

THE

LEADER

SUNY FREDONIA'S
STUDENT-RUN NEWSPAPER

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**What Dining Halls And
Cafés Will Be Open?**

Ultimate College Move-In Guide

Fun Around Fredonia

Staying Active On Campus

**What I Wish I Would Have
Known As A Freshman**

THE LEADER

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Front and back cover: The Blue Devil lovingly poses around the SUNY Fredonia campus. Photographs by Derek Raymond.



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"You're off to great places! Today is your day! Your mountain is waiting. So ... get on your way!" - Dr. Seuss

Which dining halls and cafés will be open Fall 2022?

CHLOE KOWALYK

Managing Editor

After several on-campus cafes closed at SUNY Fredonia last academic year, many students are wondering when — and if they will reopen.

Here is a complete list of which dining halls and cafes will be open for the fall 2022 semester.

Cranston Marche

Cranston Marche is an all-you-care to eat dining hall that serves breakfast, lunch and dinner daily.

For breakfast, students can expect made-to-order omelets, waffles, eggs, bacon, sausage and fruit.

Lunch and dinner options include fresh salad, sandwich and pasta bars, as well as fresh meals from the grill, including chicken, veggies and fish.

Cranston is also known for Burger Wednesdays, as well as having holiday celebrations with meals fitting the theme of the specific holiday. To name a few, Cranston offered heart-shaped pizza on Valentine's Day, Mexican cheeseburgers, burritos, tacos and churros for Cinco de Mayo and succotash, cornbread and apple walnut bundt cake for Native American Heritage Month.

The dining hall is located upstairs in the University Commons, making it a central location to almost all students.

Cranston serves both hot and cold meals, and will be a dine-in only buffet style service next semester.

Inside the dining hall is a large seating area with tables and chairs to accommodate many hungry students.

Willy C's

Willy C's, located in its namesake building "Williams Center," is a grab-and-go service that offers several fast food selections. Students can select and purchase their food items through kiosks located directly in front of the pick up station.



Willy C's dining area. Photograph by Alexis Carney.

Willy C's serves burgers, fries, pizza, chicken wings, mozzarella sticks, pizza logs and soup.

The dining hall also has a deli option, where students can order toasted subs, sandwiches and wraps.

To many student's delight, Willy C's also serves sushi, fresh salads and all kinds of snacks, including chips, cookies, fruit, veggies, yogurt and muffins.

Willy C's also has a large seating area available to students, with a television located towards the back of the seating area.

Starbucks

Along with Cranston Marche in the University Commons (UC), Starbucks is also a central location for many students. Starbucks is located directly below Cranston Marche on the first floor of UC, and it is to the right of the Convenience Store.

The coffee shop serves the same customer favorite food and customizable drinks as other community Starbucks locations, such as strawberry acai refreshers, caramel macchiatos, impossible

breakfast sandwiches and all of your other favorites.

Those looking for a caffeine boost or a vivacious study space can find what they're looking for at the campus Starbucks.

Convenience Store

Right next to the campus Starbucks is a convenience store stocked full of snacks, frozen dinners and necessary groceries.

The convenience store, also known as the C-Store, is a great place to spend your extra points or grab a quick snack on your way back from class. Some options available at the C-Store include instant ramen, Ben & Jerry's ice cream, pre-prepared Fredibles and other snacks.

Café Mason

Café Mason also continues to stay open next semester.

This café offers brewed coffee, bubble tea, pastries, soups, sandwiches, salads and cookies.

Continued onto next page.

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Café Mason is located right in Mason Hall, an academic building on campus that holds mostly music-related classes. The café also offers a nice space for music students to study, converse and enjoy their snacks with one another.

Café McEwen

Café McEwen will also be open in the fall.

This convenient café is very similar to the one in Mason Hall, but it is instead located in McEwen Hall, an academic building hosting many communication majors and other classes held in lecture halls.

This dining option is also located a few short steps away from Reed Library, the campus' largest academic resource to students, as Reed Library and McEwen Hall are connected.

Café McEwen serves many treats such as muffins and giant cookies, and also serves wraps, breakfast sandwiches, fruit cups, yogurt and refrigerated beverages.

Students can also order brewed coffee and other similar café items.

Many of the above options offer vegan and vegetarian options.

Students can pick up a "Dining Vegan/Vegetarian at Fredonia" pamphlet in any of the dining halls to further understand how to accommodate dietary restrictions.

Students can also contact FSA or ask the employees for advice and safe food options.

For a guide to eating healthy on-campus, visit page 5.



GREYSTONE NATURE PRESERVE

Greystone Nature Preserve is located on the Portage Escarpment above Brocton, N.Y. and features a panoramic view of Lake Erie.

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Email: clarkmoran@gmail.com

Website: greystonenaturepreserve.com

Meals versus points: What's the difference?

BRIANNA HOWARD

Special to The Leader



Fredonia meal plan. Photograph by Derek Raymond.

When navigating life in a brand new college environment, the importance of knowing how to use SUNY Fredonia's meal plan is not one to bypass.

At SUNY Fredonia, there are nine different meal plans that are available to residential and commuter students.

According to the FSA website, fsa.fredonia.edu, "First semester resident freshmen are required to maintain Plan 1." After your second semester, you're allowed to switch to any of the meal plans that you see fit.

But what exactly is the difference between a meal and points? Let's break it down.

A meal is a set amount of money that is meant to be spent at once and is worth \$7.50 at most dining halls. For Plan 1, a student will have 19 meals every week. Throughout the week, you may choose whatever dining hall you want to eat at and use a meal. By Sunday morning, the meals reset to the default 19 meals. But beware of the price change for a meal at different places. At Starbucks, the value of a meal is \$5.50.

In Plan 1, students also receive 425 points. Points are like real money, so 425 points is \$425 that you can spend at the C-Store, Starbucks or any other food place on campus. Unused points from the end of the fall semester may be rolled over to the spring semester once you select a meal plan for the spring. However, any points left at the end of spring will be erased and your account will reset for the fall semester.

For example, if you go to Willy C's and get half a sub sandwich, you can use your meal to cover the whole cost. But let's say you're hungrier, and you want fries and a drink with your sandwich. Now you've gone above the \$7.50 meal limit and need some extra money, but don't want to use another meal to cover it. You would use the points to cover the extra few dollars without wasting a meal.

Hannah Porter, a rising sophomore communication studies major, said that for her, the meal plan wasn't hard to get used to.

She said, "What surprised me the most about the meal plan is how much you end up not using by the end of the semester." She continued by saying that it's wise to use up your meal plan so you're not wasting your money, and that "it will take experimenting with different meal plans to find what works for you."

So use up your meal plan, and go visit the various places on campus to eat.

How to eat **healthy** on campus with a **meal plan**

CHLOE KOWALYK

Managing Editor

Eating healthy with the limit of a meal plan and the dining halls on campus doesn't need to be a tricky task.

In fact, it can be pretty easy to enjoy a nutritious meal to keep your mind and body healthy while away at college.

Whether you follow a vegan or vegetarian diet, face dietary restrictions or are simply just looking to nourish your body with healthier options, here's an in-depth guide to eating healthy with a meal plan.

Next semester, the following dining halls will be open: Cranston Marche, Willy C's, Starbucks, Café Mason and Café McEwen. In addition, the C-Store will also remain open next semester.

Each location offers both vegan and vegetarian options.

The allergen information and a key to the ingredients in each of the menu items for all locations (with the exception of the C-Store, which has food still in their original labels) can be found at fsa.fredonia.edu.

Cranston Marche

At Cranston Marche, students can enjoy an array of healthy menu options served in an all-you-care-to-eat format.

Students can access fresh salads and fruit, soups and freshly made sandwiches and wraps.

Cranston Marche also serves grilled foods, including salmon, grilled veggies, cod and various seasoned chicken breasts.

For breakfast, students can get yogurt with granola toppings, as well as eggs and other healthy breakfast options.

Cranston Marche also offers vegan and vegetarian versions of many of their dishes, and students with dietary preferences or restrictions can ask staff for any substitutions.

Willy C's

Similar to Cranston Marche, students can also enjoy healthy options at Willy C's. Students can find vegetable boats with cheese, celery, carrots, cauliflower and broccoli.

Additionally, students can order salads, subs, fruit cups and grilled chicken breasts daily.

While the menu at Willy C's is much smaller than at Cranston Marche, students can filter menu options by vegan/vegetarian preference. By doing so, the items will be restricted to only vegan and vegetarian options, with vegan options highlighted in green.

This filtering option, added to the ordering kiosks last year, helps students safely navigate through the menu.

Starbucks

The campus Starbucks offers many healthy and enjoyable options.

Starbucks' calories and nutritional information is listed on their website, www.starbucks.com.

However, some of the healthiest options include sous vide egg bites, gluten free and vegetarian breakfast sandwiches, whole grain oatmeal and avocado spread for bagels and other menu items.

All of Starbucks' menu items list whether they are vegetarian or vegan right in the display case.

Many Starbucks drinks are low in calories or are safe for those with dietary restrictions.

For instance, Starbucks offers refreshers, which are much like juice and can be served with dehydrated fruit inside. These drinks often run just over 100 calories, making them a sweet summer drink for those of us looking for healthy options. Refreshers can also be made with coconut milk, which makes them into popular, specialty drinks like the acclaimed "Pink Drink."

Drinks at Starbucks can also be very easily customized. The company offers a wide variety of nondairy milks, including almond milk, oat milk, soy milk and coconut milk, which helps those with lactose intolerance or dairy allergies drink safely.

Customers can also order their drinks without whipped cream, syrups or other high-sugar additions.

Café Mason and Café McEwen

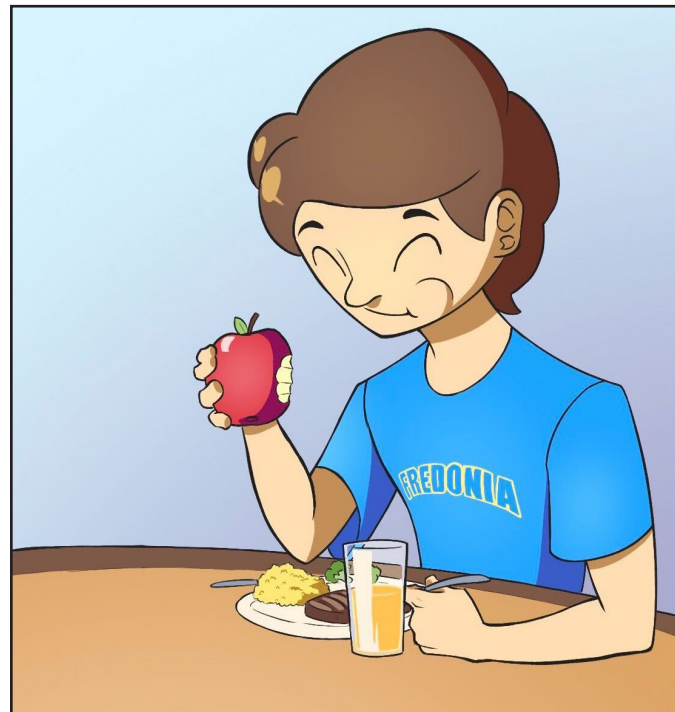
Both Café Mason and Café McEwen offer healthy options — especially for students on the go.

