

THE

LEADER

SUNY FREDONIA'S
STUDENT-RUN NEWSPAPER

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Issue 3

Volume CXXIX

**University Police Activate
Body-Worn Cameras**

Edible Landscaping Proposal

PAC Presents 'A New Brain'

'Moving Land' Solo Exhibit

Geneseo XC Invitational

Chosen Name Program Experience



THE LEADER

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Front cover: Sembel Koshi runs in 8K at Mike Woods XC Invitational at Geneseo. Koshi finishes 2nd for the Blue Devils (88th overall) with a time of 26:45 (5:23 mile pace).

Back cover: Official firing of the starting pistol at the Mike Woods XC Invitational at Geneseo. Photographs by Ethan Yannic.



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Did you know that Fredonia was the site of the first natural gas well in the world and the first village to be illuminated by natural gas lighting in 1825?

University Police

set to activate body-worn cameras



CHLOE KOWALYK

Managing Editor

ALYSSA BUMP

Editor in Chief

Starting this week, University Police will protect and serve SUNY Fredonia's campus under surveillance. The department will now be equipped with body-worn cameras, and police officers will wear them while on duty.

Last Tuesday, Sept. 27, the campus community received an email from Marketing and Communications that contained a message from Brent Isaacson, the Chief of University Police.

Isaacson informed the campus community about how the cameras work, when they will be activated and why this decision has been made.

Body-worn cameras are used to monitor the actions of both the police officer and the people involved in the incident. Isaacson said, "The idea of a body camera is that it is an objective record of what happens whenever an officer is dealing with a citizen, an emergency or responding to a call."

Body camera footage is often used as a record of how the incident occurred, and is often used in court. "It just allows law enforcement to collect more and better evidence and evidence that's objective," Isaacson said.

The decision to get the cameras is the result of a several month attempt. In a phone interview, Isaacson said, "The body cameras are expensive, and [we had to prioritize] that expense with other priority equipment that we need for the police department."

Isaacson said he "wanted to have body cameras for as long as [he's] been

chief," which has been a little over three years. The final decision to get the cameras was made around January once police received funding approval.

While the decision wasn't made as a result of a mandate, Isaacson predicted that the use of body cameras will become required in the future.

The cameras are turned on by the officers once they are responding to a call. Isaacson explained that the cameras are "very simple to use," and have two small buttons on them. He added that calls ranging from someone locking themselves out of their car to more serious situations will be recorded with the body cameras.

that the footage would be "tightly controlled," and only used in the event of a court proceeding.

Ilene Thompson, president of the Student Association, said she had "mixed feelings" about the decision. She was curious as to why the decision was made now and what constituted a "sensitive situation."

However, Thompson expressed that the implementation of body cameras is a positive change, and she hopes they are used to protect students correctly.

Many other SUNY colleges such as Geneseo, New Paltz, Oswego, Canton and Brockport have implemented body-worn cameras within the last four years.

This growing trend was referenced in Isaacson's original email to the campus community.

After The Leader posted on their Instagram story asking students what their thoughts were regarding the new use of body cameras, students who responded seemed to be in agreement.

A majority of the responses were in shock that University Police did not already have body cameras, and were curious as to why.

Isaacson hopes that now, the body cameras will foster a sense of trust

between students and police. "If there's a concern, if a member of the public has what they perceive to be a negative interaction with a police officer ... I as the head of the agency can review that," he said.

The body cameras help ensure both the officer and the person involved have evidence as to how the incident occurred.

Read more about UP: "Cones With a Cop" article on page 5.



University Police vehicle. Photograph retrieved from fredonia.edu.

However, Isaacson mentioned that certain "sensitive situations" would not merit the use of body cameras. He gave the example of officers talking to a victim of sexual assault right after the incident, where a victim may be in a vulnerable state. "An area of heightened privacy and sensitivity would be an example where we [would] potentially not [record]," Isaacson said.

Isaacson also wanted to specify that the footage would stay in the university, and would be well-protected. He noted

Electric scooters become a popular mode of transportation around Fredonia



Bird Scooters parked on West Main Street sidewalk. Photograph by Chloe Kowalyk.

CHLOE KOWALYK
Managing Editor

Scooters have become a common sight around both SUNY Fredonia and downtown.

The use of electric scooters in general has been on the rise in recent years, and is projected to continue to grow in the next few years. Fredonia is now reflecting this statistic, as many students and residents in the area have begun using electric scooters.

Over the summer, the Fredonia Village Board had a 3-2 vote to accept the Bird Scooter company starting a program in the village. When students returned to Fredonia, several electric Bird Scooters were placed downtown and in areas surrounding campus.

The Bird Scooters cannot be taken on SUNY Fredonia's campus, in Barker Commons or in Forest Hill Cemetery, but are permitted throughout the rest of the downtown area. Riders need to be 18 years of age or older to rent a Bird scooter, and are highly encouraged to wear a helmet when riding. To rent a Bird Scooter, users can download their app and scan the QR code on the handlebar of the scooter.

Alé Herreros, a senior double major in theater arts and public relations, has her own electric scooter. She's expressed her approval for the scooters downtown. "I think it's smart," Herreros said. A lot of kids can't drive ... Sometimes you just might want to go out, destress and a scooter is a nice way to do that."

Herreros prefers her scooter to driving because electric scooters are more eco-friendly. "Like if I was using a car, I'd be having to pay for gas also ... I could just charge this overnight and then [have it] the next morning."

Brent Isaacson, the Chief of University Police, also likes the idea of the scooters, but emphasized safety when riding. He said that the overall safety of them "depends on the individual." It's up to the rider to make smart decisions when going out on an electric scooter.

"I think it's important that whether you're on a bicycle or a scooter or simply just a walking pedestrian, be mindful of your surroundings," Isaacson said.

Herreros recommends that all riders stop at stop signs, because she said oftentimes, cars do not stop to let you pass. "I've had experiences where I've almost been run over because I would think a car would stop and it doesn't," she said.

Isaacson also commented about traffic safety. He said, "When we're out in public, especially moving near traffic, we should just be paying attention."

Bird Scooters are equipped with flashlights on the front of them for nighttime riding. Herreros advises riders to make sure they use that light.

"Always make sure to have your flashlight on, because even if you know your streets during the day and night, you never know [if there's a] small little crack on the floor and I have very much fallen."

The Bird Scooters and electric scooters in general are an eco-friendly and economic method of transportation for students and community members alike.



Scan this QR code to watch a news package on the Bird Scooters. Created by Chloe Kowalyk and David Morse.

University Police host “Cones with a Cop” event

ALANA WINGATE
Special to The Leader

While donuts are often stereotypically associated with cops, SUNY Fredonia students recently spotted University Police with a different sweet treat: ice cream.

A “Cones with a Cop” event was held outside University Commons on Wednesday, Sept. 21.

“I mean, I always love free ice cream,” said resident assistant Amanda Keppel, who joined students and campus officers to share a tasty treat while discussing campus safety.

The event gave students the opportunity to get acquainted with University Police officers in a relaxed setting and environment.

