

THE LEADER

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NEWS

Former U.S. Ambassador James Foley speaks on foreign diplomacy *Writers @ Work* continues residency program

ERIKETA COST
Staff Writer

Imagine having a job stationed in the midst of heavily armed street gangs and ex-soldiers working to overthrow a country.

This was Haiti in 2004.

As a U.S. ambassador, it's your job to find out how to communicate to the president to tell the armed soldiers to stop.

This was the situation for Fredonia Class of 1979 alumnus and U.S. Ambassador James Foley when he was stationed in Haiti.

Luckily, he was able to negotiate and bring Haiti's political factions back to constitutional rule.

A job working as a U.S. ambassador with different government organizations around the world requires a skillful way of communication, appeal and compromise.

Foley, born in Buffalo, N.Y., visited campus on Nov. 9 to communicate anecdotes and discuss his experience as a foreign service officer.

Besides serving for the Republic of Haiti, Foley worked as a Senior Coordinator of Iraqi Refugee Services, a U.S. Deputy Permanent Representative to the United Nations and a U.S. Ambassador to the Republic of Croatia.

His career started out writing diplomatic cables for the Philippines and Algeria.

This job consisted of writing detailed descriptions about what was going on in those countries, followed by an analysis and proposals of what needs to be done.

His work with Iraq involved communicating with Syria and neighboring countries to aid Iraq refugees and guide them to resettle in the U.S.

A fluency in French helped him later in his career when he worked for Haiti — his official appeals and documents had to be in French, while he negotiated to restore Haiti's political factions that had been in the midst of chaos.

His story of Haiti's dangerous times and pressure got students thinking.

Student Bella R. DiStefano said, "He had to basically help the president out of the country. It sent a strong message to the rebels and gang members, which I'm sure was scary for him to do."

But, negotiation and communication with foreign countries requires more than just courage.

It requires sincerity and goodwill.

"I've had to persuade without offering anything other than goodwill and respect," said Foley.

Students learned and took inspiration from the lecture, even if political science wasn't their bent.

"Overall I knew nothing about him or anything to do with ambassadors, so hearing him share his experience and background was really amazing," said DiStefano.

The *Writers @ Work* residency had organized this event and created a Google Doc for more information.

If you wish to learn more about Foley and his experiences as US Ambassador, visit history.state.gov for more.



On the Cover:

A blooming flower shows off its cool, winter colors.

Kristin Johnson/Special to The Leader

In an effort to cut costs, campus safety committee looks toward blue light phones

TRAVIS LEFEVRE

Editor in Chief

Prospective Fredonia students may have been introduced to the towering blue light phones across campus as a means of promoting a safe campus. Now, the campus safety committee is considering doing away with a majority of the outdoor fixtures.

Although this is not a confirmed plan, this is one avenue the Campus Safety Committee is considering to save money. Currently, there are thirty of these outdoor blue light phones scattered around the campus as well as a number of indoor phones and emergency buttons attached to the Park & Ride bus stops. The proposal, as it stands, aims to remove twenty of those outdoor phones and potentially bring in a security app for smartphones called "RAVE Guardian."

"RAVE Guardian," in their own words, "connects millions to those trusted to protect them, by providing innovative solutions to prepare better, respond faster, and communicate more effectively during emergencies." The app has the capability to send confidential tips via text messaging; a virtual escort, which lets security or peers make sure someone gets where they need to go; and an emergency call button. Even with all of this advanced safety technology, the overall quality of phones and cell service loss in "dead zones" come into question.

"We've all had cell phones die on us, the batteries just run out. Those are certainly

discussions we're having as well and we're looking at [RAVE] as an addition to, not a total replacement, for the emergency phones," said Sarah Laurie, the director of Environmental Health & Safety & Sustainability.

According to Laurie, the committee is looking at it through the scope of cost saving. Not including the cost of phone lines, Fredonia puts anywhere from \$7,000 to \$10,000 in replacement keypads and blue light fixtures per year. Implementing a system like "RAVE Guardian" could cost the school \$6,000 to \$9,000 per year.

"We want to make sure that the level of safety is maintained and the question is, can we do that in the more cost-effective way?" Laurie said. "At this point, no decisions have been made."

Both Laurie and Chief of University Police Ann Burns have noted that the blue light phones haven't been used in an emergency situation for at least ten years. Even so, some of these outdoor phones are guaranteed to be safe from decommissioning.

"There's a pretty firm consensus that there are certain blue phones that will absolutely not go away," said Laurie, who referred to outdoor phones in more secluded and isolated areas of campus like Ring Road and some of the parking lots. Instead, this proposal is looking at outdoor phones that are within close proximity to one another. Indoor phones will remain as well and they may even be fitted with blue lights of their own.

Other alternatives are to have a door with a receiver on the blue phones as well as just having a pad with a red button. A final decision is a long ways away, but Burns encourages students to come to campus safety committee meetings to voice their opinions.

"We always come from a student first attitude . . . with us, it's always students first," said Burns. "If we sit down and have a decent discussion on this . . . how can we work with students to figure this out? To not only save some money, but to not jeopardize anything."

The Campus Safety Committee meets on a monthly basis and their next scheduled meeting is Nov. 29 at 10 a.m.



Note: The emergency telephones indicated in blue pertain to this article.
Photo found on fredonia.edu

Fredonia church on steady path to resurrection



VICTOR SCHMITT-BUSH
Assistant News Editor

As of late October, the Family Church roof has been repaired and put back up, but there is still much more work to be done. This will set the intended date of repairs to March 8 of 2019, according to Senior Project Manager Tony Maxwell, who is in charge of the building's reconstruction.

What caused the fire, according to Maxwell, was a series of unlikely but not impossible events. Everything lined up perfectly for the accident to happen.

"On one side of the building, a storm tore the gutter loose and the gutter spun around still attached on one end," said Maxwell. "It spun around and landed on a transformer on a pole and fell right between two electrodes. That ignited the entire gutter system."

Unfortunately, Family Church just bought the building in 2015. They bought the building for \$30,000 dollars and then began working on a \$1.5 million dollar renovation project, but now they are back to square one. The damages have well exceeded \$100,000 dollars, but luckily, most of the expenses of repairs have been covered by Family Church's insurance company, GC5 Builders.

With over 40 years of construction experience, Maxwell and his construction team who work for GC5 builders have been committed to Family Church's swift recovery. The fire was confined to the steeple, but the rest of the building will require ongoing interior work.

"A couple weeks ago, they removed and replaced the roof on schedule and it rained a lot," said Maxwell. "We couldn't do any interior work until that roof was off and back on. So that was a bit of a setback, but now they're putting the main roofing on."

Maxwell and his team have begun to set up an on-team site at the church, so things are moving a lot more swiftly, but he says that the wet and cold season could slow down progress made on the inside of the building.

The interior is currently being sanded and dried, but if it continues to rain at the rate it has, GC5 Builders and Co. may run into some problems when they open the roof and install new features.

"One of the biggest things that could be a setback is that we don't have the metal roof on yet that's supposed to show up Tuesday next week (Nov. 15)" said Maxwell. "The idea is to get it set up before Thanksgiving, or at least by the end of the month."

According to Family Church Pastor Scott Wise,



Progress is being made on the reconstruction of the church.

Kristin Johnson/Staff Photographer

in an article in the Observer, progress has been quick, but the beginning was rough. At least two-thirds of the tresses in the attic were replaced in early October. Everything was about as damaged as damaged gets.

As of today, most of the exterior work has been finished. With much of the heavy duty work out of the way, the old steeple will soon be replaced by a brand new mount.

"They're going to go with one clock, and it's going to be a steeple mount above the old clock tower," said Maxwell. "It'll be a steeple with the clock right below it instead of its current fiberglass steeple."

When working on gutting the roof, Maxwell and his team not only found the old brass bell cracked in half, but they also discovered a unique and ingenious piece of the town's history.

"Up in there, there was a big box probably 4 feet deep, and probably 2 foot square. It was full of rocks," he said. "It was full of huge timbers that were just gigantic."

Since the timbers slowly lowered the rocks, Maxwell thought at one point that that's how early Fredonians lifted up the bells, especially considering how heavy the old bell was (3,500 pounds).

