

Delta Phi Epsilon brings eating disorders to the forefront with ANAD week

AMANDA DEDIE
Staff Writer

Students constantly walk through McEwen Hall and pass by a variety of different set-ups from various campus groups. Last week, Delta Phi Epsilon (DPhiE) took over in an attempt to bring awareness to the national Eating Disorder Awareness Week.

LeighAnn Shaffer, a junior childhood education major and DPhiE vice president of programming, explained what the sorority does during Eating Disorder Awareness week:3

"This week is our ANAD week. ANAD stands for Anorexia Nervosa and other Associated Disorders. ANAD is a nonprofit organization that puts its efforts towards promoting body image and helping those who are struggling with eating disorders," Shaffer explained. "We had a selfie wall event last night. Girls brought in a selfie, and they were able to comment on someone else's who they thought were beautiful, or creative. It was just a pick-me-up, because you don't get to hear those compliments all the time. A little compliment can go a very long way."

There are various types of eating disorders included in Disorder Awareness Week. The "associated disorders" part of ANAD encompasses Bulimia Nervosa, Binge Eating Disorder

and Eating Disorder Not Otherwise Specified.

"We have the candlelight vigil, and it's a ceremony honoring those who are struggling or passed away due to an eating disorder. It's also a positive thing. We focus on body image, accepting who you are and accepting others, as well. We actually made a video about accepting who we are and what we love about ourselves," shares Shaffer

"One man I know came on Tuesday, and he said, 'my niece has an eating disorder, and I love the way you guys are promoting this and doing this," continued Shaffer. "People forget about eating disorders and forget about accepting who you are, so this is really important to us, because not only do we want to accept ourselves, we accept our sisters. We accept others. We've always gotten really positive feedback. Everybody always feels really good about themselves, and about others, after these events."

"A lot of people don't know, or care enough, about eating disorders. They need to be aware that not everybody has that self esteem, that confidence, which they should have, because everybody is beautiful in their own way," said Shaffer. "They should be able to embrace and accept that, and accept themselves. We promote accepting yourself and accepting others just the way you

are. Everyone has qualities that are so beautiful, and that's why this is important."

Shaffer continued to explain DPhiE's events during ANAD week

"We've done the love wall, where any student can come and write something they love about themselves. We did 'Trash Your Insecurities,' which is a big, purple trash can, where people can write something they don't like about themselves, and then trash it. Then people write one positive about themselves. We have a little photo frame that says, 'I support the fight against eating disorders,' just to raise that awareness by posting it on social media."

The final event of the week was the Candlelight Vigil on Thursday night, which was held primarily to honor those who have suffered or died because of an eating disorder. The night started with the DPhiE board sharing facts about eating disorders to educate the audience.

"Eating disorders are not a recent development by any means. Eating disorders can be traced back hundreds of years. Even as late as the 1970s, eating disorders did not exist in the way that we recognize it today. Anorexia Nervosa was so rare that there were no more than 2,000 reported cases in the entirety of the United States," Shaffer presented to the lecture hall. "Forty years later, eating disorders

affect seven to 10 million women, and approximately one million men in the United States alone. By raising awareness of eating disorders, more individuals can be identified and have the opportunity to seek help."

"What an eating disorder? It is not simply a body weight, or percentage of fat, or a desire to be skinny. It is an improper relationship with food, characterized by obsessive thoughts and habits, causing psychological distress. No one knows the exact causes of eating disorders, but in general, eating disorder behaviors are used to cope with anxiety and strong emotions. People with eating disorders are very anxious about what they eat, are worried about gaining weight, looking too heavy and spend a great deal of time thinking about these concerns."

Afterwards, the special speaker for the event began. An anonymous speaker shared the story of her 25 year struggle with anorexia to give the audience a more in-depth and personal idea of what those suffering from an eating disorder go through.

After a standing ovation, the event concluded with a candlelight vigil, complete with electric candles and a few minutes of silence to honor those who have suffered and died due to an eating disorder.

Emily Barber, a junior

majoring in communication studies with a leadership studies minor and president of DPhiE, explained the importance of Eating Disorders Awareness Week and the act itself of raising awareness for eating disorders.

"Eating disorders are such a huge struggle for a lot of people in society. It can apply to men, it can apply to women; it doesn't really matter what gender you are. It's a really broad topic, so a lot of people can relate to it," Barber explained. "You don't necessarily need to be categorized as having an eating disorder to kind of relate or have certain experiences with it. A lot of people in society can relate to it, just because of the prevalent media coverage of body image and things like that, and how society today has a certain expectation of what people need to look like. I think that ANAD is super important to us, and to have people realize it's okay to be who you are, and accept yourself as a person, and we accept who you are as a person," Barber concluded.

Eating disorders do not have to ruin or end your life. If you, or if you believe someone you love, suffers from an eating disorder, please visit http://www.nationaleatingdisorders.org/ for ideas on how to help, and what to do for help and support.



NEW CLASS SPOTLIGHT: Global Change Biology

Class focuses on the effects of global change on the past, present and future

AMANDA DEDIE

Staff Writer

Global change — the topic everyone talks about but no one can agree on. Is it real? Are we over-exaggerating? Does it really matter if, most likely, none of us will be alive to see any catastrophic effects?

It is well-known that what has happened in the past influences our present and our future. In terms of the environment, this is exactly what Dr. Courtney Wigdahl-Perry, assistant professor in biology, explores in her new class: Global Change Biology.

"The idea of this class is to look at some of the ways that organisms are changing all around the world. What is influencing those changes? The way I have the class structured is in three parts: looking at the past, the present and the future."

"[In regard to the past]: How do we know what's changed before? What information can we use to study past changes and get a longer time perspective on what is happening right now? The second part of the class is the present: looking at changes that we see today," Wigdahl-Perry said.

"The last part of the class will be the future section, looking at how we model these changes. How do we actually make predictions for the future? How do we try to make decisions about conservation, or preservation? We use our ecosystems for our natural resources, and we rely a lot on organisms that live out in the environment for those resources. So how do we deal with what's going to happen down the road?"

Despite three credit hours and being one step closer to a degree, what can students stand to gain from taking this course? Wigdahl-Perry explained the benefits and outcomes of Global Change Biology.

"With this class, I think the biggest takeaway I want my students to have is to not just understand where we are going, but how do we know where we've been in terms of changes that are happening? We have a lot of concern, especially about [the] global climate change issue. What does that mean in terms of our natural environment?" Wigdahl-Perry said, highlighting some of the main concepts to be explored in class.

"I want students to know, how do we know what's normal? I really want my students to be able to dig into past records, looking at all different kinds of information that people have established in different fields, to be able to apply that knowledge, to be able to look critically for information that's out there and be able to decide for themselves, 'What's the data I'm seeing, and what does that mean for how I feel about it in terms of its reliability?'

"[I want students to decide] whether it's coming from a repu-

table source, and then how to take that to the next step. So we take a lot of time looking at information, looking at graphs, thinking about techniques used to collect those records."

The concepts learned in this class, however, have more use outside of the biology realm. Wigdahl-Perry explains that a lot of the concepts used in this class are extremely marketable skills that can be used out in the "real world," when looking for and participating in a job.

"Based upon my research expertise and my interests, I really focus a lot on this question of how lakes respond to environmental change. That's one of the reasons I was interested in teaching this class, is because I can bring a lot to the table in terms of my research methodology. What are the types of things I'm interested in? I think that they're very relevant in terms of broadening that out so that students can relate to that. Not just for my really specific area, but what does that mean more broadly for students going out into the world?" she asked.

"What sort of skills can help you in a job setting? Looking at data, interpreting it, thinking critically about information that is presented to you and where it's coming from — those are all really good skills," she continued.

Besides just lecturing, students will also engage in group projects, group debates and individual projects on relevant topics of their choice. Wigdahl-Perry also brings in guest speakers and experts who can explain more indepth about the topics students are learning about.

"We've looked at things like ice cores. I had a colleague Skype in to do a video conference with my students to talk about her experiences traveling to Antarctica and the Swiss Alps. She goes out and does these collections of ice cores - they drill down through the ice sheet and they can look at almost annual resolutions in a lot of these; what's happening throughout the years, back hundreds of thousands of years," she said. "I've been trying to bring in an expert for each unit so they can talk to somebody besides me, because this is very interdisciplinary, lots of different fields that we're trying to draw upon, so I try to get them to talk to the experts."

The upcoming, and perhaps more relatable, subject in terms of time periods is the present.

"Now we're going to shift gears and start talking about issues today, like where species are found, and how much those ranges vary over time. What's happening to those ranges? Are they expanding? Are they becoming more limited? What's causing that? We'll talk about changes in the overall ecosystem structure and function, and how these different types of biomes are changing now," said Wigdahl-Parry

Global Change Biology, BIOL

450/550, is available to upperclassmen and graduate students majoring in medical technology; biology; interdisciplinary studies — environmental sciences, biochemistry, molecular genetics; and biology — adolescence education.

"The real prerequisite is ecology, so I expect students to have a basic knowledge of that class, because I don't want to spend time talking about the principles for that level. I want to take the principles and apply them, so I'm looking at this from a more advanced perspective," Wigdahl-Perry said. "Getting into some of the methodology, digging into literature, looking at scientific papers and interpreting that, which is great for students at all levels, but I think you need to have some more coursework under your belt to be able to enjoy and get a lot from that experience."

What advice does Wigdahl-Perry have to anyone considering taking her new course?

"Be prepared to work hard. That's true for so many classes here. You're going to work really hard in the class but if you put in the effort, you're going to get a lot out," said Wigdahl-Perry. "Come ready to participate. It's not the kind of course that works if students just sit there. The students who get the most out of it are the ones that are vocal and present and prepared for class. Bring your good ideas to the table. A lot of these areas are driven by student interest."

Society of Professional Journalists to bring in media professionals

Spring Conference to be held this weekend

KORTNEY YOUNG

Special to The Leader

Fredonia's chapter of the Society of Professional Journalists (SPJ) would like to welcome any and all audiences to the Spring Conference of 2015, on Saturday, March 7. Numerous professionals out of Buffalo, from a variety of different media outlets, will be offering audience members an opportunity to make connections and find out just what goes into each profession

"[The Journalism staff] wanted to give [students] a professional group that would be able to bring speakers in and coordinate activities having to do with journalism," said Elmer Ploetz, the advisor for SPJ. Thus, the conference was born.

One of the many advantages of having the program is to potentially offer students a foot in the door; in the case of one student, it led to a permanent job.

"The Channel 2 News director came down, one of our students ended up talking with him, and he said 'send in your stuff, apply for an internship.' He did, and then at the end of the summer, [Channel 2 news] asked if he could work part-time in the fall," said Ploetz, "He managed to graduate a semester early and [started] full time."

Part of the challenge for the group is reaching out and getting speakers to come to Fredonia. Alex Kaluzny, a senior journalism major and president of SPJ, said that there are just as many people who accept the offer as there are who reject it. But even the latter are always sorry they cannot make it and ask to be contacted

next time.

It is each student's responsibility to get in contact with said professionals by email, phone or any means possible. Kaluzny was able to contact one of the speakers via Twitter.

As an overseer to the process of deciding what professionals to contact, Kaluzny stresses the importance of bringing in professionals from all facets of the media: print, TV, radio, social media and photographic journalism.

This year, SPJ is thrilled to welcome Geoff Kelly, Editor-in-Chief of The Public, as the conference's keynote speaker. Ploetz says he offers an interesting perspective and has spoken to his students on various occasions.

"We always hope for a big turnout; it's never quite as big as we hope, but we are always glad for whoever we have. Most of the people that come are usually pretty pleased and get a chance to talk to some of the people from the media," said Ploetz.

Curtis Henry, a sophomore journalism major, is excited to be involved with SPJ and will be attending his first conference this Saturday. "The conference will be a great way for anyone looking to work in the media to build new connections. In today's day and age, that's of utmost importance," said Henry.

