



THE LEADER

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OVERTAKE CAMPUS

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NEWS

Becoming an active student: start by attending Activities Night



AMBER MATTICE

Managing Editor

Incoming freshmen looking to become active on campus should look no further than attending Activities Night. This event is presented by the Spectrum Entertainment group every semester. It gives new and current students the chance to share interests with others or get involved on campus and is held every semester.

All clubs are given the chance to attract new members. New clubs, especially, are able to put their name out onto the campus and gain more traction among students.

Newly recognized clubs for students are the Video Game Development Club, the Philosophical Society and Under This Bonnet. According to their mission statement, Under This Bonnet was formed for “educating and providing a safe space for all students with kinky, curly and coily hair.”

Activities Night features tables for several of the groups on campus and allows students the opportunity to become introduced and familiar with their options for extracurriculars.

“Going to Activities Night is the easiest way to sign up for clubs and meet people with whom you share similar interests. Not only do you make connections and have a good time, but seeing what other Fredonia students can do makes you feel proud to be a Fredonia student and be a part of that,” said Hannah Apthorpe, a junior public relations major and the current vice president of the

Student Association.

In order to have a table at Activities Night, all clubs must fill out a form with the Student Association but Spectrum decides the order of the tables and what clubs are placed next to one another for the duration of the event.

It is an important event on campus for students and clubs because it allows for everyone on campus to come together and find shared interests while also meeting new people and figuring out what they want to dedicate their time to while they attend Fredonia.

“Activities Night is one of those events where you really feel campus come alive. It's exciting and full of promise for people looking to become a part of something,” said Apthorpe.

While it can be overwhelming to walk through the sea of tables and listen to various students pitching why their club is the best, it is important to keep an open mind and join everything that peaks your interest.

“I say sign up for everything, then whittle the list down. Don't be afraid to join something you normally wouldn't join. At college, it's always the right place and the right time to try something new,” said Apthorpe.

The beginning of every semester is a great time to try something new and Activities Night offers the perfect place to dive into the college experience and see everything that this campus has to offer.



On the Cover:

Entrance of the Williams Center.

Angelina Dohre/Photo Editor

Faces of Fredonia: who to know on campus

JOSH RANNEY

News Editor

President Virginia Horvath



Horvath served as the vice president of Academic Affairs from 2005-2012 before taking her current position. She is a graduate of the State University of New York College at Buffalo where she received a B.A. in English, as well as a graduate of Kent State University, where she received her M.A. and PhD. She has two dogs, named Winifred (Freddie) and Donna, and can be seen regularly around campus attending various events and performances. Her office is located in 138 Fenton Hall.

Vice President of Enrollment and Student Services Cedric Howard



A native of Macon, Georgia, Howard obtained his position in September 2016. He received an M.A. in educational administration from the University of Tennessee at Chattanooga, as well as a PhD in higher and adult education from the University of Memphis. He has worked with the Boys and Girls Club of South Puget Sound and is a licensed varsity official for Women's Basketball. He has two children; a daughter named Cedrice and a son named Cedric. His hobbies include golf, outdoor recreation and Shakespeare festivals. The office of Enrollment and Student Services is located on the second floor of Fenton Hall.

President of the Student Association Connor Aitcheson



The current president of the Student Association, Aitcheson was elected in 2017 as a junior having already served as a class representative and assistant speaker of the assembly. A native of Dunkirk, New York and a Spanish adolescence education major, Aitcheson can be reached at sa.president@fredonia.edu Aitcheson's favorite thing about Fredonia is, "The abundance of ways to get involved outside of the classroom. Everyone is able to find their niche regardless of their interests. There [are] many opportunities to build relationships, develop professionally and make the most of your college experience." Aitcheson can be found in his office in the Williams Center, room G-107.

Vice President of the Student Association Hannah Apthorpe



The current vice president of the Student Association, Apthorpe was elected alongside Aitcheson in 2017. A native of Honeoye Falls, New York, Apthorpe is a public relations major. Her responsibilities include serving as the chairperson of the Spring and Fall Summits for the campus clubs, as well as personally meeting with all newly recognized campus clubs. For a fun fact, Apthorpe says she knows it is probably hard to believe, but she is a distant cousin of Abraham Lincoln. Apthorpe can also be found in her office in the Williams Center, G-107. She can be reached at savicepresident@fredonia.edu.

The Student Association



A great resource for any new student, the Student Association is a government run by the students and for the students of SUNY Fredonia. Supported by the mandatory Student Activities Fee, the Student Association is responsible for all of the roughly 170 different clubs on campus. There are many ways to get involved with SA, including starting a new club, joining an existing one or serving on one of the various boards for the Student Association including the class representatives, court justices, executives, executive committee chairs and committee members. To learn more about SA, or to browse over the list of campus clubs and who to contact to join, visit sa.fredonia.edu or stop by the offices in G-107 in the Williams Center.

Photos courtesy of Matthew Anderson, Facebook, and Corey Maher/Former Photo Editor. Logo courtesy of fredonia.edu

Places to know...



SETH MICHAEL MEYER
Staff Writer

In your time here at Fredonia, you will become accustomed to campus resources—where they are and what they provide—along with enjoyable places to go on and off campus. Such places are important to know and it's good to have a head start. Here are some places you may find resourceful on and off Fredonia's campus.

On campus

The Intercultural Center

Directed by Khristian King, the Intercultural Center is the hub for programs and activities centered on diversity. In the Fall of 2017, Fredonia welcomed its most diverse class and the Intercultural Center (IC) was a welcoming presence where peoples of different backgrounds can share their culture. The IC facilitates 14 Student Association recognized groups who all have a purpose of sharing their cultures with campus. Stop in to the IC in E125 Thompson Hall if you're interested in joining one of those groups or just stop in to say hi!

The Student Health Center

Living through the harsh seasons of Western New York you are bound to, at least, catch a cold and when you do the Student Health Center in LoGrosso has got your back. Debby Dibble and her staff of physicians, practitioners, physician assistants and nurses are here to help in the event of any sort of medical need. Care on campus is free and is on a walk-in basis (but you can also schedule an appointment). Some medical needs, however, cannot be fully treated at the health center in which case free transportation to Brooks Memorial Hospital in Dunkirk is available. The Health Center's hours are Mon-Fri 8:30 a.m. to 5 p.m.

The Tower Lounge

A personal favorite of mine, the Tower Lounge, located in the Reed Library is the perfect place for those who need the peace and quiet to put their nose into a book or grind out a homework assignment. To get there, you need to enter the Reed Library and walk South into the Carnahan-Jackson wing. From there, take the elevator to the fourth floor and the signs shall lead you to the tower. Inside is a scene of grandeur with a long table in the center and a large staircase on the edge of the room to lead you to the second floor of the lounge. You may find this seclusion to be incredibly peaceful when you need it.