"Some gentleman from the town said that was what operated the clocks," he said. "They'd have to go up there and line that box of rocks up, and the weight of the rocks would go down slowly."

There was no electrical power to the system, so

the way it worked was that if the clock was too fast, you'd take a rock or two out, or if it was too slow, you'd put a rock or two in.

"The old building was built in the mid 1800s," said Maxwell. "One of the things that's really neat about the old building is that it has four clocks in the clock tower that were not owned by the church."

Back in the day, the village actually gave Family Church the clocks to use, according to Maxwell, but they weren't and still aren't under its insurance policy.

As far as the current incoming installment goes, to save money, "They're only going to go with one [of the clocks] and the church will pay for that out of pocket," said Maxwell.

The reason Maxwell and his team are able to consider installing a new clock so early on in the building's reconstruction process is because everything has gone as planned. They are right on schedule.

Perhaps this is because everyone involved is either a Fredonian or has some other personal interest in the project.

"Mostly everybody that we are hiring is local," concluded Maxwell. "The demo company has done a lot of work for me in town here, the plumbers in town, and from Jamestown, who I call locals because they aren't far away. They've been a great help."

Student Association passes resolution defending students' need for Park and Ride

JOSH RANNEY
News Editor

Before students went away for the summer, the proposition of potentially eliminating the Park and Ride bus got the rumor mill turning.

The announcement was perceived as very sudden, and Student Association President Connor Aitcheson said SA did not find out about it until after the last General Assembly meeting last semester.

"The timing prevented us from engaging in dialogue on this situation," he said.

Aitcheson said he and other SA officials knew that the current financial situation of the university would probably mean the elimination of some campus services, but he said the Park and Ride is something Fredonia students can't go without.

"The Park and Ride Shuttle service meets a need that is vital to many members of our campus community," said Aitcheson.

Coming into this new academic year, the Park and Ride saw a reduced operation.

Aitcheson said after listening to students' concerns, he and other SA leadership have been able to bring their concerns to university administration.

"Listening to student concerns and

gaining a better understanding of the transportation fee, the revenue and its expenditures, we were able to have a more developed dialogue as the representative body of the students of Fredonia," said Aitcheson.

The General Assembly, this past Thursday voted to ratify Resolution R-40, which officially states the students' position that the Park and Ride is important and absolutely necessary for Fredonia students.

Aitcheson said he and his colleagues "hope that the administration will strongly consider the concerns of the students as it relates to the Park and Ride . . . and find a feasible option to properly serve our students."

Aitcheson said this resolution will serve as a formal request to the campus to open up talks with student leaders and representatives, and will get them a seat at the table when it comes to implementing student fees.

Aitcheson said after presenting the resolution to University Faculty Senate, dialogue has begun in regards to the student experience and their needs like the Park and Ride.

Aitcheson said, though, when it comes to any action garnering a result, "There is no way of indicating what will or won't occur."

POLICE BLOTTERS

UNIVERSITY

Monday, Nov. 5, 2018

There was an attempted unauthorized use of a credit card. An investigation is on-going.

Tuesday, Nov. 6, 2018

There was a dispute between roommates. Prosecution was declined.

Wednesday, Nov. 7, 2018

9:00 a.m. Elian Lufta was charged with petit larceny and criminal trespassing in the second degree. An appearance ticket was given.

3:43 p.m. Phatima Akhdar and Aidan Wilk were charged with unlawful possession of marijuana. Appearance tickets were given.

A student reported receiving threats. An investigation is on-going.

Friday, Nov. 9, 2018

2:21 a.m. David Catalfo, Mateo May, Emilio Tolomay and Adam Johnson were charged with unlawful possession of marijuana. Appearance tickets were given.

FREDONIA

Tuesday, Nov. 6, 2018

Juan J. Flores Garcia, age 26, was charged with speeding in a zone and unlicensed operation of a motor vehicle. A uniform traffic ticket was issued.

Wednesday, Nov. 7, 2018

Gretta G. Geisen, age 21, was charged with failing to stop at a stop sign. A uniform traffic ticket was issued.

Thursday, Nov. 8, 2018

4:35 a.m. Amarilis J. Rodriguez, was charged with speeding in a zone. A uniform traffic ticket was issued.

Timothy J. Vogt, age 29, was charged with speeding in a zone. A uniform traffic ticket was issued.

Friday, Nov. 9, 2018

1:50 a.m. Donte M. Chambers, age 25, was charged with open container. An appearance ticket was issued.

1:50 a.m. Phillip M. Whitfield, age 25, was charged with littering. An appearance ticket was issued.

1:50 a.m. Taylor Peru, age 25, was charged with unlawful possession of marijuana. An appearance ticket was issued.

Saturday, Nov. 10, 2018

4:30 p.m. Daniel C. Douglas, age 32, was arrested under ruling of an arrest warrant. He was held.

All information printed in The Leader's police blotter is a matter of open public record. No retractions or corrections will be made unless a factual error is shown. Anyone who is cleared of charges has the right to have so printed. It is the responsibility of the accused to provide notice and proof of the dropped charges.

REWARD: Lost 10/19/18
Eleven crystal earring. Class of 1954
Alum wedding gift. Return to
Alumni House, 286 Central Ave.
or call 716-673-3553

Life & Arts

Good coffee and great tunes *Rhythm N' Brews makes a comeback*



ELYSE GRIECO
Life & Arts Editor

There's nothing better than live music and a hot cup of coffee on a Saturday afternoon.

The first Rhythm N' Brews showcase of the semester was held last Saturday, Nov. 10, at Tim Hortons on campus.

The event was hosted by Music Industry Club, a student-run group devoted to providing students



The Junk Experiment plays in the Music Industry Club's Rhythm N' Brews. All photos taken by Vanessa Raffaele/Staff Photographer

experience in the music industry field.

Dan Calderone is a junior dual major in music industry and communication audio/radio.

Calderone also holds the position as the club's current event chair.

"Rhythm N' Brews is the perfect coffee house showcase," he said. "Whether you just want to sit and enjoy a hot coffee or if you want to try performing in a venue that's not as serious, there's a community for you here."

Performance spots were open to students of all majors.

"That's the great part of our club," said Calderone. "We welcome anybody with talent."

Performers first had to contact Calderone by email.

Attached to their message, they sent links of their music.

The club then put together a list of musicians that would be featured in their showcase.

"We try not to prevent any genre from playing at Rhythm N' Brews," Calderone said. "However, due to the type of venue, acoustic tends to work best. In the past, we have had a brass band, blues guitar duo and even a full reggae/funk band."

The wide range of music means there is something for every listener to enjoy.

There were three performers throughout the event: Matt and the Moon, The Junk Experiment and solo artist Maija Allure.

Matt and the Moon, also known as Matt Gillespie, is a sophomore music industry major.

Gillespie found out about this event from promotions on Facebook.

A friend of his then contacted Gillespie saying they needed performers and asked him to play.

"I make indie music," he said. "In those songs I play guitar and I sing. I use a launchpad to record drums, bass and synths for my music."

Gillespie performed two covers as well as songs from his old and new EP.

He believes it is important that communities embrace their local musicians.

"I think it's important that the Music Industry Club hosts it because it helps the students on campus listen to the local music scene," he said. "The local music scene is amazing and it should be supported. I'm glad that students here got to listen to the talent that people have around town."

Calderone also agrees the event is a great way to have campus and the music scene intermingal.

"It gives a chance for local performers to show what they've got to a venue that always has a crowd."

The showcase also helps teach students in the club how to efficiently plan events.

"Rhythm N' Brews gives younger members

of the club real life music industry experience. "It's a great opportunity if you've never worked a live music event before but are dying to learn in a more laid-back setting," he said.