The conference will be held 10 a.m., Saturday, March 7, in The Williams Center, rooms 204A, 204B and 206. It is open and free to all audiences. Speakers will be available for questions following their lectures

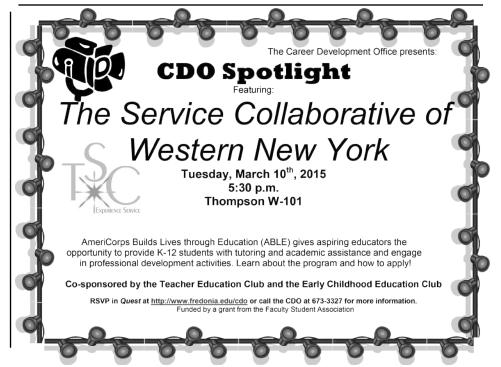
THE CURRENT ROSTER FOR THE CONFERENCE, IS AS FOLLOWS:

10:00 - 10:50 a.m.: Tim Graham, The Buffalo News Brian Meyer, 88.7 BWFO-FM John DiSciullo, WBBZ-TV

11:00 - 11:50 a.m.: Andrew Baglini, WIBV-TV Jim Heaney, Investigative Post Erica Brecher, WGRZ-TV

12:00 - 12:45 p.m.: complimentary lunch

12:45 - 2:00 p.m.: Geoff Kelly, The Public



THE LEADER

Vol. CXXI, Issue 20 The Leader Fredonia State Free Press S206 Williams Center Fredonia, N.Y. 14063

News & Advertising Office: (716) 673-3369

E-mail: gilr3446@fredonia.edu E-mail: leaderadvertising@yahoo.com

Web Address: www.fredonialeader.org

Editor in Chief Maggie Gilroy **Managing Editor** Jordyn Holka **News Editor** S. L. Fuller **Assistant News Editor** Meghan Guattery **Reverb Editor** Rebecca Hale **Assistant Reverb Editor** Vacant **Sports Editor** Sean McGrath **Assistant Sports Editor** Michelle Hale **Lampoon Editor** Leo Frank New Media Editor Samuel Simpson **Assistant New Media Editor** Vacant **Layout Editor**

Melissa Rechin

Assistant Layout Editor
Vacant
Photo Editor
Mary Laing

Assistant Photo Editor

Gabbie Lee
Copy Editors
Riley Straw
Emily Wynne
Business Manager

Ryli Chmiel **Advertising Sales Manager**Chris Sanchez

Advertising Sales Associates Rey Durante Jonathan Sloan

Michael Gonzales-Kelly Curtis Lord Jessica Tamol

Production Manager Shawn Grimm Social Media Manager

Alex Kaluzny

Distribution Manager

Sean Patrick

Adviser

Elmer Ploetz

The Leader is funded through advertising revenue and a portion of the mandatory student activities fee. It is published by the students of SUNY Fredonia. No part of this publication may be reproduced or transmitted in any form or by any means except as may be expressly permitted in writing by the Editor in Chief. All opinion writings in The Leader reflect the opinion of the writer, with the exception of the editorial, which represents the opinion of the majority of the editorial board. The Leader editorial board holds its staff meetings, during the academic semesters, weekly on Tuesdays at 6 p.m. The Leader is printed by the Corry Journal in Corry, Pennsylvania and is distributed free on campus and in the surrounding community. Press run is 3,000.



Proud member of:



Columbia
Scholastic Press
Association

Associated Collegiate Press

EDITORIAL

Shedding light on '50 Shades'

Riley Straw, feminist activist:

I'd like to open my discussion by saying that, as secretary of Fredonia's Women's Student Union, I'm very sensitive to issues of domestic violence; perpetuation of harmful, heteronormative and binary stereotypes; and the transcendence of rape culture — whenever I watch any movie. Also, I must be honest. I did not read the books, so my entire critique is based around what I saw in the movie.

"Fifty Shades of Grey" was not the absolute worst movie I've ever seen in my life; however, still, it was pretty bad.

I'll start with some of the things the movie did well. I thought the acting, particularly of Dakota Johnson, the story's main protagonist, was really quite well-done. She expertly, emotionally, and effectively portrayed the attitude and demeanor of being the object of an emotionally abusive relationship. Also, if we look at "Fifty Shades" as a commentary on the harmful effects of economic class on the traditional gender roles found in American society, the film superbly succeeds; I have not seen, in a very long while, a movie that directly addresses serious issues with the sexuality of dominant masculinity and its objectification of women as well as this movie has done.

However, I don't think that was the point. If you are not aware, the movie essentially sets up the story of a woman, Anastasia Steele, an English literature major, who meets prince-charming-type Christian Grey. After one meeting, Grey seeks out Steele at her place of employment to ask her on a date.

After one date, Grey reveals himself as a demanding, secretive and possessive individual who sends Steele unwanted and massive gifts (including, but not limited to, first-edition copies of her favorite books, helicopter rides and a new car), shows up at her mother's house in Georgia, and details a list of sexual demands that Steele must follow and tells her he will "punish her" if she doesn't. When Steele offers confusion or any behavior that is not expressly "permitted" by Grey, he gets mad, or she gets defensive.

Now, I don't mind BDSM culture: to each their own, as the cliché states. However, this culture is not represented well by this movie; there must be a sense of give-and-take, of balance, and of understanding between the two (or more) parties involved, and the absence of true and balanced communication and compromise is the essential flaw of "Fifty Shades."

An issue I take with the film is that it perpetuates the idea that it's alright for men to stalk women (or for people to stalk people) as long as the stalker is attractive and wealthy. It perpetuates the idea that men, as long as they buy women gifts, have the right to women's bodies — and maintain the right to manifest their sexual desires (whatever they may be — without question) on the body of the woman.

It also emanates a false sense of feminine validation; a scene in which Steele negotiates the terms of the non-disclosure agreement Grey wants to force her to sign is meant to portray to the viewer that the woman in this scenario still has a choice at all in Grey's sexual wishes. The flaw with this is that her only choice that remains is to choose between Grey's options without regard for what she wants; she is held to his standards, while his standards exist without limitation

One thing I must say is that, yes, both of these individuals are hot. Johnson and Jamie Doman (Christian Grey) both have conventionally attractive body types according to the archetypes of feminine and masculine beauty, respectively. However, extreme attraction should not, in any case, permit abuse; S&M culture doesn't inherently lend itself to abuse, but the male ideology that women have no other option but to be objectified with limited and restricted consent and utilization of coercion techniques, inherently, does.

I have many other issues with the film, but only a limited space to detail them. I think everyone should watch this film to receive an actualized image of an unhealthy relationship. It may help those in unhealthy relationships to realize they are in them. Just keep in mind the points I've made and see for yourself how applicable they are.

Rebecca Hale, erotic novel enthusiast:

Let me start off by saying I am not a huge fan of "Fifty Shades of Grey." I am not advocating for the movie or the books themselves, but for the culture they portray, which is apparently offensive to many people. I do not think in any way that "Fifty Shades" is the best example of BDSM culture. Still, I am a lover of erotic novels, so naturally, I had to read the trilogy. I have no idea why this series became so popular when there are many examples of better novels showcasing the dominant/submissive relationship (I would recommend any of Maya Banks' books).

This type of relationship is not abusive, nor is it sexist. A male can be a submissive just as easily as a woman can, and this is even showcased in Fifty Shades, since Christian was a submissive himself at a very young age. One thing that people need to realize about this story is that Christian was the one who was abused. Many people who were quick to jump to conclusions about this film clearly had not read the books.

BDSM relationships are supposed to be built off of complete trust. A submissive trusts his/her dominant to push him/her to his/her sexual limits, but not past them. The submissive consents to the wishes of his/her dominant because he/she wants to please him/her. The submissive is either rewarded or punished for his/her behaviors. This is not a conventional relationship, but it is a consensual one.

Now, this is the point where I am going to mention the second and third book, so if you don't want to know spoilers, stop reading now.

The first book is only a taste of the things that are going on inside Christian Grey's head. He was sexually abused by an older woman as a young teenager, and he was also orphaned after witnessing the death of his crack-whore mother. Grey is mentally ill, and the only type of relationship he knows is that of a dominant. After reading the first book, I was mildly disgusted, as well.

At the end of the first book/novel, Steele leaves Grey because she can't understand why he enjoys inflicting pain upon her. In the second book, the couple reunites, and we slowly begin to understand Grey better. Steele pushes him to discuss his past and feelings more, and their relationship becomes more "vanilla." Grey talks to a therapist and learns to truly love Steele. In the third book, the two marry and have children. So, after all, the "Fifty Shades" trilogy is not really a series about BDSM culture. It is about a man's struggle with mental illness, and his overcoming that sickness because Steele is patient and loving enough to foster that change.

I do agree that Grey and Steele's relationship is unhealthy and emotionally abusive at first. Steele is undoubtedly hurt many times. Still, she chooses to leave Grey, and then, to return to him in the second book. Steele is not forced to do anything. She willingly signed the non-disclosure agreement. She reserves the right to the use of safe-words in the case where she wishes to opt-out of the agreement. Also, Steele makes a lot of compromises with Grey throughout the series, showing that he is not solely in control. Also, the point is not to say that unhealthy relationships are okay, but it does say that people can change. Unhealthy relationships can become healthy with the right kind of help and support.

Finally, to address the argument over social class: this film does not mean to portray that wealth can buy sex and happiness. This is a facet of the movie that exists to develop Grey's character. Grey is rich because he worked very hard to gain his entrepreneurship. He gives Steele expensive gifts because that is the only way he knows how to show his care for her. He stalks her and acts protectively because he is a controlling type of person. Steele is not portrayed as a weak character who succumbs to the charm of a rich, hot man. Steele is a brilliant, scholarly woman who is independent and self-reliant. Before Grey, she had never had a sexual relationship, so the portrayal of her as a shy and naive girl in that sense is simply because she is literally a virgin until she meets Christian.

How to take a nap on campus

From the desk of... <u>LEO FRANK</u>

LAMPOON EDITOR

They say to write what you know. Unfortunately, there's a lot I don't know. I don't know how to make chicken cordon bleu, for example. I don't know why people keep sharing Buzzfeed articles on Facebook and I don't know how to work Excel spreadsheets. But there are some things I do know. I know how to remove adware from a computer, and how to improvise a decent meal based on whatever's lying around in my kitchen. And, damn it, I know how to nap on campus.

A satisfying and well-executed nap will consist of three key factors. The first of these is the exact nature of the particular nap you're trying to take. Do you need to sneak three or four solid hours of quality sleep? A half-hour power nap? Or is this one of those study sessions that has the potential to turn into a nap, but where that's not necessarily

the plan? This is a crucial step in the nap-planning process, as it will inform every subsequent decision in the making of a premium nap. Be realistic with yourself. Choose wisely.

The next decision in crafting your perfect nap is to pick a location. While comfort is obviously a priority, don't let that eclipse the importance of the overall environment. Be mindful of others and yourself. Ask a roommate or close friend what kind of sleeper you are. Do you snore? Talk? Are you — forgive me — a gassy sleeper? These are essential problems to consider. If you're a cute sleeper, you can pretty much curl up in the lobby of U.C. and go to town on that nap. But if, like me, you're prone to looking frumpy as shit while sleeping in your coat at 2 p.m. on a Tuesday, you might want to seek out a little isolation. The library is excellent for this — plenty of remote corners and walled cubicles.

Third is your state of mind. Be realistic. Are you really likely to fit a nap into your two-hour break if you're too busy fretting about the deadlines looming in your future? Don't force it, because just sitting there staring at nothing in a silent panic isn't going to help anything. Go write your paper or whatever.

On the other hand, recognize those moments when the only good move you have left is to go to sleep. If you stayed up late last night cramming for a test, and the test is in five hours, what do you think is a better choice: cramming for five more hours, or taking a nap? (The answer is the nap.) You're just going to drive yourself into delirium by putting more stress on an overburdened brain. Turn off the lights. Go to sleep.

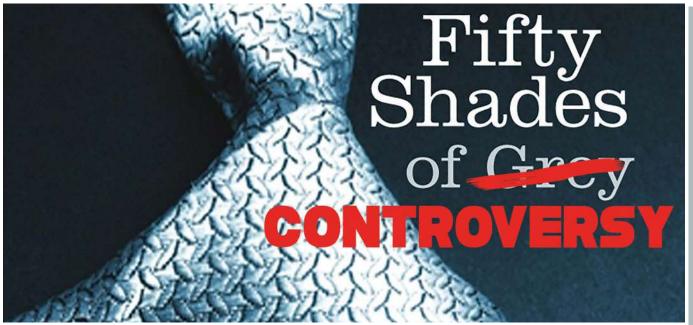


PHOTO COURTESY OF VIKISECRETS.COM
PHOTO ILLUSTRATION BY MELISSA RECHIN / LAYOUT EDITOR

Professionals offer criticism on the popular series

BRITTANY PERRY

Special to The Leader

Our culture often has fleeting obsessions that emerge from popular novels: wizards, vampires and now ... BDSM.

The "Fifty Shades of Grey" trilogy has taken the world by storm, selling over 100 million copies worldwide and earning a gross profit of \$135,046,070 in box office totals since the release of the first movie on Valentine's Day. It broke the record of fastest-selling paperback series, beating out the "Harry Potter" series, and has increased the sale of bondage-related sex toys, according to the Consumer Product Safety Commission.

The story, written by E.L. James originally as "Twilight" fanfiction, focuses on a graduate student, Anastasia (Ana) Steele, and a billionaire CEO, Christian Grey. Grey forms a relationship with Steele, in which he introduces her to bondage/discipline, dominance/submission, sadism/masochism, or BDSM.

Although this story has a large fanbase, many have seen the book as controversial, due to the eroticsm and, most importantly, the nature of Steele's and Grey's abusive relationship.

"If you were to strip down this story and write a list of the behaviors that Christian Grey exhibits and displays in this book, like the stalking behaviors, the emotional manipulation, control over his girlfriend's life and the sometimes threats of physical violence if she (Ana) does not comply with his wishes, and think to yourself, 'Does this list look like a healthy relationship or a relationship that you would want to be in?" said Coordinator of Substance Abuse and Violence Prevention Julie Bezek. "I would like to think that most people would look at this and think, 'This person is an abusive, psychopathic stalker.' Somehow, when all of this got put into a romantic story, those abusive elements got defended away."