Off campus

Big Dipper

When coming to Fredonia be sure to budget for ice cream because Big Dipper is too irresistible to pass up. Located at 950 Central Avenue, Big Dipper ice cream shop is unmatched with hundreds of combinations of flavors and cones. It's just a mile down the road which makes it excellent to go with friends after a long day of classes. Big Dipper is an excellent shop that proves the value of small businesses here in the area.

Upper Crust

Speaking of small business, I definitely suggest a visit to the Upper Crust Bake House at 27 East Main Street. If you ask a student where to get "comfort food," Upper Crust is always the most trusted answer with its long menu of paninis and soups. Upper Crust prides itself in over twenty years of serving great food with natural ingredients, which their website refers to as "the same ones your Grandmother used." So might I suggest the turkey and cheddar and a pastry to go.

Point Gratiot Park

Up along the Lake Erie coast on the west side of Dunkirk is a piece of paradise that the locals call Point Gratiot Park. Its natural beachfront coupled with the pavilions and playgrounds makes for a fun day of outdoor adventures. This park is the perfect play for locals to bring their dogs, for club activities, and for photoshoots during golden hour. The beauty and sense of community definitely warrants a trip to Point Gratiot Park. Bring a frisbee and some friends and you're guaranteed a great time.



Fredonia's campus clock tower sits between the Maytum and Thompson halls. Angelina Dohre/Photo Editor

The Intercultural Center: promoting inclusion and diversity to the Fredonia campus

JACOB SANTOS

Special to The Leader

Each year, thousands of students from different backgrounds, cultures and identities come to SUNY Fredonia for the sake of pursuing a successful future. These students range in different races, ethnicities, cultures, traditions, countries of origin, gender identities, sexual orientations, etc.

Since 1997, the Intercultural Center (IC) has been a driving force to promote inclusion and diversity by implementing cultural, educational and social programs.

The organization overarches numerous student-run cultural clubs, in an attempt to create cross-cultural dialogue and interaction. They often hold general body meetings and special events throughout the academic year, open for all students to attend.

There are currently 13 clubs affiliated with the Intercultural Center, them being: African Student Union, Black Student Union, Brother 2 Brother, Caribbean Student Association, Chinese Club, Fredonia Feminists, Hillel, International Club, Japanese Club, Latinos Unidos, Native American Student Union and Pride Alliance. There is also Alpha Psi Lambda, a co-ed Latino-interest fraternity, that was recently established.

While the Intercultural Center is most known for its various cultural clubs, the organization ensures to provide scholarships such as Keeper of the Dream and the Rosa Parks competition. The IC offers a mentor program for freshmen and international students, internships, as well as the annual Men of Color summit.

Over the last few semesters, the Intercultural Center has experienced a series of changes to revamp and improve its mission and services. Much of the ideas and changes were lead by Khristian King, who has served as the IC's director



Photo courtesy of fredonia.edu

since the Fall 2016. Some of these changes include incorporating more cultural clubs with the Intercultural Center, as well as integrating its resources with International Student Services (ISS), lead by Jacob Czelusta. The ISS aims to provide services and assistance for students studying abroad in the United States from other countries.

The Intercultural Center's office is located on the first floor of Thompson Hall, in room E125. The office has a student lounge, open to everyone to study or chat. The lounge also provides computers and a number of socio-cultural books to borrow from.

The IC also has the Global Connections Lounge, located on the second floor of the Williams Center, which is adjacent to the ISS.

Since the Fall 2017, the Intercultural Center has been engaging with Fredonia's

counseling center, with the creation of the "Let's Talk" program. Every week, counselor Ivory Brooks holds walk-in hours in the IC office, where students can meet and talk about a number of issues. Brooks specializes in counseling LGBTQ and students of color.

For the past 21 years, the Intercultural Center has been a stronghold for the broader Fredonia campus by promoting inclusion and diversity among all students. Everyone is welcome and highly encouraged to be involved with the Intercultural Center or join any of its affiliated cultural clubs.

For more information, visit www.fredonia.edu/intercultural.

Life & Arts

A guide to all things 'hipster trash' in Fredonia



AMBER MATTICE
Managing Editor

If you like coffee, gross old books and are really snobby about vinyl, then you just might be a hipster trash college student like me.

Fredonia is the perfect place for all of your hipster needs; whether that is adorable little coffee shops, various music events (especially house shows) or tiny bookstores with the greatest finds, it's got it all.

I was pretty certain that Fredonia was going to have my heart when I walked around campus within the first week and there were a bunch of people playing acoustic guitars in the grass.

Also hammocks. Hammocks everywhere.

In order to help Fredonia feel as much like home to you as it does for me, I'm gonna give you a list of the most perfectly hipster things that I waste basically all of my time and phone storage appreciating:

1. Starbucks. Surprise, surprise. I love sitting in there and doing homework for countless hours during the weekend while drinking copious amounts of coffee. Extra points if you're chilling while jazz music is playing. Very hipster chic.

2. The sculptures on campus. The artwork in general is amazing to see, and there's always something new somewhere. Attend gallery openings in the Marion Art Gallery and support your fellow artsy peers.

3. Domus Fare. It's a super cute diner-esque restaurant here in good ol' Fredtown. Everyone who works there is the absolute sweetest AND the vegan chili is the bomb dot com.

4. 21 East Bookstore in Dunkirk. It's kind of hard to find, and I didn't discover it until recently, but holy wow is it adorable. They have a massive selection of books from an extensive Shakespeare collection to Jane Austen novels to books about Lilydale (I've bought all of those things from there). It's truly a book lover's dream come true.

5. Fredonia's Farmers' Market. Not only are the food trucks great (especially the soft serve ice cream), but all of the vendors are amazing and the products are really cool. I've gotten rose quartz and a tree ring from them, and it was great. Also,

think of all the locally grown fruits and veggies you could buy. I bet you're dying to go right now, huh?

6. Upper Crust. I'm talking about another cafe. Shocking, right? They have really good veggie chili and lavender lemonade. That was almost too hipster to say. Even for me. Wow.

7. There's a fricken ukulele club on campus. How cool is that? Do the things with the ukulele, you piece of hipster trash.

8. Open Mic Nights. Slam poetry is an art form after my own heart. Events like this happen across campus all of the time and are hosted by several of the clubs on campus.