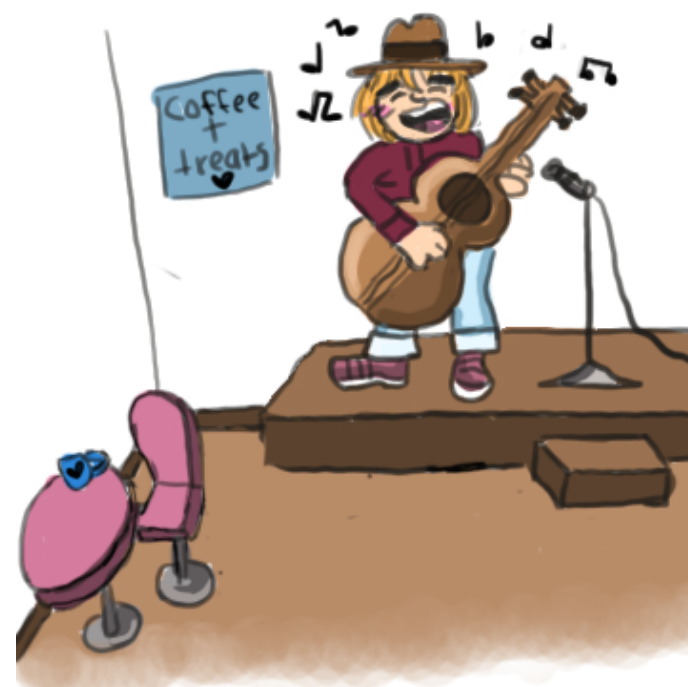
Music Industry Club will be hosting their next Rhythm N' Brews on Dec. 1 from 12 p.m. to 2 p.m.

All are welcomed to the event.

If you or someone you know is interested in performing, please contact Calderone at Cald6440@fredonia.edu.



The Junk Experiment's guitarist plays violin



Madison Spear/Special to The Leader

The 'Next Wave of Figurative Painting' crashes into Fredonia



Erin Ruffino



Maria Johnson



Alison Gugino

Kathleen Fenton/Staff Illustrator

DELICIA HOLDER

Special to The Leader

What inspires you? How do you identify yourself? How do express yourself? These are some of the questions that connect us all. We are all constantly trying to figure out ourselves, our wants, our needs and our desires. For some, this is through art. Painting is their connection to themselves and to the world.

The Fredonia Technology Incubator will be hosting The "Next Wave of Figurative Painting" art exhibition reception on Thursday, Nov. 15.

At this reception you will be able to search into the minds and hearts of three young Fredonia student painters: Erin Ruffino, Maria Johnson and Alison Gugino. These students are upper level art majors under the guidance of Professor Alberto Rey. They were tasked with creating a concept of something personally important to them and executing it through a series of pieces.

"Beside the high quality of their work, these three students were working on series of works that include the human figure so it made for a consistent exhibition," said Rey.

Each piece means something different to each of the students. However, in the end they all chose to represent these emotions and beliefs through the human form, among other things.

Ruffino is a senior B.F.A. major in drawing and

painting. Gugino is a B.F.A. dual major in drawing and painting and photography. All featured artists have been drawing since they were children and have been fortunate enough to pursue art as a career. This is their first major exhibition.

Ruffino has two series in the exhibition "Resonance" and "Reconciliation" totaling 16 pieces. Her first series, "Resonance" was done during the Fall of 2017 and her second series "Reconciliation" was completed during the Spring of 2018, both in Rey's classes. Gugino also has two series in the exhibition titled "Assemblance Between Us" and "Lifestyle."

They spoke about their inspirations for the pieces and explained how their lives, past, present, future and about self growth impacted them.

When asked to elaborate on her inspirations for each series Ruffino said, "For me, art is about making connections. I've always struggled with my sense of identity and I use art as a way to connect my inner self to the world at large. Personal progress is the core of both painting series. 'Resonance' deals more with the ambiguity of emotions while 'Reconciliation' examines the steps to take towards self-healing, drawing inspiration from Tarot card symbolism."

One of the biggest things Ruffino struggled with was the idea of perfection. She explained that about halfway through her "Resonance" series she switched from acrylic to oil paint.

"Within that body of work my focus shifted

from painstakingly trying to render likeness to capturing a particular mood."

She realized that she had to take a risk and try something new. She needed to stop chasing perfection and let the painting speak for itself. She hopes the exhibition will tell its own story through imagery and symbolism.

When Gugino was asked about her inspiration for the her pieces she replied, "My life is my inspiration. I have always loved horses and I currently own three, and that love never really left me as I got older, so I just started to include them in my work . . . Some people may look at them and not see anything exciting, may find it weird or boring, but when I look at them, I see where I've come from, where I am going, the things I love about my life." These horses became a symbol of her, what she represents and everywhere she is going in life.

Painting such art takes time and patience. According to these artists, it can take up 50 hours on one piece or 500 and more hours on an entire series. These students have put effort and emotion into these pieces. As Gugino said, selling your work is great, but it's more than that for an artist. It's about the piece and what it represents.

The reception will be held from 4:00 p.m. to 6:00 p.m.

"Next Wave of Figurative Painting" will be on display until Dec. 15.



Take the leap and travel

Summer Iceland trip offers immersive learning opportunities



AMBER MATTICE
Managing Editor

It is no secret that Fredonia has a plethora of study abroad options that offer students the opportunity to learn and grow in various countries around the world. With at least one option on every continent, choosing where to go can be a harrowing process, as can the thought of spending an entire semester in another country.

But that is why the summer trip to Iceland, led by Professor Iclal Vanwesenbeeck, is a unique experience that should not be overlooked. The Iceland trip, referred to as “Magical Iceland” on Fredonia’s study abroad website, is a 5-credit course “designed to introduce students to the unique geology, culture and history of Iceland.”

Students, led by Vanwesenbeeck, travel to and around the island of Iceland for a couple of weeks. This year’s dates are not set quite yet but, in the past, have typically fallen between the end of May and the beginning of June. The tentative dates are May 20-31. The application deadline, according to the course’s study abroad page, is Dec. 8.

The point of the course is to immerse students



in another culture, to attend lectures and engage with the community of Iceland.

“I think for those of us who dedicate our lives to education, it is easy to understand that education is the only sustainable way for peace and peacemaking in the world,” said Vanwesenbeeck, who is currently abroad in Istanbul, Turkey. “The more you engage in rigorous study abroad or international education programs, the more you develop or grow as a citizen [and] as a person. . . .

I care about this primarily because I think, in the long run, for generations to come, we will need a very sustainable way to ensure we are in peaceful relations with other people, with other cultures, with other countries and, to me, I can’t find any other answer but education.”

This year will see a new addition to the summer course due to a grant that Vanwesenbeeck received which will allow students that need civic engagement credits to acquire them through the trip. Vanwesenbeeck is integrating civic engagement attributes into the course this year, for the first time, so students will get even more out of the trip than in the past.

There is no set area of study that the trip focuses on but, rather, it encourages students to delve deeper into something that they are interested in and look at it through the view of another culture.

Photographers, biologists, artists and educators have all taken the trip in previous years and, because Iceland is such an isolated island, the rich and vast aspects of the land and culture offer something for everyone to look into.

“Students from all backgrounds and all disciplines are welcome. It is a course that appeals to all students from all different areas of interest,” said Vanwesenbeeck. “The island, even though it only has 330,000 people and a very limited number of species [that] inhabit the island, it is an incredibly rich place to observe, to perform some experiential learning and also to engage in dialogue [with the people that live there].”

Students are offered the chance to speak with scientists, members of the government and locals within the villages of Iceland throughout their trip. They are also given the chance to travel across the island and see the beauty that Iceland has to offer as well as the rich culture of Reykjavik, which is the capital city.

“My most vivid experience is definitely the glacier hike! Seeing first hand the effects of climate change on such a massive glacier is overwhelming, but having the opportunity to hike on one (crampons and all), is an experience I won’t forget,” said Virginia Croft, a Fredonia alumna that took the trip the summer after her junior year. “And, it

may seem like an everyday part of the trip, but just simply driving around the long, beautiful roads of Iceland and chatting with the guides was very special to me.”

It is an incredibly rigorous course, academically, but also a rewarding one that offers new learning experiences that cannot be achieved within the standard classroom setting.

“If you are a student who is on the fence, all I can say is that you



All photos courtesy of Iclal Vanwesenbeeck

take the leap proudly. Don’t second guess yourself,” said Thomas Brennan, a Fredonia alumnus that took the trip after his senior year. “By the way, keep a journal and write your thoughts daily. You may have pictures, but years from now you’ll wonder what you were thinking on top of a glacier, inside Parliament or gazing at volcanoes in the Thorsmork valley.”