"What was scary to me was that there were people out there who thought what was he was doing was romantic," Bezek continued. "After I read it, I was wondering, 'Is this the same book that people are fawning over?' It shocked me; this is not romantic. This is a guy with stalker-like and psychopathic tendencies."

According to Bezek, Grey exhibits typical behaviors of an abuser: manipulating, intimidating, stalking and isolating Ana from friends and family.

Many fans defend this behavior, claiming that Grey made sure that Steele knew what the safe words were and to use them anytime she felt uncomfortable, and that she knew what she was getting

into.

However, while Grey's behavior can be seen as problematic, erotic fantasy novels like "Fifty Shades of Grey" open up a larger dialogue on sexual exploration.

"I think that it's also crucial to acknowledge and understand the fact that fantasies of domination and non-consent are hugely popular with female readers, and have been for a couple of centuries now, from romantic and gothic novels to 'Twilight' and 'Fifty Shades,' because women enjoy them," said Shannon McRae, Director of American Studies and Film Studies. "One theory suggests that certain people are biologically cross-wired to experience certain forms of pain or danger as pleasurable given certain circumstances — specifically circumstances that they can control.

"Control and consent are key here. Women in our culture, where abuse and dominance are prevalent, even sometimes normalized, have few, if any, outlets for exploring their own sexuality," McRae continued. "Fantasies of non-consent and control, particularly in a fantasy situation that gives them full control, allow women to explore depths and dimensions of sexual response precisely because real life situations do not allow it."

The book has received criticism from those in the BDSM community, as well, claiming that James portrays those within the community as having been sexually abused themselves when they were younger.

"There is such confusion about the whole abuse issue, that if you are into [BDSM], you were abused as a child, which is absurd," said Master R, the head master at La Domaine, the oldest BDSM training chateau in the world, in an interview with HuffingtonPost, "The concept that if you are into it you are going to be abusive, is also absurd. Most psychological studies coming out now say that people in BDSM relationships are very healthy and often far more balanced, because we communicate so much, and we are trying so hard not to be abusive. That's why this film is so objectionable and this character is so objectionable."

"BDSM about creating is vulnerability, opening yourself up to your partner in a way you can trust them to take you to some of these dark places that are considered taboo overall, but in a loving way," said Mistress Couple, the head mistress at La Domaine Esemar. "That's what's missing from the 'Fifty Shades of Grey.' Christian continuously violates [Ana's] trust and her ability to feel safe, and any person in their right mind would get out of a relationship that's like that."

As with many popular books, some

take their love of "Fifty Shades of Grey" too far.

On Feb. 24, Mohammad Hossain of Chicago bound a female's hands and legs, covered her mouth with a necktie and repeatedly hit her with a belt. He began punching the victim and sexually assaulted her, ignoring her cries asking him to stop; he told authorities that he was reenacting scenes from "Fifty Shades of Grey."

In Florida, 100 teens rushed a movie theater during the weekend release after being denied tickets because they were underage.

As popular as this book has been, it raises questions about what young readers might view as acceptable regarding gender relations and relationship expectations.

"Girls might see this behavior and think that's what is to be expected, and on the flip side of that, boys might say this is what women want; they want the Christian Greys," Bezek said. "The story doesn't have a direct causal relationship, but it could be an influence that can be very harmful on them. A young, inexperienced pre-teen might start to think, 'It's okay for someone to treat me this way."

"I think that generalized campaigns to protect young women from abuse do as much to repress expression, exploration, even acknowledgement of female sexuality as the real-life dangers we may also face. It is very nearly impossible to discuss female sexual agency or sexual pleasure on its own terms," McRae said. "We are in such a cultural habit of associating it with abuse that we can barely conceive of girls and young women in terms of their own healthy, pleasurable sexuality. Maybe some of that agency comes out in twisted. bad stories because there are so few nottwisted, good ways to even discuss these things."

"I'm sad that a book that could have very well been a template for women to explore their sexuality, encourage a feminist approach to positive sexuality and loving, consensual relationships, and really start a conversation about our society truly celebrating women as sexual beings... was absolutely not that at all," said Maggie McCurdy, a mental health counselor at Fredonia. "The women who enjoyed 'Fifty Shades of Grey' are not the problem. The problem is with what women are told, from a young age, is acceptable behavior from their romantic partners, what is expected from them in relationships, and what they should expect love and sex to look like. Women are not empowered to act, but are acted upon, and 'Fifty Shades,' unfortunately, highlights this norm in a very public

Many fans have argued that the critics do not like "Fifty Shades of Grey" because of the eroticism. Other consumers of the book have argued that it is the abusive relationship that is problematic, not the eroticsm

"We need more and better stories about the full range of sexual responses, and issues of power, control and consent," Shannon McRae said.

Here are some further reading suggestions, based on suggestions from professors, Buzzfeed and http://www.tor.com, that look at another side of eroticsm and BDSM, both for those who enjoyed "Fifty Shades" and for those who are critical of its material.

"Kushiel's Dart" — Jacqueline Carey

Carey's book features a heroine with actual sexual agency. Courtesan/spy Phèdre nó Delaunay was born into the service of Naamah (a prostitute and goddess revered in her culture). She grows up learning how to have healthy, communicative sex, even watching a "showing" by her fellow adepts when she comes of age.

Of course, Phèdre's situation isn't perfect. Until she makes her marque (that is, completes the terms of her indentured servitude), she is not allowed to choose any of her patrons. But as she works toward earning her freedom, she's able to mostly do so on her terms, being assigned to patrons who can be the dominants to her submissive and feed her desire for pain.

"Sex Criminals" — Matt Fraction and Chip Zdarsky

Suzie's a librarian and Jon's an actor. They hook up and discover that they both share the same weird gift: their orgasms stop time. They're shocked, naturally, since they each thought they were the only one on Earth with this talent. But now that they've found each other, they need to cook up a way to use the time they're being given.

Fraction and Zdarsky have taken a great sci-fi premise and spun it into something with moral depth, as the two characters have to come to terms with their sexual histories, their feelings for each other and their passion for larceny.

"The Master of the Shadowlands" series — Cherise Sinclair

Cherise Sinclair's BDSM series, like "Fifty Shades," also involves a woman becoming sexually awakened as a sub, except she's ambitious and brilliant and isn't having submissive sex to get a guy to like her more. Sinclair has written a lot of S&M erotica, so you'll have a lot to hold you over.

"The Noire" series — Emmanualle de Maupassant

The new debut novel of an upcoming series, "The Gentleman's Club" follows Mademoiselle Noire, a sexually liberated and highly intelligent woman with whom Lord MacCaulay becomes obsessed. The book has been praised for its writing style and progressive heroine, who often questions gender norms and dated social conventions.

"The Vampire Queen's Servant" series — Joey W. Hill

The plot revolves around Lady Elyssa, a 700-year-old vampire queen who has been feeling mysteriously weak as of late. She ends up with a macho servant named Jacob, who isn't used to being a submissive but slowly changes when he's with her. They end up having more in common than they realized and start to form a genuine bond.

"A Thread of Deepest Black" — Finn Marlowe

Marlowe's debut novel deals with the S&M romance between Colton (a shape-shifter) and Killian (a werewolf), who are natural-born enemies and struggle to overcome this in the sexiest way possible. The story is perfect for erotica fans who want a little fantasy mixed into their BDSM intake.

"Ginny's Lesson" — Anna Bayes

In this short story, the protagonist, Melissa, who has a habit of pursuing toxic relationships, plans to have her usual comfort sex with Ginny, who is tired of being her passive backup and decides to spice things up a bit. The author identifies as a bisexual submissive.



their musical eras and inspirations.

Before the show and backstage the energy was, even then, rampant. Their own backgrounds in the field of music are all very intriguing. What is uniquely diverse was why the members are billed in an arrangement as they were on Thursday.

Blue House is actually named after two facts. One is what Paladino said is "A very crazy schedule," and no time to commit to a band at all. The second is that he does indeed live in a blue house. "You can't miss it," said Paladino jokingly.

As to his influences, Paladino cites many as being crucial. Besides City and Color and his personal life, the musical acts of Brand New, Noah Gunderson and Anthony Raneri are a few. But it is Long Island as a whole that truly gives Paladino his energy. "It is the big sound that makes it unique," he said. As to the future, he hopes to someday play in a band after graduation.

Kill The Clock said that they were formed largely in response to the new Buffalo radio station 107.7 FM that has appeared on the scene in recent years. Their involvement

in alternative rock results from what Hoare and drummer John Greenan said is "different tastes in differents kinds of genre."

As for its formation, both members cite family relations and excellent connections that lead to KTC's formation.

"I was actually a replacement for one member and then it became permanent," said Greenan. It was a pleasure for all in attendance that they made Fredonia one of their three-times-a-month repertoire. Their passion and sound especially radiated in more ways than one.

As for the future plans, KTC

is presently planning a tour for a fair portion of the upper Northeast: Boston, New York and Cleveland to name a few. They are also planning a new CD with the first demo recording taking place later this year.

Perhaps the most impressive was that one of the bands had only been together for a short period of time.

"We've been together for about a year," said New Masons keys and vocalist Mike Gonzalez-Kelly. And their choice of independent rock is also shared heavily. "It resonates collectively because we all; have different interests.".

As to their future, Gonzalez-Kelly responded, "whatever happens." Nevertheless, there is so much to suggest that the future is very much bright for these true Fredonians whose name is initiated from our own Mason Hall.

The lively atmosphere is what many of the musicians earlier described was what they love about performing.

"It is the first five minutes that tell the show," said Greenan. Gonzalez-Kelly called it the "express creativity and energy."



POLICE BLOTTERS

University

Monday, Feb. 23, 2015

11:50 a.m. The key to a Jeep was turned in to University Police. A report was filed.

6:07 p.m. A person was stuck in an elevator in the Science Center. The person was removed, the elevator was shut down and a report was filed.

6:30 p.m. An employee requested assistance to his/her vehicle. A report was filed.

7:57 p.m. A wallet was found at a bus stop. A report was filed and the item was stored.

Tuesday, Feb. 24, 2015

6:20 p.m. A wallet was found with other IDs inside at Fenton Hall. The item was stored, a report was filed and a traffic ticket was issued to the owner for possession of the IDs.

Non-student John D. Quinoves, age 18, and non-student Dominick Schrantz III, age 17, were arrested for an incident that occurred on Feb. 11, 2015, in which shoes were stolen from Steele Hall. Non-student Daniel Baez, age 16, was arrested on Feb. 27, 2015 for involvement with this incident.

Wednesday, Feb. 25, 2015

12:00 p.m. University Police Assisted the SUNY Morrisville Police Department in the identification of a larceny suspect. A report was filed.

10:50 p.m. A student was harassing staff and stealing food from Centre Pointe dining hall. The suspect was contacted and advised.

Thursday, Feb. 26, 2015

2:07 a.m. The panic alarm in Maytum Hall was triggered. A report was filed.

11:00 a.m. A change purse with an ID found. A report was filed and the items were held.

12:15 p.m. University Police assisted the Syracuse Police Department in the identification of a larceny suspect. A report was field.

11:07 p.m. A blue lanyard and key were found by Chautauqua Hall. The items were held.

Friday, Feb. 27, 2015

12:27 a.m. A domestic incident was reported in University Commons. A report and a domestic incident report were filed, and victim rights were given.

 $1:58\ p.m.\ A\ possible\ marijuana\ odor\ was\ reported\ in\ Gregory\ Hall.\ The\ report\ was\ \ unfounded.$

Saturday, Feb. 28, 2015

 $2{:}40~\text{p.m.}$ There were two juveniles in the Williams Center. A report was filed.

3:00 p.m. A Vera Bradley ID holder was found in lot 9B. A report was filed.

Sunday, March 1, 2015

3:26 a.m. An unauthorized vehicle was parked in a handicap space in lot 22. The vehicle was towed and a report was filed.

 $6{:}30~\text{p.m.}$ A LG cell phone was found on the Escort bus. A report was filed.

FREDONIA

Wednesday, Feb. 25, 2015

8:30 a.m. Frank L. Tye, age 49, was charged with criminal contempt and aggravated harassment. A warrant was issued and Tye was then arraigned and held.

Thursday, Feb. 26, 2015

3:12 a.m. Sama Yaser Hasan, age 19, was issued a traffic ticket for speeding.

11:02 a.m. Jordan A. Reed, age 20, was issued a traffic ticket for having an expired inspection.

11:26 a.m. Desmond Johnson, age 22, was issued a traffic ticket for having in e irec spε on.

11:47 a.m. Jenell Long, age 40, was issued a traffic ticket for operating a motor vehicle while using a cellphone.

1:11 p.m. Lindsay N. Schrantz, age 18, was issued a traffic ticket for failure to stop.