Students who attended the event received a flashlight keychain with the campus police phone number engraved on it. Also, those who programmed the police's number in their phone received an ice cream cone.

One of the many campus police personnel who attended the event was Lieutenant Benjamin Miller. Miller shared

with students that he'll always have their back, as they snacked on Cognacs.

“I think it's important to get the university police out and engage with the students and make them realize we're more than just, you know, ‘the big bad police officers,’” Miller said. “We're here to help them out with anything they need help with.”

Miller explained the difference between University Police and Fredonia Police.

“We troll just the university campus and [its] joining roadways, but we do [also] assist Fredonia police with anything they need in the village,” he said. “They also come on the campus and assist us. But our general jurisdiction is just [reserved to] the college's own buildings.”

In recent years, as a result of modern social climates, police officers have often become viewed in more negative lights. Therefore, many people have developed unfavorable perceptions of law enforcement.

“I have a complicated relationship with the police as an institution because I don't think, as an institution, they are

a great thing,” said Resident Assistant Sophie Myers. “I know that they're there to keep [communities] safe. But, I'm generally not a fan of the police as an institution.”

Although Meyers expressed disillusionment with law enforcement, she acknowledges the value and overall importance of the University Police.

“Having worked with the police here on campus, I kind of have a relationship with them,” Myers said. “And they've actually been really helpful in terms of when we have students that are in trouble, they are kind of always there to respond to incidents. I've never seen any of the police get out of hand.”

Overall, the event helped connect students with campus police and the information to contact them if ever needed.

If anyone needs to ever contact Fredonia University Police in case of emergency, you can call them at (716) 673-3333. The department is open 24 hours a day.



Students add University Police contact information to their phones. Photograph retrieved from the Campus Report on fredonia.edu.

Cranston Marche introduces variety of healthy and allergy-friendly menu options

ALYSSA BUMP
Editor in Chief

Since the closure of Blue Devil Grill, Tim Hortons and FREDEExpress, the Faculty Student Association (FSA) has worked to bring a variety of food options to the remaining dining facilities on campus.

Cranston Marche, the only all-you-care-to-eat style dining hall on campus, has added several new menu options to its menu. The dining hall has also focused on creating more allergen-friendly and healthy dishes for students.

“We wanted to bring over some of the items that were really popular with the Blue Devil Grill; that was the first priority,” said Darin Schulz, the executive director of FSA.

Cranston has expanded its taco bar to include fresh salsas and toppings that were once available at Blue Devil Grill. The grilled peppers and onions are baked fresh rather than frozen, and vegetarian options are available at the station.

Schulz eats on campus nearly every day, and he admitted that he now has a difficult time choosing what to eat at Cranston because there are so many new options. When asked what his favorite new dish was, Schulz said it would have to be the expanded taco bar.

“We brought over the flavors from Blue Devil Grill,” Schulz said. “... We are definitely encapsulating what was popular at Blue Devil Grill [at Cranston’s taco bar].”

Rather than being available every other week like Blue Devil Grills rotating menu, students have the option to get a burrito every day.

Mediterranean menu items from Blue Devil Grill have also been introduced to Cranston’s rotating daily special menu. Just last week, chicken souvlaki with grilled pita, vegan falafels, garlic hummus, kalamata olives and tzatziki sauce were on the menu.

“The second priority was also just to improve the overall quality,” Schulz said. “Rather than buying precooked products, [Cranston] cooks most everything from scratch, trying to reduce



FSA worker cuts fresh pineapple for students. All photographs by Alyssa Bump.

the amount of fried foods that we had and also try to be a little more friendly towards allergens. So we work towards reducing the peanut and tree nut exposure in Cranston.”

Jason Domenico, the unit manager of Cranston Marche, gave a tour of the new options available during a busy Burger Wednesday, which has been known to be a menu-favorite among students. Regular hamburgers and cheeseburgers are grilled for students, but students can also order turkey burgers, spicy black bean burgers or vegan garden burgers.

Domenico explained many menu items are cooked fresh rather than frozen now, and batches of food are not cooked ahead of time — only as needed.

Even the desserts offered in the fruit station are baked fresh every morning, and all desserts are now nut-free. Previously, the vegan cheese at the pasta station used almond milk, but Cranston changed the recipe to use coconut milk instead. The dining hall hopes to be completely tree nut and peanut-free in the future, and they have opted to offer peanut butter only in sealed containers to prevent allergen issues.

FSA is particularly focused on making Cranston nearly tree nut and peanut-free because it is one of the most common and deadly food allergies.

Since the closure of Tim Hortons, Cranston has added more breakfast options to their menu. Breakfast sandwiches are served until 11 a.m. every morning at the grill station, but students

can feel free to make their own until 4 p.m. at the pantry station.

On Mondays, Wednesdays and Fridays, homemade blueberry and chocolate chip pancakes are offered, and french toast made from scratch with fresh cinnamon swirl bread is available every Tuesday and Thursday.

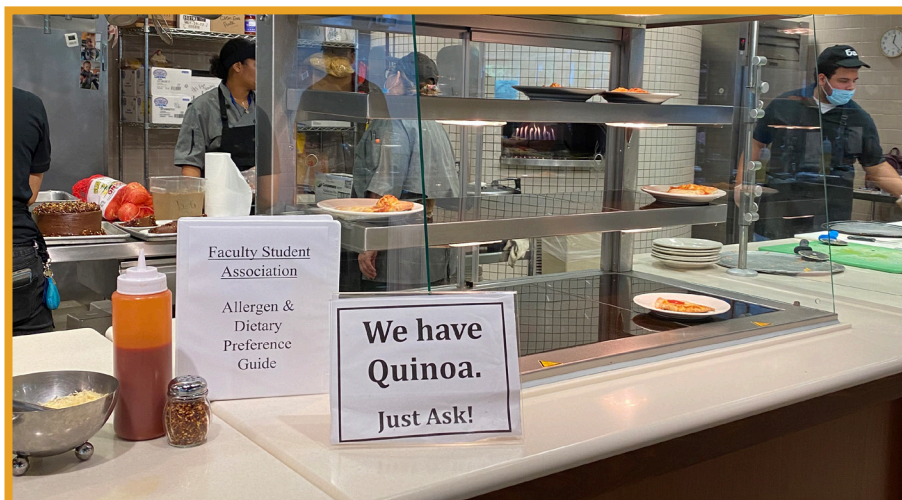
With their breakfast, students can now pour themselves a cup of iced coffee. The station features different flavor shots, sugar, creamer and even to-go cups. Domenico wanted to prevent students from having to wait in another line to get an iced coffee before class.

“At the pizza and pasta station, we now alternate stir fry and pasta,” Domenico said. “So we do made-to-order pasta on Monday, Wednesday, Friday and Sunday. And then we do the made-to-order stir fries on Tuesday, Thursday and Saturday.”

Stir fries were once available to order at Willy C’s, but the option was removed due to complications related to the ordering system. After reviewing several student surveys from the past year, Domenico found that stir fries were one of the most requested menu items.

“[Students] can choose whatever they want, and we have a variety of different vegetables,” Domenico said. “There’s always tofu, vegan chicken and regular chicken available, so it’s a really good vegetarian, vegan option.”