For students that are uncertain about taking the trip, Vanwesenbeeck is offering a course next semester: ENGL 599, Icelandic Film and Fiction. It will be offered from Jan. 25-March 8. It will offer students an opportunity to be introduced to the country before going on the trip but will also give all students the chance to explore the culture of Iceland further.

For any questions about the trip or the course, email Vanwesenbeeck at Iclal.Vanwesenbeeck@fredonia.edu and also check out the study abroad office’s website for more deadlines, costs and applications.

If you are still having a hard time deciding whether or not to take the leap and apply, Vanwesenbeeck had one thing to say:

“Don’t think twice!”

Poetic Perspective prepares for annual poetry slam

ELIZABETH SUSKI

Special to the Leader

Imagine this: your poetry actually matters.

The on campus groups, Poetic Perspective and Writer's Ring, have come together to put on the Intercollegiate Poetry Slam that takes place in the Spring semester.

The Intercollegiate Poetry Slam is where nearby colleges compete for the Intercollegiate Poetry Slam (IPS) trophy.

In preparation for the competition, the Qualifying Poetry Slam is held the semester before.

Poetic Perspective is a slam poetry team that has been competing in the Intercollegiate Poetry Slam for the past two years.

Stephanie Pierre-Jacques, a music therapy major, is the team captain of Poetic Perspective.

"[The qualifying poetry slam] is where poets who are interested in being on the slam team compete for a place. We typically take four to five people and this year we have around eight people competing for spots," Pierre-Jacques said.

If the poets make the four top places, then they become official members of the group.

The Intercollegiate Poetry Slam takes place in the Spring semester and the location changes every year.

"We compete for the Intercollegiate Poetry Slam trophy which has been in Fredonia's possession for the last two years," Pierre-Jacques said.

Slam poetry is actually judged by the audience.

"There are typically five to six judges picked randomly from the audience for a slam and they are the ones who get to really call the shots. So if people want to not only listen but play an active part in helping select our team, they should come to our next event," Pierre-Jacques said.

The qualifying poetry slam is this Wednesday, Nov. 14 at 7 p.m. in McEwen 202.

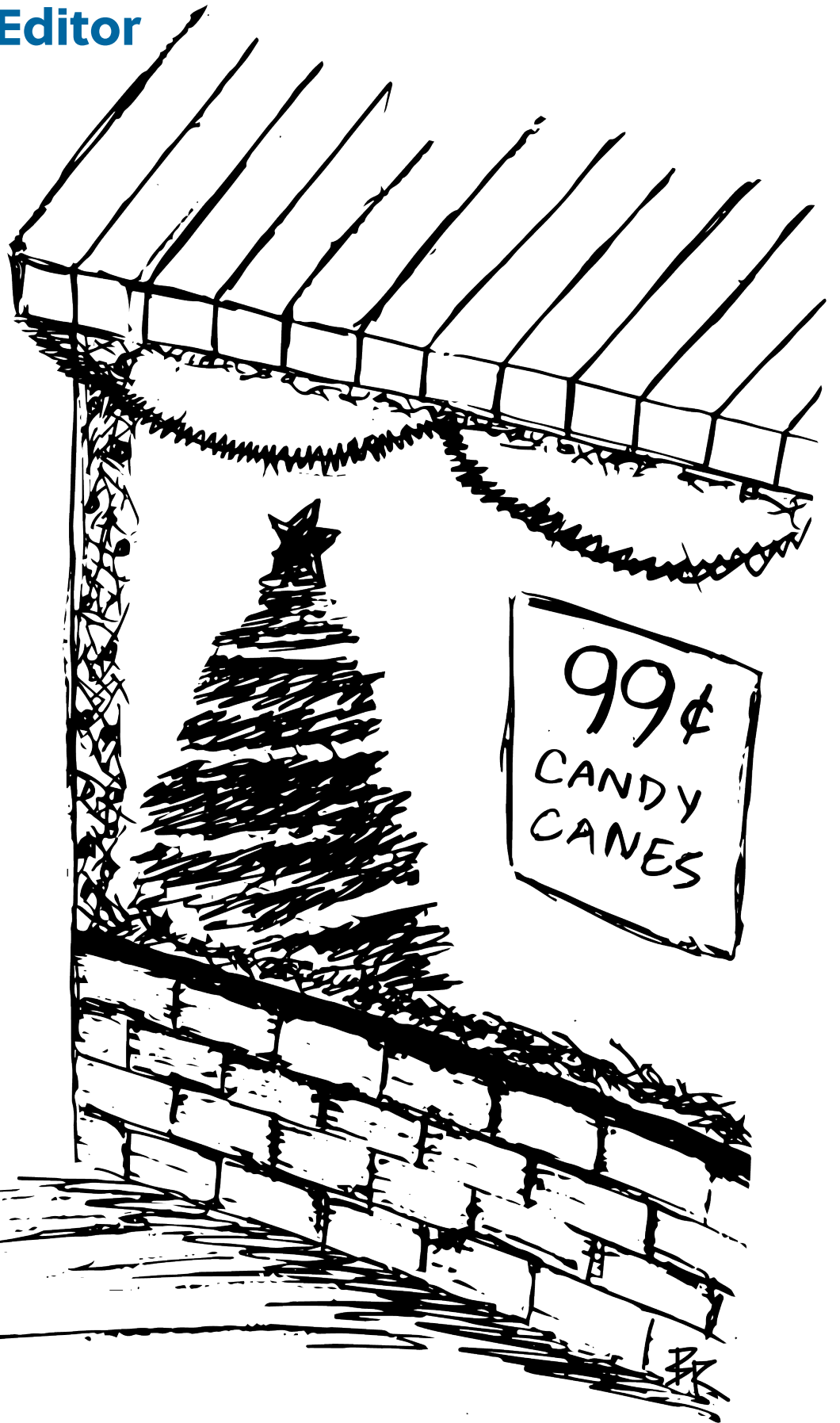
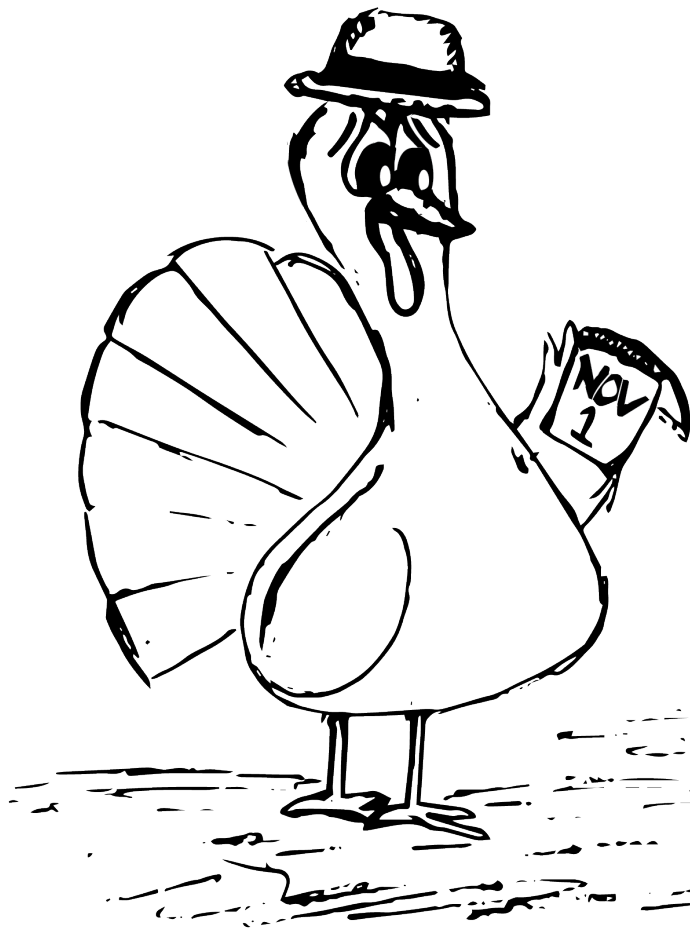
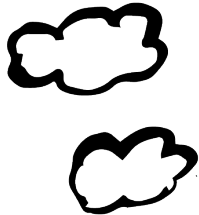


Alissa Salem/Staff Illustrator

OPINION

From the Desk of
Ben Rockafellow, Design Editor

♪ DON'T YOU
FORGET ABOUT
ME ♪



A lesson about listening from Jordan Peterson's '12 Rules for Life'



SETH MICHAEL MEYER
Staff Columnist

In Jordan Peterson's new book, "12 Rules for Life," the esteemed professor of psychology talks about lobsters, Sleeping Beauty, gulags and hundreds of other anecdotes that serve as a lesson to the readers. Not wanting to poorly represent Peterson's expansive self-help guide, I opted to pick one of the rules to share, rather than analyze the whole book.

