to do this, because I didn’t want to leave the army. But I could not live while

Student-produced film premieres at Fredonia

CARLY KNASZAK
Staff Writer

“Uni-Terra” is an independent film written by Fredonia student Joseph Edwards, who also cast, directed, shot and edited the film – which is a lot for such a young filmmaker. It only took him three months to put this together and the movie was filmed on his very own campus, Fredonia. Edwards is a communication major with a minor in film studies.

The film had its first premiere in 101 Jewett Hall on Friday, Nov. 14. The cast, friends and Edwards’ parents showed up for the event.

“In the near future, a philosophical extra-terrestrial of an ancient, enlightened alien race is sent to assassinate an corrupt, insidious world leader of Earth’s newly-found utopian civilization, Uni-Terra,” said Edwards of the plot of the film.

The film genre is considered “fictional narrative, [and] political sci-fi.” Edwards went into detail about the meaning behind “Uni-Terra,” saying, “A government should

not have too much power. It is important for people to understand their standings, but there is a lot of secrecy in our government.”

“Film production is what I want to do. I want to be an independent filmmaker,”

with BOCES at his high school, where he picked up the basic skills for radio, audio and television. Edwards also has been a writer for a long time, and he said that has helped him become more interested in script writing.

handshake or even a hug.

“Uni-Terra” is an impressive film that was made in just a short amount of time. It has a perfect amount of action, special effects, in-depth meaning and humor. The film starred Charles

known as Sinatra. However, Sinatra soon convinces a Maverick to help him overthrow the corrupt government and to expose Walton for the evils that he is committing in Uni-Terra. Edwards’ girlfriend, Richelle Dalaba, even made an appearance in the film as one of Walton’s bodyguards.

The film received loud applause from the audience, and actors cheered each other on as their names appeared in the credits.

“I loved watching him grow up and seeing his films. It was great,” Edwards’ father said.

“Being in Joseph’s film was a learning experience for me. This was the first film that I have ever been cast in. I have been cast in multiple roles in musicals and plays throughout the past few years, but the intense feeling of being in front of a camera is very different and pretty scary,” Ploetz said. “There were some ups and downs while filming, which made it even scarier to be in front of the camera, but I wouldn’t change it for anything. I feel as though this experience has made me grow as an actor.”

“Uni-Terra” has been entered into a handful of film festivals, including The SUNY Wide Film Festival and The Boonies International Film Festival.



YOUNG FILMMAKER, JOSEPH EDWARDS, SHOT AND EDITED THE FILM, ‘UNI-TERRA.’

Edwards said. “Ever since I saw my first PG-13 film, ‘Castaway,’ I was interested with how everything worked. Everyone watches the film for itself, but they do not understand how much work goes behind the camera.”

Edwards was involved

The premiere of the film had a great atmosphere, and everyone in the audience saw the passion that Edwards has for his films and how thankful he was that everyone showed up to the event. He greeted everyone who came into the lecture hall with a smile,

Scheffler, Samantha Ploetz and Drew Smith. Scheffler played Sinatra, an alien that is sent to assassinate Godric Walton (Smith) for his overly empowered government. Quinn Maverick (Ploetz) is one of Walton’s best wingmen, and is sent to exterminate the threat

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Talent Show: *continued from B-1*

Acts were judged by hosts Hoare, Justin Knoll, Alex Braggins, Lauren Turner and Scott Bennett. When judging, the hosts considered the categories of overall performance, stage appearance and originality. In addition to the three winners, a prize for social media winner was awarded, as well.

Audience members were encouraged to vote for their favorite act by “liking” and “retweeting” a photo from each act that was posted to the @FredBeforeBed Twitter account. Audience participation was encouraged, as tweets directed toward the show’s account sparked comments and conversation from the hosts. Conversation topics between acts included debate over the Williams Center versus Cranston, Taylor Swift’s departure from Spotify, favorite Thanksgiving food, and Tim Hortons versus Starbucks.

Prior to the announcement of the winners, special guest President Virginia Horvath was interviewed by Knoll. The interview ranged from more serious topics, including Horvath’s connection to autism and her views on Fred Fest, to more fun topics such as what she had for lunch and her celebrity crush (Denzel Washington).

Following the interview, Horvath displayed her own personal talent: Japanese karaoke.