Friday, Feb. 27, 2014

12:26 a.m. Monica E. Delanoy, age 20, was issued a traffic ticket for switching lanes in an unsafe manner and driving unlicensed.

5:12 p.m. Devon J. Brodka, age 18, was issued a traffic ticket for speeding.

6:10 p.m. Tyler D. Burkett, age 21, was issued a traffic ticket for failure to stop.

Saturday, Feb. 28, 2015

12:15 a.m. Nicole M. Giardina, age 17, was issued an appearance ticket for littering.

12:45 a.m. Jacob R. Caparaso, age 18, was issued appearance tickets for violating the sewer ordinance, open container and underage possession of alcohol.

12:46 a.m. William Milbrand, age 22, was issued an appearance ticket for open container.

1:00 a.m. Ryan M. Hallman, age 20, was issued a traffic ticket for failure to stop.

1:20 a.m. John J. Stafaniak, age 18, was issued an appearance ticket for violating the sewer ordinance.

1:26 a.m. Adam T. Szymanski, age 18, was issued an appearance ticket for violating the sewer ordinance.

2:06 a.m. Conor J. Condon, age 21, was issued an appearance ticket for disorderly conduct.

6:19 a.m. Brandyn N. Lambe, age 24, was held for disorderly conduct and obstruction of governmental administration.

11:32 p.m. Jeremy Little, age 21, was issued an appearance ticket for open container.

Sunday, March 1, 2015

12:51 a.m. Kathryn G. Halloran, age 19, was issued an appearance ticket for violating the sewer ordinance.

1:07 a.m. Kristen Heitzhaus, age 18, was issued an appearance ticket for violating the sewer ordinance.

Gary J Cordova Jr., age 21, was issued an appearance ticket for violating the sewer ordinance.

All information printed in The Leader's police blotter is a matter of open public record. No retractions or corrections will be made unless a factual error is shown. Anyone who is cleared of charges has the right to have so printed. It is the responsibility of the accused to provide notice and proof of the dropped charges.

How do you feel about Spectrum's Spring Event Headliner, Hellogoodbye?



Tricia Kent junior accounting



Samantha Russ junior computer information systems



Jacob Derk senior social work



Stephen Castriota senior business management

"I am very excited that they are coming, and I'm really looking forward to the songs they're going to play."

"Don't really know much about them, so I guess we'll see."

"Well, I don't think I've ever heard about them, but I don't think I'm going either way." "I love Hellogoodbye! I didn't know they were coming — it's awesome, though."

NONPROFIT—HEALTH—HUMAN SER

Fredonia Career Development Office

Job & Internship Expo

FULL TIME—INTERNSHIP—SUMMER—PART TIME

Tuesday, March 10, 2015, 2-5 p.m. Williams Center

One of the largest career fairs in all of Western New York!



- PROFESSIONAL DRESS STRONGLY ENCOURAGED!
- BRING RESUMES! Have your resume checked at the CDO ahead of time.
- Employer list available at <u>www.fredonia.edu/cdo/expo/expo.asp</u> so be sure to research organizations before the event!



Partially funded by a grant from the Faculty Student Association

Questions? Please contact us at (716) 673-3327 or careers@fredonia.edu

A Cinderella story:

Fredonia's Mock Trial team

MARSHA COHEN

Staff Writer

"The program director at regionals called us the Cinderella team," said Dylan Forman, a junior pre-law and criminal justice major.

Fredonia's Mock Trial team has just come off its first regional win as part of this year's mock trial national competition. Fredonia's A and B team started their leg of the competition at Buffalo State College and came out as winners.

Mock Trial is Fredonia's mock legal team that works on a case provided by the American Mock Trial Association. Every February, Fredonia's team competes against teams from many other universities from along the east coast. Students range from political science to Spanish majors.

At the beginning of the competition, there were 615 schools competing for the title of mock trial champions; the pool has now whittled down to 196, and Fredonia is the only state college left. Competing against schools like Yale, Harvard and Cornell can seem like an intimidating task to take on, but the Fredonia team members look at it as a challenge that they are more than willing to take on.

"We all start out at the same level, and it's all about what what you do with what you are given. We have an enormous amount of talent going into it, as well, and we were able to send two teams (an A and B team), to regionals this year. You can tell that we put in a lot of hard work and time in," said Courtney Mahoney, a senior psychology and philosophy major.

"It is all about preparation, but it is also all about looking the part. You have to look like you belong in the courtroom," said Jorge Antonetti, a senior public relations and psychology major.

This year's case is a liability case. The case is about about two 11-year-old girls who were playing around in a house. Unfortunately, one of the girls was shot in the head. They were in the victim's home, and her parents were the gun owners. The teams had the task of picking who would be the plaintiff and the defendant for their team.

With a strong team filled with talent and months of preparation behind them, the Fredonia team felt ready to tackle the task. Last year's team finished 10th in the region, just two spots shy of a national bid, but it left them hungry enough to come into the new year vying for a bigger spot.

"To be the first Fredonia mock trial team to make it to nationals was huge. To see our name next to schools like Harvard, Yale and Cornell, it just goes to show you how much hard work everyone puts in. It goes to show you that it wasn't a fluke that we made it and hold our own against these big schools," said Mahoney.

The next step for the mock trial team is nationals at Penn State on March 6-8. Their goal is to be ranked 48th in the nation, a feat that they have never accomplished before. The team admits that they are a small club on campus and they often go unrecognized, but due to their constant climb in the competition, members have been pouring in.

"Because we have had a lot of success, more people have started to become more interested, and we have been gaining notoriety," said Mahoney.

"We aren't even a constitutional group on campus. Schools like Harvard and Yale get so much poured into their program, hence why they are so good, but we do well with what we have," said Antonetti.

Women's Herstory Month preview

RILEY STRAW

Copy Editor

Every March, Fredonia's Women's Student Union hosts several events in honor of Women's Herstory Month. This semester is packed with events throughout the month and the first week of April to make up for the time lost for Spring Break.

Women's Student Union treasurer Sara Cherry, a senior social work major with a minor in criminal justice, spoke about her interpretation of Women's Herstory Month.

"This year, our focus is on feminism's past, present and future," she said. "We're focusing on what the movement has been, where it is now, and the great things that feminism will do."

The first event of the semester, Women's Herstory Jeopardy, was on March 2.

Here's a list of other event to look out for this semester:

Thursday, March 5, at 6:30 p.m.: "A Litany for Survival: the Life and Work of Audre Lorde"

This event, a documentary screening of the biographical account of famous woman of color feminist Audre Lorde, will familiarize the campus with a piece of feminism's past and its application to literature. The event will be held in McEwen 202

Wednesday, March 11, at 1, 3, and 6 p.m.: FredASSIST Presents: Porntopia

A pornographic literacy event,

FredASSIST's "Porntopia" will educate and inform participants about how to hold discourse and affect change in the objectification of the porn industry. This event will be held in the Williams Center S204ABC.

Thursday, March 12, at 7 p.m.: RiotGrrrl! Zine Making Workshop

By cataloging and interacting with the history of the feminist punk movement of the RiotGrrrl!s, participants will experience recent history by hosting a webinar with Caitlin Hazell of Rookie Magazine. Participants will also be creating their own zines, a miniature and genre-specific form of the magazine, in room S204ABC of the Williams Center.

Monday, March 23, at 6:30 p.m.: Opal Tometi and #BlackLivesMatter

Opal Tometi, one of the founders of #BlackLivesMatter, will come to Fredonia to speak about feminism and the social media movement that has so greatly affected human rights activism. "I'm most excited for Opal Tometi to come to speak about the #BlackLivesMatter movement because it's something that's happening right now," Cherry said. "It involves a lot of women, and a lot of women of color feminists."

Wednesday, March 25, at 7:00 p.m.: "See 'Em Say It": CMA Educational Panel

The Center for Multicultural Affairs incorporates Fredonia's Black Student Union, Hillel, Latinos Unidos, Native American Student Union, Pride Alliance

and Women's Student Union. This event aims to discuss what each of these groups has done on campus and what they plan to do in the future, and will be held in the Williams Center S204ABC.

Tuesday, March 31, at 7:00 p.m.: "Intersectionality and the Future Everyday" by Alexis DeVeaux — 2nd Annual Gender and Social Change Lecture

Each year, the Women's and Gender Studies department hosts a discussion about (as depicted in its name) gender and social change. Alexis DeVeaux, author of biographies such as "Don't Explain," about Billie Holiday, and "Warrior Poet: A Biography of Audre Lorde," will discuss intersectional feminism in our everyday lives

Wednesday, April 8, at 7:30 p.m.: "Making Queer and Feminist Movements More Inclusive," by Julia Serano

This talk, held by trans woman of color feminist Julia Serano, will mark the end of Women's Herstory month. Held in McEwen 209, this lecture will discuss how feminists can work to be more inclusive of individuals of various sexual orientations, genders and other groups to work toward the common goal of acceptance.

*Riley Straw also acts as the secretary of Fredonia's Women's Student Union.

Fredonia to partner with UB pharmacy school

CONNOR HOFFMAN

Staff Writer

On Feb. 19, Fredonia and the University at Buffalo announced a new agreement between Fredonia and the UB School of Pharmacy. This agreement is meant to help quicken the process for Fredonia students to get a pharmacy degree at UB.

Normally, a Fredonia student going into pharmacy would be required to spend four years completing his or her undergraduate degree at Fredonia, and four years completing his or her doctorate degree of pharmacy at a different university. Now, with this plan, Fredonia students can start pharmacy classes at UB during their senior year, and this will cut down the number of years down from eight to seven. By cutting down the number of years from eight to seven, this program aims to save Fredonia students time and money

According to Fredonia's website, "Beginning in the 2015-2016 academic year Fredonia students will be able to apply to the UB pharmacy school during their junior year and, upon acceptance, have their first-year pharmacy courses count toward their undergraduate degree requirements at Fredonia."

This agreement had been talked about for about six months before it saw completion. According to Dr. Ted Lee, the head of the biology department, this project was initiated by Kimberlie Ball, an admissions employee, and a colleague of hers from the UB Pharmacy Admissions Office.

Lee mentioned that under this agreement, students must complete their CCC requirements and pharmacy prerequisite courses by their junior year.

Lee also mentioned how this program doesn't require a specific major, but that given the prerequisites for the UB pharmacy program, students would likely be biology, biochemistry or chemistry majors.

Lee was also influential in the creation of this program, seeing as he is the head of the Health Professions Advisory Committee, and was the one that worked with the UB Pharmacy Admissions Office to finalize the agreement. This committee is composed of various professors from the sciences.

Lee also will be advising students interested in the program.

According to Fredonia's website, "The Health Professions Advising Committee at Fredonia works to advise and support students preparing for a career in medicine, dentistry, optometry and veterinary medicine."

Also, this committee is the committee responsible for creating articulation agreements with other institutions. An articulation agreement is an agreement between colleges aiming to simplify and possibly save transferring students time.

Lee went on to explain just how the program works and what it hopes to achieve.

"The program provides a unique opportunity for motivated pre-pharmacy students to gain early admission into Buffalo's program," explained Lee.

"The first year of courses at UB Pharmacy will transfer to Fredonia as elective courses for their major and allow the student to complete the 120 hours needed to graduate from Fredonia," said Lee.

Lee hopes that this will "allow

[Fredonia] to recruit some additional students interested in pharmacy careers."

The UB School of Pharmacy website states, "The University at Buffalo School of Pharmacy and Pharmaceutical Sciences is one of the oldest and most established pharmacy schools in the country. We are consistently ranked within the top 20 schools of pharmacy in the nation and this ranking emphasizes our teaching excellence along with our research and scholarly strengths."

The UB pharmacy school is the only pharmacy school in the SUNY system. According to the UB website, it boasts a 99 percent graduation rate. The UB Pharmacy school website makes sure to mention that applicants in this program will receive no special treatment.

Lee mentioned how this is not the only agreement of this type that Fredonia has, but that it's still special.

"The only other Pharmacy agreement we currently have is the Lake Erie College of Osteopathic Medicine Pharmacy School. The Buffalo program will likely be attractive to students due to the in-state SUNY tuition rate."

Lee mentioned that, at the moment, there are not any plans similar to this in

He added that there already has been interest shown in this program.

"A couple of our pre-pharmacy students are interested in this. A group from Fredonia will visit the UB School of Pharmacy in April," said Lee. "I'm very excited about this opportunity for our students. It is very beneficial to our campus when we can develop opportunities for students to pursue post-graduate programs."