Students can also choose to add lo mein noodles, rice or gluten-free rice to their stir fries.



FSA Allergen & Dietary Preference Guide located between the pizza and pasta stations.

The made-to-order pasta station offers gluten-free pasta and vegetarian/vegan options for students. Gluten-free pizzas are also available every day.

At every station in Cranston, students can find a binder with every food option available and its allergen information. Domenico is also looking to print off the “Nutrition Facts” of each food item and add it to the binder. The information is also available online at <https://fsa.fredonia.edu/Files/MarcheAllergenInformationFall20.pdf>.

QR codes are now available on the dining tables in Cranston to help FSA continue to improve the dining experience for students. When students scan the code, they can provide constructive feedback directly to FSA.

“It’s always hard to improve when you have to take things away because we did have to close a couple of units,” Schulz said. “But what we wanted to do was make sure that we’re doing a much better job in the units that do exist.”

According to Schulz, the volume of students eating at Cranston is up significantly, and the dining hall aims to continue to “change and improve as every week goes by.”

If you would like to view Cranston Marche’s daily menu, visit <https://fsa.fredonia.edu/DiningServices/Cranston-Marche.aspx>.

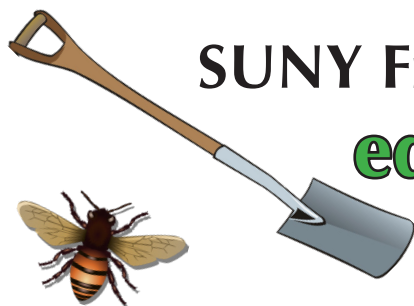


Students dining in Cranston Marche on Burger Wednesday.



Tree nut and peanut-free fruit and bakery station.

SUNY Fredonia professor proposes edible landscaping on campus



CHLOE KOWALYK

Managing Editor

Imagine a SUNY Fredonia filled with fruit-bearing trees and freshly grown vegetables plentiful across campus. Students could harvest these crops each season, and could implement them into healthy meal ideas while in college.

The campus would be filled with healthy and edible greenery for all students to enjoy.

Dr. Ici Vanwesenbeeck, an associate professor of English, believes this could one day become a reality. Over the summer, she drafted a resolution proposing a potential edible landscaping project for SUNY Fredonia to adopt.

Edible landscaping is the process of planting crop-yielding plants and trees in place of a typical landscaping design. Examples include planting herbs, peppers, tomatoes and edible flowers.

It's not uncommon for colleges to employ edible landscaping on their campuses — in fact, several other colleges such as Clark University and the University of Florida have already brought crops onto campus. Other SUNY colleges like SUNY Cortland have begun planning similar projects like an edible forest garden.

Even SUNY Fredonia has slowly begun this process. The student-run club, Fred Grows, already has their own edible garden on campus. “It’s a com-

munity garden, and it’s free to anyone on campus or in the community,” said Ellie Wilson, a senior English major and president of Fred Grows. The garden is located behind the Science Center, near the greenhouse.

When Wilson heard about the idea of edible landscaping, she was all for it. “I think a lot of students would benefit from [it],” she said.

Both Vanwesenbeeck and Wilson believe edible landscaping could leave behind a positive legacy.

“What kind of a legacy do I want to leave?” Vanwesenbeeck asked. “That takes me to a place that’s more than just today and tomorrow, or seasonally, right? ... With an eye in the future with a lot of consideration about our legacy for the future generations,” she said.

This initiative aims to reap benefits for future SUNY Fredonia students, as the garden will continue to grow for years to come.

Wilson said, “I think that’d be such a wonderful legacy to leave behind from a senior class, as a ‘farewell’ project. ... It could also be such a great idea for any of the students to do as well.”

Vanwesenbeeck pointed to food insecurity as a growing concern among college students, and this legacy could be a way to benefit future students. She cited the on-campus food pantries that do offer canned vegetables and a limited assortment of healthy options. However, Vanwesenbeeck mentioned that even with SNAP programs and similar food assistance programs, people are “alienated” from produce.

Not only would edible landscaping provide students with healthy food and an opportunity to leave a positive impact on their campus, but Vanwesenbeeck also believes that the resolution will help SUNY Fredonia accomplish its goals towards sustainability. “The resolution [gives] us an opportunity to rethink and reimagine our relationship with our land,” she said.



Students tend to campus garden. Photograph retrieved from @fredoniagrows on Instagram.

Transplants in the greenhouse. Photograph by Keri Manne.

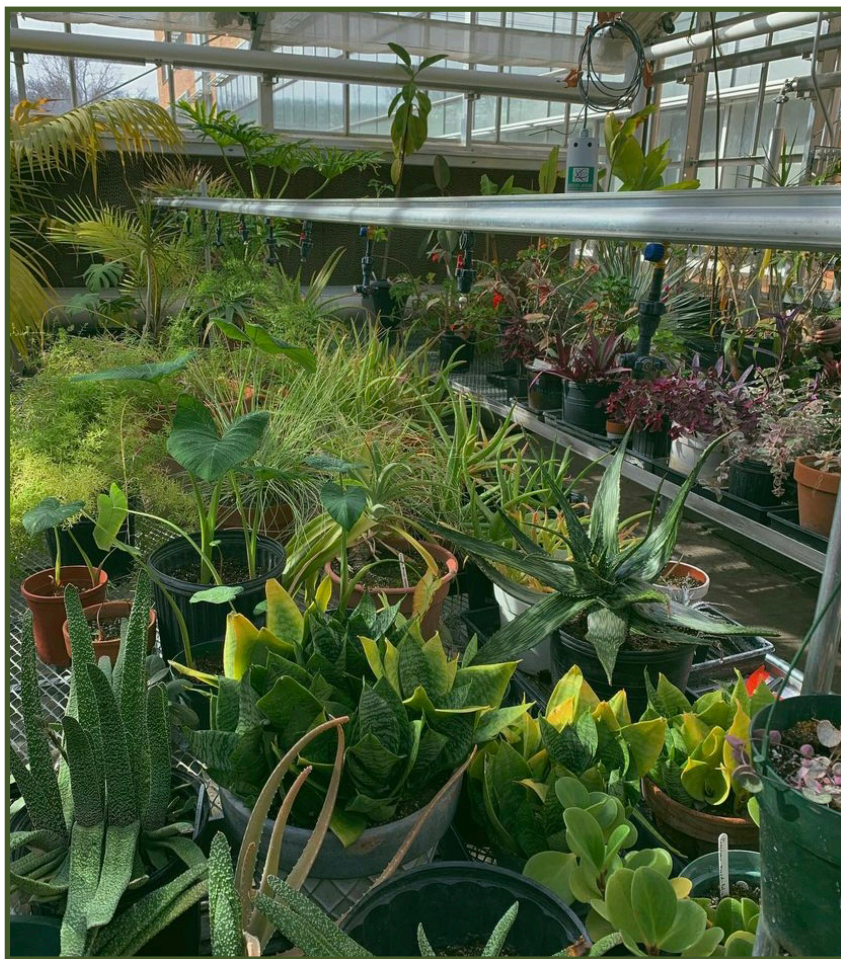


Vanwesenbeeck wants her resolution to get campus community members thinking about how edible landscaping would function at SUNY Fredonia. She is hoping to spark conversations regarding soil type and local climate to assess what edible landscaping in Fredonia would look like.