No matter what you like to do, Fredonia is full of hidden gems that are just too good to not check out at least once. Even if you wouldn't consider yourself a hipster trash college student now, you probably will by the end of your first year. Trust me on this one.



Madison Spear/Staff Illustrator

The secret to grocery shopping on a college budget

BAILEY KUZMA

Special to The Leader

Moving away to school brings new responsibilities. Your parents are no longer there to do your laundry, clean your house and maybe the most important, cook for you.

Before we can cook, however, there is one important step that must be done — grocery shopping.

If done correctly, grocery shopping can be fun and make us feel good about ourselves when we are done. The only problem is that most college students are on a budget in terms of money and time. There are many techniques that a student can follow to make their college grocery shopping experience better.

Coupons are a huge must when grocery shopping.

No matter where you live, two things are probably true: you have internet access and you get the mail. Check your mailbox.

There should be a mailer that comes with coupons for anything from restaurants to automotive services. Grocery store coupons should also be delivered. These coupons can really save you a couple dollars, and a couple dollars in college goes a long way.

“My house goes online to the websites of the grocery stores here, Tops and Walmart, and they have a coupon section where you can print them out,” said junior medical technology major Lauren Woolston. “We take the time and print out the important ones of things we are going to be using each week.”

Another tactic to try and save money is making a list of everything you need to buy before you

go. Try your best to stick to it. You might think it's easier to get in your car, go to the grocery store and pick up whatever looks good when you get there, but that is an easy way to run up your grocery bill very quickly.

“The first time I went grocery shopping on my own, I tried the no-list approach. I put things into my cart I thought looked good and useful to make dinners and stuff,” said senior public relations major Stephanie Vasta. “I ended up raking up a \$60 bill, \$60 I definitely didn't have to spend. From then on making a list before has saved me so much.”

Another tip is to buy what you need first (fruits, veggies, meats, etc.), and if you have money left over, then buy what you want next (snacks, desserts, etc.).

Reading the weekly grocery ads for your grocery store can also be a huge help. Every grocery store has a weekly circular that contains deals for that week. Google your grocery store and on its website you can find its ad for the week. Use this to plan your meals for the week. If there is a specific meat on sale, buy that meat and cook enough for the whole week. It will end up being a huge budget saver.

For pantry items that you like, when they go on sale, make sure to stock up. Those items take awhile to go bad, so it helps if you can buy them in bulk when they are on sale. You can also buy and freeze stuff. This keeps things good for longer.

Remembering to eat regularly in college is hard enough as it is and having to actually prepare the meals makes it that much more difficult. Budgeting time and money is key to staying healthy and functioning as an adult so try to keep these tips in mind as the year progresses.

“If done correctly, grocery shopping can be fun and make us feel good about ourselves when we are done. The only problem is that most college students are on a budget in terms of money and time.”

Another article about why you should study abroad

A student reflects on her time in Perugia, Italy



AMBER MATTICE
Managing Editor

To all potential world travellers and whomever just happened to land on this page,

This is going to sound painfully cliché but, if you are thinking about studying abroad, please do. It will change your life.

I knew I wanted to study abroad from the moment I was accepted into college. I wanted to travel to Italy more than anything in the world and I was determined to make it happen. The process was stressful, terrifying and so rewarding. Erin Willis, the study abroad advisor in the Office of International Education, has definitely seen me at my worst but I managed to get through it.

Fast forward to now. I just got back from the most magical four months of my life. I spent them living in Perugia, Italy, travelling around the beautiful country (and other parts of Europe) and just living my life to the fullest.

If you are uncertain about leaving your home, family and friends behind, I totally get it. But taking that leap and immersing yourself into a new culture is worth it. If I hadn't forced myself to go, I wouldn't be who I am right now, writing an article about travelling to new parts of the world. So, if you want some advice to get you through the inevitable panic attacks, here's some things I've learned over the past semester.

- 1. Spend money on experiences.** Obviously souvenirs are great and little momentos are a must when going to new places but you will regret getting so many when you have to buy a carry-on suitcase just to fit all of the excess you've compiled over your time abroad. There is so much to see so spend money on seeing those things and also treat yourself to some more gelato. Trust me when I say that you WILL go into withdrawals once you're back in the States.
- 2. You will make friends so don't stress.** I am a relatively shy human being and I was so scared that I wouldn't live with people that I liked or wouldn't be able to make friends living in a new place, let alone a new country. Little did I know that my roommates would become three of my life-long friends and three people that I love so much. Also, I met so many people from different countries. Talk to locals and fight the language barrier!
- 3. Speak the language.** I cannot stress this enough. If you are studying in a country

whose language is different from yours, learn it and try your hardest to speak it. My biggest pet peeve abroad was meeting students in my program who didn't care to even try to speak Italian. Your job as a student there is to immerse yourself as best you can and being able to speak to locals in their language is a part of that. They will appreciate it more than you know now and you will feel so accomplished when you hold your first conversation with someone in a new language.

4. Take pictures and then take some more.

I took over 5,000 pictures and videos while I was abroad. While this is ridiculously excessive, I am so glad I did. Whether they were stupid ones of my friends at our favorite bar or the sunset from my favorite lookout, I took pictures of everything. While Perugia is still fresh in my mind and looking at the pictures makes me feel so homesick for Italy, I will appreciate them in a few months.

5. Be prepared for the post-travel depression.

While your return should be far from your mind right now, I felt that it was important to mention my struggle of coming back to America after living in Europe. Wherever you are studying will begin to feel like home and when you start to notice who the tourists are, that's when you know you are really a part of the community you have been living in over the past semester. When you have to leave your heart will hurt. I am currently struggling through it but it does not mean that the experience was any less worth it. You will come back changed. The desire to travel will always be with you but if nothing else, that just gives you a reason to go back, right?

So give in to the wanderlust and take the world in your hands. You've got this.

Sincerely,

A girl homesick for the place she left behind



Amber Mattice/Managing Editor



Tyler Huk takes the stage with his acapella group, Premium Blend.
Bethany Clancy/Staff Writer



Ghostpool closes out the night at BJ's. Bethany Clancy/Staff Writer



Michaela Lincoln, junior theatre arts major and Kaitlyn Meegan, junior theatre arts and communication: media management double major, pose with Thurston. Bethany Clancy/Staff Writer

Fred Photos



An old fashioned bike sits outside the Reed Library.
Angelina Dohre/Photo Editor



Flowers align the sidewalk across from the Williams Center. Angelina Dohre/Photo Editor



A Basset Hound at the Lend A Paw event. Bethany Clancy/Staff Writer

OPINION

From the Desk of Travis LeFevre, Editor in Chief

Becoming Editor in Chief got me thinking about a lot of things. How's next year going to play out? What decisions am I going to have to make? Who the hell thought I was qualified for this position?