Horvath explained that she lived in Japan for a year, stating, “What I love about karaoke is people just sang from their hearts.” She then sang entirely in Japanese.

“That was crazy, how many kids got really into her performance and even her interview,” Jenna Cooman, of WNYF-TV, said. “She said a lot of really cool and interesting things.”

Following Horvath’s performance, McMaster took home the first place prize, a \$25 gift card to Blasdel Pizza and a \$10 gift card to Tuscany. Second place was awarded to Dollar Diplomacy and Atticus Kiser took third place, while Fredonia Dance Team was the social media winner.

“I was not expecting to win at all, so it feels great,” said McMaster, a junior business major, following her win.

McMaster’s untraditional performance mashed Demi Lavato’s “Skyscraper” with the much more upbeat rap “Look at Me Now” by Chris Brown to the beat of “Hot Boy” by Bobby Shmurda. The sudden change from “Skyscraper” to the rap surprised and caught the attention of audience members.

The idea for a live talent show was conceived by Hoare.

“I’ve always wanted to do a live studio audience show ever since the show started and we started to get a good following and everything. I wanted to do something in front of a studio audience, and people were asking about it, too. So, we wanted to make it happen.”

Hoare felt that the talent show would be a good way to bring various groups and social circles together for one event.

As the MPR is not Fred Before Bed’s usual studio, it required the crew to transport all of its equipment from the studio in Hendrix Hall.

“We had to basically pick up our studio and move it someplace else,” Cooman said.

“It took a lot of hands, but we’re lucky that we have a really great crew to help out with anything that we ask,” Hoare said.

The experience of transporting the studio and recording in front of a live audience taught many station members new techniques, such as moving their mobile unit and projecting live video feed behind performers, which they otherwise would not have learned.

“It was the experience of a lifetime for the students,” WNYF-TV station manager Cassandra De Luise said. “We’ve never done anything like that, and I don’t think anything like that would happen like that—a live broadcast with a live crowd. That’s something that you would never experience here, unless we created the event, which is pretty cool.”

Organizers were pleased with the number of audience members in attendance.

“I never knew that we could get such a big turnout. I knew how many people watched the actual show Fred Before Bed, but there is a difference between sitting in your dorm room and then actually going out and watching something for three straight hours,” Cooman said. “It was cool to see that many people.”

Hoare hopes to make the talent show an annual event.

“Anyone who had a hand in it, we couldn’t have done it without everybody,” Hoare said. “I’m very happy it went so well. I’m looking forward to doing it again, but it’s going to be nice, too, now that it’s over with, we can look to next year for what we can do differently and to improve upon it and make it better than it was this year.”



MELISSA RECHIN / LAYOUT EDITOR

SENIOR ANDREA ADINOLFE PERFORMS A COVER OF ED SHEERAN’S ‘THINKING OUT LOUD.’



MELISSA RECHIN / LAYOUT EDITOR

THE HOSTS OF ‘FRED BEFORE BED’ OFFERS LIVE COMMENTARY BETWEEN ACTS.

Pokemon Omega Ruby and Alpha Sapphire Release: A trip through memory lane and Hoenn

CHARLES PRITCHARD
Staff Writer

“Hello there! Welcome to the world of Pokémon! My name is Oak! People call me the Pokémon Prof!”

Among true Pokémon fans, these words are burned into their memories and they can likely recite them by heart.

“Pokémon” is one of the most well known video game series and therefore has a large fanbase that is eagerly awaiting Nov. 21 with bated breath — a day that marks the release of “Pokémon: Omega Ruby” and “Pokémon: Alpha Sapphire” for the Nintendo 3DS.

While not exactly a new land for players to explore, “Omega Ruby” and “Alpha Sapphire” take the player back to the land of Hoenn, first debuted 10 years ago on the

Gameboy Advance in “Pokémon: Ruby” and “Pokémon: Sapphire.”

With an overhaul comes new additions. Of course, there’s a graphical update, taking the new style debuted in “Pokémon: X” and “Pokémon: Y,” along with the ‘Mega-Evolution’ system that debuted in said games.

But that’s not what’s really attracting the majority of gamers to come back to the land of Hoenn. It’s the nostalgia.

The average age of those that play “Pokémon” is up for debate, but a number of forums such as Serebii.net and Gamefaqs.com report the average age to be around 18-20 years old.