Vanwesenbeeck also noted how an edible landscaping project on campus

would be “spearheaded” by students. “Students are the ones who will likely have a conversation about what kind of access to food they want to have,” she said.

She has presented the information to students at the Student Association General Assembly meeting on Thursday, Sept. 29 and is hoping to bring it to the University Senate this November.



Campus greenhouse. Photograph retrieved from @fredoniagrows on Instagram.

Vanwesenbeeck's Resolution:

Whereas the sustainability mission of SUNY Fredonia says that “Our mission is to integrate sustainability into all aspects of campus life by: Educating students, faculty, staff, and the community about environmental, social, and economic issues; promoting environmental awareness and responsibility in personal and institutional choices; and inspiring innovative environmental solutions, behavioral changes, and ethical stewardship of the natural world”; and,

Whereas investing in edible landscaping is in line with the SUNY Fredonia environmental mission and pledge, and these steps would provide access to unpackaged fresh food; and,

Whereas planting edible plants will help with the current SUNY Fredonia efforts to reduce our carbon footprint; and,

Whereas lawn care is costly, water resources limited, and institutions move to alternatives such as edible landscaping and xeriscaping; and,

Whereas SUNY Fredonia acknowledges that food insecurity is a problem on our campus and edible landscaping would offer a sustainable solution to food insecurity in the community; and,

Whereas access to fresh and sustainable food is a healthy alternative to the predominantly canned or packaged food offered in the Fredonia Campus Food Pantry; therefore be it

Resolved that the Fredonia University Senate recognizes the importance of investing in edible landscaping on campus as a part of our environmental and sustainability pledge; and be it further

Resolved that the Fredonia University Senate recommends that the university commits to edible landscaping on designated areas on campus by supporting things such as but not limited to soil testing, site identification, plot design, cost-benefit assessment, plant selection, volunteering and internship opportunities, in consultation with pertinent stakeholders, committees, students, faculty, and staff.

Meal plan costs are on the rise: **Here's why**

ABIGAIL MILLER

Special to The Leader

Over the past couple of years, SUNY Fredonia has changed tremendously. The COVID-19 pandemic created multiple issues, and chief among them are low enrollment and inflation.

These shifts are reflected in the rise in cost of Fredonia's meal plans. The changes in the meal plans have involved both an increase in cost and in the amount of food offered.

Meal Plan #1 has faced the biggest change. It costs \$250 more, and includes two more meals per week and about 100 more points.

The cost of Meal Plan #2 increased by \$200, and it includes the same amount of meals per week as before, but 100 more points.

Meal Plans #3, #4, and #6 follow the same design as Meal Plan #2, incorporating the same amount of meals per week as before, but with 100 more points.

Meal Plan #3 costs \$250 more, and Meal Plans #4 and #6 cost \$350 more each, respectively.

The cost of Meal Plan #5 increased by \$350 more as well, which translates to 350 more points considering that no meals are included in this plan.

Meal Plan #7 and #8 cost \$50 more, which translates to 50 more points each. Meal Plan #9 (Plan C-75), the commuter plan, was the only meal plan that did not change in any respect.

Many students have been looking to Darin Schulz, executive director of SUNY Fredonia's Faculty Student Association (FSA), for answers.

Schulz said that these changes are the result of a "very detailed" process where FSA "[does their] best to keep the increase [in cost] as small as possible."

According to Schulz, the main reason that the cost of the meal plan has increased is due to the inflated costs for both food and labor. However, this is not the only factor that he said has led to a shift in the prices of meal plans.



Students dining in Cranston Marche. Photograph by Alyssa Bump.

"The university has downsized ... [which] puts significant pressure on the meal plan ... [because] speaking to enrollment, that's our number one factor as far as our revenue," Schulz said.

In regard to the increase in the food included in each meal plan, Schulz mentioned food insecurity.

"I wanted to make sure that, [in regards to] food insecurity, there [would be] a way for a student on Meal Plan #1 to never be hungry," he said.

Schulz also echoed this sentiment through the increase of points in the other meal plans.

When asked about whether he believed that students are getting a fair amount and quality of food for the cost of the meal plans, Schulz said, "The biggest hurdle that we have when we talk about value is that we need to make sure that there's food available for every student ... every day of the week."

Schulz explained that one of his biggest priorities is to ensure a wide variety of food on a daily basis.

"We want to accommodate all eating preferences, whether it be vegan, vegetarian, etc.," Schulz said. "We want to mitigate allergen exposure as well, which adds to costs."

Schulz vocalized that "one of the best ways to get your value out of your meal plan ... is to get a meal swipe at Cranston." He explained that the buffet-style dining experience allows students to make the most out of their meal plan and to get the best bang for their buck.

Schulz mentioned the array of options that are now available at Cranston and Willy C's as well. At both locations, he said that FSA has significantly worked to improve their menu this year and quality of the items.

However, in an interview conducted with a sophomore student who has lived on campus for the past two years and has purchased meal plans both years, they were asked what they would modify about the meal plan system if they could change one aspect. The student has chosen to remain anonymous.

“You should be able to start using your meal plan [swipes] at the C-store. As a vegetarian, it’s hard for me to trust that the food in the dining halls has not been cross-contaminated,” they said. “At the C-store, even though the food is unhealthy for me, I am able to trust that it hasn’t touched meat. I’m wasting all my points [at the C-store] because that’s all I trust to eat.”

The same student voiced their frustrations regarding changes that have occurred.

“We weren’t really told anything about them,” the student said.

When asked what could be a beneficial way to update students on new changes, the student said “[While] sending a mass message with a presidential email could help ... it’s not so

much sending an email as it is sending the email at the right time so that there is as little confusion as possible among students.”

Overall, it is safe to say that some students have differing opinions on the changes that are currently being made to the meal plans.

Schulz responded to some of the negative reception by putting the meal plans at Fredonia into SUNY-wide perspective.

“[University at Buffalo] is the most expensive in SUNY; [it costs] significantly more than us. Cortland is by far much cheaper than we are but you have the least amount of choices,” he said. “SUNY Oneonta is very inexpensive as well ... but you can't use your meal plan at [their] Starbucks.”