Regardless, one of the biggest things that got me thinking is, what got me involved in The Leader? To avoid any potential headache for incoming first-year students, I'll give you a spoiler alert: it's effortless to get involved with your friendly neighborhood campus newspaper.

We're a pretty friendly bunch of ne'er do wells which will welcome everyone. We are always looking for new writers, artists, photographers and business-y folk to bring fresh and new perspectives to our environment.



Photo courtesy of Patricia Maess.

While this is an excellent opportunity for journalism majors, you don't even have to be in the communication department to be an active and contributing member of The Leader. We are continually using illustrations and photos to compliment the stories we put out on a weekly basis. Based on personal experience, I can confirm that nothing beats seeing your work published in print.

The Leader has a variety of topics to write about. In a broad spectrum, we cover news, pop culture, sports and we even have a satirical writing section for you people with the jokes out there.

More specifically, if student government is what makes you tick, you can write for News. If you love the newest Charlie Puth album, you can freak out about it with Life & Arts. If you want to cover division 3 athletics and national sports topics, hop on the Sports bandwagon. Last, and certainly not least, if you just like to have fun and make people laugh, why not try your hand at The Scallion?

Now that my door-to-door salesman pitch is out of the way, how do you join?

Like I said before, we're pretty welcoming, so you could always just walk into our dainty little office. We are located at S206A in the Williams Center. If you don't know where that is, take a look around the Williams Center during orientation, I'm sure you'll be spending a lot of time there anyhow, so do something productive with it! Think of it as a less irritating non-competitive scavenger hunt. You can also catch us at Activities Night, which is essentially a job fair for campus clubs.

If the idea of interpersonal communication scares you, you are more than welcome to send us an email at leader@fredonia.edu. Just tell us your interests. If you're not sure, then don't sweat it. We can help you find your writing niche!

With that being said, I hope you have a great rest of your summer and we hope to see your name on the byline very soon!

VERBATIM

What's your favorite and least favorite thing about Fredonia?



**Timothy Snider, freshman
psychology and social work double major**

Favorite: "I guess my favorite thing about Fredonia is the diversity. Being from a gay background . . . I went to Elmira and it wasn't [diverse]."

Least Favorite: "The status of the buildings could be in better condition than what they are."



**Sarah Wood, junior
mathematics education major**

Favorite: "My favorite thing about Fredonia is the campus community life and how interactive the campus is and how many events they offer."

Least Favorite: "That the bridge is gone. That's my least favorite thing I want the bridge back . . . it rains a lot."



**Jabot Burton, senior
music industry major**

Favorite: "The people, definitely. I've met a lot of my close friends here and I like that."

Least Favorite: "My least favorite thing would be my business classes. I'm a business major but I hate my classes. They suck."



Mattea Guldy/Art Director



**Janie Mathew, senior
biology major**

Favorite: "They have an affiliate [medical] school program. I think that's really useful. I think they have a really good science program."

Least Favorite: "I guess maybe the fact that it's pretty far away from home. It's kind of isolated. You get used to it after a while but I guess it would be nice to have more shops hanging around."



**Oumou Seck, senior
chemistry major**

Favorite: "My favorite thing is how, when I first came here, it seemed like everybody was so friendly. The staff is so nice and helpful"

Least favorite: "After a couple of years, just being around the party culture gets a little tiring."

SPORTS

What makes a great coach?

AIDAN POLLARD

Sports Editor

A good coach needs to be just that — a coach.

Good coaches don't need ridiculous athletic résumés; they just need to understand the game they're coaching and understand how to lead a team or individual to victory.

If I were looking to find someone to coach me in any sport, I wouldn't look at whether or not they were a champion, I would look at whether they could see a potential better than the one that I see in myself.

Coaching comes from the love of a sport and not necessarily the ability to execute everything a coach needs a player to do. By that I mean that it's not necessary for a snowboarding coach to know how to do a double backflip to be able to coach an athlete on how to perform the trick. A hockey coach doesn't need to be comparable to Wayne Gretzky to understand how to coach a team to a Stanley Cup win.

Especially in sports like track and field or swimming, a head coach may have never attempted an event in which they are expected to produce a champion.

Jim Boeheim has more underdog wins than any other NCAA coach. This season alone, in all three of Syracuse's wins to advance to the Sweet 16, they were slated as the underdogs.

Boeheim is a hall of fame coach who will rank fourth all time in wins, while including redacted victories, and second all time as

a Division I coach. Fab Melo was an NCAA athlete who played without eligibility, forced Boeheim to forfeit a large amount of wins, but that doesn't necessarily discredit all the wins during the period Melo was playing without eligibility.

Boeheim has a win percentage of .738. He's one for three in championship games with five Final Fours, seven Elite Eights, 19 Sweet Sixteens and 33 March Madness appearances.

Next to Mike Krzyzewski of Duke, Boeheim is the second all time Division I coach in wins with one school, still including the redacted wins. He's only let the Syracuse Orange miss the tournament twice in consecutive years and has three gold medals for the U.S. Olympic team.

The only other coach with a résumé that can surpass this is Krzyzewski, with a .765 win rate and five national championships.

For that reason, Krzyzewski surpasses Boeheim as the greatest NCAA men's basketball coach of all time.

It's hard to argue against facts like win percentages, but it does say something when Boeheim and Krzyzewski are the two routinely picked to coach the USA Olympic team.

Coaches don't need to be all-star athletes, but they do need to be all-star leaders. That is exactly what Jim Boeheim is to Syracuse basketball.

"If I were looking to find someone to coach me in any sport, I wouldn't look at whether or not they were a champion, I would look at whether they could see a potential better than the one that I see in myself."

Balancing work and play

Statistics show student athletes have higher graduation rate than non-athletes



AVRIL KING

Social Media Manager and
Assistant Sports Editor

For years, the National Collegiate Athletic Association (NCAA) has been saying that participation in a sport at the collegiate level has developed students' abilities to be successful in their future careers. From leadership development to learning how to work as a member of a team, student have agreed that their work as an athlete was beneficial to them after graduation.

But, what about before graduation?

Graduation rates at Fredonia are calculated among student athletes and their cohorts who do not participate in sports in a six-year cycle. Therefore, according to Megan Valentine, the associate director of athletics at Fredonia, the department is preparing to submit their 2011 graduation rates to the NCAA shortly.

The most recently submitted numbers (which are from 2010), indicate that student athletes had a higher graduation rate than non-athletes.

"For the 2010 cohort, student-athletes graduated at a rate 15% points higher than the general student body," said Valentine.