The cafés offer many vegan and vegetarian options, such as sandwiches, fruits and nondairy milk for coffees.

Each of the vegan options has stickers right on the food item's packaging to show students if their option complies with their dietary needs.

Students can also order soups, salads, cauliflower pasta, wraps, black bean burgers and overnight oats and berries.

Both cafés are great ways for students to grab healthy snacks on the go, in-between classes or for an easy meal on a busy day.



Graphic by Angelo Petrilli.

Mental health support on campus: What resources are available?

EJ JACOBS

Special to The Leader

Being a college student can be incredibly stressful and taxing on your mental health. Between balancing a collegiate life and a social life, there is also the struggle that comes with this newfound entry into adulthood. Most students are on the search to find an outlet for themselves to alleviate their stress. This is why SUNY Fredonia offers helpful services to students.

The Student Health Center in LoGrasso Hall provides students with all of their counseling-related needs. The Health Center is open Monday through Friday, 8 a.m. – 4:30 p.m. To utilize its services, students must make an appointment ahead of time as the Health Center does not accept walk-ins. The Counseling Center puts its best foot forward into being available for students.

One student, who chose to remain anonymous to retain privacy about their use of campus mental health services, said “The Counseling Center [at the Health Center] is really helpful when the timing works for me, but sometimes the wait time to get services in general is very long or I need help outside of the 9-5 hours.”

With the understanding that during the five-day week from 8 a.m. to 4:30 p.m. might not be the best time for everyone, the Health Center has listed on its website some alternative actions students can take if they are in need of student services.

The resources listed include where to go if there is a medical emergency, how to contact the University Police or 911, or where the nearest hospitals are: Brooks Memorial Hospital or WellNow Urgent Care, both located in Dunkirk, N.Y. At the bottom of the page, the Health Center also has many COVID-19 resources.

When someone uses the Counseling Center, students can go in with the knowledge that all their information is confidential. Once they come into the office on the day they scheduled their appointment, they fill out some forms at the front desk. Once this has been completed, they can wait to be called into an office where they can have a one-on-one conversation with a counselor.

If this option does not work for a student, the Counseling Center offers other services to meet a variety of needs someone might have. For students who don't want to meet one-on-one, peer support is offered in the FredWell Lounge in the Williams Center. There, students are able to seek out help from support groups and are given the opportunity to talk with people who might be going through a similar situation.

Another resource students can use is psychiatric services. These resources are provided virtually but are still very accessible to students. Psychiatric services are provided through the

SUNY Tele-Counseling Network (STCN) by SUNY Upstate Medical University Department of Psychiatry. If a student is in need of these resources they can contact Upstate Medical via email, beckerer@upstate.edu, or by calling (315) 464-3138.

For students using this service, they can also make an appointment through calling the Counseling Center. Then, they will be able to meet with a psychiatrist via secure video conferencing.

However, it is important to note that psychiatric

consultations/treatment requires an initial screening by a member of the Counseling Center clinical staff before receiving psychiatric services, and psychiatric consultation is meant to serve as an adjunct to counseling.

In an email sent to students who have used STCN psychiatric services before, “STCN is a time-limited service, intended to improve access to specialized diagnostic assessment and medication management, you are responsible to make arrangements with your primary care physician and/or a community based psychiatric provider for long-term medication management.”

If a student just wants to deal with daily stressors or take a more independent approach to their mental health, a great outlet is an app/website called myStrength. This is an app where a student can get advice and guidance to handle their personal well being on their own.

More information about Fredonia's mental health services can be found on the Student Health Center's website.



LoGrasso Hall. Photograph by Alyssa Bump.

How SUNY Fredonia handles **sexual assault cases**, and how students can go about **filing a case**

JASON LOUSTAUNAU

Special to The Leader

The frequency in which sexual assault occurs on American college campuses is appalling and enough to warrant a conversation about where to go if you need to file an incident.

According to the website of the Rape, Abuse & Incest National Network (RAINN), “13% of all students experience rape or sexual assault through physical force, violence or incapacitation (among all graduate and undergraduate students).” Sexual violence is a serious issue that can affect anybody, but the risk of it happening is significantly higher if you are a woman. RAINN additionally reports that “Among undergraduate students, 26.4% of females and 6.8% of males experience rape or sexual assault through physical force, violence or incapacitation.”

If someone is a victim of sexual assault, it can't be overstated that the victim is under no obligation to report the incident. As said by Julie Bezek, the Prevention, Advocacy and Wellness Coordinator (PAWS) from Lograsso Hall's Counseling Center, “The decision to report or not to report is deeply personal. Survivors should be encouraged to —pursue the option(s) that feel right for them — there is no “right way” or “wrong way” to handle an incident of sexual violence. The best thing friends and family can do for a survivor is support their autonomy to make decisions that are right for them.”

On the topic, University Police Chief Isaacson noted, “I think it's important to know for context, that in any of these kinds of cases, the victim is really in the driver's seat.” If somebody wanted to speak out about something that happened, they have total control over what happens next with their experiences.

That said, some students are unaware or uncertain where they can go if they need help. It's important to understand where resources are so survivors can feel less alone. Survivors can utilize resources on campus to document an incident, but they don't need to feel any pressure to pursue any recourse or charges.

Additionally, individuals can ask to be anonymous while filing a report. On Fredonia's campus, students have two options where they can choose to file and follow through with an incident. Students can contact University Police or the Title IX Office if they wish to file a sexual assault incident. The Title IX Office can then filter cases through the Office of Student Affairs.

Currently, the Title IX Coordinator position appears to be unfilled. Until the college fills the position, SUNY Fredonia's website lists Dr. Vicki Sapp as the person to contact if a student has questions regarding title IX or needs assistance filing a complaint. Sapp can be reached at (716) 673-3358 or in her office in Fenton Hall, room 143.

While University Police can help a student pursue criminal charges, the Title IX Office can help a student pursue university actions against the perpetrator, such as expulsion in extreme circumstances.

Students can use any and all offices to pursue their case. Any of these offices would be more than happy to assist a student, faculty member or anyone otherwise in need of help. If someone is confused and needs a starting point of who they can talk to, they could approach University Police and would be given resources and information that could guide them to what their next step could be. Lieutenant Scott Martin remarks that University Police members are trained in “trauma informed interviewing,” which allows for more emotion in their understanding, and is designed for dealing with victims of domestic violence and sexual abuse.

University Police and the Title IX Office have slightly different roles with how they work with sexual violence cases. When an incident reaches the Title IX Office, Lisa Newell, the director

of student conduct at the Office of Student Affairs notes that, “The Title IX Office would investigate the complaint, interview those involved... and then they would forward the complaint to my office because I assist students in moving things through our university's student conduct process.”

Cases that are filed through University Police can take longer to process, relative to the other offices, as they need a bigger depth of evidence for the District Attorney's office to secure convictions. As remarked by Martin, “We have to make sure that everything that we can possibly find is there so it can take a little time. Say on average, it's probably three, four months. But [again], it depends on the circumstances.” If someone is able to report closer to when the incident happens, it can become relatively easier to get the sought after conviction.

If students have tried the channels offered on campus and feel unsatisfied with their experiences, there are other resources out there that can help. On SUNY Fredonia's student conduct webpage, within the University Policy on Sexual Violence Prevention and Response, there is an extensive list of resources that extends beyond campus resources.



Graphic by Ash Maloney.

Welcome to the Intercultural Center

ALYSSA BUMP

Editor in Chief

On the second floor of the Williams Center, there lies several intercultural resources that are constantly adapting to the needs of SUNY Fredonia's student body.

The Intercultural Center (IC) is essentially "a hub for programming that collaborates with various offices and community members with a focus on diversity and inclusivity," according to Khristian King, executive director of Student Engagement and Inclusion at SUNY Fredonia.

King has worked with IC for six years. When she first came to Fredonia and started as interim director, IC was known as the Center for Multicultural Affairs (CMA).

CMA used to focus on supporting six student groups that aligned with the center's mission, but they have since changed the name and focus of the center to expand more diverse intercultural resources to students.

"Students really wanted to expand on what they knew of multiculturalism, and it was important for me to change the language to intercultural [for the inclusion of] international folks," said King.



The grant at the time did not allow for CMA to support more than six groups, so King and others working with IC rewrote the grant to include more intercultural campus clubs when she moved from interim director to director.

IC has now doubled the number of student groups they support, with 13 intercultural student groups currently under IC. These groups include the

African Student Union, Black Student Union (BSU), Blue Ice Step Team, Brother 2 Brother, Caribbean Student Association (CSA), Enfusion, Fredonia Feminists, Hillel, Latinos Unidos (LU) and Pride Alliance.

The clubs associated with IC have to complete a few requirements before the collaboration is set in place. The main requirement is that these groups align with IC's mission of "seek[ing] to enhance the student experience by cultivating an inclusive community, on and off campus, through support and collaboration with campus constituents, while providing students with the skill sets needed to excel and make a difference," according to IC's website.

"I think there is a misconception sometimes when people hear 'intercultural,' they might assume [IC] is only for POC or LGBTQ+ and that's not the case. We work with all students."
- Khristian King,
executive director of Student
Engagement and Inclusion.

King said, "We specifically work with the e-board members [of these student groups]. There's two required training [sessions] for all of the groups. We do one before the fall semester and one usually right when the spring semester starts."

Two of the biggest collaborations between IC and the intercultural student groups are Multicultural Weekend and Culture Fest.

Multicultural Weekend is an annual spring program meant for existing students of Fredonia to participate in, as well as accepted students to travel to the college and get involved with the festivities. Multicultural Weekend has recurring events like El Carnaval hosted by CSA and LU, which includes games, prizes, music, food and performances. The BSU Fashion Show is also an impressive presentation of Black, Indigenous and people of color (BIPOC) brilliance and excellence with

the incorporation of fashion, prizes, vendors and music during Multicultural Weekend.

Culture Fest is an annual fall program meant to kick off International Education Week and celebrate the diverse cultures within SUNY Fredonia's campus. Last year's events included student performances, arts and crafts, games, raffles and ethnic food.

Besides collaborating with student groups, IC collaborates with a variety of other campus services and offices. These offices include Multicultural Support Services (MSS), Veterans Affairs Office, Volunteer & Community Services, Counseling Center, Admissions and more.

IC partners with the Counseling Center for "Let's Talk," which is an informal introduction to counseling services on campus. "It isn't clinical counseling, but it's more of an appetizer for getting support and getting help when you just want to talk [to someone]," said King. Alongside student engagement, IC aims to inform and educate the campus community. Their website, www.fredonia.edu/student-life/intercultural-center, is a huge resource for students that can be accessed without even stepping foot into the IC office in the Williams Center.

FREDpride is a relatively new page that gives students access to LGBTQ+ resources on campus, as well as locally, regionally and nationally. "[Students] wanted to see something where they could look up [information] quickly. So we support that page and we also have a Cultural Information Index," said King.