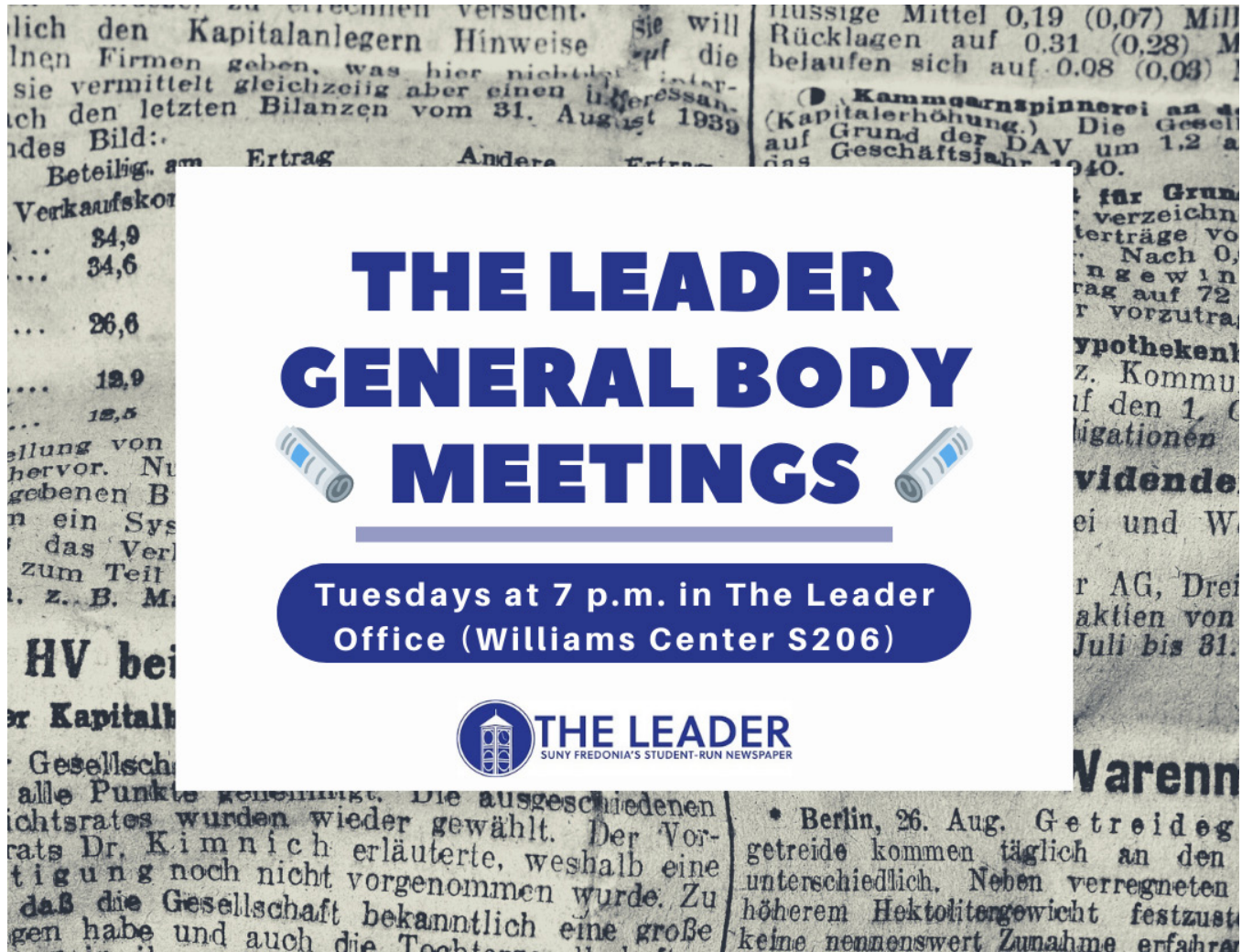
Schulz believes that, in order to form a holistic understanding, students must first take into consideration the ways that Fredonia’s meal plans compare to other SUNY schools.

Schulz is candid about his feelings regarding student feedback and the negative factors associated with the changes.

“It’s unfortunate that the meal plans cost as much as they do ... It’s very hard because it is very expensive, and I don’t shy away from [acknowledging] that,” Schulz said. “It’s just the nature of where we are with the cost of labor, the cost of food and providing all the options we need to provide and want to provide for the students.”

THE LEADER GENERAL BODY MEETINGS

Tuesdays at 7 p.m. in The Leader
Office (Williams Center S206)



English Department introduces new writing major and reintroduces Visiting Writers Series

WILL KARR

Life & Arts Editor

From non-fiction and journalism, to creative writing and fiction, many writers feel like they have to pigeonhole themselves into one area of focus. However, the new writing major at SUNY Fredonia is showing students that they don't have to limit themselves to only one form of writing.

"The goal for the writing major is focused on connection," said associate English professor Michael Sheehan. "... Trying to think about how creative writing benefits from professional writing skills, and how professional writing benefits from creative writing practices."

This year, the department of English introduced a new bachelor's degree in writing, which incorporates creative writing, professional writing and other forms of writing into one comprehensive program. Fredonia already offers two distinct writing minors: creative writing and professional writing. The new writing major combines aspects of both of the minors with Fredonia's bachelor's in English degree. Sheehan said that one of the primary goals of the program is to help students to become more well rounded writers.

"The aim of the major is to create a marketable creative," Sheehan said. "For example, people who have creative skills aren't always taught or made aware of

how marketable their skills are. A poet or fiction writer might not have skills that are obvious ... they might have to think about how their skills might serve in other jobs."

Unlike many majors at SUNY Fredonia, the writing major will only require students to take 39 credits. As a result, Sheehan said that students who already have writing minors have the potential to be candidates for the degree. Many students could potentially even pick up the degree as a second major.

"An English or journalism major might think the degree complements their major perfectly ... and that was kind of the aim," Sheehan said. "... And for students who are already creative



Allegra Hyde public reading of "Eleutheria" in Rosch Recital Hall. Photographs by Derek Raymond.

writing minors, the distance between the minor and writing major is not that big. A student who is on their way to getting a writing minor could just add a few courses and turn it into a double major.”

The English department has seen an influx of interest in the two writing minors in recent years. In addition to the writing major, the department is working to also cultivate an interest in writing amongst students through writing workshops and guest writers.

Last week, on Sept. 29, the department hosted its first in-person Mary Louise White Visiting Writers Series event since the onset of the COVID-19 pandemic in 2020. Each writer’s event will include a craft-talk and a public reading of the respective visiting writer’s work.

“There are two key elements for every visiting writer,” Sheehan said. “One is that they will give a public craft talk. They choose some element of writing and talk about how students might use the skill as writers, for a career and to organize community.”

The public reading, which will follow every craft talk, will give students the chance to ask the visiting writer questions in a group setting.

The first writer of the semester was fiction novelist Allegra Hyde. Hyde currently teaches creative writing at The Oberlin College and Conservatory in Ohio. Last week, she visited Rosch Recital Hall in Mason Hall to talk about her book “Eleutheria,” which she describes as “queer December-May romance novel.”

In the bildungsroman, the main protagonist Willa is the child of survivalists and doomsday preppers. The notion that the end is coming looms over and controls nearly every facet of her life.

As she enters into the world on her own, she is unprepared to cope with present-day realities such as climate change and social media. As a result of her naivety and benevolence, Willa eventually gravitates towards an utopian society that proposes sustainable solutions for living on Earth. However, she soon discovers that the surface level promises are often not what they appear to be.

“The novel is about climate change. It’s about Willa’s relationships and their complexities. It’s sort of about this tension between idealism and compromise, which might be situated as this idealism of young people in particular,” Sheehan said. “With climate change, we often have to negotiate for compromises and solutions, rather than getting everything we might want.”