This means that those who played “Ruby” and “Sapphire” were around eight to ten years old at the time.

A trip down memory lane — to see everything that’s changed and everything you remember — is a really good reason for gamers to want to buy “Omega Ruby” or “Alpha Sapphire.” Similarly, this was the reason for many to buy “Pokémon: Heart Gold” or “Pokémon: Soul Silver,” the remake of “Gold” and “Silver” that was released back in 2009.

Even though a majority of players are buying “Omega Ruby” and “Alpha Sapphire” for the nostalgia factor, a good chunk of people will also be visiting Hoenn for the first time to share something with those revisiting it.

Meanwhile, there’s still time until the release of Nintendo’s next Pokémon game, so all that fans can do now is twiddle their thumbs, talk about it on forums and count the

days.

As an alternate option, they can check out what other Pokémon fans have been doing.

Rom-Hacking is a popular pastime among basement programmers and game makers who want to make something fun.

One creator by the name of “thesuzerain” has decided to sit down and make an entire Pokémon game with two versions: “Pokémon: Omicron” and “Pokémon: Zeta.”

As standard formula for Pokémon stories, the plot centers around the fight between Team Asgard and Team Olympus, who both look to manipulate Pokémon to turn themselves into gods.

The player has to stand up to them and a plague creeping across the region that twists Pokémon into shadowed versions of themselves.

With a new story, a number of side-quests for the player to do and a whole host of lands to explore and Pokémon to find, “Pokémon: Omicron” and “Pokémon: Zeta” stand out as a jewel, handcrafted by someone who wants to share an experience like no other.

The game itself is for the computer, but there is quite a lot of talk amongst fans that it’ll see a release for mobile platforms, as well.

Fans looking to scratch that Pokémon itch before getting their hands on “Omega Ruby” and “Alpha Sapphire,” along with those looking to find something to do with their time in between preparing for finals, should give “Pokémon Zeta” or “Omicron” a try.

It can be downloaded on Reddit at www.reddit.com/r/pokemonzetaomicron.



COURTESY OF FREDONIABLUEDEVILS.COM

Blue Devils swimmers/divers take on weekend at Alfred

HUNTER LEINHART

Special to The Leader

Both the mens and womens swimming and diving teams competed at Alfred this past Friday, November 14th. The mens team suffered an unfortunate loss to Alfred, 135-108. Meanwhile, the women's team prevailed over Alfred, 150-90.

For the men, freshman Jake

Hewitt won two individual events and sophomore Jacob Storms won his first ever collegiate diving competition. Hewitt won both the 1,000-yard freestyle and the 200-yard butterfly. Storms finished first in the 1-meter springboard while his teammate, junior Rafael Santiago, was the 3-meter springboard winner. Santiago accomplished an NCAA provisional qualifying score with

an astounding 288.25 points.

Sophomore Troy Lubanski won the 200-yard backstroke and sophomore Adam Clouthier won the 200-yard breaststroke for Fredonia's other two individual winners.

On the women's side, a number of individual and medley victories led the Blue Devils to triumph over their opponent-- Alfred University.

Sophomore Rachael Morgano and sophomore Meghan Bartlett were each double event winners for Fredonia, contributing to their 150-90 victory.

Morgan won the 200-yard individual medley and the 200-yard backstroke. Bartlett won the 1-meter and 3-meter springboard events.

Senior Breonna Henningham won the 100-yard freestyle to

accomplish her first ever collegiate victory. Junior Jamie Reidy won the 200-yard butterfly while sophomore Danielle Dembrow took the 200-yard breaststroke.

Fredonia also won the 200-yard medley relay with the victorious quartet of Sam Rokos, Larissa Dobson, Reidy, and Katie Donnelly.

Blue Devils break even at Greg Richards Memorial Tournament

TORIN O'BRIEN

Special to The Leader

The men's basketball squad made the journey to Meadville, PA, this past weekend for the third annual Greg Richards Memorial Tournament at Allegheny College. Proceeds from the tournament will go toward the V foundation and Coaches versus Cancer.

The Devils would start the weekend against the SUNY Canton Kangaroos, a sub-par team, at least judging from last year's record. The Roos finished the 2013-14 season with a 9-13 Record.