According to the Cultural Information Index webpage, the goal of the index is to "increase awareness of the diverse groups we have on campus. It is intended for members of the Fredonia campus community, and those outside the community, to build knowledge about cultural diversity."

King said that the Cultural Information Index was produced in collaboration with multiple offices, such as Reed Library and the Diversity, Equity and Inclusion Advisory Council, for students who are new to diverse and inclusive language. "Not only can you find the

term, you can then find a link to a website that will give you more information,” said King.

There is also a Tranquility Room, which was created in collaboration with International Student Services (ISS), that is meant to provide a space for students to practice meditation or prayer. “The great thing about the Tranquility Room is that if students sign up to reserve it, if it is after hours, we give them swipe access,” said King.

The Tranquility Room is located in Thompson Hall, room W110, within the ISS suite of offices, and reservations for the room can be made using the link provided on IC’s website.

Crowned Rubies, a program crafted specifically for women of color, and Kings’ Corner, a new group designed for men of color, are two programs that exist through IC to support BIPOC students.

Multiple internship positions and two scholarships are offered through IC. The two scholarships offered are the Keeper of the Dream scholarship, which is a recurring scholarship for first year students, and the Rosa Parks scholarship competition, which is a scholarship opportunity for all enrolled students.

“Rosa Parks is a one-time scholarship ... It is a social justice scholarship competition where students can pick any area of social justice and they can discuss it in any way, shape or form. We had one winner that created a Black Lives Matter painting and another student who wrote a poem called ‘Honey Nut

Cheerios’ which was about what it is like to be an Asian student at a predominately white institution (PWI) ... It was so beautifully written,” said King.

As for becoming an IC intern, the office accepts a wide variety of different majors as interns. “We have had criminal justice majors, art majors, business majors ... we can adjust the internship to align with the major,” said King.

King recommends that students get involved with IC through the intercultural student groups. “We do a lot of collaborative programming [with them] and they are your peers. Culture Fest is a great way to learn about us, which normally occurs in November,” said King.

She also recommends that students utilize IC’s website, as the bottom of the main page has upcoming events listed, and a variety of information is provided just through a click of a button on the side panel.

“I think there is a misconception sometimes when people hear ‘intercultural,’ they might assume [IC] is only for POC or LGBTQ+ and that’s not the case. We work with all students,” said King.

She continued, “The biggest benefit of working with our office is that it gets you connected with staff that can be of help and support in various ways ... IC can be what you make it.”

For more updates from IC, follow their social media accounts on Instagram, @fredonia_ic, Twitter, @FredoniaIC, and Facebook, @fredoniaic.

What is the Registrar’s Office?

BRIANNA HOWARD
Special to The Leader

While students are in a race to register for courses and make sure they’re on track to graduate, the Registrar’s Office is busy at work serving students with those concerns.

Located on the first floor of Reed Library, the Registrar’s Office helps students both during the school year and the summer.

The Registrar’s Office offers a wide variety of resources, and is largely known as the place you can go to for assistance with all of your academic needs.

Everything from how to add, drop or withdraw from individual classes in a given semester, change your academic programs and apply for your degree can be assisted through the office.

Students can also get assistance with DegreeWorks, resetting their PIN for access to YourConnection and obtaining their academic transcript by utilizing the Registrar’s Office.

Near the office entrance, you can find paper forms of the topics listed above. Fill out the forms and submit it back to the Registrar’s Office during their hours of operation.

However, since COVID-19 the Registrar’s Office has adapted their processes to easily allow you to work through your needs via email. If you find you don’t have the time to stop by, email them your requests and they’ll get back to you as soon as they can.

Andie Vélez-Davis, a rising senior video production and journalism major, said that for major and minor needs, the Registrar is quick to help over email.

“They were fast and efficient when responding to requests that I put in,” said Vélez-Davis.

Students can easily click the drop down links on their website, www.fredonia.edu/academics/registrar, to find email templates and links to specific academic departments’ contact list.

Or, if a student is looking for guidance on something other than a process that the Registrar’s Office handles, don’t be afraid to email or call them with your questions. The staff is always willing to point you in the right direction to wherever you need to go.

Visit the Registrar’s website, www.fredonia.edu/academics/registrar to look over what they can help with.



IC students graduate from SUNY Fredonia. Photograph by Khristian King.

Life & Arts

The ultimate college move-in guide

CHLOE KOWALYK

Managing Editor

Getting ready to move into your college dorm room for the first time is an exciting, yet nerve-racking experience.

But what should you pack?

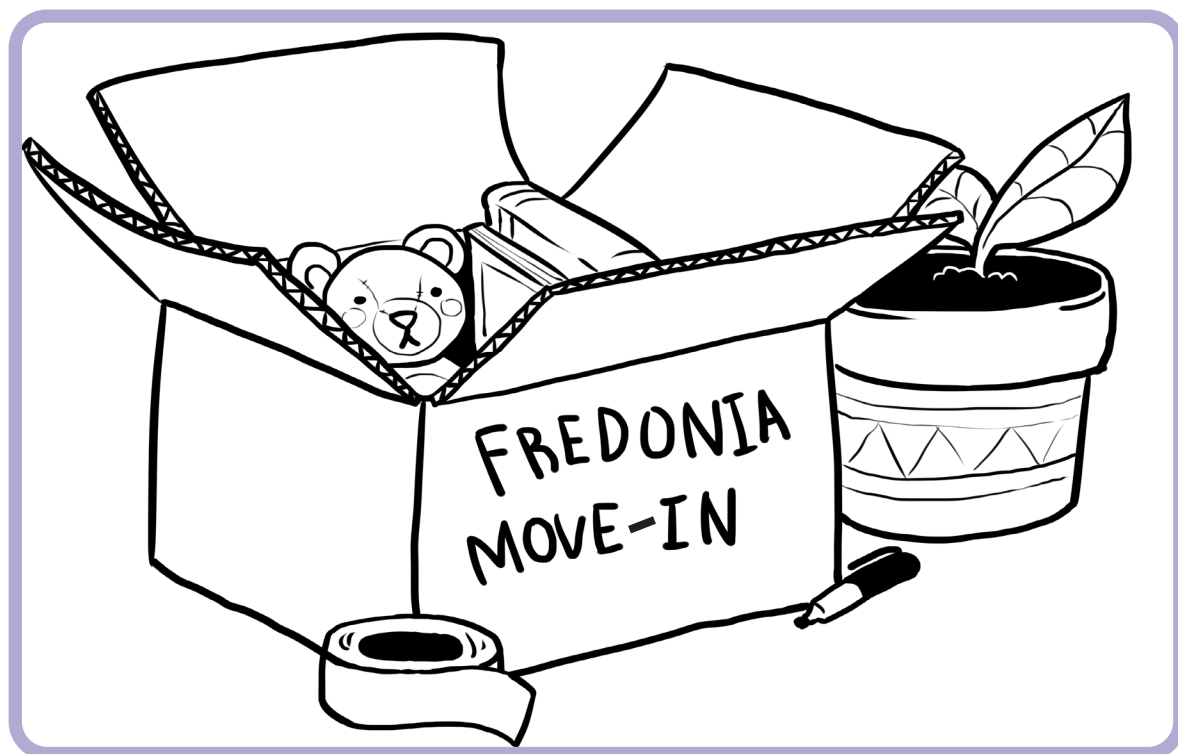
This guide is sure to help you pack all the essentials (and fun stuff too) needed for dorm life.

Before we dive into what to bring to college, it is important to note that move-in dates for freshmen start on Aug. 18.

You can check all the move-in dates and times on Fredonia's website, under "Student Life" or by searching for move-in dates and times.

To fully tackle what you should bring with you on move-in day, let's separate the lists into categories.

Below are lists for items you should bring for academics, basic necessities, fun additions and things to leave at home.



Graphic by Patch Parsons.

Academics

To ensure you're successful in all of your classes, make sure you're well prepared.

Be sure to stock your desk with the basics, such as pens, pencils, erasers and a calculator, but in addition, here's a complete list of educational essentials.

- Laptop
- Flash drives
- Headphones
- Backpack
- Desk Lamp
- Stapler
- Tape
- Hole puncher
- Index cards
- Required textbooks
- Notebooks
- Planner
- Calendar

Basic Necessities

Dorm life is a lot different than living at home, so you'll need a few things you may not have thought about.

These are a few items you may want to bring to have the best experience while away at college.

- Command strips and hooks
- Shower caddy
- Shower shoes/flip flops
- Towels
- Toothbrush, toothpaste AND a holder for your toothbrush
- Hair dryer
- Fan
- Set of sheets (twin sized bed sheets fit just fine!)
- Blankets
- Pillows and pillowcases
- A mattress pad (dorm beds alone are NOT comfy!)
- Laundry detergent
- Laundry basket
- Dryer sheets
- Vacuum/broom
- Batteries
- Hangers
- Umbrella
- Storage containers/organizers
- First-aid kit
- Warm winter clothes: hat, gloves, scarf, winter jacket

Fun Additions

Now that we got the important stuff out of the way, we can focus on the fun parts!

Decorating your dorm room and making it your own is one of the best parts about living in a dorm.

Here's some fun, yet optional ideas to make your room more homey.

- Mini refrigerator
- Small microwave
- Coffee maker
- Rug
- White board
- Television
- Posters
- Fairy/battery-operated lights
- Pictures
- Bluetooth speaker (trust me on this one!)
- Waterproof picnic blanket
- Gaming consoles
- Snacks
- Playing cards, games, movies

Things to leave at home

- Plug-in lights
- Candles
- Drugs and alcohol
- Exposed heating elements (like toasters)
- Multi-arm lamps
- Extension cords
- LED lights (they'll probably pull the paint off the walls if you're not careful!)
- Anything that is nailed into the wall, or doesn't use command strips

With that, your dorm room should have all the practical items needed to be a comfortable living space.

Be sure to check out the specifications for a mini fridge and microwave on the "Residence Life" section on the school's website.

Stay safe, and have fun at move-in this semester!

Top five best study spots on campus

CHLOE KOWALYK

Managing Editor

When it comes to academics, SUNY Fredonia's campus is more than just a pretty sight.

Numerous study spaces are scattered around the college's 266-acre campus.

When students feel they need a break from studying in their dorm rooms, they can look to these spaces for a nice change of scenery.



Science Center study lounge. Photograph by Prince Hunt.

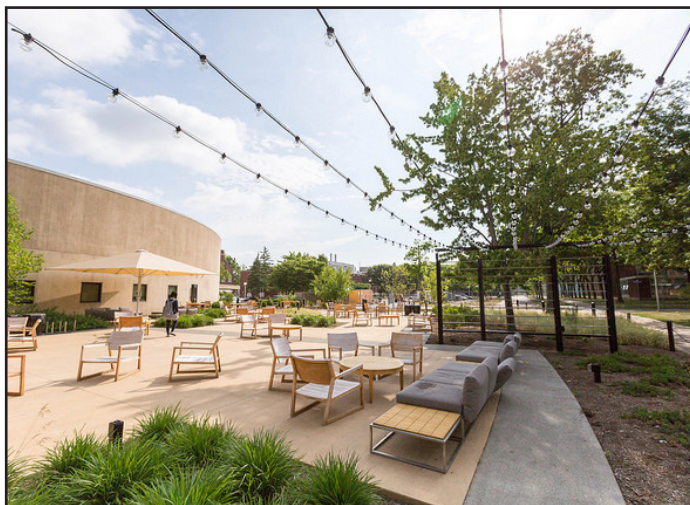
5. Science Center

Tucked between Jewett Hall and the University Commons is Fredonia's own Science Center, complete with a large seating area on the first floor and study spaces located throughout the whole building.