Hyde’s novel can be ordered through the campus bookstore. The next visiting writers event will take place on Thursday, Nov. 3 at 7 p.m. with poet Adam Clay at the Marion Art Gallery in Rockefeller Arts Center.

“There will be an art exhibit ... a student musician performance and Adam will read his own poems,” Sheehan said. “... One person might be there more for the music or the art, and someone else might come for the poetry. Hopefully everybody gets at least something of everything and the connection between all the things.”



Life & Arts

Fredonia Performing Arts Company presents 'A New Brain'

DREW PALUCH
Special to The Leader

SUNY Fredonia's Performing Arts Company showcased "A New Brain" in the Bartlett Theatre on Sept. 30, Oct. 1 and Oct. 2. The musical was directed by Alice Khekht, a senior musical theatre major. Described as "a strange and chaotic musical" by Vincent Canale-Rouse, who played the lead role of Gordon Schwinn, "A New Brain" was both comedic and moving with very powerful messages throughout. The performance includes some universal themes, including to always appreciate what you have and to live life to the fullest.



"A New Brain" performance. All photographs by Drew Paluch.





Fredonia Radio Systems hosts annual

ROCKIN' THE COMMONS



FRS members gather around Barker Commons pavilion at Rockin' the Commons. Photograph courtesy of FRS.

ALANA WINGATE
Special to The Leader

Downtown Fredonia's Barker Commons was filled with life on Saturday, Sept. 24 during The Fredonia Radio Systems annual Rockin' the Commons fundraiser. This year's event returned back to its original stomping grounds of Barker Commons for the first time since the pandemic.

Many people attended the charitable event expressing their appreciation for the event and its refreshing setting.

"Honestly, it's been really fun," said Keri Frank, a local band supporter. "It's nice that it's outdoors so people feel a little bit more comfortable, like hanging out with their friends after everything that's happened and connecting again."

While the event was centered mostly around music, there was something for everyone to do while they listened to some tunes.

"It's a ton of fun — live music, raffles, food, CD sales — it's definitely one of my favorite events that FRS puts on," said Alex Erwin, FRS station manager.

Although the fundraiser's efforts went to benefit Roswell Park's cancer research, the event also helps to support local businesses.

"We checked out the little basket raffle. It's really cool that they're supporting all the local businesses," Frank said. "I did all the little games and there's music trivia, too."

Many bands performed at Rockin' the Commons including BP and the Oil Spills, Marquee Grand, Hal and Pals, Capo II, Some Like it Hot, Much More Chill and Johnny & the Man Kids.

Former Fredonia student and guitarist Andrew Pszonak for the band 'Johnny & the Man Kids' voiced his delight to be back performing at Rockin' the Commons after playing the fundraiser in previous years before its halt following the pandemic.

"We've performed at Rockin' the Commons I think twice now. And it's always been a great time," Pszonak said. "Usually it's super, super hot out, so it's nice that it's just cooler and relaxed and a lot better. It's always great. Everyone's excited to be here and that's like pretty much all you can ask for."

All in all, the event raised over \$1,000 to support Roswell Park Cancer Institute in their cancer research.

"This fundraiser is so important because it's to raise money for Roswell, it's for cancer research. So many people have been affected by cancer, and we're just trying to give back to the community," Erwin said. "We're trying to help support Roswell and the community. We want to be a voice for the campus and community."

For those looking to donate to the Roswell Park Cancer Institute can visit their website at <https://www.roswellpark.org/> or call (716) 845-8788.



Marquee Grand. Photograph by Chris Sill.



FRS volunteers. Photograph by Chloe Kowalyk.



Some Like it Hot. Photograph by Chloe Kowalyk.



FRS members and alum with Rockin' the Commons photo frame. Photograph courtesy of FRS.



Much More Chill. Photograph by Chris Sill.



Scan this QR code to watch a news package on Rockin' the Commons. Created by Alana Wingate and Katie Lee.

'A little help from a friend'

George Harrison's 'Miss O'Dell' talks helping out The Beatles

JAINA BERARDI
Special to The Leader

English rock group The Beatles gained international fame during the 1970s. However, Chris O'Dell is showing that they couldn't have gotten by without a little help from an American friend.

"I wanted to prove that they couldn't exist without me," O'Dell said. "With them, I was working on American thinking. If they said they needed something as soon as possible in England ... I figured out a better and faster way to get them to pay attention."

In 2013, O'Dell visited SUNY Fredonia and gave a speech titled, "Gender, Drugs and Rock n' Roll." She returned to campus Tuesday, Sept. 27 to deliver another lecture during professor Armand Petri's "Business of The Beatles" class. Petri, who moderated the discussion, regards O'Dell as "The First Lady of Rock & Roll."

O'Dell is known for being the first ever female arena tour manager. She worked for an abundance of rock bands during the '70s, including Fleetwood Mac, Queen, Phil Collins, and Earth, Wind & Fire. She was a personal assistant for The Rolling Stones, but before all that, she started as a secretary for The Beatles at Apple Corps.

Most of O'Dell's talk surrounded her time with The Beatles, who founded the multimedia corporation Apple Records. Near the beginning of her speech, she explained that her first breakthrough in the music industry was in 1968. At 20 years old, she was invited to England by The Beatles' publicist, Derek Taylor.

She said that she "went [all] out for the experience." In order to have enough money to accept the invitation, she cashed in her car, life insurance policy and record collection. A few days after she arrived, O'Dell was brought to the first office of Apple Corps, and met John Lennon, Yoko Ono and Paul McCartney.

O'Dell created her own job at Apple Records by doing oddball tasks around the office. She started by sitting in for the secretary and bought sandwiches for The Beatles, then made

deals with local restaurants to give her silverware and dishes with her lunch orders. Eventually, O'Dell was even invited to join The Beatles on Abbey Road to sing in the background of "Hey Jude."

However, many people claim that O'Dell was never actually a contributing asset of the music industry and credit her success merely to the fact that she is a woman who openly admits to using her looks and sexuality in a manipulative way in a male-dominated industry.

"But [for me] it was harder ... because I had to prove myself a little bit harder than probably other people did," O'Dell said. "On the other hand, it was easier because I was female. Since everybody I worked with was male, I knew how to manipulate."

After two years, she started skipping her shifts at Apple to hang out at Eric Clapton's house and was eventually let go for doing so. She then moved back to Los Angeles and became the personal assistant for The Rolling Stones.

"If there had been a job description for [working with] The Rolling Stones, it would have said sleep with Mick [Jagger] whenever he asks," she said.

O'Dell admitted that she would often always say yes. From complying with her employers, to moving in with George Harrison and his wife, she explained that she had to often go to great lengths to prove that she was worthy to be in the room.

Towards the end of her speech, Petri opened the room to the audience for questions. One student asked O'Dell about the feminist standpoint in relation to the music industry and women who have inspired her. She explained that although she never really thought of it as a feminist viewpoint, growing up, she admired her grandmother, who at 45 years old, ran for town mayor. She describes what she learned from her grandmother as "breaking through one step at a time."