This is no fluke.

The Fredonia Blue Devils website, which holds graduation records from 1997 to 2009, states that student athletes have been consistently graduating at a higher rate.

Between 2005 to 2009, the average college graduation rate for student athletes was around 76.4 percent. This is 11.6 percent higher than the average rate of non-athletes.

Overall, graduation rates among student athletes has been growing as well. According to the NCAA, these rates were up at 87 percent in

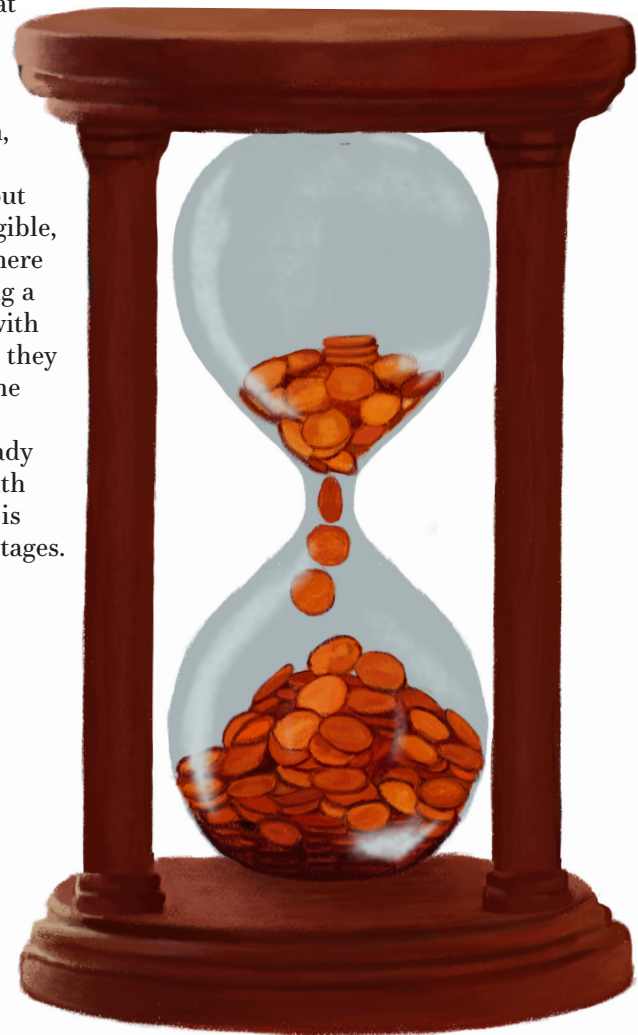
2017, as compared to 74 percent in 2002.

Much of this could be attributed to stronger regulations put on student athletes in terms of academic eligibility and performance penalties.

However, there are no clear and obvious reasons for why student athletes see more success when it comes to graduation, specifically for Fredonia. Valentine had a few ideas.

"It would be pure speculation to suggest reasons why student athletes graduate at higher rates," she said. "However, my professional opinion is that it helps for student retention to feel like they are part of something larger, i.e., a team, and that most teams have coaches and administrators intentionally watching out for them to ensure that they remain eligible, go to class, intervene if grades aren't where they should be, etcetera. I feel that being a part of a team has the ability to assist with mental health and, if people feel better, they typically perform better on and off of the field, ice, court, pool."

With the many advantages that already accompany being a student athlete, with the added success rate of graduating, it is difficult to see if there are any disadvantages.



Kathleen Fenton/Staff Illustrator

"... it helps for student retention to feel like they are part of something larger," said Megan Valentine."

'Seeing students ultimately be successful, that's what it's about'

David White: former Buffalo Bills player heads Fredonia's Educational Development Program

JAMAL HYPOLITE

Special to The Leader

Did you know that between the years of 1981-1999, SUNY Fredonia served as the Buffalo Bills' training camp?

Not many of today's students do. Many also don't know that one of their Bills returned: David White.

White played 12 years of professional football, retiring with the Buffalo Bills. He is also the head of the Educational Development Program at Fredonia, also known as EDP, and he brings the same pride and passion from the field to his workplace.

EDP is a need-based academic support program for incoming freshmen who are financially challenged or students deficient in academic preparation. As head of EDP, White recruits incoming students from all over who match this criteria.

He has background in recruitment from working five years in the office of admissions. He was the coordinator of minority recruitment and also coordinated multicultural weekend.

White said when he chose Fredonia he was, "taking advantage of an opportunity." While looking for his second career after football, he almost went to the University of Buffalo as an athletics advisor.

Instead, with the help of his wife, Monica White, who was assistant vice president at Fredonia at the time, he took his resume to administrators and, what was supposed to be an emergency hire due to a shortage of employees, later became a permanent position.

White has been EDP director for eight years now, with retirement nowhere in sight. After almost a decade, he still very much enjoys the work that he does.

"Seeing the day-to-day impact . . . [the] positive impact that I and this program are able to

have [is what I enjoy most]," he said. "Assisting a student in being as successful as they want to be, that's what I signed up to do."

It is clear that the students' success is also his. He said that he is always looking forward to commencement.

"Seeing students ultimately be successful, that's what it's about," he said.

Each summer, a new EDP class is introduced, and White spends a few weeks getting to know these students. He said that EDP is a need-based program so, first and foremost, these students come from a common place of need.

"When students get here, everyone wants to do well, but not everyone wants to put in the work to succeed," he said.

White finds that seeing these students find a balance between capability and accountability is common. He claims that some students find this balance quicker than others, partly because some fail to take advantage of the school's resources.

"Everyone in this program is certainly capable, it's just a matter of how accountable [they are]," he said.

One of his EPD students, Bradys DelVillar, said White taught him that "success is your decision."

"The number one thing is that they can be as successful as they want to be, despite all the obstacles that are in their way . . . and the key to that is utilizing the resources at your disposal," said White. "Last but not least, at some point, turn around and give something back . . . give something back to someone."

Most EDP students discover that White is a former Bills player by their second semester. It is quite evident that he brings traits from his time on the field to his current position. Work ethic is one of them.

"I was never the fastest guy on the team, I was never the strongest guy on the team, sometimes I think I might have been the smartest . . . but no one on any team I ever played on outworked me," he said.

"Being able to work as a team

is something I brought from football . . . and being able to problem solve and the value of preparation."



Photo courtesy of fredonia.edu

White spoke of his former coach for the Bills, Marv Levy, and what he taught them about preparation.

"If we have a good practice, and we prepare, good things are probably going to happen, not guaranteed, but the chances of us winning certainly increase," he said. "And that's a life lesson."