You don't have to be a STEM major to enjoy the plethora of study spaces in the Science Center: it's open to students regardless of their major or minor.

As soon as you enter the main entrance of the building, there are tons of chairs and tables set up for students to use to wait for class or get some work done.

It's a quiet, yet public area where students can get a quick study session in or hammer out a last minute assignment if needed.



Williams Center Patio. Photograph from fredonia.edu.

4. Williams Center Patio

Another great study spot on campus is the patio, located just outside the Williams Center.

Complete with tables, chairs and even a large futon, the patio makes for a great group study session.

Students hoping to work on a group project or simply just looking to study with friends can find large seating areas to accommodate the whole group.

The patio is also fit for a late-night study session, where string lights line a metal bar at the front of the patio.

For warm summer and fall nights, the patio is a great place to relax and get your work done!

3. Outdoor Picnic Tables

It's a bright summer day: the sun is shining and the birds are chirping.

But, alas, you have a big assignment due tonight!

How can you enjoy the wonderful weather and finish that assignment on time?

Take a seat at the picnic tables outside of University Commons.

Just outside of University Commons are several picnic tables where students can choose to study by themselves or with friends.

The tables are located both in the sun and the shade, making them perfect for enjoying any warm day.

You may even get a few squirrel visitors while studying, providing you a short but adorable break from your homework.



Outdoor picnic area. Photograph by Jules Hoepting.

2. Three Man Hill

Yet another perfect study space is Three Man Hill, the grass-covered incline located between Rockefeller Arts Center and the Campus Woodlot.

This popular picnic destination gets its name from the metal sculptures of three men located at the top of the hill.

Many students use Three Man Hill to have picnics, hang with friends and my personal favorite: to watch the sunset!

There's nothing better than finishing up a Zoom meeting while you watch the sunset over your laptop screen on Three Man Hill.

There's an amazing view overlooking the stadium and townhouses, making group study sessions all the more enjoyable.



Sculpture on Three Man Hill. Photograph from fredonia.edu.

1. Starbucks, University Commons

While all the study spots on this list are fantastic, my all-time favorite place to study on-campus is the Starbucks inside of University Commons.

Central to practically all buildings on campus, Starbucks is a popular study space, so if you want a spot, get there early.

After ordering the drink and food of their choice, students can make their way to the cafe seating at the back of the store.

The campus Starbucks has a studious atmosphere, with upbeat instrumental music and the smell of coffee throughout.

Recently, tables have been placed outside of Starbucks right inside the University Commons lobby to accommodate even more students.

While this isn't always the quietest option, students looking for white noise or a coffee shop setting can find exactly what they're looking for at SUNY Fredonia's Starbucks.



Starbucks lounge. Photograph from Fredonia Admissions virtual tour.

Fredonia's theatre department set to bring "Into the Woods" and "Radium Girls" to the mainstage in Fall 2022

ALYSSA BUMP
Editor in Chief

"The Wild Party," "Pipeline" and "Mr. Burns: A Post-Electric Play" are just a few of the shows hosted by Fredonia's department of theatre and dance (TADA) that hit the ground running this past academic year.

Luckily, TADA has no plans of slowing down its thrilling and invigorating mainstage performances during the fall 2022 semester.

Czerton Lim, TADA associate professor and the managing producer of TADA productions, confirmed "Into the Woods" and "Radium Girls" are set to hit the stage during the upcoming semester.

Lim said, "We will be opening with James Lapine and Stephen Sondheim's 'Into the Woods' as our fall musical at the Marvel Theatre with School of Music (Paula Holcomb) providing the pit orchestra. The beloved musical is a mishmash of several well known Brother's Grimm fairy tales and how their stories intertwine to tell a bigger tale about happy endings and what usually can come after those endings wished for come to pass."

He continued, "Then we will open D.W. Gregory's 'Radium Girls' in the Bartlett Theatre. This intimate play is a dramatization of real events that took place in the 1920s in New Jersey about female factory workers who contracted radiation poisoning, and their lonely fight to take the company to the courts and the effects this event has in their lives."

"Into the Woods" opening night is on Oct. 21 and plays Oct. 22, 23, 27, 28 and 29. "Radium Girls" opens Dec. 1 and plays Dec. 2, 3 and 4.

Lim has served as a managing producer since fall 2021. He explained the position was split between four faculty members last year, but this year, the role is being reverted back to one faculty member. He said, "Officially, this is going to be my first year in the position."

So far, Lim has been "fascinated with the planning involved in getting the current season going and the next one implemented. I've always enjoyed playing Tetris, and creating the schedule and the budget are very similar to that ... it is never just one production you are working on, it is usually juggling one in process, one in production and one coming up."

**"On average, anywhere between 70 to 100 students, faculty and staff can be involved in any one production ... Auditions and involvement in our productions are open to all interested SUNY students."
- Czerton Lim, managing producer of TADA productions**

According to Lim, TADA prides itself on having its productions run mainly by students. In fact, "90% of what goes on stage is solely by student involvement." Faculty supervises students during the process of creating set pieces, costumes, scenery, lighting and sound shops.

"On average, anywhere between 70 to 100 students, faculty and staff can be involved in any one production," said Lim.

Any SUNY Fredonia student interested in auditioning or being involved in an upcoming production is allowed to do so. Lim said, "Auditions for the shows usually take place at the beginning of fall semester, and those audition calls are open to the campus ... The most important quality we seek out is a willingness to learn and a willingness to try out new things."

The department also offers introductory classes that normally fill Fredonia Foundation requirements. These classes offer training and experience in areas that are useful for campus productions.

A massive amount of prep work goes into these productions. Lim said, "Usually anywhere between four to six months is dedicated just to the planning/implementation from the start of the process, which is when the director presents their concept to the production team, to the design, to the casting, to the rehearsal and build, all leading up to the technical rehearsals where all the elements are put together and worked on stage, and then ultimately to opening [night]."

For those that have not yet seen a TADA production, Lim wants prospective viewers to know "a lot of student talent goes into the producing and performing of these shows, so other than great storytelling that goes behind the scenes and ultimately on the stage, audiences should also expect these students' artistic and technical prowess ... and the hard work of the students undertaking those challenging roles both in front of and behind the curtain. The production, when it opens, is a celebration of the work and dedication of the students, faculty, and staff that is shared with the audience."

Lim confesses that he is excited for all the shows this year. "This year's season offers a diverse take, whether in the approach to storytelling, design or points of views from the selection of playwrights. The fact that we are once again back to live theatre with an audience coming to see these works in person is really very exciting."

For more updates regarding the upcoming TADA productions, follow @tadafredonia on Instagram and @fredoniatada on Facebook.



"Mr. Burns: A Post-Electric Play." Photograph by Derek Raymond.

Merrick Allen, left, as Burns and Lauren Teller, right, as Queenie in "The Wild Party." Photograph from the State University of New York at Fredonia.



"The Wild Party." Photograph by Czerton Lim.



"Mr. Burns: A Post-Electric Play." Photograph by Derek Raymond.



"Pipeline." Photograph by Czerton Lim.

Career Development Office: A must-visit for all students

ALYSSA BUMP
Editor in Chief

Despite being tucked away on the second floor of Gregory Hall, the Career Development Office manages to serve hundreds of students every semester — even during the pandemic.

The office offers a plethora of useful services for students that everyone should be aware of.

Christopher LaGrow, the director of the CDO, has worked for the office for about 17 years.

“I provide career counseling to students, career presentations to classes and groups and serve as the primary contact for our recruiting team,” said LaGrow.

The CDO provides individual career counseling, which can be extremely useful for students that are feeling lost or confused when it comes to their career path.

LaGrow encourages students to check in if they feel uncertain about their major or career.

For a situation like this, the CDO would use the MyPlan online career assessment tool to give some insight on what interests, values and skills a student possesses that would be useful for their career.

And for those that feel comfortable in their major, the CDO can be a great resource to start planning out a potential internship or other career goals.

LaGrow said, “We critique resumes and cover letters, conduct practice interviews and review personal statements for graduate school applications. We have several career and recruiting events each school year that directly connect students to employers.”

Other areas the CDO provides services for are job searches, interview preparation and graduate school preparation.

It is also important to note that the CDO’s services are available to all alumni too. This means that even if your time at Fredonia is done, you will still be able to set up an appointment to plan for the steps after graduation.

“They should also visit with us early in their senior year to get their resume into shape and make plans for their job or graduate school search,” said LaGrow.

LaGrow advises new students to get involved on campus right away. “Employers love to see students who were active in student organizations ...



Photograph by Jules Hoepting.

During COVID-19, the office has mainly relied on Zoom to set up appointments.

Regarding next semester, LaGrow said the CDO is “hopeful but not 100% sure if we’ll be able to go back to in-person appointments, but rest assured that we can provide our full array of services by Zoom again if needed!”

Students are allowed to meet with the CDO as often or as little as they feel necessary, but it would be wise for all students to visit at least once before they graduate.

That aside, it’s a great way to make new friends and pursue areas of interest with people that share those interests,” LaGrow said.

If you would like to make an appointment with the CDO, check out the office’s webpage, fredonia.edu/student-life/career-development-office, and click the blue “schedule an appointment” button at the top of the page.

Caribbean Student Association brings cultural spice to Fredonia's campus

NERON SIMPSON & LEANA SHARPE

Special to The Leader

The contrast between the town of Fredonia and any Caribbean country is evident, to say the least. Cold, frigid temperatures compared to warm and humid climates seem to stand out most.

As students of Caribbean descent, we oftentimes are reminded of the cultural and physical differences between both environments as we progress through our education at Fredonia.



CSA March 2020 Gala event. Photograph retrieved from @fredoniacsa on Instagram. Caribbean dishes as well as music and prizes.

For one, the food. Of course, coming into college one should not expect the food to taste exactly like home. With a large population of students from various cultural backgrounds and dietary conditions, it can be a challenge to provide for everyone.

From a Jamaican point-of-view, however, it would be nice to see some island staples offered in dining halls such as rice and peas (with red kidney beans, not actual peas), pepper pot soup and festival, which is fried bread.

Would these taste good given the limited ingredients available in the area? That depends on who you ask, but with enough practice and patience, anyone can perfect these dishes. Students at least deserve the option.

To continue, we have to talk about art. Of course, being Caribbean isn't just about the food, as our cultures are also notable for possessing many talented and hardworking artists. So why don't we see more on campus?

In doing some research on Fredonia's website and event archives, previous Caribbean writers who were featured on campus were West-Indian poet and pianist Michelle Whitaker in 2019 — who published her first poem in *The Leader* — Caribbean-American poet Shara McCallum in 2011, and science fiction and fantasy writer Nalo Hopkinson in 2008.