You know what they say, though — with a new year comes a clean slate, and SUNY Canton proved that on Saturday. They had Fredonia down by as many as 18 during Saturday's matchup.

The Devils did make a late push. The almost-comeback was led by freshman forward Ian Helps with 23 points

on a superb .670 shooting percentage. He had help from two of his guards, who also shot over 50 percent from the floor. Kyree Hull helped out with 22 points, and his fellow junior in the backcourt — Robert Lyles — added another 13.

Despite the late game push, the Devils would fall by a score of 80-72. Even though Fredonia shot better than Canton, the big difference in Saturday's matchup was turnovers. The Blue Devils finished the game with 17; 15 of those came off steals by a very opportunistic Canton defense.

After a disappointing loss to SUNY Canton, the Devils bounced back in a big way on Sunday. They faced off against Pitt-Titusville in the consolation game, and the Panthers never stood a chance.

The score at the end of the first half saw Fredonia leading by 11 points, and the Blue

Devils never looked back.

With a final score of 75-50 in favor of Fredonia, it's a good sign that the team was able to respond in that way following a tough loss.

Freshman, Ian Helps, stepped up in a big way with a double-double on Sunday. He racked up 19 rebounds to go along with 22 points. Robert Lyles and Kyree Hull each had 12 points. Hull got himself a double-double as well with 11 boards.

Speaking of rebounds, that's where Sunday's game was blown open for the Devils. They out-rebounded Pitt-Titusville 68-35.

With the win on Sunday, Fredonia moves to an even .500 record to start the season. Their next game will be against the Medaille Mavericks on Friday in Buffalo, during "The Knee Center of WNY Tournament."

Hess charges his way to Nationals

DYLAN FORMAN

Staff Writer

The cross country program traveled to Rochester this past Saturday to compete in the NCAA Atlantic Regional Championships at Genesee Valley Park. Both teams closed out their seasons on high notes and will be looking to continue the trend heading into the indoor track season.

Leading the way for the men's team was senior Zakk Hess. He ran the first 2,000 meters in 6:15, which placed him in seventh as he looked to stay with the lead pack. Then, by the 4K mark, Hess had dropped to 18th place and seemed to be falling off of the pace of the leaders. However, he showed he was merely being patient as he made his move with 2K remaining. Over that final 2,000 meters, Hess outran the pack as he had the fastest time over that distance with a split of 6:05. This was even faster, by two seconds, then RIT's Matt Giannino who was the overall winner.

Hess was able to finish in an impressive fourth place as he crossed the finish line in 25:17. This performance earned him a trip to the NCAA National Championship race next Saturday. He also earned NCAA All-Atlantic Region honors with his placing. It will be the second consecutive year in which Hess will compete in Division III cross country's most coveted race.

Following Hess in the race, in 41st place, was senior captain Chris Shartrand. In his final cross country race as a Blue Devil, Shartrand ran the 8,000 meter course in 26:07. Shartrand will surely be looking to carry the momentum from a strong cross season into indoor track, where he will be looking to run strong in the 5,000 meter.

Next for the men was junior Kyle Collins, who was able to finish just behind his teammate in 44th place with a time of 26:11. In past years, Collins has always

See Hess page B-9

Hess: *continued from B-8*



COURTESY OF FREDONIABLUEDEVILS.COM

ZACK HESS WILL COMPETE AT THE NCAA NATIONAL CHAMPIONSHIPS IN MASON, OHIO NEXT SATURDAY.

taken strength from cross country to perform well indoors in several races – particularly the 3K. After a strong season, he will be looking to continue the trend and run several personal bests this winter.

Rounding out the scoring five for the men was sophomore Cody Martini, who ran his best race this season with a personal best of 26:17. Following closely behind

him was teammate and senior Jed Kovalovsky, who finished in 57th place and ran 26:22.

The displacers for the men were freshman Jack Erhard, in 27:42.2, and sophomore Bobby Cooper in 27:42.5.

As a team, Fredonia was able to finish an impressive seventh place out of 41 complete teams.

The women also competed at

Genesee Valley Park on Saturday and finished in the middle of the pack, as a team, by placing 21st out of 40 complete teams.