One of the qualities that Daniel Smith, an EDP advisor, stated that Mr. White possesses is determination.

"He is very goal oriented," said Smith. "EDP is circled around goals."

White is still involved with football today. He is active in the Bills Alumni Association and also coaches little league.

Anthony Hunter is one of the kids that White coached on the Pop Warner Youth Football team.

"He wouldn't let me quit at all, he kept pushing me," said Hunter. "He would even run with me to help me lose weight."

While White takes a new position on the field, he said that the only "playing" of football he does is on the Xbox and PlayStation.

In his free time, he enjoys cooking, along with eating. He keeps up to date with sporting events and does community service with his fraternity.

White sets a great example for his students and truly shows that hard work and dedication can take you beyond any goals you set for yourself.

***"Everyone in this program is certainly capable, it's just a matter of how accountable [they are],"* said David White.**



THE SCALLION

Generation Z is set to overtake campus *'Fredonia will never know what hit them!'*



PATRICK BENNETT
Staff Scallywag

As the end-of-summer sun rises and sets, new students have arrived on Fredonia's college campus.

Before learning new concepts in a collegiate context, the incoming freshman class used their parents' iPads to learn different math equations, geographical locations and cute fun facts about red crustaceans.

The influx of new students is what Fredonia cleverly calls the "Generation Z Takeover."

Since Generation Z is moving in, head architects,

engineers and people who make the delicious food in the campus cafeteria have teamed up to make campus more suitable to the population's needs. Massive renovations and bachelor's degree requirements have been altered.

For example, the showers in the dorm buildings will now be equipped with touch screen monitors to allow freshmen live tweeting privileges while showering.

"The idea is that freshmen will be able to tell their friends and followers what kinds of shampoo they prefer, if they use the hottest brand of body wash, if they use cute loofahs, etc. There definitely aren't pre-installed cameras in the monitors," creepy engineer man Donald

Witchita said, breathing heavily while sustaining a weird stare.

Some added bonuses for the students include free pairs of Crocs footwear provided by New York State's "What are those?!" clause.

Students will also benefit from the free pairs of orange jumpsuits they'll be required to wear on the daily. The jumpsuits are fully equipped with bluetooth surround-sound stereo systems fit to blast J. Cole at full volume.

The requirements for attaining a Bachelor's degree will include two new educational courses for students. The classes are "How to Interact With a Human Being Without Using a Screen 101" and "The Dude Writing this Article Full of Jokes Pertaining to How All Generation Z Does is Use Technology Really Needs to Chill 102."

"We're very excited about coming to Fredonia this semester and just killing it. Fredonia will never know what hit them!" incoming freshman Candace AppleTree screamed, on a Skype call powered by a massive iPad Pro.

Generation Z will arrive in August 2018, and Fredonia will be fully ready to accommodate the class with open arms.



"Some added bonuses for the students include free pairs of Crocs footwear provided by New York State's 'What are those?!' clause."

Hayley Patterson/Staff Illustrator

Ghosts of seniors past serve as orientation guides at Fredonia



Melissa Neuburger/Special to The Leader



EMMA PATTERSON
Editor of The Scallion

Orientation is exciting, nerve-wracking, exhausting — and now, it's spooky.

"I guess I just thought that my orientation guide would be, you know, a current student," one incoming freshman said, scratching his head in confusion as the soul of a previous student implored him to "rent from Chegg."

Fredonia recently implemented a new Ghost Guide program in which the souls of past students in their senior year serve as orientation guides for incoming new students.

"To be honest, we had all these lost souls just floating around and getting in the way," a representative from Student Affairs told The Scallion. "They cost too much money to maintain. It was either them or those new computers in the Science Center, so naturally

we put the souls to work."

One of these souls, which previously belonged to the class of 1982, Eileen Over, told us about how she became a Ghost Guide.

"Well, the last thing I remember is receiving my diploma," she said. "I guess my brain exploded from fear or stress or something. All I know is, I've been floating around this damn campus ever since. At least now I have something to do that doesn't involve Sunny's or Walmart."

Fellow Ghost Guide Billy Goate is enjoying his new career. "I'm trying my best to send these kids down the right path," he said as he lead the students as far away from Cranston Marche as possible. His goal, he says, is to teach the kids what he wished he had known as a freshman. "Step one: Sign up for an internship NOW, and not in a mad-rush your senior year," he said. "Step two: Ramen is your friend. Step three: Four

Loko is NOT your friend."

The main message the Ghost Guides seem to have for the students is to enjoy their time at Fredonia while it lasts.

"It gets so, so much worse," Ghost Guide Pete Yew told a terrified student, who had only wanted to know where the nearest avant-garde sculpture was. "Please, my adult-counterpart is currently working a 9-5 office job and he still has a roommate. Please be as crazy, productive and adventurous as you can."

As for how the students feel about the Ghost Guides, most are just glad that Fredonia has a thriving underworld.

"In this day and age, you never know when you'll want to escape to the gates of Hell just to get away from it all," one incoming freshman said.

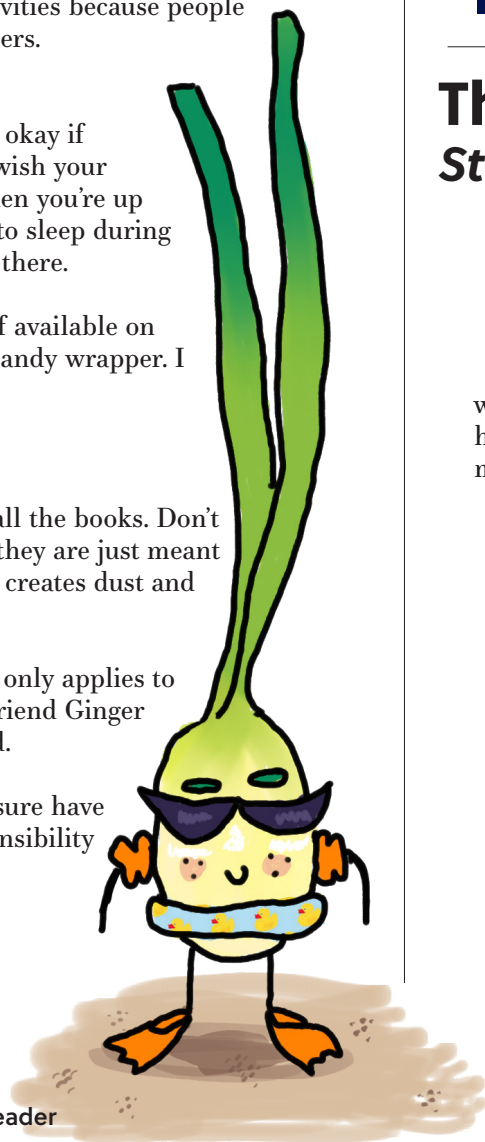
The Scallion — itself comprised of a few lost and confused Ghost Guides in training — agrees.