O'Dell also exclaimed her pride for the amount of women that are in the music industry today.

"Never enough!" replied Petri. "Women, go out and conquer."

O'Dell then gave some advice of her own to students.



“Get in wherever you can. Then it’s up to you to prove what you’re capable of,” she said.

Another student asked O’Dell what advice she would give herself if she could go back to when she was a touring manager.

“You really need to pay attention to what you need,” she said.

She further explained that she probably would have focused more on her own finances. Overall, she advised students to trust their gut and instincts.

In all that O’Dell has done throughout her career, it seems as though she has followed this piece of advice herself. Whether the masses agree with all of her actions or not, O’Dell has gotten to where she wanted to be by taking risks and leaps of faith.



Chris O’Dell speaks with Armand Petri during lecture. Photographs by Derek Raymond.

The sounds of the revolution: First-ever Fredonia Symphonic Winds concert

MAISIE STRADER
Special to The Leader

SUNY Fredonia’s School of Music hosted its first ever Fredonia Symphonic Winds concert on Sept. 29 in King Concert Hall. The conductor, Dr. Carrie Pawelski, hopes to recognize the series of changes our world has experienced through the ensemble’s power of music.

The symphonic wind ensemble played an arrangement of seven pieces, including “A Mother of a Revolution,” “Aurora Awakes,” “Visionary,” “Salvation is Created” and “Morning Star.” They also played “The Machine Awakes” and “Be Thou My Vision,” which were led by assistant conductor Benjamin Kohn.

Pawelski acknowledged how each of these pieces resembles a different type of change, leading to a revolutionizing theme throughout the performance. Two freshman students of the group shared how they prepared for the concert, what is the

most stressful part of going on stage and what their favorite piece is. In addition, they provided an inside look into the concert.

“I prepared by practicing a lot,” said Alex Bowser, a freshman trombone and piano player. “I also wanted to not look like an idiot on the piano, so I tried really hard to not make that happen.”

Bowser believes that the two to three hours preceding a concert are some of the most stressful parts.

“I know the performance will be fine. The preceding hours are nerve wracking,” Bowser said.

Bowser’s favorite piece is “Aurora Awakes.”

“The woodwinds do a great job in the beginning and the key changes with the brass entering, that is one of my favorite spots in any piece of music probably ever,” Bowser said.

Freshman tubist Ivan Mofardin had a very different perspective on these questions.

“I switched tubas, so I spent a lot of time learning how to play notes again, as my new tuba had totally different fingerings,” Mofardin said.

Mofardin’s favorite piece was “Morning Star.” He said that it has a great upbeat feel and is challenging. However, he said that “Aurora Awakes” was a close second.

After the show, audience member Derek James expressed his thoughts about the performance.

“I just watched my dear friend Ivan tear it up,” James said.” He played something that sounded almost like Jurassic Park, which was pretty awesome,”

Pawelski and Kohn captured the meaning of a change, with song and tears. Fredonia sparks the sound of a revolution every time an instrument is picked up in the band room.



Carrie Pawelski conducts symphonic wind ensemble. Screen capture from “Fredonia Symphonic Winds” livestream on YouTube.

Charlotte Mahaffy's "Moving Land"



solo exhibit evokes memory and recollection

WILL KARR

Life & Arts Editor

Growing up, SUNY Fredonia student Charlotte Mahaffy always knew that she wanted to be an artist. However, she never imagined that it would actually be a realistic or attainable possibility.

"When I grew up, I was like, 'I think I want to be an artist,'" Mahaffy said. "But then you get squashed real quickly with [statements] like 'that's not a real career' and 'that's not a reality.'"

Mahaffy is a junior drawing and painting major from Long Island. Her artwork was recently on display in a solo-exhibition titled "Moving Land" in the Emmitt Christian Gray Gallery of the Rockefeller Arts Center. The gallery gives art students the opportunity to showcase work in a professional setting and environment. "Moving Land" is Mahaffy's first independent art show. The exhibit opened with a reception on Sept. 19th.

When Mahaffy first came to SUNY Fredonia, she majored in political science. However, after losing her passion and enthusiasm for politics, she eventually decided to switch her major to painting and drawing. She describes the transition as going from a "practical" to a more "impractical" career path.

"There's no point in sitting around, doing something you hate because you think it's the most reasonable path that will bring you some version of success, happiness and stability," Mahaffy said. "I'd rather be unstable, happy and doing something that I like everyday with the prospect that maybe I won't have what I need for tomorrow. At least, I am doing something that I like at the moment."

Mahaffy often draws inspiration from life's moments, the environment and the continually growing landscapes around us. The exhibit features work from across different artistic mediums, including paintings, drawings, ceramics and sculptures.

Mahaffy explained that she likes to depict natural landscapes, scenes and environments in her pieces. She describes herself as a landscape painter, but is now welcoming other mediums into her repertoire.

"Some people love drawing man-made structures with sharp geometric lines," Mahaffy said. "But, for me, it's stress-

ful to draw something that is technically correct. I'd rather just paint whatever seems right in my mind."

Nature is often the first thing that comes to Mahaffy's mind. From mountains and clouds to trees and flowers, she tries to incorporate what she considers to be the best elements of nature into her work. In her sculptures, she showcases the expansiveness of nature, which contrasts the confines of her rectangular and square paintings.

"We can try to fit a landscape into a one by two box, but it's never going to make complete sense. It's never going to totally fit," Mahaffy said. "So, playing with organic shapes and textures has been really exciting because it shows how land is in layers and how we experience it isn't just a one-flat box."

In the exhibit, Mahaffy juxtaposes larger canvases with smaller scale pieces.

"Painting small can be less stressful because you can think less about it," she said. "But it's also exciting at times to do something really huge, tangible and physical."

Mahaffy draws inspiration for her work from Instagram, travel blogs and other artists. However, the landscapes and images she paints are primarily created from her own memories and recollections, rather than actual landscapes and references images.

"[The images I create] are not solid things; it's never really a stagnant thing that I am looking at," she said. "This is just how I am trying to remember it."

However, as time passes by, memories and recollections are often flawed, fleeting and incomplete.

"Life is moving by really quickly. I think that the motion is really reflected in my paintings," Mahaffy said. "I love that we're all just kind of growing through life."

Mahaffy creates fictionalized landscapes. She said that there are only about three paintings of real landscapes in the show.

Overall, Mahaffy believes that it can be beautiful to stop relying on photographs and references, and to start tapping into the extremities of the human mind and memory. She is thankful to have a space to showcase her work and vision to the campus community at Fredonia.

"The gallery is a great place for me to display my work," Mahaffy said. "... We need more art on this campus."

**"Moving Land" solo exhibit in Emmitt Christian Gray Gallery.
All art created by Charlotte Mahaffy.**



Charlotte Mahaffy.
All photographs by Derek Raymond.

SPORTS

Alexis "Lexi" Lindamer finds friendship on the field

TYLER PACOS
Sports Editor

Alexis Lindamer is striking towards the end of her collegiate sports career.

With the 2022 women's soccer season just passing the halfway point and coming towards the end of SUNYAC play, seniors, including Lindamer, start to slowly reflect on their athletic journey and take in every final moment of their final season.