Leading the way, as she has done all year, was junior Lauren Kotas who finished in 54th place and finished the 6K course in 23:12. Next for the women was sophomore Kara Hall, who crossed the finish line in 23:50. Third

on Saturday was senior Emily Palmeri, who was able to finish the race in 24:24 and end her cross country career on a high note.

The final of the scoring runners for the women in the race was sophomore Alyssa Stroud in 24:42, and freshman Madison Courtney in 24:43.

The displacers for the race were sophomores Bonnie Binggeli

in 24:52 and Julia Johnson in 24:53.

Next Saturday, Hess will be the lone Blue Devil to continue his season as he competes at the NCAA National Championships in Mason, Ohio. He will be looking to finish in the top 25 to earn All-American honors.

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Movie Night AND Cookie Decorating

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Blue Devils return home from North Country with one point in SUNYACs



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MICHELLE HALE

Staff Writer

The Blue Devils ice hockey team fought two hard battles in SUNYAC play this weekend, but fell short with points both times in a 4-4 tie in overtime to the Potsdam Bears and a 4-1 loss to the Plattsburgh Cardinals. Fredonia traveled up north for the second weekend in a row to face some tough competition.

On Friday, the Blue Devils faced the Potsdam Bears which resulted in an overtime tie 4-4.

The Blue Devils put two goals in the back of the net during the first period. They went into the first period intermission with a 2-1 lead of the Bears.

Fredonia goals were scored by sophomore Hunter Long and junior Taylor Bourne, assisted by junior Ryan Wilkinson and senior Stephen Castriota. This was Long's second goal of the season, and Bourne's fourth, leading the Blue Devils in goals for the 2014-15 season.

Four minutes into the second period sophomore Marcus Andersson added

another goal to make it a 3-1 lead with assists by junior John DeFeo and sophomore Frankie Hart — his first collegiate goal. Within seconds after the faceoff, the Bears rallied back to get a quick goal. The Bears scored two more goals in the second period, making it a 4-3 lead for Potsdam.

Sophomore Garrett Moore had his first goal of the season in the third that tied the game up for the Blue Devils. Fredonia's sophomore goaltender Chris Eisermann made 41 saves in net. The Blue Devils outshot

the Bears 48-45.

The overtime period ended with a result of a 4-4 tie. The tie brought Fredonia's record to 1-1-3 overall, and 0-1-2 in the SUNYAC Conference.

Fredonia then fell short to the Plattsburgh Cardinals on Saturday with a 4-1 loss. The Cardinals are No.5 in the nation. The win improved Plattsburgh's undefeated record to 5-0.

The Blue Devils lone goal was scored by Castriota on a shorthanded goal late in the third period, assisted by senior

Jared Wynia and freshman Oskar Gerhardson.

Plattsburgh had two goals in the first period, and one each in the second and third. They also outshot the Blue Devils 40-31. Eisermann had 36 saves for the Blue Devils in net.

The Blue Devils are now 1-2-3 overall and 0-2-2 in the SUNYAC conference.

Fredonia will continue SUNYAC play this weekend with a home game against Buffalo State on Friday at 7 p.m.

Men's basketball looks to revitalize program

CURTIS HENRY

Special to The Leader

After a forgettable 2013-14 campaign that saw the Blue Devils win a mere six games in 25 tries; the men's basketball team is looking to start fresh this month.

Last season's record of 6-19 leaves a lot to be desired heading into the new season this month. It wasn't just how many games they lost last season that is worrisome; it's how they lost. Twelve of their 19 losses came by 13 points or more. That goes without mentioning a 3-15 conference record, which wasn't close to getting the team into SUNYAC tournament play.

How exactly do they plan to turn it around this year? Head coach Philip Seymore gave his take on the upcoming season.

"Well we basically have a

brand new team," he said "We brought in nine freshman, three transfers and added a walk-on and only have three returning players from a year ago. It's an entirely new roster that we're working with."

Junior point guard Alex Grace also spoke about the team's new-look roster.

"They're athletic, competitive, and they want to get better each day" he said. "They are good listeners, not because they listen, but because they want to listen. They pay attention to detail, they want to get better."

Among the reasons one can point to for their lack of success a year ago is the team's overall lack of height. Freshmen Tremaine Shelton (6'8), Tommie Banks (6'7), and Ian Helps (6'5) stand as the three tallest on the squad. They hope to add a key element that the squad was missing last

season: size.