Graduate Studies Spring Open House

Saturday, March 28 • 9:30 a.m. • St. Vincent's Hall



ONLINE options and Developmental Disabilities

Counseling: Clinical Mental Health, School Counseling

and School Psychology

MBA: Ten concentrations including Accounting,

Human Resource Management and

International Business

Master's programs: Criminal Justice, Finance, Interdisciplinary

Studies, Sport Management and Healthcare Administration

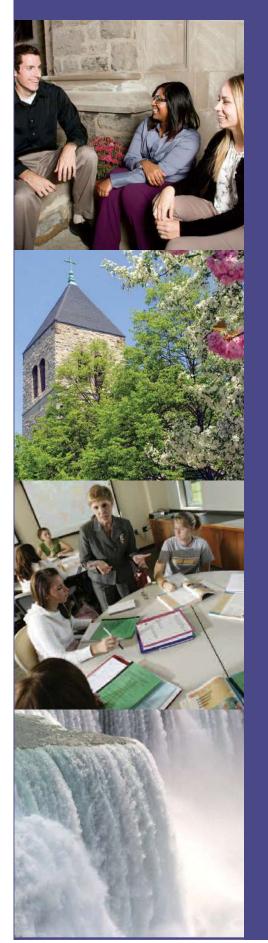
Ph.D. in Leadership and Policy

Niagara University is recognized nationally for its academic excellence and commitment to the community. With graduate classes starting year-round, now is the perfect time to learn more about a graduate degree from Niagara University. We look forward to welcoming you to our caring and vibrant campus.



Education That Makes a Difference

Reserve your spot today!
Register online at www.niagara.edu/graduate
or call toll free 800.462.2111.
Questions? Email graduate@niagara.edu



OIO PAGE __



STEPHANIE WILLIS / SPECIAL TO THE LEADER

DAN MCCORMICK OF 'KILL THE CLOCK' PERFORMS AT SPECTRUM'S ARTISTS ON THE RISE EVENT. SEE FULL STORY ON A-6.



AN INTENSE SCENE FROM 'BALM IN GILEAD' IS PERFORMED IN THE BARTLETT THEATRE. SEE FULL STORY ON B-6.



STUDENT PERFORMERS POSE WITH VISITING ACTRESS JUDY KUHN. SEE FULL STORY ON PAGE B-2.

CAMPUS EDGE AT BRIGHAM

across from the athletic fields

NOW ACCEPTING APPLICATIONS FOR IMMEDIATE MOVE IN 2015/2016 SEMESTER

Apartments

- -2 Bedroom Units Designed for Students -Low Semester Pricing Includes:
- ALL Utilities!!!

Townhouses

- -2 Bedroom, 1.5 Bath Townhouses
- -Affordable Semester Pricing Includes: Heat, Hot Water, Cable, & Internet

--DON'T WAIT-call 716.672.2485 and reserve a unit NOW! campusedgeatbrigham.com



\$5 DOLLAR

AT BOOTHS

BALM IN GILEAD'

challenges traditional narratives

See story on B-6

SEE INSIDE

Broadway star Judy Kuhn visits campus

"Wherever you wind up, whether in New York or any place else, keep studying."

See story on page B-2

Rachel Lee Priday to be featured with College Symphony Orchestra

Fredonia's College Symphony Orchestra is gearing up for the orchestral event of the season.

See story on page B-4



Actress noted for performances on Broadway and in Disney's 'Pocahontas'

MAGGIE GILROY

Editor in Chief

"Wherever you wind up, whether in New York or any place else, keep studying." These word of advice came from visiting artist Judy Kuhn during a masterclass on Feb. 28.

Brought to Fredonia by New Buffalo Productions, Kuhn delivered experience garnered from her extensive career on the stage and screen to the students and faculty of Fredonia.

Kuhn was nominated for performers. three Tony Awards for her work on Broadway in "She Loves Me," "Chess" and "Les Misérables." In addition, Kuhn sang the title role of "Pocahontas" in the Disney film as well as in its sequel "Pocahontas II: Journey To A New World." In April, she will return to Broadway in "Fun Home," based on Alison Bechdel's graphic novel of the same name.

Kuhn did not let her resume supercede her. appearing determined to help Fredonia students learn and grow within the two hours of the masterclass.

"Think of it as a rehearsal," Kuhn said at the beginning of the masterclass, assuring students that the masterclass was an opportunity to work and not perform.

Participants in the class were

students in the Department of Theatre and Dance and included freshman Michaela Tramuta,

sophomore Justin juniors Kiernan Matts and Anna Chicco and seniors Shannon Cunningham Alexander Kosmowski. Senior Fischer freshman Maggie served as alternate

Each performer was given the opportunity to sing for Kuhn while accompanied by School

of Music faculty James member Welch on the piano.

Following each performance, Kuhn instructed the students to sit down and explain their thoughts and process on developing the piece. After a brief conversation the student about respective performance, Kuhn then gave

the performer her advice, often asking the student to participate in an educational task or exercise. Much of Kuhn's advice was centered around breath and healthy performance methods.

for the afternoon, she always the masterclass. "Her focus on

"When I was your age I didn't ever have any opportunities to take classes like this" -Judy Kuhn

ensured that she was on the Montondo same level as the students, even removing her own Uggs after asking female students to remove

"You always want to teach what you want to do, so it keeps me honest as a performer. It makes me think about what I'm doing."

-Judy Kuhn

their heels in order to ground themselves.

"Ms. Kuhn's experience and expertise as an actor and singer gave us such an awesome

perspective," said Montondo in While Kuhn was the teacher an email interview following

> truthfulness and breath really tied into our studies as musical theatre majors, but her approach was very unique. Coming from her calm and kind energy, created a supportive fun atmosphere."

sang female-sung "Losing My Mind" from Stephen Sondheim's "Follies," to which

Kuhn replied, "I don't think I've ever heard a man do that song."

Despite this, Kuhn noted that it was "beautiful."

h masterclass brought Fredonia Fredonia professor Paul Mockovak New Buffalo Productions,

which was created and sustained by Fredonia alumnus Christopher and Leah Wietig.

"Ms Kuhn's suggestions, advice and teachings were

spot on," said Mockovak in an email interview following the masterclass. "She reinforced concepts and fundamentals that we teach at Fredonia. It was especially rewarding to see that her initial approach began the same way, then was focused slightly differently with each singer to address something specific to them."

Kuhn's motivation to teach stems from her own experience as a young performer at Oberlin College.

"I think a couple things about teaching; one is you always want to teach what you want to do, so it keeps me honest as a performer," said Kuhn in a brief interview following the masterclass. "It makes me think about what I'm doing.

"The other thing is - I was saying to Chris [Wietig] actually on the way - when I was your age I didn't ever have any opportunities to take classes like this. My 'classroom' was the shows that I did and I was very lucky, early on, that I was able to be in the room with older, more experienced actors and watching them was my classroom in a lot of ways. And I've worked with a lot of directors who've helped me a lot and I feel like it's an opportunity to share that with people younger than me."

Three great films on Netflix for winter days inside



CONNOR BURTON

Special to The Leader

The cold this time of year forces us to stay indoors, giving us a chance to focus on our schoolwork. What would homework be, though, without our trusty Netflix to distract us and keep us from getting cabin fever while we stay inside on these cold winter days?

As Netflix continues to expand its catalogue, there are so many movies to choose from. Here are a few movies you will find on Netflix that received limited releases, but are well worth the time

For fans of post-apocalyptic movies, "Snowpiercer" is a thought-provoking end-of-theworld action film with the last of humanity on a train that circles Earth, which has been plunged into an ice age. On board the train, social class separates the last of humanity, with the privileged at the front and the rear overcrowded with poor, starving people.

The film stars Chris Evans from "Captain America" as the leader of the revolt against the oppressors at the front of the train. It features a great supporting cast with John Hurt, Jamie Bell, Octavia Spencer and Tilda Swinton.

"Snowpiercer" is a gritty and ambitious film that really sticks with viewers at the end. It's exciting and has a great story about the class struggle amongst the last of mankind. The action is wellchoreographed, with a particular axe fighting scene that stands out. to offer. "You're Next" is a smart and bloody home-invasion thriller that also has a bit of dark humor.



"SNOWPIERCER

For those who enjoy a good horror movie, "You're Next" is easily one of the best Netflix has

The story is fairly simple: a family reunites at the rich parents' home in the middle of nowhere,

and masked men attack the house and start to pick off the family one by one. The film's heroine, Erin, is the girlfriend of one of the sons. As soon as the killing begins, she emerges as a quick-thinking and fast-acting hero, fighting back against the attackers.

"You're Next" is an efficient and entertaining horror thriller that's fun to watch with friends. There are some really inventive kills by horror movie standards and a heroine who is easy to root for. It's also darkly comedic, for those with a twisted sense of humor.

Another film that flew under the radar, yet has found an audience on Netflix, is Joe Carnahan's "Stretch." The film tells the story of a down-on-his-luck limo driver who owes money to the wrong people. He gets a job driving an eccentric billionaire, played by Chris Pine, who offers to clear his debt but, before that, go through a night of hell.

"Stretch" stars Patrick Wilson as a likeable and easy-toroot-for guy who encounters some weird and dangerous characters. The supporting cast features Pine. Jessica Alba, Ed Helms, Ray Liotta and David Hasselhoff in a funny cameo.

"Stretch" is a wild ride and a lot of fun for its 95-minute runtime, and it is consistently entertaining and hilarious.

Advice Column Facing your fears

BRIONA SAAS

Special to The Leader

Hello to all fellow students at Fredonia! I'm going to discuss a topic this week that could be quite scary. It's something we are uncomfortable talking about and frequently try to avoid in our everyday lives. I'm here to talk to you about fear. I'm not talking about spiders or monsters, but I guess you can apply this lesson to that, too. What I'm really speaking about is what stops you from doing what you truly want to do.

Here are some questions I want you to ask yourself. What fear is standing in in your way of doing what you truly want to accomplish? Also, what fears stop you from becoming who you truly want to be? I'll tell you that the only thing that will stop your fears from affecting your life negatively once and for all is yourself.

There are many ways we can trick our minds to overcome these fears. The first step is to understand what your fear is and face it head-on. Acknowledging our fears is how we begin to conquer them.

Most fears come from over-thinking. Have you ever thought that maybe you're scared to change your lifestyle because you're worried you might fail? Oftentimes we stop ourselves before even trying, and this is a big issue.

Some of us are scared that the disappointment or failure could be worse than the delight of the achievement; that's not true! Don't give up or quit — try and try again. If you keep at it, your hard work will never go to waste. Once you reach your goal, it's only more satisfying.

Let me ask you another question. Are you scared you won't reach the goals you've been dreaming of since you were a child? Do you worry about disappointing others around you? Or maybe you're even worried to tell someone how you truly feel about him or her because of your uncertainty of how they feel toward you. Here's a great lesson I learned a few years ago: stop caring about what other people might think of you.

The only people we should worry about are the ones who really care about us. These people are your loved ones, your family and your closest friends. Here's some even better news for you: these people will be there to support you at your best times and your worst

There are always people out there who are just waiting for us to fall, and by worrying about them, we lose focus on ourselves. Remember that your fears are not something vou must face alone; the only person who is going to fix the issue once and for all is yourself, with the support of friends and family, of course.

Our supporters are here to guide us and reassure us that everything will be okay. However, our supporters are not here to remove our fears once and for all - we must put in effort ourselves. We also can't wait around doing nothing, hoping that the problem will fix itself and that with time, it will all go away. Our fears are deeply rooted in our minds and will follow us everywhere we go, unless we do something about them.

We must conquer our fears before they conquer us. Don't be scared of defeat and things not going the way you planned. The only way to beat that fear is to just let it be and learn to be accepting of what may and may not happen. Don't let your fear stand in the way of your happiness. Be happy with your outcomes, good or bad. If it's good, great, and if it's bad, it's an experience. What better way to learn from life than that?

Experience a very different West Side story...

Balm in Gilead

Feb. 27 to March 7 **Bartlett Theatre** Rockefeller Arts Center

A Theatre and Dance production

- Fri., Feb. 27 at 7:30 p.m.
- Sat., Feb. 28 at 7:30 p.m.
- Sun., March 1 at 2 p.m.



- Thurs., March 5 at 7:30 p.m.
- Fri., March 6 at 7:30 p.m.
- Sat., March 7 at 7:30 p.m.

Lanford Wilson's first full-length play depicts the denizens of Frank's Café in the gritty world of the upper west side of New York City in the early 1960s. Contains adult themes and language. For mature audiences only.

Campus Ticket Office, Wiliams Center 673-3501 or fredonia.edu/tickets

Rachel Lee Priday to be featured with College Symphony Orchestra

KORI BARKLEY Staff Writer

Fredonia's College Symphony Orchestra is gearing up for the orchestral event of the season.

The "irresistible panache" (Chicago Tribune) of virtuoso violinist Rachel Lee Priday will be on display in King Concert Hall. She will collaborate with the CSO for one of the most beloved and technically demanding concertos in violin repertoire, the Tchaikovsky Violin Concerto in D Major, Op. 35.

Under the direction of Dr. David Rudge, the orchestra will also perform Glinka's famous "Overture to Ruslan and Ludmila" and Sibelius' "Symphony No.1 in E minor, Op. 39."

arielartists. com/artists/ rachel-leepriday/, Priday "has appeared as soloist with major international orchestras, including the Chicago, Louis, Houston and Seattle Symphony Orchestras, the Boston Pops and the Berlin Staatskapelle." She is critically acclaimed for her remarkable talent and praised for her "dazzling, forceful technique," "rich, mellifluous

sound" and "silvery fluidity."