"Assume that the person you are listening to might know something you don't." That is Peterson's ninth axiom of life and one that I find most crucial to students, specifically. Before reading this chapter, I never considered how difficult and multi-faceted listening could be. Peterson not only discusses how to listen to others, but how to listen to yourself.

When one listens to themselves – and really listens to themselves – that can be classified as thinking, suggests Peterson. "True thinking is rare – just like true listening. Thinking is listening to yourself," Peterson writes. "To think, you have to be at least two people at the same time. Then you have to let those people disagree."

According to Peterson, a debate inside your mind is good practice for listening to yourself, as long as you give each voice a proper argument. Peterson argues that "you can't set straw men against one another when you are thinking." For example, when it comes to a trivial situation, like deciding whether to go to a friend's house or work on your assignment, you better give both perspectives a good argument, lest you risk not making the right decision. Apply this mantra to a harder decision — "Should I stop drinking?"

"Should I tell my friend how that comment made me feel?" "Should I leave school for a semester to help my mom and my siblings?" — applied to harder decisions, you may find this deliberation process absolutely frustrating.

To this frustration Peterson suggests finding remedy in a confidant, a friend, someone who is cruel with honesty, a "listening person." You may have one. If you don't, get one, or ask that of a friend of yours.

"[You] need someone to listen. A listening person is your collaborator and your opponent," Peterson says. "[He] is a representative of common humanity. He stands for the crowd." Along with having a person like this available to you, it is also good to be that person for someone else.

In his clinical practice, Peterson says that he is able to be an effective listener just by responding to people with his facial expressions. His responses are meant to represent the popular opinion of the culture. If his client says, "I really hate my kids," Peterson's face will respond: "Really? Do you really hate them?" This glare will give his client a chance to explain himself, most likely replacing his claim with something more reasonable and truer: "I really get irritated when my kids do this," and the conversation continues.

Sometimes listening to someone is hard, especially when you find you can't agree with them. Peterson quotes Carl Rogers, a psychotherapist of the 20th century, "The great majority of us cannot listen; we find ourselves compelled to evaluate, because listening is too dangerous. The first requirement is courage, and we do not always have it."

The risk Rogers mentions is the risk of being changed by someone's argument—a risk we take whenever we decide to listen, hence the need for courage. To help in our endeavor of being good listeners, Peterson describes the Rogerian method of listening: In a dispute, make the rule that neither party can argue for their side until they can verbalize the other party's argument well enough that it satisfies their opponent.

Among the benefits of this interpersonal experiment, Peterson points out that such a method seeks to avoid the use of those pesky, propagandistic straw men. "If you first give the devil his due, looking at his arguments from his perspective, you can (1) find value in them, and learn something in the process, or (2) hone your positions against them . . . and strengthen your arguments further against challenge," Peterson explains. "This will make you much stronger."

Since reading this, I've tried to use every chance I get (usually in the office with my colleagues) to articulate the argument of my opposition before I give my rebuttal. Whether my mind does change or my arguments get more precise, this process brings all involved to a better understanding.

From this axiom, we can take away how truly complicated it is to think, and to make decisions on those thoughts. Here at university, we make plenty of decisions and hardly have any time to think about those decisions. Take time to reflect on your thoughts. Never cheat yourself by setting up thin arguments. And when your internal arguments become too difficult, ask for your listening person to help.



VERBATIM

"Who or what should be a balloon in the Thanksgiving day parade?"



**Montrael Singletary, sophomore
music industry major**
"Me."



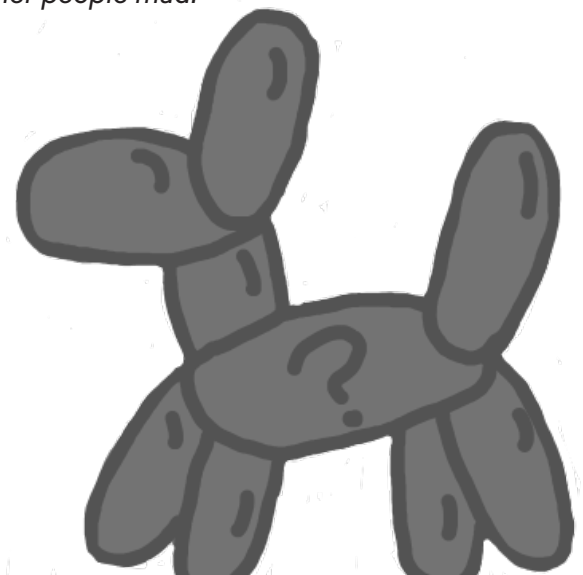
**Victoria Pucci-Schaefer, junior
public relations major**
*"I would say Wonder Woman if she's not in there already
because she's pretty awesome."*



**Lydia Wesley, junior
public accountancy major**
"I know kids like Paw Patrol so maybe Paw Patrol."



**Abigail Krzyzanowicz, senior
communication disorders and sciences major**
*"See right now, I'm just thinking it'd be funny if it was
some sort of spoofy Trump kind of thing, but I also feel
like that's kind of disrespectful. I'm someone who doesn't
like to make other people mad."*



SPORTS

Women's Soccer determined to gain momentum in next season

ANTHONY GETTINO

Special to The Leader

For the women's soccer team, the 2018 season was definitely not one to forget.

The team was projected last in the SUNYAC going into the season.

With just two seniors, and a much smaller team than a typical college soccer team, they were able to make the SUNYAC playoffs. That sounds like a successful season, right?

Don't tell them that, though.

"I want to make it to the championship," said Lauren Cullinan, a captain and a sophomore from Clarence, N.Y.

They made an improvement from last year, starting out strong, but fell off later in the year. The consensus was that they lost passion, which is expected with a long season.

"If we have the same work ethic as we did in the beginning of the season and continue that later into the season, we can make it farther into playoffs," said Sophie Richiusa, a freshman from Penfield, N.Y.

There's always room for improvement. Going to practices and offseason work, like captains practices and weight lifting.

"Bring more to training. We talk about it all the time with coach. Not just showing up, but showing up preparing to work, and not just showing up and going through the motions. We talk about it all the time. It's one of our

bigger struggles with our team. I really think if we come together and do that collectively, improvements will go through the roof," said Cullinan.

Each player had a person who they think will step into a larger role next season for the team to help elevate it to the level they want to make it to.

Haley Elsey, a freshman from Camillus, N.Y., was one name brought up because of the passion she brings to each game.

"During the last season, she was injured, and even while not being on the field, brought that passion. She plays different from our other forward Abby Monahan, but she will definitely play a big role for us."

The second name brought up was the only current junior on the squad, Shania Platt, from Chaffee, N.Y.

"She has a big role showing us how to work and get where we want to be."

Some players are motivated for competitive reasons going onto the pitch each game.

"I just really like to win. I'm very competitive," said Cullinan.

Other players are motivated by their love of the game.

"I just love playing. Also, with almost all the coaches voting us to finish in last place in the beginning of the season, that really motivated us," said Richiusa.



Sabrina Joseph/Special to The Leader

Raising awareness and spirits Countdown for annual Pink the Rink hockey game begins

ERIKETA COST

Staff Writer

Picture a hockey game that offers a night of pink, music and players wearing jerseys with names of those who survived breast cancer on them.

On Nov. 5, the sports information office announced a “100 day countdown” until Pink the Rink.

Coach Jeff Meredith and the Fredonia Hockey Team run this annual hockey game to raise awareness and fundraise for the American Cancer Society.