But just how important is the size that they added?

"When it comes to guys like [Shelton, Banks and Helps], they bring a lot to the table," Seymore said. "They're big. They're athletic, they can rebound and they can finish. Those are all areas we needed to improve from a year ago."

With Helps providing a down-low and physical presence, where are his strengths exactly?

"Ian is special," he continued, "He gets every board possible and really works hard in getting rebounds. He's a great addition."

Grace shared similar thoughts about Helps' ability to crash the boards.

"The guy is a freak. He gets every offensive rebound and knows how to work hard."

With a roster stocked full of new talent and guys loaded

with potential, coach Seymore has had to take a mindful approach this season. He says he needs to keep the end goals in mind.

"Patience. Patience is everything, especially when you have a lot of new guys. It's a process. The season is a marathon, not a sprint."

As for this season's potential goals and expectations, Seymore kept it real.

"This team is loaded with potential. That's the key word right there, potential," Seymore said. "It's not about what we look like to start the year right now, it's what we look like at the end of January as the season nears. It's about being good then and hopefully heading into SUNYACs."

As is typical with players, Grace took a more bold approach with his desires and expectations for the

approaching season.

"We want to win every single game," he said with confidence. "We don't think that youth should be an issue for us. We have the talent and the depth that we didn't have last year. We should be able to go out and have a shot to win each and every game."

This is a youthful team that will potentially experience some growing pains in the coming year. Of the 16 players currently on the roster, eight are freshmen. Not a single senior exists on the current roster, and only three members of the squad are juniors. That leaves the bulk of the team a few years to grow together and to hopefully return as a serious contender in the SUNYAC conference.



Being awkward:

The price of being nice

AWKWARD ANNIE
Staff Lamponist

Holding the door open for someone behind you is probably one of the most complex gestures of kindness a person can show another. You simply use your spidey senses to tell if someone is approaching you and stretch yourself as far as possible to keep the door open as you continue walking. The question is, how close is close enough to hold the door open? Should they be in your bubble or within a stride's length? Or, can this act of benevolence be spread as far as a stone's throw away?

With this winter vortex fast approaching, it becomes even harder to hold open a door and let Jack Frost nip at your whole face. Especially when it starts to blizzard out, keeping a door open becomes more of a feat of strength. You should just stop yourself now if you are ever thinking of holding a door to Dods Hall open because that is close to impossible. It's as if Dods knows you aren't actually going to work out at the gym and it is trying to save you the trouble.

Whenever someone holds the door for you, you feel like you owe them some great debt of gratitude. They are risking this awkward exchange of thanks that normally happens twice because doors tend to come in twos around here. What really makes you feel terrible is when you are far enough away from them that you have to quicken your pace to a jog so you're not being an asshole and making them wait for you. When you finally reach the door, out of breath and starting to wheeze from the thirty-degree temperatures, you can't help but laugh and say "sorry."

This is the sort of instance where I feel that chivalry can die. If someone is not almost touching you on the way to entering a building, you shouldn't feel obliged to stand there and watch them walk to you. The whole situation just becomes unnecessarily awkward and wastes time and heat from the building. The only exception to this rule is in the case of the elderly and people who cannot hold the door open for themselves. Although holding a door open for someone else is extremely considerate, it is ultimately just a huge question of "what have I gotten myself into?"

Mourning
a
hera



ANITA TENSION
Special to The Lampion

How do we define a hero? Is a hero a courageous person? Is a hero someone who overcomes insurmountable odds due to their stalwart moral convictions? Or, is a hero a large strepsirrhine primate of the family Lemnidae?

We, at The Lampion, think that is exactly what a hero is.

And so it is with the heaviest of hearts that we note the passing of esteemed actor, educator and lemur Jovian, better known as Zobo, who died peacefully of kidney failure in his sleep last Monday.

Jovian, eminent star of PBS's Zoboofoo, an educational program exploring the animal kingdom, was a respected expert on nature and climate change, who had received numerous honorary doctorates from several respected universities due to his advocacy for climate reform.

The ring-tailed lemur is an endangered species, despite what experts say is an "overwhelming enthusiasm" for reproducing in captivity. This contradiction is due largely to the continued destruction of their rainforest climate, which the resolute and hard-working Jovian dedicated his life to combatting.