Her musical endeavors began at the young age of four. What inspires her to continue performing, now and always, is a sense of persistently working toward an ideal version of herself.

"I am continually searching for ways to make performances more beautiful, more varied, more moving and hoping to achieve greater depths in my interpretations," she said.

To encourage this progress, According to her bio at http:// Priday "seeks contemporary reso-



nances with masterworks of the past," approaching performances of well-known classical masterpieces with fresh insight, as if they were just written.

She plans to execute Tchaikovsky's Concerto with such methods on Saturday.

"I've played the Tchaikovsky concerto many times, but each time, I hear the music with fresh ears and inevitably find new insights while remembering, again, the feeling I had when I heard it for the first time," she said. "Hopefully I will bring a

performance that really captures the spirit and emotion of the music and create a memorable, shared experience."

This Saturday will not be the first time Priday and Fredonia musicians have collaborated together.

"She first played with me and the Orchard Park Symphony when she was 12, as a young prodigy," Dr. Rudge recalled. " ... on a moment's notice she replaced an indisposed violin professor for nine performances [during] last Fall's Chamber Orchestra tour of

Long Island. I am really happy to be able to bring her to Fredonia and have her interface with all the students in the College Symphony, knowing this will be a stunning performance."

Tickets are \$15 for the general public or \$8 for students with ID and are available for purchase online at htttp://www.Fredonia. edu/tickets or in person at the Ticket Office in the Williams Center.

DOCUMENTARY REVIEW

No Impact Week: Part 1 'No Impact Man'

NAOMI LYNCH

Staff Writer

Have you ever thought about making no impact on, say, the world?

Colin Beavan, the self-titled "No Impact Man," has.

In 2007, Beavan, his wife Michelle and their young daughter lived one full year making as minimal of an impact on the world as possible. This meant no meat, no flying/driving, no TV, no takeout, no internet, no electricity, etc. The list could go on and on, but anything that was a "want" was eliminated, and anything that was a "need" was minimized. The only real technology around were the cameras that documented the experience.

As a person who orders from Maria's at least once a week, I was flabbergasted.

Beavan blogged about his experiences using solar energy and eventually picked up enough traction that he attracted the likes of Stephen Colbert, Diane Williams and other prominent reporters who found his mission amusing. For Beavan, this was the real deal.

His wife also thought he was crazy. She described herself as a daily coffeedrinking, sample-sale-happy shopping lady who loved to eat takeout.

"The paradigm is reduce, reuse, recycle," Colin said as Michelle rolled her eyes.

"This is easy for Colin and murder for me," Michelle told the cameras.

Over the year they were being filmed, the No Impact couple had a plethora of highs and lows. When they eliminated their TV, they spent more time interacting with the environment, friends and loved ones that came over. Instead of driving every-

where, they both walked, Colin's daughter sitting upon his shoulders in almost every instance. Not eating takeout every day allowed them to look for local food that was tasty and helped the money return to the environment.

In terms of lows, Michelle was having a incredibly hard time at first. She worked for a large business magazine, and she was used to her morning coffee waking her up. When Colin turned off the electricity at the sixth month mark, she wasn't too fond of reading by candlelight.

Her main concern was Colin's apathy towards her dream of a second child while she was in agreement with Colin's No Impact cause. During the documentary, we learn that Colin eventually compromised with his wife and she did get what she wanted, but in her words, "It's not a perfect

Halfway through the movie, even Colin becomes deterred after his natural alternative to refrigeration goes astray and it's Michelle that brings his spirits back up.

After the year transpires, there are a lot of things they both want to keep from this experiment, but a lot of things will not continue (Michelle brands herself a "hotdogderian," saying she wants to keep the veggie lifestyle, but she also really wants a hot dog).

All in all, "No Impact Man" is an interesting way to see how we each impact the world around us, and Colin and Michelle open our tunnel vision for us to see how the world would be if we all took a little time to care for the Earth instead of getting Calio's at 2 a.m.

Reducing your tech footprint: one class' efforts

Colin has designed a No Impact Week experiment that I will be taking part in, along with my fellow students in Biology 115 and Communication 321 and also, The Leader's beautiful Mary Laing — that I am not looking forward to. I am a chicken-wing wielding, orange juice loving, Vanilla Bean frappuccino drinking warrior queen. I naturally get up at 6 a.m. every morning because I need to have my Tim Hortons before class; otherwise, anything I say is unintelligible. Next week will be very interesting, to

Some of us aren't eco-warriors like Colin Beavan, but as the tech staff writer for The Leader, here are some tips for reducing your tech footprint!

Do: Try to purchase refurbished tech and accessories.

Amazon has an excellent program that inspects and ensures the products they ship out. With tech evolving every day, it's okay to buy last year's model. No one is judging you except your bank account, which will be happy that you are saving some money! A good rule of thumb about upgrades - wait at least two models after your current device before considering an upgrade. The reason these companies make so much money is that people flock to the "next big thing" (sorry, Samsung) when in reality, the camera life is two megapixels better and the phone adds a useless fingerprint sensor (not sorry, Apple).

Don't: Leave your tech plugged in

after it's fully charged.

It's fully charged. The nature of technology is the charge/recharge cycle. Keeping it plugged in doesn't help the device and doesn't help the battery life.

Do: Recycle your old tech!

Pass that old iPad to your annoying nephew! Give that old Galaxy S4 to your tech-illiterate Aunt Sally! If no one is in need of your device, go down to the Salvation Army, which is more than willing to take the donation. If the device is in pretty good shape, you can sell it to Amazon. You'll get more money if you keep the original packaging, too! If your cell phone no longer functions, you can return it to your mobile provider for a small discount off your next bill. Radioshack also has a recycling program for tech. Never, ever, just throw things like this in the garbage. They need to be disposed of properly.

Don't: Leave your plugs plugged in after you're done using them.

Even if your iPhone charger is sitting there idly, it's still pulling energy. Cut the flow and save some energy. As my mother used to affectionately scream, "Turn off that dang light! Con Edison (now known as National Grid) is not my friend!" As we enter the bill-paying stages of our lives, National Grid isn't our friend. Let's pay as little as possible.

In the words of Michelle, I'm rethinking everything that's important. Will I survive a week without chicken? Who knows. I'm tired of being a comical #FirstWorldProblem. I hope that next week is the learning experience I'm look-

LOCAL BAND SPOTLIGHT:

Crazies, Jerry Grind, Diluted and Yonic play at Canadaway



CARLY KNASZAK Staff Writer

Fredonia has a very wide range of music, especially when it comes to local bands. Students, or even residents, of Fredonia put together bands in hopes of standing out. But many forget about the underground-type bands that just want to rock out and have a good time. Most of these bands can be found at the house parties in town and are ready to rock at any given time.

Four bands recently played last weekend at a house party on Canadaway Street: Crazies, Jerry Grind, Diluted and Yonic.

Crazies is a horror punk band. The band has songs called "Chiller," "Trick r' Treat" and "Night of the Loving Dead," which definitely bring out the horror genre. Lead singer Jimmy Skrzeczkowski grew up with horror films that inspired him to bring the genre to music.

"They always scared the shit out of me," he said. "Sometime around my early years of high school I fell in love with them and couldn't get enough."

The band's favorite horror movies range from the original "Evil Dead," "Japanese Horror" and "Night of The Living Dead." Jordan Kucharski, who does vocals and guitar, recalls their first time performing as a band.

"It was at Cattoos in Dunkirk, March 17,2012, opening for Skylime, but our first live performance was in my garage at my 20th birthday party. We had a different drummer at the time, and our old bassist was on guitar (I was on bass), and we covered a couple Misfits songs. We sounded like crap back then."

But being a band called Crazies, the members are destined to have something wild happen to them. Song-writing is sometimes a very difficult process, but Crazies like to play off each other's ideas to make the writing a lot smoother.

"The way it normally goes is Jim, Jordan or I will come to practice with a new riff or song idea. We play whatever we come up with for the rest of the band, and if we like it, we keep it," bassist Daniel Bonasera said. "From there we usually sit on the song for a while. Everyone gives their input on what they think might work, and we keep running through it together and tweaking it 'til we feel

it's ready."

Some of the band's influences are Green Day, Black Flag, AFI and Black Sabbath. Anyone who is looking for some old-school punk influence, Crazies definitely have that with their CD, "Batcave," which is a mock vinyl. It comes in a cardboard sleeve, and the disc is printed to resemble a vinyl disc.

Jerry Grind, a Buffalo band, likes to make some appearances in Fredonia. Jerry Grind is a very fast and heavy band with a clear sound and hard guitar riffs — perfect for the daily head banger. The band is also a two-member band that likes to use stage names, Jimmy McFarland (guitar and vocals) and Bearded Amish (drums, bass and vocals).

Upon entering Jerry Grind's website, one will see a photo of a decomposing goat's head for the cover of their second EP.

"It's a temporary cover until the artwork is complete," Bearded Amish said. "The head and hundreds of bones were outside this farm we stayed in Ohio last year."

Jerry Grind describes their music as heavy, sexy and true. The band has many influences, including The Melvins, Black Sabbath and '80s punk. Their first EP, "Full Service," and their recently untitled EP were recorded in Lockport at New York's Watchmen Studios. In March, Jerry Grind is playing shows in Erie and Pittsburgh, Pennsylvania and Ohio.

Diluted is an alternative metal band that includes Fredonia seniors Pat Mulligan (vocals) and Zach Coffey (guitar), with members Jordan Jankow (bass) and Jeremy Little

Diluted has three EPs called "The Diluted," "The 9B" and their most recent, "Don't Ruin My Weekend Buzz." All the band's EPs were recorded in its members' apart-

"I actually produce all of Diluted's music on GarageBand. Everyone just plugs into an interface and records their parts, and we add them to drum loops I sequence on my own," Mulligan said.

Diluted has very colorful and unique cover art for their EPs, designed by Coffey and the band's friend Rachel Walbesser.

"One of us will either bring a semi-finished song or a cool riff to the table, and we'll collaborate on it from there. It's primarily Pat and I who

do the writing, at least at this point," Coffey said, when talking about the songwriting process.

Diluted's most memorable show was right in Fredonia. "Definitely the first Canadaway show with Crazies, Elemantra and Mangoose. I've never seen a circle pit in a basement before then," Mulligan said.

To some, metal music is only meant for certain people. It has been known to be for the ones who are the

"I get if you're not into heavy music. It's not for everyone, but we're not trying to be some sort of exclusive club. Metal is a great release for built-up tension, and I feel like if you keep an open mind and come see us live, you'll have a good time," Coffey

Psychedelic blues, reggae and funk? Music junkies might raise an eyebrow when they hear a long elaborate genre like that. But when it comes to creative outlets in Fredonia, the bands make it work, and that is the exact way Yonic describes them-

"Our influences vary from old blues players like Muddy Waters to new groups like Umphrey's Mcgee. It's difficult to say if any one artist has influenced our sound, as the collection of musicians in the group all have different musical interests," said Sean Patrick, the rhythm guitarist and vocalist of Yonic.

Like many bands, members come and go and cause differences in a band. "Yonic's coming together is a long story. Just last year our lineup was entirely different, but with our bassist leaving the group, we chose to rearrange the members for a fresh sound," Patrick said.

Yonic has their new single on their BandCamp page called "Listen to Some Reggae." It is available to download and/or to listen.

"We're in the works of finishing an album that we'll be releasing April 18 at our album release show at EBC West," Patrick said. Yonic's other members are Ryan Schindler (lead guitar and vocals), Brian McMahon (drums and vocals), Paul Sottnik (keys and vocals) and Shea Glasheen (bass guitar).

Many bands at Fredonia can be found all over campus and at parties and bars downtown. Be sure to go out and support the local music scene and maybe find a new genre to listen to.

THE LEADER CLASSIFIEDS

FOR RENT

Phone: 673-3501

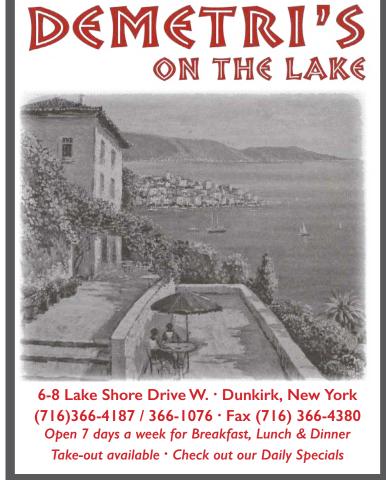
3 BR Avail for Fall 15/Spring 16. Clean & modern w/ new kitchen & stainless steel appliances washer+dryer in apt & plenty of parking. \$2100/sem/student +util Call/text 7166735186

> 4 Bedroom 2 bath home 311 Central Ave laundry off street parking \$2700 per semester includes utilities call 6735684

2-4 Bds nicely furnished clean 716-672-7317

4BR HOUSE IN FREDONIA **AVAILABLE FOR FALL '15/** SPRING '16 VERY CLEAN FULLY FURNISHED WASHER & DRYER 5 MINUTE DRIVE TO CAMPUS \$2300/STUDENT/ SEM **INCLUDES** UTILITIES CALL 716-679-8818

> 4brm home 1000/s/s +utilities fall 15/spr 16. Call 716-359-1133







KATE ARMSTRONG

BALMIN



Reverb Editor

"Balm in Gilead" opened this past weekend in a theatrical spectacle. Directed by Dr. James Ivey, this modern version of Lanford Wilson's play included many different and interesting facets which contributed to the show's uniqueness.