A diverse turn-out for Pink the Rink can always be expected.

Music students from the Pep Band attend to perform, transfer students help organize through Tau Sigma (transfer honor society) as well as students in Colleges against Cancer.

“The pep band brings a lot of music students to the event, so it’s not just athletes that are attending, but a variety of students,” said

Zachary Povall, a pep band member and sophomore music education major.

This diversity applies to faculty, too.

Randy Goodemote, a cancer victim and janitor at Fredonia, had attended past events to help support the fight to raise awareness.

Communications professor and colon cancer survivor Mike Igoe attends the event in an effort to support Goodemote and raise comradery among the community of cancer survivors.

Igoe strives to inform, as well as take away the stigma people have regarding routine check-ups for certain types of cancer, specifically colonoscopies.

“A lot of people don’t get tested because of misinformation and fear about the exam,” said Igoe.

Igoe’s cancer had been detected early enough for him to survive the diagnosis.

“Early detection and treatment do make a difference,” he said.

But this applies for any type of cancer. For women, routine self check-ups on

breasts every month are advised.

The website for National Breast Cancer Foundation, Inc says, “While mammograms can help you to detect cancer before you can feel a lump, breast self-exams help you to be familiar with how your breasts look and feel so you can alert your healthcare professional if there are any changes.”

Part of bringing awareness to the disease is offering information and steps for people to protect their own bodies. Another part of bringing awareness is celebrating those who have survived.

You can pay tribute at Pink the Rink to a loved one who has suffered and survived breast cancer by purchasing a jersey and nameplate.

The jersey will read the name of your loved one on it, which is then worn by a hockey player in Pink the Rink.

The proceeds will benefit the American Cancer Society.

If you have any questions about purchasing a jersey, contact Coach Meredith at (716) 675-5554 or meredith@fredonia.edu.



Madison Spear/Special to The Leader

New changes bring higher expectations

2018-2019 Men's Basketball season preview

JORDAN-CHRISTOPHER PURVIS

Staff Writer

The Blue Devils are coming off a season in which they finished with a 4-20 overall record and 2-16 mark in the State University of New York Athletic Conference. Fredonia hasn't appeared in the SUNYAC Tournament since the 2011-2012 season.

Philip Seymore returns for his sixth season as head coach for Fredonia. Seymore is joined by the assistant coach who previously was the head coach for the semi-pro team Chautauqua Hurricane for three seasons.

With a new season comes higher expectations for the Blue Devils. Coach Seymore is entering this season with an entirely different team from last year.

Returners include senior guard Isaiah Ice (Bronx, N.Y./Iona Prep), junior guards De'Quan Smith (Rochester, N.Y./Penfield), Tyler Roberts (Rochester, N.Y./Wheatland-Chili), Colden George (North Java, N.Y./Attica), and sophomore guards Abdullah Yusuf (Brooklyn, N.Y./Bedford Academy) and Tariq Troutman (Queens, N.Y./Construction).

New additions consist of six freshmen, forward Gary Sykes (Brooklyn, N.Y./Bedford Academy), guard Matt Perez (Miami, Fla./Florida Christian), guard Jamill Moody (Brooklyn, N.Y./Transit Technical High School), guard Marcus Ryan (Brooklyn, N.Y./Bedford Academy), guard Chad Biersbach (Depew, N.Y./Depew) and forward Todd Greene (Memphis, Tenn./WEB DuBois).

The two sophomore transfers are forward

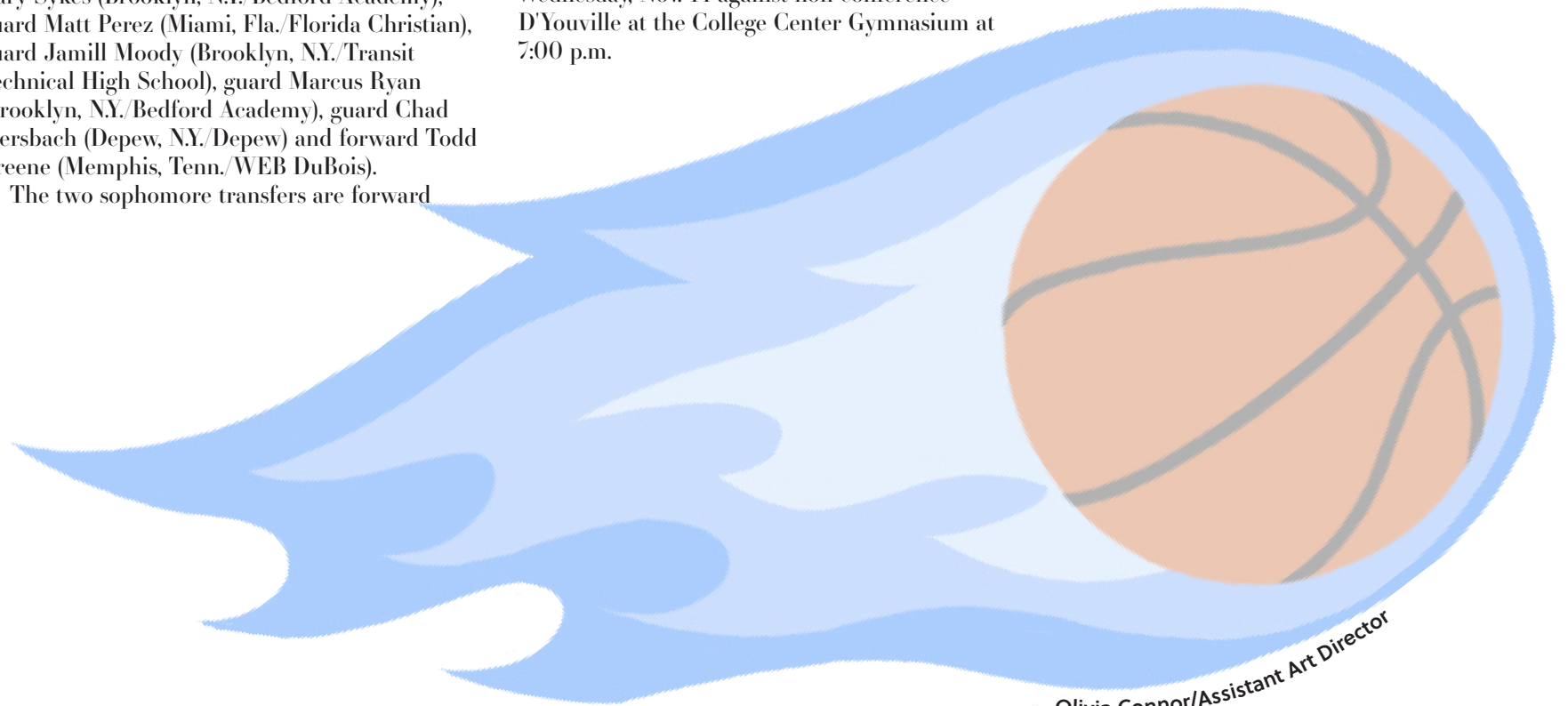
Messiah Hill (Brooklyn, N.Y./Paul Robeson) and guard Mark Morgan (Bronx, N.Y./South Bronx Preparatory). Hill previously attended New York City of Technology, meanwhile Morgan attended Borough of Manhattan Community College where he won the CUNYAC Championship in 2017-18.

Junior transfer guard Bediako Nyasa (Bronx, N.Y./Walton) formally played for Dawson CC, BMCC, and Wentworth Military College and Harris Stowe State.

Senior transfers include forward Cody Johnson (Cassadaga, N.Y./Cassadaga Valley) and guard Kadeem Riddick (Brooklyn, N.Y./Erasmus Hall Campus). Johnson previously attended Jamestown CC and Houghton College. Riddick previously attended Fulton Montgomery CC and the College of St. Joseph Vermont

After playing over thousands of basketball games at Steele Hall, this year the men's basketball team plan on playing all home basketball games at Dods Hall. Over the summer Fredonia had undergone several upgrades to Dods Hall which includes new paint, new scoreboards and new lights, with further upgrades scheduled for the summer of 2019.