Hal Scallion's tips for new students



JACLYN SPIEZIA
Staff Scallywag

1. Shedding a few tears every now and then is normal. Homework is large and scary, sometimes it even squashes me, but I'm always okay in the end . . . well, almost always. You'll be fiiiiineee.
2. Jackets are for quitters. It gets cold around here. I thought that's why you all chose to come here. Oh, it's not? Well, respect the culture! Negative 14 degrees Fahrenheit, sounds like shorts and sandals weather to me!
3. Talk to people! When you do, you'll peel back layers of awkwardness and find out that the people around here are just as weird as you are. Well, actually, maybe don't talk to any of them because they are kind of weird. Come talk to me instead.
4. Don't take part in campus activities because people there eat my brothers and sisters.
5. Take lots of time to sleep. "It's okay if you miss a class" is what you wish your professors will tell you. So when you're up all night studying, make sure to sleep during class. You'll still be physically there.
6. Make use of the awesome stuff available on campus! Look, I just found a candy wrapper. I can't wait to play with it!
7. Be careful of gum; it's sticky.
8. Go to the library and look at all the books. Don't open any of them, though, as they are just meant to be seen. Opening them just creates dust and distress. Not cool.
9. Take a swim in the pool. This only applies to my hard-shelled friends. My friend Ginger Bread died in there. It was sad.
10. Have fun while you're here! I sure have had lots of fun avoiding responsibility — until finals week, that is!



Melissa Neuburger/Special to The Leader



The struggle is real Staff Scallywag fails to reach word count

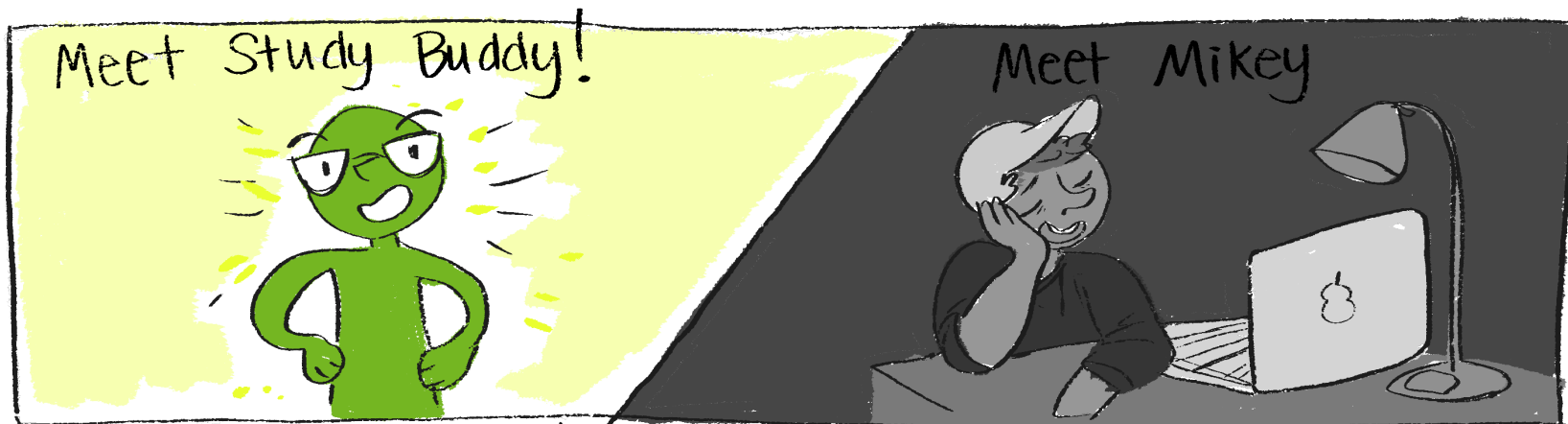


ALBERTO GONZALEZ
Staff Scallywag

Sometimes words are hard, and no matter what you do you just can't will them into a coherent existence, no matter how hard you try, no matter how intensely you stare at the blinking line on the page, words just will not materialize. Words are . . .