The name of the play comes from a biblical verse in the book of Jeremiah. In Gilead, there was a certain type of tree that residents would extract a substance from and then turn into a balm to soothe illnesses. So, in turn, the title references the "balm" that each character is searching for in order to ease his or her larger life issues.

The Department of Theatre and Dance went gung-ho in its transformation of Bartlett Theatre. The walls outside the theatre were covered in chalk graffiti, giving the audience a taste of the tone before they even set foot inside Bartlett. Inside,

benches.

The set, designed by Chad Healy, was impressive and included kitchen appliances such as a stove, as well as a real jukebox. As the play takes place in a run-down café, the set has a circular bar with stools and a kitchen behind, as well as tables and chairs and even booths on the sides.

Lighting was also well-done, even with the obstacle of a set that covered most of the ceiling lights. Evan Kicman utilized lights on the sides of the stage, as well as some streamed through holes and windows in the café ceiling.

The set also had a crane-like bar that swung around to different places onstage, which had a microphone attached to the end of it. This allowed for characters to deliver monologues from different areas

The style of the play was very chaotic, and at many points during the play, characters all around the café were speaking, the chairs were all mismatched, and some singing or yelling simultaneously. It was



THE CAST OF 'BALM IN GILEAD'





JOANNA SHAPIRO

GILEAD

is where the microphone came in handy. The character whose dialogue was the most important would speak into the microphone, so that the audience knew to listen to that character. The overlapping dialogue was interesting, as well, because someone sitting house-left would get a completely different experience than someone sitting house-right.

The play was also staged in a way that stressed time, and made the café feel anxious and rushed. The stage would be bustling with activity, and all of a sudden, the sound of a clock-tower bell was heard, and everyone would freeze or exit the stage.

The acting was also supplemented by a quartet of singers who occasionally meandered through the theater, singing a variety of different genres of music, a capella.

In addition to the singing, there were a lot of monologues that the characters delivered into the microphone on the boom. During these monologues, the lights would dim and center on that character. These monologues helped the characters to better develop themselves to the audience and

showcased each character's individual struggle.

One important scene was actually acted out three times in a row for emphasis. The scene would unfold, and then the lights would go out and the actors returned to their places to replay the scene.

Though "Balm in Gilead" is a heavy play, the actors did a good job of providing ample comic relief, even with the darkness of the humor.

Even though it is an unconventional play, "Balm in Gilead" is still an enjoyable performance. The characters, including prostitutes, drug dealers and drug addicts, may not be traditional protagonist figures, but these are the qualities that make "Balm" unique. "Balm" shows its audience that we are all the same — we are all just people struggling through life to find our own balm.

"Balm in Gilead" will resume March 5 – 6 at 7:30 p.m. and March 7 at 2 p.m. in Bartlett Theatre.





THE CAST OF 'BALM IN GILEAD'

A conversation with JOHN MACKEY

KORI BARKLEY

Staff Writer

For the third event of the Ethos Newsound Festival. Fredonia's composition students were elated to spend this past week with renowned classical composer, John Mackey.

Holding degrees from the Cleveland Institute of Music and Juilliard, Mackey composes largely for wind ensembles and orchestra, though his chamber works and compositions for modern dance and ballet are distinguished, as well. Newsday has described him as "simply sensational," having a "high-energy style and a sharp theatrical sense, as well as a funny streak."

During his residency, Mackey worked with Fredonia's Wind Symphony, composition students and several chamber groups performing his pieces. I even got the chance to meet with him. We briefly bonded over the excessive cold that has plagued Fredonia before he told me about his inspirations and experience traveling around the world to commission music, as well as his favorite pastimes when he isn't composing.

Kori Barkley: What inspired you to compose initially?

John Mackey: There's not one thing really ... My parents were musicians, so I grew up around music but never actually learned to play an instrument. When I was about 10, my grandfather showed me how to write music using computer music software. So I started to take other people's music, like Bach or Beethoven, and program that into Finale, but I would also write my own music. The computer was kind of my instrument; I 'played' the computer. It was like a video game that I couldn't lose, so I thought it was really fun! I went to college for it, but I didn't know until I was a senior in high school that [composing] is what I wanted to do for a living.

KB: Whose work inspires you most today?

JM: There are a couple living composers that I really admire: John Adams is a big influence, Esa-Pekka Salonen, who was the director of the Los Angeles Philharmonic, is a big inspiration to the things I do now ... [Of] deceased composers I would have to say Samuel Barber. He was a big influence, especially when I was younger. And Stravinsky, of

KB: Since you don't physically play an instrument, do you find it hard to compose technically for instruments?

JM: No, because both conservatories I went to don't have music education degrees ... everyone there was great at their instruments, and they were not teaching anyone to teach instruments. As a result of that, there was no class to learn how to play a clarinet, for example. So while I know what instruments sound like, I don't know what goes into them. That means I don't have preferences for certain instruments, and I don't bring any bias about things that are too difficult; I'm generally just writing what I think sounds good and hope that it's playable.

KB: Do you have a compositional process or do you write whatever comes to mind?

JM: It depends on the piece, for sure. If it's a really long piece, I definitely plan it out really clearly without ever writing any notes initially. One of my teachers in [graduate] school taught us to think of writing music the way an architect would build a building. If you were an architect, you wouldn't start by picking out curtains. You would start by figuring out what the purpose of the building was, how big it needed to be to fit that purpose and what materials you use to build it. Music should be the same way. Figure out what the piece is about, how big of a

piece it needs to be to be able to accomplish that thing you want to accomplish and what instruments you need ... If I write a short piece, often I'll just start it and figure I can just see where it goes.

KB: What do you consider your biggest accomplishment compositionally?

JM: I think the piece I'm most proud of is a 30-minute symphony I did for [a] band that premiered about a year ago called "Wine Dark Sea." It was creatively exhausting to write a piece that size, because it took nine months to write ... but I was really happy to have done it, and it turned out okay, so I think that made it worth

KB: So you travel often. What has been your most memorable trip, and why?

JM: Oh, well that one's easy! "Wine Dark Sea" was actually commissioned by the University of Texas for the 100th Anniversary of their School of Music. Part of what they were doing for that anniversary was an around-the-world tour, so they took me and the piece on the tour ... We did 13 perfor-

largely Asia, but also in Hawaii, Taiwan and Hong Kong, a couple cities in Japan and a bunch in China and London. I'd never been to any of

was really fun getting to tour the cities and to perform. **KB:** You're also known for your interest in photography. Do any of your photos influence your

compositions, or vice versa?

those places except Japan, so that

JM: That would be fun! That would be really cool, except the problem is all the pictures I take are of food, my travels or my cat! So those wouldn't necessarily make the best pieces, like, a picture of sushi would make a pretty picture, but, you know. I think I like to keep them separate because the photography is a fun hobby, which, for me, is an escape from the music.

KB: Your blog [http://www. ostimusic.com/blog/] is a combination of a little bit of everything.

do this so followers connect with you on a more personal level?

Do

you

JM: I definitely do consciously have a mix of personal and work related stuff on all my [social media]. If everything was just about what concert I have, that would be really lame and everyone would unfollow me, but if most of it has to do with anything else, and I can sprinkle in stuff about my concerts, people are at least somewhat interested.

KB: Have you enjoyed your time at Fredonia?

JM: It's been wonderful! [The students] have kept me very, very busy. I've worked with six different ensembles, four chamber groups, two different bands and gave a bunch of lessons. It's been really great getting to meet so many people and hear really great performances. Everyone's been super nice and I had great wings, so I can't complain.



Funktional Flow at Ellicottville Brewing Company

VERONICA PENOYER

Special to The Leader

Fredonia definitely brought the musical diversity this past weekend. Ellicottville Brewing Company's makeshift stage was home to a funk, rock and reggae band known as Funktional Flow on Friday, Feb. 28, making it the second weekend in a row to draw a notable crowd.

The band consists of Jeff Kuebler on guitar and vocals, Ben Whelan on bass and Jim Edgar on drums. The band's neon-chill vibe could be heard outside of EBC despite the concert being located on the second level. The live instruments, from drums and guitars all the way to a saxophone, created a euphoric and serene atmosphere as the instruments harmonized over every miniscule chord.

The crowd itself was a different story. While the band was unique, the audience was an eye-pleaser. It the band. Although they only had when there were lyrics was painwasn't enough to sway in rhythmic motions with each other, or jump up and down to the changing beat of the song. To symbolize how much they enjoyed a certain repetitive melody, certain individuals would demonstrate a motion of reeling a fish in, the fish being a person. While "fish" were being caught, wine glasses were used as substitute props for simply fist pumping hands in the air.

Aside from the audience, the rumored chatter of just how great Funktional Flow really is didn't do them justice. Visually, the band had a designed logo on the kick drum with neon lights of blues and greens shining behind and through it. The personally-owned basses and guitars were unique to their style and smoothly polished. Unlike the previous weekend, EBC did a better job accommodating for the size of four people, the size of the instruments made the need for space more

The music varied from extensive rock guitar solos to a relaxed reggae beat. For only having one album released, the band played two full sets, including a mixed version of "Another Brick in the Wall" by Pink Floyd. The song started with an exact replica of the original version but surprised everyone with a lengthy Funktional Flow twist that left the audience wondering if they were ever going to resort back to the original. Thankfully, they fulfilled those hopes and played the ending of the song like they played the beginning..

It was clear that instrumental harmony was Funktional Flow's key intention, rather than vocal harmony, and they succeeded. The lack of vocals and the lack of clarity

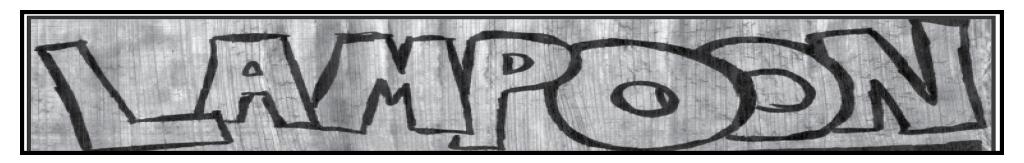
fully apparent. The lack of lyrics made it difficult to sing along and to identify any covers being played. Even when lyrics were being sung, the volume of the guitar and drums overpowered any voice over the microphone; however, the instrumental melodies made up for the lack of lyrics. Once or twice the guitar and drums were so loud the speakers couldn't handle the power and made unpleasant cracking

But what they lacked was made up for with the flawless saxophone solo that dropped everyone's jaws.

"I liked the reggae style, but when the saxophone solo was introduced, it was mesmerizing," said Anthony Lasnik, a senior history major. "It drew me back into the music after the over extended and repetitive guitar sequences that happened in almost every song."

Funktional Flow has been together for nearly six years. They have established a well-known presence in the Buffalo region and are making steps towards broadening their fans in the Northeast, as well as internationally. They have shared the stage with many local bands including: The Revivalists, Dopapod, Floodwood and The Werks. They have also performing at eminent festivals such as: Catskill Chill, Bears Picnic, Night Lights Music Festival and Camp Easy wind.

Most notably, the band will headline the annual Buffalove Music Festival in Western New York, a multiple-night camping and music festival built around the band. When they're not touring across the Northeast, they can be found playing sold-out shows at the legendary jam hot spot, Nietzsche's.



Op-Ed: Pornography gave me unrealistic expectations about the number of available delivery jobs out there

PAUL E. AMOREE

Special to The Lampoon

I used to be like any other American dude: I drank my ketchup every day like a good boy. I fired my assault rifle into the air seven times a day — that's two more than the five times mandated for every American citizen. Then, like every other American, I'd go home, make myself a beer float (it's just a beer with a bunch of ice cream in it) and hunker down to watch 90 to 120 minutes of pornography.

But then something changed. You might say I grew up. It all started one day when I took a look at the world around me, and then at my beloved pornography. To this day I don't know why, but it was like a veil was lifted from my eyes. I could see clearly, and I knew that something did not match up. Pornography was a fiction: there was simply no way that there were anywhere near that

many delivery jobs in this area.

I mean, think about it — unless you're in a seriously metropolitan area, the odds that you're going to find more than, like, five pizza places vying for the same customers are just astronomical. It's just not going to be profitable for these kinds of businesses to all try the same thing in the same area.

Look, I'm not trying to say there aren't delivery jobs. There definitely are. I just think some attention should be drawn to the unrealistic portrayal of the abundance of delivery jobs that pornography gives young men. They're out there, and when a young man gets his first delivery job, it can be healthy and fulfilling, but if he's been led astray by a seductive (but ultimately hollow) vision of the good times, fast living and easy pickings of the delivery business, he's going to have a bad time.