Blue Devils will return to action this Wednesday, Nov. 14 against non-conference D'Youville at the College Center Gymnasium at 7:00 p.m.



Olivia Connor/Assistant Art Director

Where are the Sabres headed?

RYAN DUNNING

Special to the Leader

At 9-6-2, the Sabres have amassed 20 points, only five out of first place in the Atlantic Division.

How did they get to this point? Only last year, the Sabres were the worst team in the league.

It has all started with Jack Eichel and Jeff Skinner.

Both forwards are tied for 19th in the league with 19 points. This total is up there with players like Maple Leafs' forward John Tavares, and ahead of the Capitals' Alex Ovechkin.

Other forwards playing well are Jason Pominville with 15 points and Sam Reinhart with 12 points.

This balanced attack has allowed the Sabres to score 20 goals in the past four games, for three wins and a loss.

The blue line has been experiencing some growing pains, as was expected. They have allowed eight goals in the past two games.

Until Rasmus Dahlin turns into the

transcendent player that we all hope he will be, the team will have to rely on the offense to carry them.

So far this season, another Rasmus has been stepping up for the team.

Rasmus Ristolainen has been a solid force on defense. With 48 hits (ranked ninth in the league) and 29 blocked shots, Ristolainen has helped keep the team together.

In net, Carter Hutton has a save percentage of .912, ranked 18th in the league. He's looking better in net than Lehner was last year, but the Sabres still don't have an elite goaltender.

This coming week, the Sabres have the Winnipeg Jets on Friday, the Minnesota Wild on Saturday and the Pittsburgh Penguins on Monday.

All of these games are winnable for sure, it'll be a good week to see where the team truly is.

When looking forward to the rest of the year, there are two directions this team can go.

It can continue to be the electric offense that it was against the Senators on Nov. 5, when they dropped nine goals. To be fair it was the Senators, but still.

If the team is able to solidify that identity and find consistency, they could be a Wild Card this season, with a lot of youth and potential to build on for the future.

But, if the team looks anemic, as it did against the Rangers the next day, it could easily fall out of contention for that playoff spot.

In that case, they could hope for a solid draft pick and try to further build their defense, and get a stronger presence between the posts.



Fredonia athletics roundup

AIDAN POLLARD

Sports Editor

The fall season wound down for Fredonia athletics this week.

And fittingly, as the snow begins to fall, the winter sports are beginning to gear up.

This Saturday saw the last fall competition for Fredonia athletics with the men's and women's cross country Atlantic Regional Championships.

After a long season beginning on Sept. 1, the men's and women's teams placed 28th and 22nd in the region, respectively.

for Fredonia in 97th place overall with a time of 28:17.4 over 8000 meters. The Fredonia scorers were rounded out by sophomore Ryan Dunning, junior Kyle Egan and freshmen Kyle Campbell and Seth Fonda.

Moving forward, the Fredonia cross country teams will join with the track and field team and begin competing on the indoor track beginning in December.

Fredonia men's and women's swimming and diving competed in Steele Hall against Alfred and Rochester on Saturday.

Both teams lost to Rochester and beat Alfred.

and diving will be the Fredonia invitational on Dec. 6 in the Steele Hall Natatorium.

Fredonia Hockey won 3-1 in their stroke awareness game against Bryn Athyn to round out the weekend.

Three goals were scored in the second period by Fredonia and two goals in the third.

Fredonia was trailing 1-0 in the second before scoring five unanswered goals throughout the rest of the game.

Goal scorers were Jacob Haynes with two, Charlie Manley, Jimmy Morgan and Todd Schauss.

The annual game raises money and awareness for victims of strokes, and sees the Fredonia team sporting special jerseys during the game.

The team ditches their normal white and blue to don a red, white and blue jersey highlighted by the old Fredonia Blue Devil logo as well as stroke awareness ribbons.

The next game for the Blue Devils will be against Oswego in the Steele Hall Arena on Friday, Nov. 16.

The Fredonia men's and women's basketball programs will also begin their seasons this week.

The men have a game today against D'Youville to begin their season and the women will be competing in a tournament on Friday at Penn State Behrend.

For the most up-to-date Fredonia sports information, visit <https://fredoniabluedevils.com>.

FREDONIA

Arthur Renteria/Special to The Leader

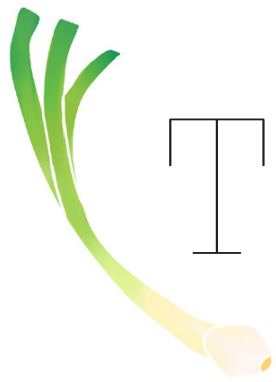
The women were lead by senior Hannah Kurbs with a 75th place finishing the 6,000 meter run in a time of 24:26.8, followed by seniors Stephanie Wojnowski and Emily Maguire and freshmen Elena Davis and Natalie Hanson.

Senior Ethan Francis missed out on his chance to make nationals as an individual, finishing first

Fredonia freshman McKayla Polowy won three events on Saturday, besting the three-team field in the 1,000, 500 and 200 yard freestyle events.

The Fredonia men had first place finishes in the 50 yard freestyle by Robert Atwood and 200 yard freestyle relay with a team of Atwood, Cameron Criss, Jacob Favret and Drew Page.

The next competition for Fredonia swimming



THE SCALLION

Stuffing the political talk at Thanksgiving dinner *How to get the upper hand on your conservative uncle*

JEREMY JONES

College Liberal

Let me make something pretty clear before I start this; I don't have an uncle, but if I did, I assume he'd harbor lover-like love for President Donald Trump. That being said, it's important to know exactly how to deal with someone in the cult of Trump. Below, I've taken the liberty of creating a list of ways I would handle this scenario, assuming I had a conservative uncle:

Let him talk: Eventually, we all know he'll say something that's either grossly misinformed or racist. Or both. When that happens you and your siblings can jump him and get the advantage.

Loosen the screws of his chair: No one has to know you did it. We can all just assume that it was a happy accident. Bonus points if he falls down some stairs in the process.

Set up a trap: Unleash your inner Kevin McCallister and drop that bitch like you're home alone. Paint cans tied to staircases, flamethrowers, BB guns, the whole nine yards. Show him that you don't need no Second Amendment to defend your liberty and property.

Create a fake Facebook profile and uninvite him: If millennials have any advantage at all, it's that we know technology better than boomers. Make a fake profile of your mother and uninvite him, calling him a Trumpet and a cultist. That way he'll never speak to any of you again, for you dare insult his Supreme Leader.



Emily Kupp/Staff Illustrator

Pro-procrastinator uses Thanksgiving break to catch up on forgotten assignments

DOM MAGISTRO
Special to The Scallion

Thanksgiving break is coming up, and for some of us that means good food, seeing our families for the first time since August and a break from 13 hours of homework each week. For one ambitious Andy, however, it means finally enough time to do all the homework he's been neglecting for the past three months.

The merits of this process, according to the student who wished to remain anonymous so as not to reveal to their classmates all of the extensions they received, include having more time to spend with friends and participate in clubs.

Also, binge watching, creating a lasting impression on professors by being the one student who doesn't have a single grade in the book and training themselves to be faster at typing.

Having to shove the typing of five

essays in one week will force them to increase not only their words per minute count, but it will also allow them to shut themselves in from racist aunts who might have voted for a certain president. No fewer than nine Computer Science projects in just as little time will ensure that their ability to copy and paste code from Quora and WikiAnswers is unparalleled.

The cons, of course, include not actually getting a break from school work, late penalties and missing out on social interactions with a racist uncle who definitely voted for a certain president.