"I think Jovian's acting work spoke to us all," said Andrew Levy, Jovian's attorney and executor of his impressive estate. "His career resonates with age-old questions. What is lemur-kind's place in the grand scheme of things? How should a lemur be? Is there any way I could get more mangos, garbanzo beans and bugs?"

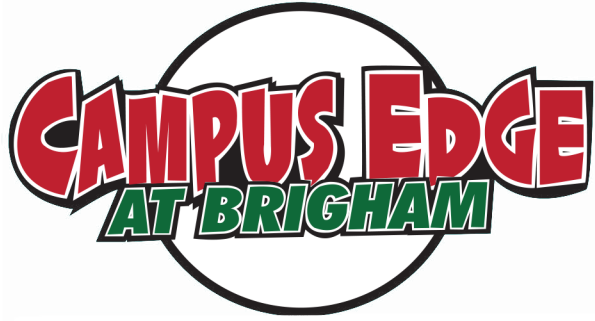
Jovian was also a "loving and capable father," who sired many hardy and virile sons, who themselves produced several equally distinguished lemurs.



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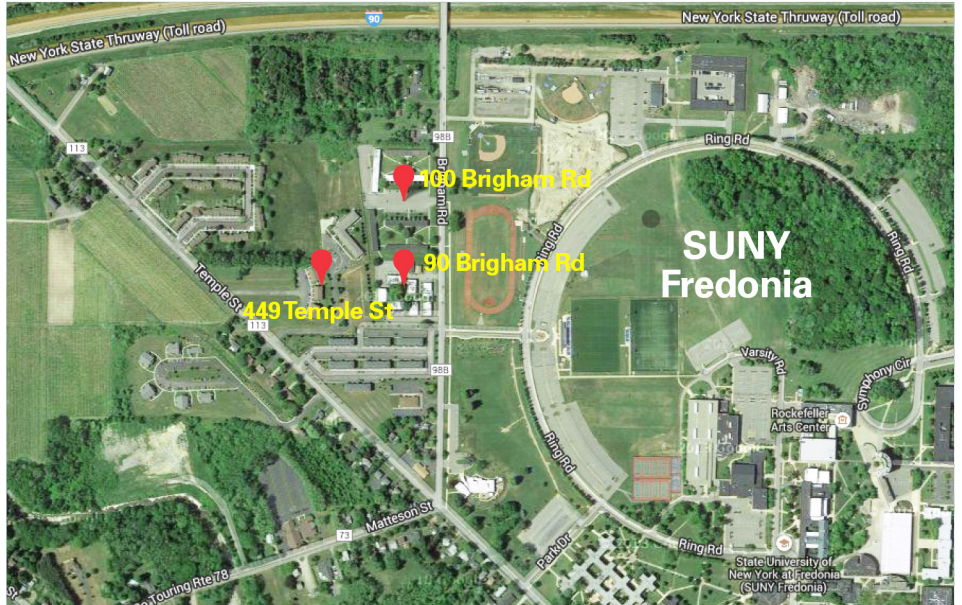


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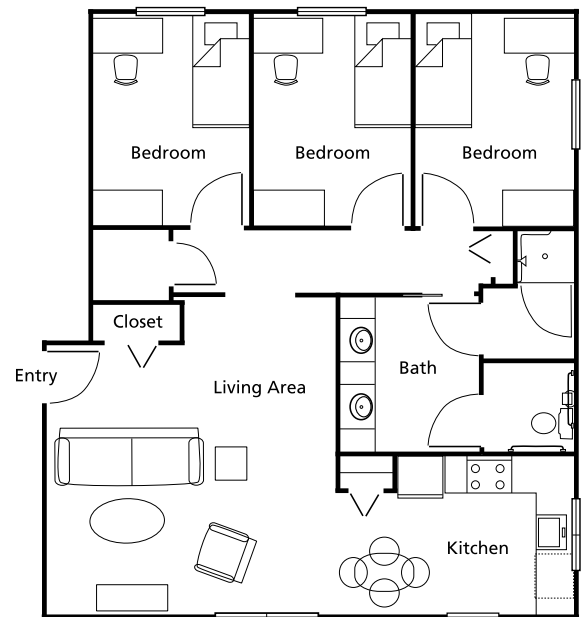
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