Local stupid moron in serious debt

ANNE ARKEY

Special to The Lampoon

In an announcement issued Friday night, Fredonia student and complete idiot Anne Arkey, 22, admitted to having "really gone and done it this time," saying she was "absolutely screwed" if she could not find a solution to the "like forty thousand dollars with a million percent interest" that she owes in student loans.

"I'm so dumb and stupid," she told reporters. "Oh my god, I'm literally like a fish or a lizard or some animal that only has the brain functions necessary to eat or whatever. I'm an idiot. I can't believe I got myself so deep in this."

Her friends seem to agree. "Anne is definitely a dumbass moron," said literally everyone she knows. "She should've gone to work in a factory right out of high school. Or been born in Europe, where she wouldn't

have had to burden herself with all this crushing debt that will damn her to a life of poverty, anxiety, smoking Kool brand cigarettes and eating tuna right out of the can for dinner."

Research suggests that Arkey will likely die alone, with her debt unpaid. The great, dark looming presence of the massive loans she's accrued over the last few years will likely frighten away every potential longterm romantic partner she encounters in her life — which is fine because she didn't really want to get married anyway, but it was kind of nice to know it was always there, as a possibility — but which will still likely suck, overall. At least she will have the small comfort of knowing that her unpaid debt won't be handed off to someone close to her, because there will be no one close to her. All thanks to how dumb and stupid she is. Idiot. Idiot.

The Lampoon presents:

KAPRIE CORN Staff Lampoonist

this week's horoscope

CAPRICORN:

Be mindful of your dreams this week Capricorn, they are actually premonitions and you are psychic. So that dream you had of being naked in the snow will actually happen; try not to get naked-lapped this weekend.

AQUARIUS:

Be careful when you are ordering Starbucks this week because that grande jade citrus tea is gonna be filled way too high and if you don't use a green stopper thing it will spill all over your hand and it's not gonna feel nice.

PISCES:

Love is in the air for you this week. That cute kid in your Biology class has been giving you the eye for weeks, so go up to them! I guarantee that they will not not reject you in front of the entire class!

ARIES:

Have you ever tried slam poetry? I feel like you have a lot to say this week, and getting it out in the form of loud words and incredibly long pauses would be ideal. When you read your rant about the weather, wear a beanie with dreads attached to it just because you can.

TAURUS:

The stresses of what to get at Willy's has been weighing heavily on your conscience lately. Should you get under-cooked stir fry, or wilting spinach? What about some cold pizza? You are bombarded with choices, but fear not! Try thinking of a letter, and whatever letter pops into your head, get a food that starts with that letter.

GEMINI:

Treat yourself this week, Gemini! Go on a spontaneous day trip to the mall and spend way too much money because you've been stressed out and you deserve it.

CANCER:

You know what you need? A fish. Go buy yourself a goldfish and keep him in a mason jar on your desk. Just don't keep him on your microwave because that is a slow and painful way to kill a fish. Also don't let your roommate feed them because you will walk in one day and you will see a million fish flakes floating in the bowl and your roommate will say they didn't do it but you know they did.

LEO:

Cheer up, sunshine! Only a few more weeks until Spring Break; then you can finally sit around all day in your pajamas and eat chips and chocolate sponge candy and watch Netflix without any guilt ... oh wait, you already do that now. Well, keep up the good work!

VIRGO:

Virgo, Virgo, Virgo ... why did you agree to go out with that person from your COMM 101 class? All I can say now is just tell them you are moving to Nebraska and maybe sit in the back of your class for the rest of the semester. That will hopefully work.

LIBRA:

If you are worried about your interview you have coming up this week, Libra, don't be. And Elizabeth, remember, you are a smart, strong, beautiful, independent woman and you don't need a man to complete you.

SCORPIO:

Watch out! There's a spider behind you!

SAGITTARIUS:

Before you do that walk of shame this week from Grissom, make sure you check that you have your shoes on; it is winter out there and you don't need to be losing toes over that bad one-night stand.



45 Norton Place

4 bedrooms, all utilities included washer & dryer 2600 person/per semester

text scott: 716 785 5146 or call: 716 672 6236





Children and Grandchildren of Fredonia Alumni Scholarship for 2015-2016

Scholarships for children and grandchildren of Fredonia Alumni are available for the 2015 – 2016 academic year. To apply – go online to Fredonia.edu, click on alumni, click on scholarship and type the application. Print out the application, add two letters of reference and mail/drop off your scholarship packet to:

Alumni House 286 Central Ave. Fredonia, NY 14063

There is a mailbox by the side of the main door if office is closed.

Deadline to apply is Monday, April 6, 2015

Undergraduate Alumni Council Scholarship for 2015-2016



Must be a sophomore or junior to apply, have a well-rounded complement of activities and at least a 3.0 GPA or above. To apply, go online to Fredonia.edu, click on alumni, click on scholarship and type the application. Print out the application, add two letters of reference and mail or drop off your scholarship packet to:

Alumni House 286 Central Ave. Fredonia, NY 14063

There is a mailbox by the side of the main door if office is closed.

Deadline to apply is Monday, April 6, 2015

<u>ATTENTION JUNIORS!</u>

ALMA MATER SOCIETY
FREDONIA'S HIGHEST NON-ACADEMIC HONOR
SOCIETY

IS NOW ACCEPTING APPLICATIONS

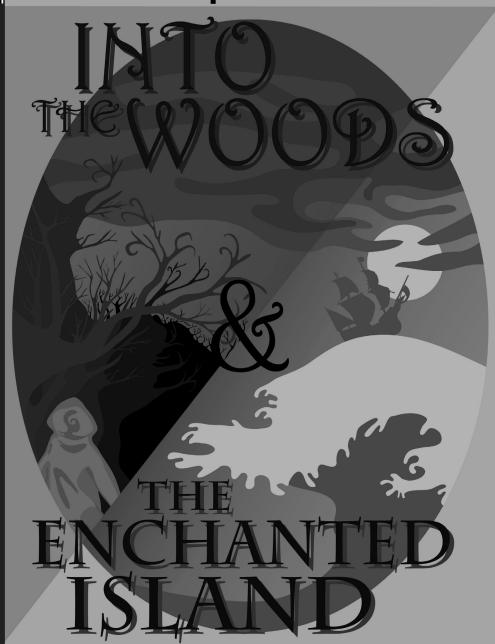
If you are a Junior (by credits), or first semester Senior (by academic acceleration) and you have made outstanding non-academic contributions to SUNY Fredonia, you are eligible to apply for induction into the Society.

PLEASE PICK UP AN APPLICATION AT THE STUDENT ASSOCIATION OFFICE G-107 WILLIAMS CENTER

FOR FURTHER INFORMATION
PLEASE CALL KATHY CARRUS (S.A. OFFICE)
673-3381

APPLICATIONS WILL BE ACCEPTED FROM FEB. 23, 2015 TO MAR. 13, 2015 IN THE STUDENT ASSOCIATION OFFICE (located in the Williams Center)

The Student Opera Theatre Association Presents... Opera Scenes 2015



-March 6 (7PM) March 7 (2PM) & March 8 (2PM)-

Held at the 1891 Fredonia Opera House Church Street, Fredonia, 14063 Call for tickets (716) 679-1891 \$10 General Admission, \$8 Seniors, \$5 Students

B-11



Indoor track shatters records at SUNYAC

DYLAN FORMANStaff Writer

Wednesday

On Friday and Saturday, the men and women's indoor track and field team traveled to SUNY Brockport to compete in the SUNYAC championships. Out of eight total teams, the men were able to finish in fourth place, with the women's team finishing sixth.

Leading the way for the men, in several distance events, was senior standout Zakk Hess. In the 3000m run, Hess was able to break his own school record and take first place with a new record time of 8:29. With this time, he was able to finish well ahead of the rest of the field, winning by about seven seconds.

Also placing in the 3K was junior Kyle Collins, who was able to take fifth place with a time of 8:38. Coming in ninth place was senior Chris Shartrand in 8:51. In the

5000m run, Hess continued his dominance by taking second place with a time of 15:06, a mere 1.58 seconds behind the winner. Shartrand also placed in the 5K in seventh place, along with Collins in sixth. Their times were 15:30 and 15:29, respectively.

The strong finish continued in the other distance races, as well. In the mile run, junior Collin Mulcahy took second place overall with an astounding time of 4:15. Mulcahy was also able to score in the 800m run, placing eighth. His preliminary round time of 1:54.91 was a new personal best. Also placing well in the 800m was junior Nick Watson and sophomore Pat Shenal. Watson's time of 1:56 was able to earn him fourth place overall, while Shenal finished in sixth place in 1:58.

The men's distance medley relay team of Steve Whittemore, Mulcahy and freshmen Chase Towse and Jack Erhard, See Indoor track page B-12

Softball team optimistic about upcoming season

CURTIS HENRY

Special to The Leader

After a forgettable 2014 campaign for the Fredonia softball team, the Lady Blue Devils will look to right the ship in 2015. The team enters this season ranked seventh in the SUNYAC preseason coaches poll, one position short of what is needed to make the SUNYAC playoffs. That ranking comes after the 2014 team finished with a record of 9-18 (6-12 in conference play) and fell short of qualifying for SUNYACs by just one game.

The general outlook of the team and coaches, however, is much more optimistic than their ranking would suggest. The team enters this season having only lost one player from a year ago to graduation. This also happens to be head coach Tony Ciccarello's second

full season with the team. He thinks that will be a big help in regard to making strides this season.

"They [the team] are so much more comfortable now," Ciccarello said. "Last year I came in so late that it took some time for them to get acclimated."

When it comes to specific areas in which the team needs to improve, Ciccarello was adamant about one thing: fundamentals.

"We struggled throwing and catching last season, we were at the bottom of the conference in fielding percentage," Ciccarello said. "That needs to improve.

"We need to play well — it's not necessarily about wins and losses. I can walk away from a loss when we played well, and that's okay. But we can't be playing lousy. I have high expectations."

Having only lost one senior, this

See Softball page B-12

Softball

continued from B-11

team has a great opportunity to make some noise in SUNYAC play this season. Team captain Kate Nicholson thinks its time for this year's team to take the next step.

"I think our main goal this season is to finally give Fredonia softball a name and to do so by making SUNYACs," Nicholson said. "We've been the underdogs for the last few years, and we've been working really hard to change that."

Nicholson is coming off of a season in which she hit a teamhigh .354. Although she lead the team in batting a season ago, she doesn't look to set her standards unreasonably high going into her senior season.

"I'm trying really hard not to put a lot of pressure on myself to have a standout year," she said. "My main focus is to have fun with my teammates and enjoy my last season."

The team will open up with 12 games in Florida from March 13-20. After that, the squad will return to New York to begin SUNYAC play at home against Geneseo on March 27.

Indoor track continued from B-11

was able to finish in third place with a collective time of 10:31.

The strong performances continued into the field events. In the triple jump, freshman Rocky Caparro finished in sixth place to score for the Blue Devils with a jump of 13.33 meters. In shot put, freshman Damone Brown was able to finish in seventh place to score with a throw of 14.31 meters.

Finally, in the men's heptathlon, which consisted of a variety of events that displayed the overall athletic capabilities of the individual, the men were able to place several competitors. In third place, with 4355 points, freshman Mitch Paciga finished just ahead of senior teammate Douglas Imperi, who finished in fourth place with 4270 points.

The men's team was able to finish in fourth place with 83.5 points as a team. Winning with a point total of 152 was SUNY Oneonta.

The women also impressed the competition this past weekend with several athletes scoring among the top in their events.

In the 3000m run, junior Lauren Kotas shattered the Fredonia school record with a time of 10:18. The previous record had stood since 1990. Not only did her time break a 25-year-old record, but it was also enough to take first place overall and earn the SUNYAC 3K crown.

Kotas was not the only SUNYAC individual champion



ZAKK HESS WINS THE SUNYAC 3K

this weekend, as Laura Morrison was able to finish in the front of the field in the 800m run with a stunning time of 2:16. With a win margin of nearly four seconds, Morrison was able to run away with the win.

In pole vault, the women were

able to dominate the field with three of the top four athletes being from Fredonia. Finishing in second place was junior Olivia Kurbs with a height of 3.50 meters. Finishing closely behind her in third and fourth place was freshman Julia Schreier (3.35m) and freshman

Kristen Sawyer (3.20m).

The track and field teams will next compete in the ECAC Championships.

Park Place

ONE PRICE COVERS EVERYTHING!

- **ALL UTILITIES INCLUDED**
- FREE HIGH-SPEED INTERNET
- FREE LAUNDRY
- **FULLY FURNISHED**

\$2790/semester

Call 716.672.8000

Quality, Affordable, All-Inclusive Housing

24-hour Maintenance • Secured Entry with Intercom • Off-Campus Lifestyle

www.theparkplaceapts.com



70 Brigham Road Fredonia, NY 14063