For a region that is somewhat underrepresented in regards to literature, it would be nice to invite more Caribbean voices to speak on their work and inspirations on campus.

The Marion Art Gallery does a wonderful job showcasing artists that many students have not seen before. However, it would be interesting if the gallery reached out to Cuban, Dominican, Antiguan, Haitian, Bahamian, St. Lucian, Trinidadian and Guyanese artists, for example, to display their work within the gallery. It would help to spark conversations, widen perspectives and inspire students in their goals and aspirations.

Being a Caribbean student in Fredonia for us has not felt particularly different, but representation wise, it is noticed what is missing. Hopefully in the near future, some of these suggestions are implemented.

In the meantime however, Caribbean Student Association, a student club on campus, is helping to bridge these gaps on campus. One of the recurring programs we offer is "Caribbean Artist Highlight," which highlights a visual artist of Caribbean heritage, while students participate in an art activity. Artists have included Jamaican painter Albert Huie and Guyanese poet Grace Nichols.

Previously, the club has hosted an open mic night in Tim Hortons, and bowling at Lucky Lanes. One of the more iconic events, however, is the Gala held near the end of each semester. It features various

Overall, CSA is a welcoming environment to all students on campus to celebrate and become more educated about Caribbean culture, and one does not have to be Caribbean to join, despite the misconception.

On one final note, CSA is looking for students to join their executive board. The positions available include vice president, secretary and public relations chair. If you are interested in any of those positions, please email nsimpson@fredonia.edu with a letter of intent explaining why you would like that position as well as relevant traits or experience to make you qualified.

Leana Sharpe and Neron Simpson are both affiliated with Caribbean Student Association's executive board.

How to join **The Leader**, SUNY Fredonia's student-run newspaper

ALYSSA BUMP

Editor in Chief

CHLOE KOWALYK

Managing Editor

Are you reading this magazine and thinking to yourself, "Wow, I wonder how I could get involved with SUNY Fredonia's award-winning student-run newspaper that aims to inform the campus and local community?"

Luckily, you can! And it is not difficult to get involved.

What experience is required to join The Leader?

Students do not need to be a specific major to submit work or join The Leader. Students do not need to be a specific class level to join, or have prior experience in the world of print journalism. No experience is required, and we encourage anyone interested to come forward.

Students can be involved as much or as little as they please, but we greatly appreciate regular contributors, as they are likely to move up to an e-board position in the future.

We pride ourselves on being an open learning environment for students, providing them with real-world experience in the comfort of a college environment. The only requirement is a good attitude, a willingness to try new things and prompt replies when working on a tight deadline.

Writing for The Leader

The Leader has five different sections students can write for: News, Life & Arts, Sports, Opinion and Scallion, our satire section.

News focuses on important and time-sensitive articles that pertain to current events happening around campus and the community. The upcoming editor of the News section is Brianna Howard; she can be contacted at howal130@fredonia.edu via email.

Life & Arts houses articles about campus life events, music, arts and performances. There is currently not an editor for the Life & Arts section.

The position is currently being filled by Alyssa Bump; she can be contacted at abump@fredonia.edu via email.

Sports covers both SUNY Fredonia sporting events and national level sports, as well as athlete profiles and sports commentaries. The Sports Editor is Tyler Pacos; he can be reached via email at paco8086@fredonia.edu.

The Opinion section is a space for students to share their opinions on relevant issues or topics. This section also houses Letters to the Editor, which are opinion pieces that can be submitted by anyone. Letters to the Editor must be 350 words or less and have a deadline of 4 p.m. on Friday prior to print. "From the Desk of" pieces are also located in this section, which are opinion pieces from e-board members of The Leader. Any articles being submitted to the Opinion section can be sent to leader@fredonia.edu and abump@fredonia.edu.

The Scallion is the last section of The Leader and is dedicated to creating satirical articles relevant to Fredonia or current events. Matthew Baum is the Scallion Editor; he can be reached at baum0866@fredonia.edu.

Copy Editing

Copy editors are responsible for reviewing all written work submitted by writers. The editors will use AP Style to ensure consistency and follow regular journalistic guidelines when reviewing work that will be published. Copy editors also ensure information is clear and well-written.

Additionally, they fact check key information, such as dates, spelling of names and places, and statistics. All articles go through the copy editing process, which is why it is important to submit articles on time.

For this role, some prior knowledge of AP Style is preferred, but not required. It is also preferred that copy editors own a copy of a recent version of the AP Stylebook. Anyone interested in copy editing should contact leader@fredonia.edu and abump@fredonia.edu via email.

Photography

The photography section of The Leader is responsible for taking compelling images to complement articles and to create photo galleries. Most covers of The Leader are also photographs. The Photo Editor is Derek Raymond; he can be reached at draymond@fredonia.edu via email.

Photographers are responsible for picking up photo assignments where they may need to attend events, or take images of people, places and things on campus.

Photographers are not required to own a nice camera, as cameras can be rented out on campus through the ITS Service Center Equipment Checkout System. However, many images can also be taken on smartphone cameras.

Graphics and Art

Our graphics and art team is a vital part of The Leader. The graphics and art department is responsible for creating original artwork and visual graphics to accompany articles being published both in print and online.

Examples of graphics and art include drawings, graphs, diagrams and comics. These aspects help to make our paper look more interesting and colorful. Also, it can help a reader better understand a story to have a visual representation of what the writer is talking about.

Our upcoming Art Director is Quinn Spook; she can be reached at qspook@fredonia.edu. The Leader is always looking for artists to join our team. Interested students should contact the Art Director if interested.

Layout and Design

The Leader uses Adobe InDesign to put together each print issue. Experience with InDesign is required to fill the role of Design Editor, but those interested in design should still be encouraged to reach out to shadow our Design Editor. It is recommended that anyone interested in design enroll in COMM-346: Editing & Design to garner more experience. To enroll, students must have junior or senior standing.

Right now, the position is open and being filled by Alyssa Bump, who can be reached at abump@fredonia.edu via email. This position is offered with internship credit, and more information can be found on Handshake by searching “Newspaper Design Editor The Leader.”

Business and Advertising

An integral part of The Leader’s ability to function as a news organization is our business and advertising section. Our Business Manager is responsible for filling out requisition forms, completing payroll, creating our budget and finding ads for our print issues.

We also offer internship credit through our Business Manager position. Our current Business Manager is Breanna Orologio, who can be reached at borologio@fredonia.edu.

Web Editing

Web editors are in charge of our website, fredonialeader.org. They are tasked with uploading our stories online each week and must adhere to posting deadlines. Additionally, our web editors upload PDF documents of our issues as they are released for online access. Web editors also ensure that the webpage is functioning properly and address any errors that may come up throughout the semester.

Currently, our web editor positions are open, and the positions are currently being filled by Alyssa Bump, who can be reached at abump@fredonia.edu via email, and Chloe Kowalyk, who can be reached at ckowalyk@fredonia.edu via email.

Our website is created with WordPress, and experience with web design on WordPress is preferred but not required.

Social Media

Social media is important to The Leader as it is vital for our communication with students and other readers online.

The Leader is active on Facebook (@LeaderFredonia), Instagram (@leaderfredonia) and Twitter (@leaderfredonia). Posts are created in correlation with upcoming stories, and are posted with a link to The Leader’s website (fredonialeader.org) so that viewers can read the full story.

Our social media manager is tasked with creating eye-catching posts to help advertise stories, upcoming events and updates. Posts are typically uploaded multiple times a week.

Our social media manager position is open, and is currently being filled by Alyssa Bump, who can be reached at abump@fredonia.edu via email. Most social media posts on Instagram are created with Canva. Experience with Canva is preferred but not required.



Public Relations

The public relations position is known as the “PR and Event Chair.” With this position, students are required to plan events for The Leader and fill out Student Association event forms. This requires communication between Editor in Chief Alyssa Bump, Managing Editor Chloe Kowalyk and the social media manager.

The Leader hopes to hold four events per semester. This allows us to meet with our writers, staff and other students who may be interested in joining the paper.

Benefits of joining The Leader

Joining The Leader can benefit students in many ways. Campus media outlets such as The Leader give students an opportunity to get involved in their campus community and write stories that can create change.

The Leader leads to opportunities, connections and lessons that will advance a student’s experience and ability to enter a career.

Additionally, joining The Leader looks great on a resume, and helps students stand out against other job and internship candidates. Having experience with AP Style, writing, photography, editing, design, social media, business and art are all important skills for many careers — not just journalism.

With that, The Leader encourages any and all students to join The Leader, make lifelong friends and gain the necessary experience to succeed in their future careers.

Our mission and history

The Leader seeks to provide responsible communication in order to inform the campus and local Fredonia/Dunkirk community. It prints what it deems proper to maintain the free exchange of thoughts and ideas.

The Leader gives a voice to the student body by providing students with a well-established platform to publish their work. In fact, The Leader is 130 years old, as it was founded as The Normal Leader in 1892.

This past year, The Leader printed six issues per semester, with an average of 32-pages per issue. The Leader normally prints 1,000 copies per issue, which are distributed to our newsracks located in all academic buildings on campus, as well as select locations in the Village of Fredonia. Our website, fredonialeader.org, garnered nearly 40K views according to Google Analytics during the duration of the past academic year alone.

The Leader also received several awards from the 2021 Best College Newspaper Contest by the New York Press Association, earning first place in design and second place in general excellence, news story and photography.

In addition to providing timely news to the area through its publication, The Leader offers hands-on experience to students in modern print and online journalism and business operations. Members gain and practice skills in journalistic, editorial, artistic, photojournalistic, advertising, digital, social media and business positions.



Between Alumni and Jewett Hall, Fredonia campus.



Fredonia Opera House on Church Street.



Canadaway Creek under Risley Street, Fredonia, N.Y.
All photographs by Jules Hoepting.

Fun around Fredonia: Places to go, things to see

JULES HOEPTING
Emeritus Managing Editor

It's your first semester at Fredonia, and you don't know what people do for fun in vineyard country.

On Campus

If you're on campus without personal transportation, no need to let boredom creep in. As the semester is rolling, events get going and you'll be able to find too many things to do: all you have to do is check the posters on the designated boards in residence halls and academic buildings. Everything from drag shows to movie nights to video game clubs to writing clubs to student-run musicals and plays will be posted.

You can check out fredoniabluedevils.com for the sports schedule if you like the thrill of watching games/matches live.

The residence assistants in the residence halls put on several events each semester, everything from pancake making to game night, so there's a good chance there's something for you to do without even leaving your residence hall.

If you like walking, then walk all the way around Ring Road: you'll wind up at the Campus Woodlot, which is a small forest with trails in it.

Between the Campus Woodlot and the Rockefeller Arts Center is the Three Man Hill, which has a sculpture of three human-like figures on it. That's a great spot to catch sunsets.

If nothing else, the School of Music puts on over 300 performances every year, so there's probably a student recital you can catch in Mason Hall. Visit events.fredonia.edu/music/calendar for the schedule.