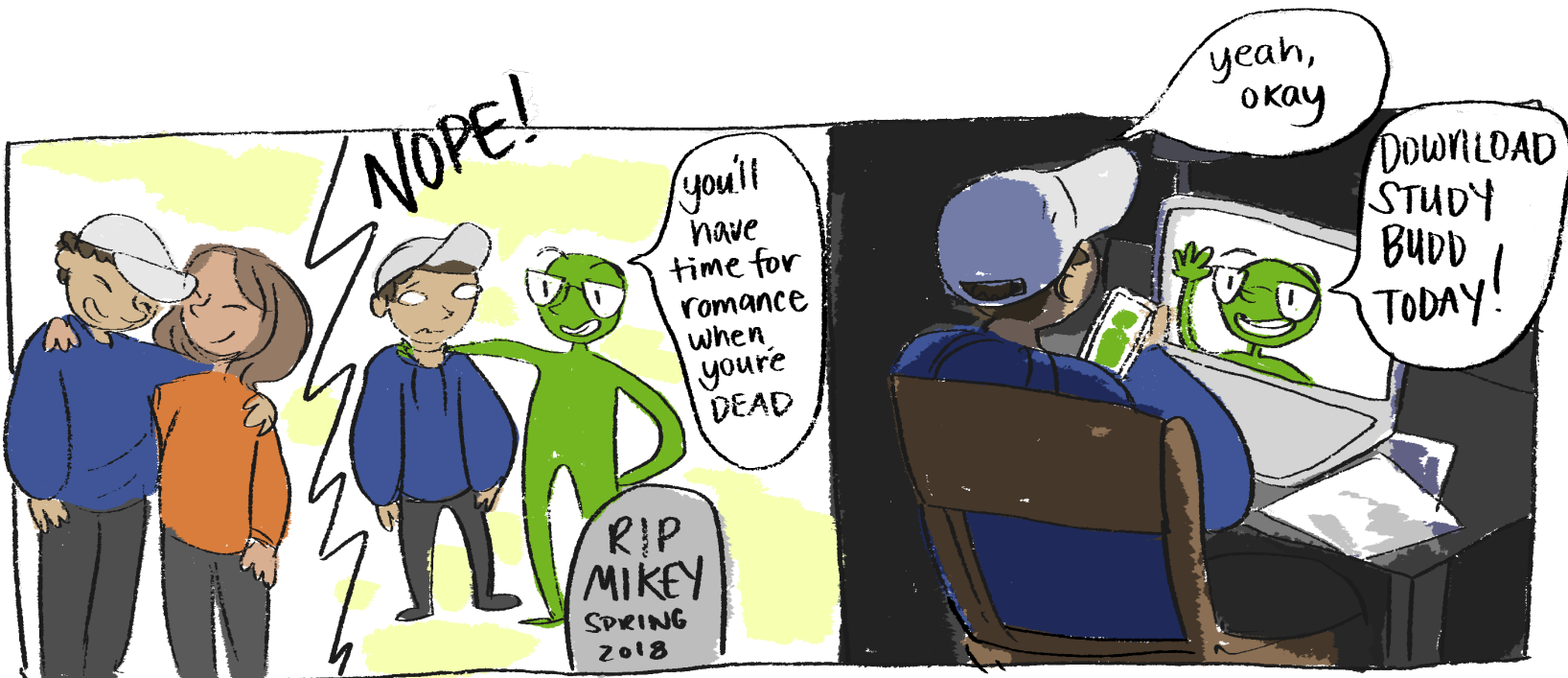
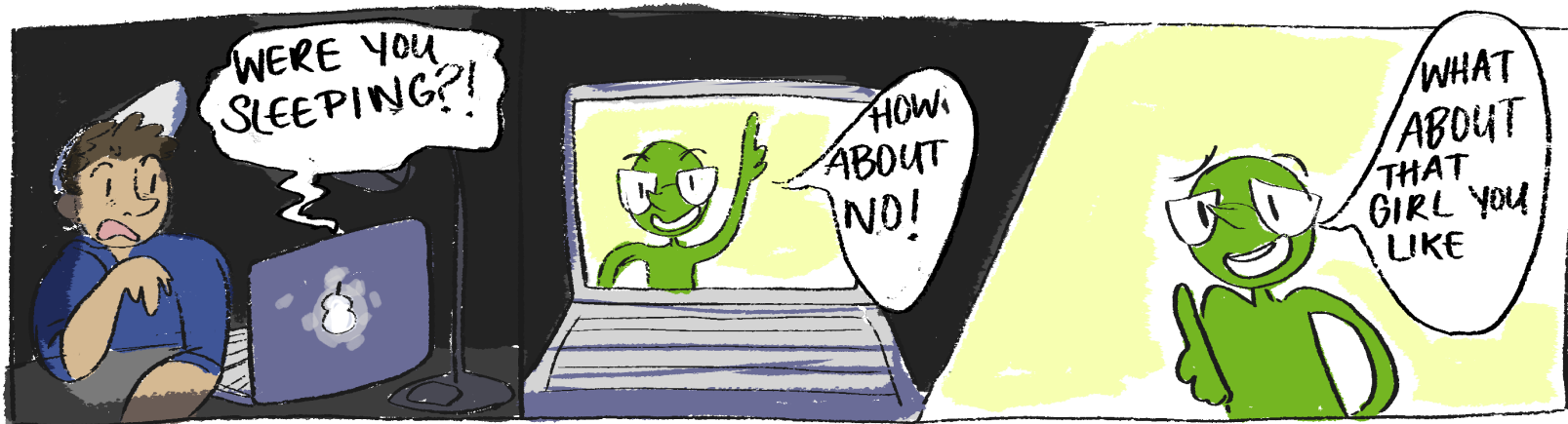


Jesseca Bennett/Staff Illustrator

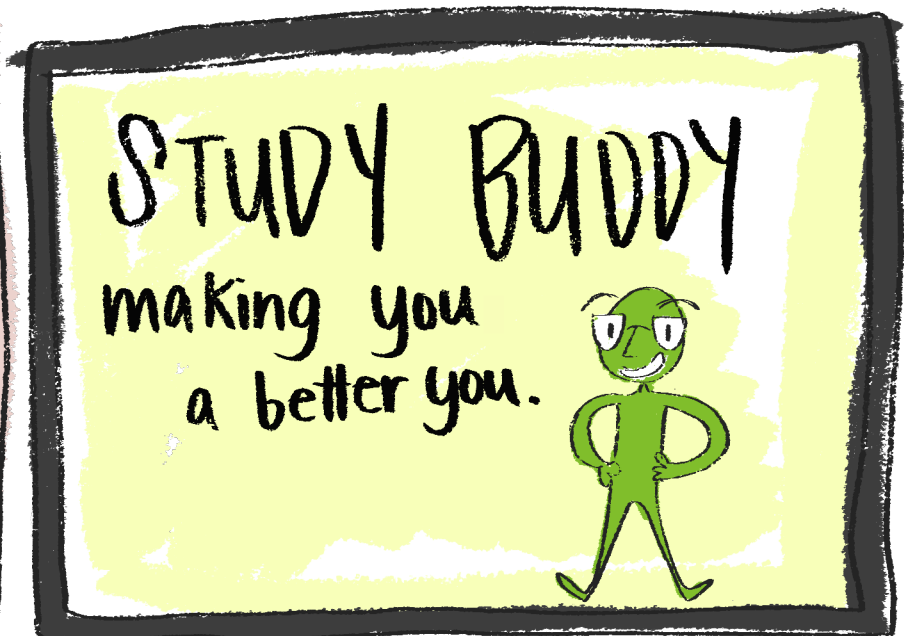


The motivational app to get you through the spring semester!

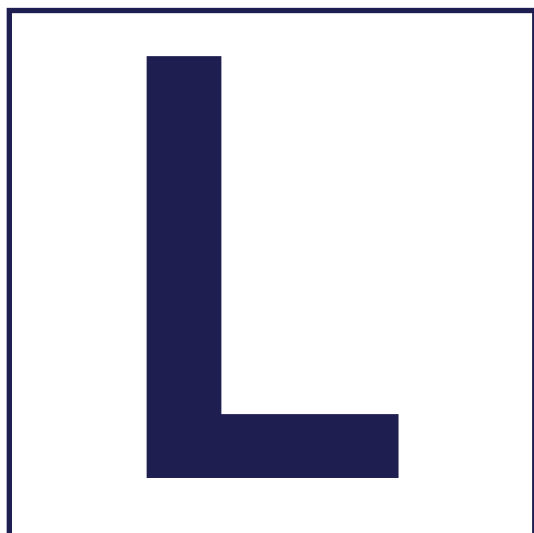
The average student who has trouble focusing and could use some motivation this spring (without amphetamines)



THE NEXT DAY



Written by Alberto Gonzalez and Jaclyn Spiezia
Illustrated by Mattea Guldly



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