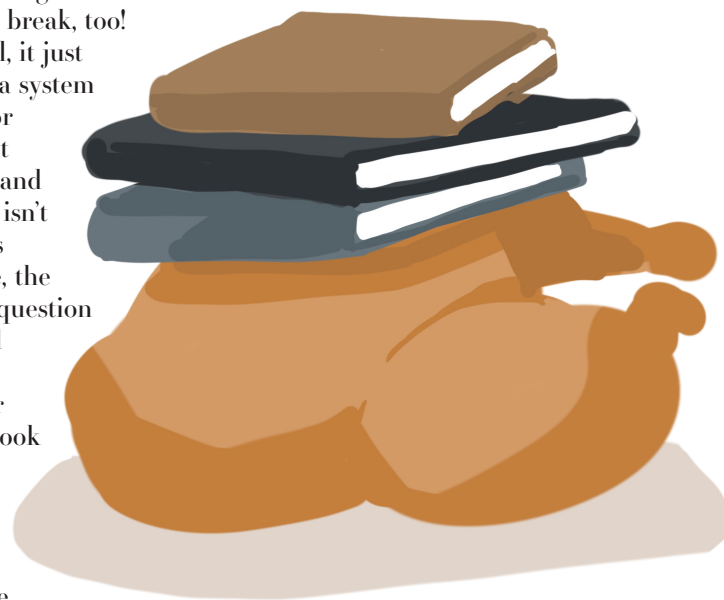
Oh woe is he who manages time so poorly that he has to do all his work over break. Woe is he indeed.

The amount of grammatical errors which accompany a Red-Bull-and-coffee-influenced essay are enough to make their grades drop faster than the crash they're about to experience.

Some of these due dates were in September. That's two months ago. How

can you put off your homework for two extra months? I've even caught wind that this student has an incomplete from last semester (that's last spring!) and is planning to finish those essays over break, too!

All in all, it just seems like a system that isn't for me, but if it seems bad and it works, it isn't bad. Excess stress aside, the student in question is prepared with bags under their eyes, notebook (and red bull) in hand and a train ticket home.



Mattea Gully/Art Director

COMICS

CANNED PEACHES by Alissa Salem



Professor faces dismal Thanksgiving break



AMBER MATTICE
Managing Editor

Thanksgiving break is right around the corner and while many students are thanking the Turkey Gods that they have a chance to sleep in or catch up on assignments that they have put off all semester, no thought has been given to the professors.

Well, in a not-at-all expected plot twist, it turns out that professors are just like us.

One professor, Albert Plots, who has not given out a single grade to his students yet this semester is planning on using the break to catch up on grading.

"I try to stay on top of it but I don't want to read the crap these students are turning in. At least I assign things that professionals have written. They have no reason to complain! Do you know how painful it is to read a student essay?"

If one were to visit Plots' office, as we at The Scallion have valiantly done, you would see stacks of ungraded papers and projects littered about the room. Piles of boxes labeled with class numbers and years take up most of the surface spaces, some dating back to 1982. Plots, pushing one very aged box not-so-stealthily under his desk, looked tired and frazzled already. The rest of the box towers teetered dangerously and it looked like Plots was waiting for them to end his misery.

"I don't assign that many essays, but that's just because I don't want to read them. Yet students still ask for extensions. I don't see why I should put in effort if they don't."

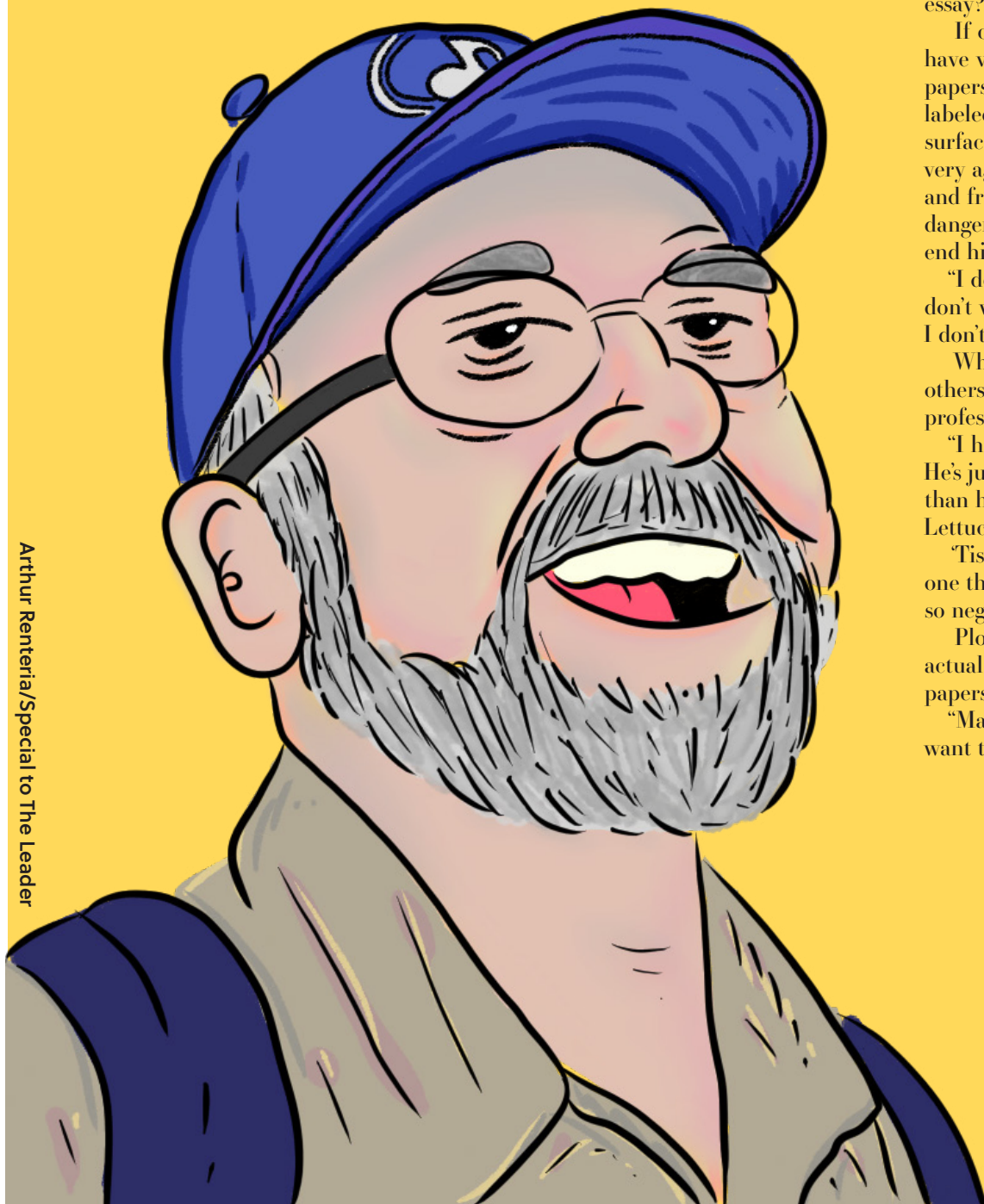
While many students are in the same boat as Plots, others don't think that the same rules should apply to professors.

"I have no idea what my grade is in his class right now. He's just adding to my stress. My hair is going to be grayer than his by the time the semester is over," said Ember Lettuce, a senior satire major.

'Tis the season for stress and mental breakdowns but no one thought that this time of year also affected professors so negatively.

Plots, while smiling through the pain of not having an actual Thanksgiving break, looked dismally at the stacks of papers waiting to be graded.

"Maybe I'll just give everyone a B and call it a day. I just want to drown in mashed potatoes in peace," he sighed.



Arthur Renteria/Special to The Leader

HOROSCOPES

ARIES

Now is the time to run.
Hijack the Park and Ride bus
and just drive.

TAURUS

If you thought the middle
of the semester was hard
just wait until your parents
announce their divorce at
Thanksgiving dinner.

GEMINI

Take a break this week.
Haha you've been
checked out since
September. Good luck.

CANCER

Stop waiting until breaks
to make your mom do your
laundry. It's gross.

LEO

Remember those
assignments you had
this week? Well, your
professors will.

VIRGO

The snow foretells your
future; unwanted and
coming too early.

LIBRA

Online shopping won't
save you from the pain.

SCORPIO

Stepping away from
campus will be good for
your overinflated ego.

SAGITTARIUS

Is it sad that you still
need Google Maps to
get home? Yes.

CAPRICORN

Revel in that smug attitude
over Thanksgiving break
because the next four weeks
promise to break you.

AQUARIUS

Now's not the time to
flake out on assignments.
Your degree is writhing in
its grave.

PISCES

Don't cry when grandma
talks about immigration at
Thanksgiving, just remind
her how peaceful next year
will be without her.