You might be thinking, "Okay, that's great and all, but I want to know where to go when I leave campus."

Within Walking Distance

Wander off campus and under a bridge and you'll be in Canadaway Creek. People do everything from biology labs to fishing down there.

It takes 20 minutes to walk down town. There you'll find a variety of shops: a thrift store, a chocolate shop, a record store, a tea shop, a flower shop, a surprising amount of salons and bars, and a whole bunch of restaurants with a variety of good food. (Turn to page 20 for recommendations.)

You might notice a historic marker saying Fredonia had the first natural gas well in the country. Yup. That's what established the town.

If you're fascinated by architecture, Fredonia's a fabulous place for you to be. The buildings in the town span a variety of architecture styles: gothic revival, greek revival, neocolonial, italianate, bungalow style, English cottage and many more styles. Most of Fredonia's campus was designed by the well-known architect I.M. Pei.

If you like fresh fruit, vegetables, baked goods, maple syrup and a sense of traditional community, then you'd love the Fredonia Farmers' Market, which takes place every Saturday on Church Street from 9 a.m. to 1 p.m. from mid-May to October. From November to mid-May the market is held in the Masonic Lounge on Main Street.

On Church Street is also the Fredonia Opera House, which has a variety of live performances and cinema series: the first 20 Fredonia students who come to cinema screenings are admitted for free. Check out fredopera.org for more information.

Within Driving Distance

An eight minute drive or an hour long walk to Dunkirk can get you to Point Gratiot, the local's favorite beach. Because the beach's sandy shore lines the east side of Lake Erie, it is the perfect place to watch the sun slip into the horizon. In the winter, the beach transforms into an ice wonderland perfect for your social media aesthetics. Regardless of the time of year, the beach is often windy, so come prepared.

Point Gratiot is also the destination of Crooked Brook: the black shale near the creek's lake entrance smells like natural gas if you snap it in half.

Drive along the coast of Dunkirk and you'll find yourself on the Dunkirk Pier, which is another neat spot to watch the sunset and contains a strip of restaurants.

A 15 minute drive can bring you to Greystone Nature Preserve, a mom and pop non-profit run by two wholesome souls on a mission to get people connected with nature. There's always good conversation and good views there. Call ahead of time for a visit and check out greystonematurepreserve.com for more information.

A 20 minute drive to Brocton can get you to the College Lodge, which is quite literally a lodge operated by the Faulty Student Association of SUNY Fredonia. There's over 200 acres of land and several trails and lots of locals.

A 20 minute drive can bring you to Lily Dale, a hamlet connected with the Spiritualism movement that attracts thousands of visitors every year for medium readings. If you go in the off-season, you can walk around the hamlet for free and admire the fairy garden-like architecture and landscaping or walk along the Cassadaga Lakes. You can walk the Leolyn Woods Nature trail and find Inspirational Stump, which is a preserved stump in front of rows of benches in the middle of the woods. The trail also has a pet cemetery.

Fredonia in the Big Picture

You might be thinking to yourself, "Those are nice suggestions and all, but I'm getting the sense Fredonia is a small town in the middle of nowhere."

Well, you're very wrong. Fredonia is not that small of a town — drive around the Southern Tier, you'll see what I mean pretty quickly — and it's a short distance from a variety of locations.

Buffalo — the second most populated city in New York — is an hour away. Erie, Pa. is an hour away. Cleveland, Ohio is two and a half hours away. Canada is an hour and a half away.

Fredonia's also a few minutes from Interstate 90, which will take you from Boston, Mass. to Seattle, Wash., if you ever feel like going on a road trip.

In terms of geography, there's a cornucopia of that as well.

Lake Erie is an eight minute drive away, which brings beaches and the flat lands of the former Great Lake basin.

You can drive to the mountains in Allegany State Park — New York's largest state park — in an hour. Allegany also has massive boulders to explore.

World-famous waterfalls known as Niagara Falls are an hour and a half away.

There's an abundance of gorgeous gorges less than an hour away: Zoar Valley in Gowanda, 18-Mile Creek in Hamburg. The greatest gorge in New York, the "Grand Canyon of the east" Letchworth State Park, is two hours away in Mount Morris.

If you're not a nature person, there's plenty of cityscape within an hour's radius; between Buffalo, Jamestown and Erie, all of your entertainment, shopping and medical needs are covered.

Not only is Fredonia a convenient distance from everything, but it's also a relatively cheap place to live. That's great for broke college students.

If you'd ask me, Fredonia's a pretty good place to be.

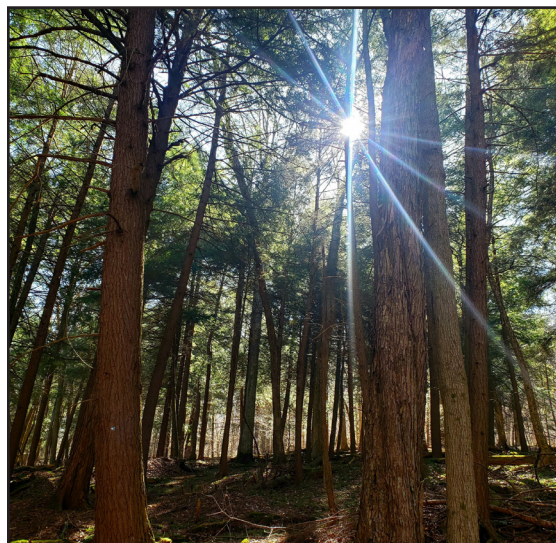
So, what will you do? Well, that is up to you.



Point Gratiot, Dunkirk, N.Y.



Allegheny River, Allegheny National Forest, Pa.



Sunspiral in Allegheny National Forest, Pa.

SPORTS

Athlete profile: Amanda Eastman

TYLER PACOS
Sports Editor

Amanda Eastman is heading into her senior year and senior season as a Blue Devil at SUNY Fredonia. Eastman is a finance major, but she's more commonly known as number 17, an outfielder for the Fredonia State University softball team.

Eastman grew up in Macungie, Pa., located about five and a half hours away from Fredonia. She attended high school at Emmaus High School and graduated in June 2019.

Eastman started playing softball at the age of five, and hasn't stopped since. In her hometown, Eastman would participate in numerous travel leagues growing up, including the Jersey Girls Gold travel team, and would eventually transition into her high school and collegiate years of softball. Softball was easily known as her favorite sport growing up.

During her time with the Emmaus Hornets, Eastman realized that her passion for softball was something she wanted to take to the collegiate level. Her search for her new collegiate team began during the 2018-19 school year. When visiting schools, nothing seemed to click with Eastman. She wanted something that made her feel welcome and at home.

Once she visited Fredonia, she knew it was the only place that was right for her. "I was mainly looking at the business and softball programs going into each tour," said Eastman. "Once I was able to tour Fredonia, it just really felt like I belonged here. To me, it stood out from the rest."

Since joining the Blue Devils squad in 2019, Eastman has only been able to play one 'normal' season. This has been due to the COVID-19 pandemic as we know it.

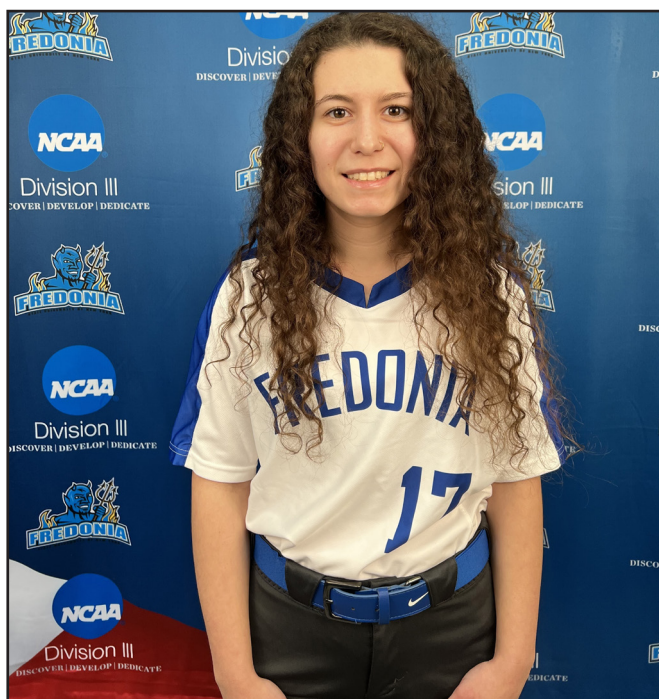
Although the pandemic has put a dent in many athletes' lives over the past two years, it never changed Eastman's. She is still on the softball team and said she wouldn't change it for anything. Even during the pandemic, she found ways to stay sharp on her softball skills, but most importantly, she was able to stay connected with her teammates and peers during a time of uncertainty.

"Fredonia is very big on athletes supporting athletes," said Eastman. "We're always going to each other's games and supporting each other, so it's an overall pretty fun environment being an athlete at Fredonia."

Since the sports teams at Fredonia returned from a two year pandemic-altered hiatus, most athletes have gone back to a sense of normalcy during their respective seasons. With classes shifting back to in-person, it was a bit of an adjustment for most. Luckily, the staff at Fredonia made it an easy transition for the busiest of student athletes.

"Our coach schedules practices and workouts around our schedule[s] to the best of their ability," said Eastman. "Every coach here prioritizes classes. Even the professors I've had have been very understanding about my sports schedule."

Eastman has just one more year left at Fredonia and is expected to graduate in May 2023. Although the end is near, she said she is grateful for her time spent here, despite being so far from home. Fredonia will always be more than just her college town to Eastman. It's her second home.



Amanda Eastman in Blue Devils softball uniform.
Photograph by Matt Palisin, sports information director.

Staying **active** at SUNY Fredonia

TYLER PACOS
Sports Editor

As a new student at SUNY Fredonia, being on a college campus for the first time can be a bit confusing and overwhelming. There will most definitely be lots to do, see and learn during the first few weeks at Fredonia. Nevertheless, once you have taken the time to settle in and find a routine that works for you, be sure to check out the abundance of activities that Fredonia's campus has to offer to stay healthy and active.

SUNY Fredonia has 17 total sports teams for both men's and women's sports at the NCAA D3 level. Sports offered at Fredonia through the D3 level include: ice hockey, baseball, softball, cheerleading, volleyball, tennis, lacrosse, basketball, cross country, track and field, soccer and swimming and diving.

In addition to the D3 teams, Fredonia also offers club teams and intramural sports for those who aren't looking to commit to D3 sports. According to the fredonia.edu "Student Clubs and Organizations" tab, there are several club teams and fitness-based clubs offered at Fredonia. However, some of these clubs may not be active during the Fall 2022 semester.

The website lists the following clubs: Black Horse Rugby, Blue Ice Step Team, Club Field Hockey, Club Hockey, Club Ultimate Frisbee, EnFusion, Envied Xpression, Figure Skating Club, Fredonia Dance Team, Ski and Ride Club, Spikeball, Women's & Men's Club Soccer and Women's Club Volleyball.

Intramural sports is also another great option for students who are looking to take on their fellow peers in a competitive setting. New leagues start at different points throughout the semester, giving students many options to choose from such as 3v3 soccer, co-ed volleyball, inner-tube water polo, dodgeball and many other leagues that will change constantly throughout the semester.

Still not looking to commit to a specific sport or club? That's totally okay! Fredonia has a newly renovated fitness center available to all students. Just bring your FREDCard to the Blue Devils Fitness Center, located on the second floor of Dods Hall, and you will have access to a 9,000 square foot gymnasium with all new equipment at your disposal. Workout whenever you please during the normal hours of operation, which can be found on the Blue Devil Fitness Center website.

On top of the fitness center, students also will have access to attend, schedule and reserve events at Steele Hall Ice Arena, Steele Hall Natatorium and Dods Hall Gymnasium. More information can be found regarding our athletic facilities, as well as student usage by visiting fredoniabluedevils.com.

Another option for students is the Aerobics Center, located in the basement of Hemingway Hall. The Aerobics Center is home to numerous motivating aerobic classes where all students can participate in. Classes offered range from Zumba to yoga to cardio dance. More information about when these classes are offered can be found on the Aerobic Center's webpage.



Top: Steele Hall Natatorium. Bottom: Dods Hall Fitness Center.
Images retrieved from fredoniabluedevils.com.

For residential students, there is a residents-only gym located in the basement of Schulz Hall by the name of the Wellness Center. The Wellness Center is a great option for those who are looking to avoid the crowd at the main fitness center on campus, as it is outfitted with free weights, Nautilus equipment, elliptical machines, exercise bikes and treadmills. More information can be found on the Wellness Center's webpage.

You can even earn credits towards your degree at Fredonia by enrolling in a PHED course. Classes range from Aqua-Aerobics, Zumba, Body Sculpting and many more. For more information regarding physical education classes, go to the university catalog located on fredonia.edu and click on the current academic school year's catalog for the most up-to-date list.

Lastly, our campus and local community has a plentitude of beautiful land to work with. Be sure to take time for yourself — take a brisk jog around Ring Road, or a scenic stroll through the nature trails that run through campus as well. If you need a break from the campus landscape, check out Lake Erie State Park or Point Gratiot State Park. Both parks have walking and biking trails for those looking to venture off campus.

Whether it's on campus or off campus, in a fitness class or club, Fredonia offers something for everyone looking to be active during college. Be sure to explore your options and find what works best for you.

OPINION

Advice from a former resident assistant: What it's like to become a college student

ANDIE VÉLEZ-DAVIS

Special to The Leader

Despite how exciting it may be to go to college, the transition between high school and college can be a scary adjustment for some. There are so many new things to be explored — new friends, new home, new professors, new classes — the list goes on and on.

Although a lot of the changes that may be happening may be exciting, it can very easily become overwhelming and maybe difficult to navigate your very first year of college.

As a rising senior at SUNY Fredonia and a former resident assistant (RA) for freshman students, my goal is to share my advice so that you can make the most out of your college experience.

You don't need to be the same person you were in high school.

High school is a strange time for a lot of people.

Going to college, for many, means that you've been given the opportunity to get away from all your hometown drama and start out with a clean slate. Don't be afraid to do new things and reinvent yourself.

College is the time to make mistakes and discover what you like and don't like, and that includes learning from your mistakes and experiences.

Don't be afraid to get involved.

Getting involved is something I think is a huge benefit and one of the best things you can do when starting your first year at Fredonia.

Luckily enough, getting out there can be as easy as joining a club or your residence hall's Hall Council.

At SUNY Fredonia, there are over 150 clubs and organizations to choose from. Most of these clubs are showcased at Activities Night, which happens at the very beginning of every semester.

It's definitely a good idea to stop by with friends or go solo, and sometimes, your RAs will invite everyone to walk over together to the big event. I promise there is always something for everyone!

I ended up joining the co-ed community service club, Alpha Phi Omega, my first semester, Sigma Gamma Phi my second semester and two of the campus media clubs, WNYF-TV and The Leader, during my fourth semester at Fredonia. All organizations gave me the opportunity to continue doing something I love, and I met some of the most amazing people because of it.

“A very wise person once said to me, ‘You are a person first and a student second. Make sure you still take the time to take care of yourself because you being okay is what matters most, whether that means physically or mentally.’”

Lean on your support system, but don't be afraid to branch off.

College is often the first time many of you will be living away from home, and with all that new independence comes a lot of responsibility and a new need for different kinds of support.

As a young adult on your own for the first time, you want to feel independent and like you don't need to ask for help.

However, having a support system to lean on, including your RA, your professors and the Counseling Center is extremely important. But even more so, building connections within your community is vital.

You and your peers are all on the same boat. However, it's important to note that the people that you interact with will change all the time.

You will meet new people in every class you take, every club you join and any place that you go. Odds are your best friend will be the one you least expected it to be in the end.

Make sure you still take time for yourself.

A very wise person once said to me, “You are a person first and a student second. Make sure you still take the time to take care of yourself because you being okay is what matters most, whether that means physically or mentally.”

I'll be honest, life sucks sometimes, and everything going on with school, clubs and personal matters can become overwhelming, and that's 100% okay.

It's not the end of the world if you mess up or to ask for an extension on that paper that was due two nights ago. Just make sure that you are taking the time to allow yourself to mentally and physically recharge, even if it means taking a mental health day every now and then. And make sure you are communicating with your professors when you need that break. If you need it, do what will benefit you in the long run.

Have fun!

College will more than likely be the best four years of your life, and believe me, it goes a lot quicker than you'd expect it to.

Remember to truly make the most of what you are here for. College gives you the opportunity to start a new chapter in your life.

Being open minded in this new stage of your life is the best thing that you can do. Don't be afraid of exploring new things or stepping outside of your comfort zone.

Make the most of your experiences and learn from your victories and downfalls, but most importantly enjoy the ride.

What I wish I would've known as a freshman

BRIANNA HOWARD

Special to The Leader

The exhilarating yet extreme change from high school to college can be intimidating — and you aren't alone in that feeling. I went from a district I grew up in for nine years and moved six hours away to Western New York, where I knew only one other person.

I wouldn't change my schooling and my experience for anything, but I wish I was able to tell myself that overall, everything will work out.

I came into Fredonia as a communication disorders and sciences major, only to start my senior year as a double major in video production and journalism.

Life changes and your interests change.

You shouldn't be expected to know what you want to do for the rest of your life, and if you do already know, that's great. However, you shouldn't be afraid to take other classes in different areas you find interesting.

It's always good to explore the many classes Fredonia offers so you can have an idea what you do and don't like. Taking different classes lets you make friends with different interests that you might have not crossed paths with until that class. Also, there are several classes students can take outside of their major that will fill Fredonia Foundations requirements needed to graduate.

Coming into Fredonia, I took my shot at going to Activities Night with my friends, and as overwhelming as it was, I loved seeing the clubs there. Fredonia has over 150 clubs, which is way more than I would've even thought, so go out and get involved.

I joined Alpha Phi Omega my freshman year, a co-ed service fraternity, and I loved that I was able to continue the service projects I used to do in high school.

The Registrar's Office is located in Reed Library, and the receptionists are more than helpful when it comes to help guide you into what you want to do.

Advisors are a great tool to use as well.

I was very scared to talk to my advisor my freshman year, probably due to the fact I had the same guidance counselor in high school for four years who was practically my best friend, and now a random adult is helping me with my schedule.

Ask any and all questions you have, and be sure to research your classes and what you need to take ahead of time. If you find you don't have a great connection with your advisor, you can always request a different advisor within your department by contacting your department secretary.

I definitely needed to adjust to the new life I was forming for myself, but I didn't want to hear that almost three years ago. I dove head first more excited than ever, and that's okay, but for the freshman who are scared, that's okay, too. We were all there before.

I remember my freshman year walking outside at night, thinking "I feel so free." I would walk around as other students outside laughing and doing homework, on their bikes and long boards. It's a feeling I couldn't describe until now. As a rising senior at Fredonia, I really want to soak in every last moment I have left.

I wish I could've told my freshman year self advice, but she probably wouldn't have listened anyways. So take it from me, you have a lot of growth and exploration to do. But you are ready for everything these next four years have in store for you.



Graphic by Ash Maloney.

I joined WNYF-TV, the campus television station, and The Leader my junior year. I was able to get real world experience by joining two of Fredonia's campus media clubs and do the things I love within the communication department. It was also a great way to make lifelong friends and memories.

And as I said before, it's okay to change your major, or add a minor if you want. College is meant to lead you in the right direction of what you want to do. With that comes reevaluation, change and following your heart.

Overcolumn: Electronics and college relationships

“THE PLUMBER”

Executive Producer of Lovercall

“THE ELECTRICIAN”

Lovercall Producer

Hello!

We are “The Plumber” and “The Electrician”: two producers of the radio show Lovercall right here at SUNY Fredonia. Lovercall is an anonymous late-night talk show about love, relationships and more. Students who come on the show use a codename to protect their identities when discussing potentially personal topics, hence the codenames of the writers of this column.



Lovercall logo. Created by “The Plumber.”

On each episode, the hosts and guests of Lovercall participate in a variety of segments. The cast discusses a relevant news story, a date idea, a “worst ever” experience and finally a main topic for the episode.

The show is streamed weekly on Thursdays from 10 p.m. to 12 a.m. on WDVL 89.5 or at www.fredoniaradio.com.

This column runs in conjunction with Lovercall and can be found both in print and online at fredonialeader.org.

“The Plumber” is a 21-year-old cisgender male who goes by he/him/his pronouns and is a senior at SUNY Fredonia.

“The Electrician” is a 19-year-old cisgender female student who goes by she/her/hers pronouns and is a junior at SUNY Fredonia.

Together, we hope to provide our best advice about college relationships, dating, friendships and other aspects of college life.

For our first column, we decided to discuss the role of electronics in college relationships.

Electronics can both benefit and harm various types of relationships you may form in college, including friendships, romantic relationships and professional relationships.

Firstly, electronics can be a good tool to stay in touch with your college friends and partners during busy times of the semester or breaks.

“I try to stay in touch with all of my friends on both social media and by calling them whenever I can. A big part of college is making friends,” - “The Electrician.”

“Paul,” a regular host of Lovercall, also gave his input.

“While electronics can sometimes be viewed as harmful to our social skills and relationships, I think they can be managed healthily. As long as you can communicate with your partner your views and values concerning it, I don’t buy that texting ruins relationships. Let your partner know how much weight a text holds to you, things you’re more comfortable not texting about, when you want the other person to be more present during certain situations and other things that we might be used to not openly talking about. As long as it’s talked about, phones and other electronics don’t have to hurt or be a hindrance,” - “Paul.”

“The Plumber” also offers his advice:

“Technology — especially cellphones and texting — has a huge impact on relationships. Be careful not to fall into a habit of texting your partner every few minutes nonstop. This can be draining and lead to a situation where the excessive communication can actually be quite toxic. I’ve found myself in this situation before, and I can assure you — it’s not good for your mental health to be worried about when that next text will arrive.”

Overall, electronics can be very helpful in certain situations, but if you’re not careful, they can harm a relationship.



Student using laptop in Science Center lounge.
Photograph by Prince Hunt.

Date idea of the week

We also hope to provide our fellow students with a fun and unique date idea with every column, just like on Lovercall. These “date” ideas aren’t just for romantic partners — you could go with your friends, your classmates or you can even go solo for a fun activity right here in Fredonia.

Seeing as this issue comes out in the heat of summer, we at Lovercall think it best to cool off with an icy treat.

Big Dipper Ice Cream Parlor is a Fredonia staple and an excellent place to go as a first hangout with friends or even a first date.



Strawberry shortcake parfait from Big Dipper.
Image retrieved from @bigdipperic on Facebook.

Located just a bit north of campus on Central Avenue, Big Dipper is close enough to the college for a fun outing, yet it is distinct enough to get you off campus and in town for a while.

“I personally recommend the Cookie Monster Dessert — plenty of cookie goodness without being overwhelmingly chocolatey,” - “The Plumber.”

Big Dipper offers a variety of desserts such as sundaes, milkshakes, slushies and even homemade cakes and cookies.

Everything is homemade by Big Dipper staff themselves, and they offer many unique flavors of hard ice cream.

“If you’ve never had homemade ice cream from Big Dipper, you’re seriously missing out,” - “The Electrician.”

Be sure to consider going to Big Dipper next time you need a new hangout or date idea this upcoming semester!

You can visit their website at <https://www.bigdippericecream.net/> and follow them on Instagram, @bigdipperic, and Facebook, @bigdipperic.

Reach out!

Do you want to ask the authors of Lovercolumn a question? Do you need advice? Fill out the form by using this QR code.



Interested in being a guest on Lovercall? Email frs@fredonia.edu or visit Fredonia Radio Systems, located in 115 McEwen Hall and open Monday through Friday from 9 a.m. to 5 p.m.



Fredonia Radio Systems logo.
Retrieved from www.fredoniaradio.com.

“The Plumber” and “The Electrician” are members of Fredonia Radio Systems and are involved in the production of Lovercall.

THE SCALLION

Satire for Fredonia

THE TICKLER

FREDONIA'S NEWEST SKETCHY GUY

BRIAN CECALA

Staff Scallywag

Recent reports around the campus have students worried. Sightings of a “demon-esque” figure crawling around on all fours on campus. Some say if you let it get too close, he’ll tickle you. Thus he has been dubbed “The Tickler.” I interviewed students who have claimed sightings of the foul beast, and this is what they had to say.

Wednesday, March 10, 10 p.m.

“I was walking back to my dorm after drinking some age-appropriate drinks when I saw this thing crawling around. I thought it was my friend Dave joking around, so I got closer to say, “Hey Dave!” I was too close when I realized I was too late! He pounced on me, screaming, “HAHAHA, I’M THE TICKLER! TICKLE ME THIS, BABY!” while he tickled me. He had 4-foot-long fingers, a massive smile and was wearing a pair of Nike Air Zoom SuperRep 2. I don’t leave my dorm past four in the afternoon anymore.” – Emily Moore, freshman

This was the first recorded sighting of The Tickler. Emily has since dropped out of Fredonia, fearing The Tickler may never be stopped. News around the campus started to travel, and some students decided to hunt for the creature to see if he was real.

Thursday, March 11, 12 a.m.

“At first, I thought maybe this was a guerilla marketing scheme because the first thing I noticed was his sick Nike Air Zoom SuperRep 2s. I thought to myself, “Maybe I cop some for myself.”



Fredonia tickler facial composite sketch. Graphic by Brian Cecala.

But I was lost in the thought about the comfortable Zoom Air cushioning that will protect my feet as I lunge, jump and push my way through every rep; the Tickler had snuck up behind me and used his long fingers to force me into a chuckle. He tickled me for hours uninterrupted. I screamed for help, but no one came. By some grace, he left. I had no energy left, so I laid there for another five hours until someone called an ambulance for me.” – Jonathan Roth, junior

We talked to Jonathan in the hospital after his incident. He was very shaken up and did not know now whether or not he wanted to purchase a pair of the highly-rated Nike Air Zoom SuperRep 2. We will follow up when he makes his decision. For now, he is under intensive care until his condition stabilizes.

Some theorize that The Tickler isn’t a malicious creature, that it’s just a regular guy who needs some friends and hasn’t found the right way to express himself.

Friday, March 12, 7 p.m.

“I had heard the stories, but didn’t think they were true. But I couldn’t help but notice the iconic design, both fashionable and comfortable on the field. It was a pair of Nike Air Zoom SuperRep 2s on the body of a man crawling on the floor. So I shouted to him, “Hey Man! Nice shoes!” The creature seemed to be startled by me. He walked up to me, so I stuck out my hand for a low five. He slapped my skin and scurried into the forest. I haven’t seen him since.” – Devin Dorsey, senior

Sightings happen less frequently, but some still swear by his existence. Is The Fredonia Tickler a malicious Antichrist sent to destroy the world or a misunderstood man with some fabulous shoes? I’ll let you decide.

FREDONIA STUDENT STARTING SQUIRREL CLUB

JULES HOEPTING
Emeritus Managing Editor

Jodee Doe was sipping on coffee on the Starbucks patio when she beheld a sight that inspired her: a squirrel perched on a bicycle while consuming bread.

The squirrel's fascinating behavior reminded Doe of her friend, John Smith, who chose to attend Cornell University over SUNY Fredonia because Cornell had a Squirrel Watching Club. It was something Cornell was proud of; the campus tour guides made sure to mention the club because it highlighted the diversity of student interests.

As Doe watched the squirrel turn the bread around in its tiny hands, she thought about starting a squirrel watching club on Fredonia's campus. There were plenty of resident friendly squirrels and they were a diverse bunch: grey squirrels, black squirrels, fat tailed squirrels, stubby tailed squirrels. A club promoting more diversity wouldn't hurt.

She also thought about how the pandemic had put a damper on campus life. Clubs could not host most indoor in-person events. But watching squirrels — no, admiring squirrels; watching is too subjective — admiring squirrels could take place outside. It could be a way for students to socialize on campus in a safe way.

Doe began to jitter with excitement. She stood up and walked over to the squirrel nibbling on bread and asked the squirrel what it thought. The squirrel let her get pretty close to its body, then gave her a cautious glance and scurried up a tree.

"I wonder how much humans would have accomplished by now if we moved as fast as squirrels," Doe thought to herself.

Since the squirrel provided no input on forming a club to admire — no, that wasn't right either — to worship the squirrels, Doe decided to ask members of the campus what they thought about squirrels. To her surprise, the campus was divided.

Several students deemed the campus squirrels "adorable" and "cute." Others reduced them to "rodents with bushy tails." One student named Olivia Rokosz even told a tale about accidentally kicking a squirrel without feeling much guilt afterwards.



Friendly campus squirrel. Photographs by Jules Hoepting.

To quote Rokosz, "I felt its body beneath my boot." Luckily, the kicked squirrel left the scene unscathed.

Doe sensed her brilliant idea would come across as nutty as squirrels' favorite snack to many people. She sighed loudly for dramatic effect as she sat down on the Rockefeller patio. A black squirrel and grey squirrel chased each other up a tree, then stopped out of confusion when they momentarily couldn't see each other. Doe smiled and snapped a photo to preserve the moment forever. And to post it on the squirrel nook of the cat-crazed internet.



ELON MUSK DOES **STUPID CRAP** SO REGULARLY, WE'VE MADE A **MADLIBS-STYLE** ARTICLE TO COVER HIM

MATTHEW BAUM

Scallion Editor

Elon Musk is not new to criticism. In his time as a public figure and the wealthiest person on the face of the planet, he has regularly made waves in the media by not realizing the responsibility he has as a public figure and the wealthiest person on the face of the planet. With that being said, we at the Scallion are sick of reading, writing, hearing and generally thinking about the apartheid-money bastard and his associated evil schemes. Therefore, this article will serve as a fill-in-the-blank for the next time he does, says or posts something mind-bogglingly stupid. We hope you enjoy it, and that you start to appreciate the trouble we have to go through to entertain you masses.

In a twist of fate, Elon Musk has found himself once again surrounded by controversy. In a [insert method of idiocy (Tweet, press release, live vanity presentation) here] made last week, Musk declared that [insert tonedead drivell here], which has landed him in some hot water online.

According to [insert journalist from a publication that has more important work to do than to cover the daily tantrums thrown by the world's least likable white guy of the month], Musk stated that [insert group of people least likely to grovel at Musk's feet (union leaders, progressive voters, self-respecting adults) here] are [insert alienating language that ever-so-subtly reeks of anti-Semitic conspiracy theorism], and that he avoids inviting them to [insert demeaning position on proximity to Musk (work on factory floors, maintain supermansion he lives in, engage on conversation on daytime television) here]. This has upset a variety of celebrities, such as [insert names of celebrities who are performative activists for a span no longer than two weeks on their Instagram stories].

Musk, who is valued at [insert net worth here, and be sure to mention how long that would take someone making minimum wage to earn], said that the reactions he has been receiving have been indicative of [insert soulless response to appeal to old coots willing to make Musk more money by buying one of his toy cars], and that the 'woke [insert literally any racial or ethnic minority, really dig deep with this one]-supporters' are running a smear campaign in order to sully his good name.

One Musk supporter, a junior business major named [insert whatever, you know? Just whatever] said that Musk's response was "super tight" and that "he did such a great job destroying those bleeding heart social justice warriors." He went on to say that [insert a number of sociopolitical dog whistles that you see fit here], and that Musk's newest project, [insert most recent purchase under Musk's name that he may call his own original work here], is bound to 'teach 'em a lesson.'

No matter what anyone feels about Elon Musk, it seems as though he's here to stay.



Elon Musk graphic by Mohamed Hassan from Pixabay.
Warning sign added on top of Elon Musk graphic from Pixabay.

HOROSCOPES

WHICH SUNY FREDONIA BUILDING ARE YOU?

JAY BYRON
Staff Scallywag

Hey, incoming students! You're here because you're pretty cool. So, I'm making this Scallion article JUST for you (not because Matt asked me to). Welcome to Horoscopes!

ARIES

McEwen Hall, because every-one loves your reliability. <3



TAURUS

Grissom Hall, because you're loveable at first, but then people realize you need to shower more.



GEMINI

University Commons, because you have one attribute every single person uses you for, and the rest is hit or miss.



CANCER

Williams Center, because you're layered and people love to use all of you even if some of it sucks.



LEO

Dods Hall, because you think you're the best, huh?



VIRGO

Jewett Hall, because no one remembers you exist. :(



LIBRA

Maytum Hall, because you're tall and mighty. Wow!



SCORPIO

Mason Hall, because some-one's going to set you on fire at some point.



SAGITTARIUS

Science Center, because you're underappreciated and have a lot of substance. And you have a dinosaur inside of you somewhere.



CAPRICORN

Thompson Hall, because literally NO ONE will EVER understand you. You gotta break down some walls.



AQUARIUS

Rockefeller Arts Center, because everyone hates the people who love you.



PISCES

Houghton Hall, because you'll never stop growing and getting built. Or whatever.