Lindamer is a senior exercise science major with minor concentrations in sport management, public health and athletic coaching. This will be her third year at SUNY Fredonia, as she transferred from Mercyhurst at the beginning of her sophomore year. Lindamer is an outside midfielder/forward, who sees a hefty amount of playing time during matches for Fredonia. She is a well-rounded student athlete who loves not just the sport of soccer, but everything that comes along with it as well. "Playing soccer at the collegiate level has forced me to stay on top of my school work in these past four years and has also taught me several life lessons."

Lindamer has been involved in numerous sports growing up including basketball and track & field, however soccer stuck with her more than anything else she has ever done. She started playing when she was only three years old in a league near her hometown of Lewiston, NY called Niagara Pioneer Soccer League (NPSL). From there Lindamer continued with NPSL until she was eligible to play at the premier level with Global Premier Soccer (GPS) which is now known as Rush.

Along with her travel league experience, she also played at the varsity level at her high school, Lewiston-Porter High School. Playing both travel and high school has helped bring Lindamer to the NCAA level of soccer.

Her journey to Fredonia, however, seems to have acquainted her back with some old friends.



Alexis Lindamer.

Courtesy of Fredonia Sports Information Office

During her time with Rush and Lewiston-Porter Varsity Soccer, she played with current Blue Devils Jordan Barret and Gracie Auer. She also played with her current teammate and roommate Talia deFay at Mercyhurst before they both transferred to Fredonia.

As many players have had past experiences with one another, the level of trust and companionship runs high throughout the roster. A successful sports team starts with trust and communication, and Lindamer lacks nothing of the sort.

"My teammates are my best friends," Lindamer said. "The dynamic of our team is unlike any other team I have

been on. Our locker room talks, bus rides, team bonding and the time that we spend together on and off the field is always full of laughs and jokes. From time to time we run into some bumps in the road just as any other team, but we are always able to talk it out and show up for each other on [and off] the field."

The Blue Devils are 2-6-2 overall at this point in the season, sitting last in the SUNYAC conference with a 0-4 conference record. With few games remaining in the season, the Blue Devils will look to make one more final push in hopes to qualify for the SUNYAC championship.

When asked about the team's standing thus far, Lindamer believes there is a way to capitalize on opportunities they are receiving. With most of their matches finishing with a one to two goal differential, minor changes could help bring Fredonia back into the winning column.

"Although we have had a bit of a rough start to conference play, I would say that our defensive line has done a great job thus far keeping us organized and composed," Lindamer said. "Their grit when defending in the final third has saved us on multiple occasions [and] if we continue to work as a unit and finish our opportunities in the final third, I think that we will get some wins under our belt in the SUNYAC."

Blue Devils sports roundup

MATT VOLZ

Special to The Leader

Women's tennis showing improvement

In their most recent contest, a Sept. 23 matchup against Penn State Behrend, the Blue Devils fell by a final mark of 6-3. While the team dropped to 0-6 on the season, they showed improvement from some of their first matches.

Fredonia State was defeated in each doubles matchup, but the Blue Devils were able to take three out of six singles contests. Bella Surma, playing 2nd singles, came away with a victory (6-3, 6-1), as did 3rd singles player Caitlin Snyder (6-4, 2-6, 10-6) and 6th singles player Sierra Allen (6-2, 6-3).

Fredonia State will be on the road for the remainder of the season, as their final three games will take place at the Binghamton Tennis Center in Binghamton, New York. The Blue Devils will face Oneonta, New Paltz and Plattsburgh State in their final three games before the SUNYAC Championships begin.

Volleyball looks for first home win

Fredonia State's women's volleyball team lost a tough one to SUNY Cortland on Sept. 30, dropping their season record to 1-13. Amaya Lewczyk led the Blue Devils in kills with nine, while Kailea Sullivan picked up 14 digs and Kourtney Krchniak recorded 20 assists.

Fredonia State will return to action on Tuesday, Oct. 4 when they host Hilbert College at 6 p.m. The Blue Devils will be in search of their second win of the season, as well as their first home victory in 2022.

Men's soccer looks for SUNYAC win

On Saturday, the Blue Devils fell to SUNY Cortland by the final count of 5-0. The loss brought their overall record to 1-6-3, and their SUNYAC record to 0-3-2. With starting goalkeeper William Richardson battling injury, sophomore backup Tanner Stutzman faced a large amount of shots but was able to make some solid saves.

Points leader Kaleb Steward will look to lead his team to its first conference



Brooke Grazen set to strike during women's soccer game. Photograph by Derek Raymond.

win when the Blue Devils travel to take on SUNY Brockport on Wednesday, Oct. 5. Fredonia State's next home game is scheduled for next Saturday, Oct. 8 at 1:30 p.m. against the Bears of SUNY Potsdam.

Women's soccer looks to break streak

In a hard-fought contest, Fredonia State's women's soccer team fell 1-0 to SUNY Cortland on Saturday. The loss is their fourth consecutive one for the Blue Devils, putting their overall record at 2-6-2 and making them 0-4 in conference play.

Like the men's team, the women's team will be in search of their first conference victory when they take on SUNY Brockport on Wednesday, Oct. 5. The women's game will be at University Stadium, with kickoff scheduled for 7 p.m. Leading scorers Bri Grazen and Katie Sellers hope to bring victory number three to Fredonia State.

Men's XC has solid outing at Geneseo

Competing against 23 other teams, the Blue Devils men's cross country team took home a 15th place finish. Kyle Campbell was Fredonia State's top finisher, coming in 79th place out of 365 finishers with a time of 26:37 for an 8K race. Junior Sembel Koshi also turned

in a very solid performance, coming in 88th place with a time of 26:45. Other scoring finishers for the Blue Devils included Josh Walters (109th place, 27:01), Patrick Klinger (114th place, 27:08), and Ted Tomasello (130th place, 27:27).

The Blue Devils' next meet will be the weekend of Oct. 14 and 15 at Rowan University in Glassboro, New Jersey. The cross country program will be hosting the Ruterbusch Community 5K race next Saturday, Oct. 8, beginning behind Steele Hall at 10 a.m.

Women's XC sees four finishers

Although the Blue Devils did not field the necessary five runners to score as a team, all four runners battled against 272 other runners on Saturday in Geneseo. Top finisher Alexandra Battaglia came in 87th place with a time of 24:42. Junior Vanessa Ryhal came in 139th place with a time of 25:48. Fredonia State also featured Kristin Kelemen (208th place, 27:39) and Erin Cool (249th place, 30:19).

Like the men's team, the Blue Devils will be hosting the Ruterbusch Community 5K race for homecoming weekend next Saturday, Oct. 8 at 10 a.m. Their final meet before SUNYAC championships will take place Friday, Oct. 14 when Rowan University comes to Fredonia.

Ethan Yannie: Blue Devils take off at Mike Woods XC Invitational at Geneseo



Patrick Klinger finished 4th on the team for the Blue Devils (114th overall) with a time of 27:01 for the Mike Woods XC 8K (5:28 mile pace).



Kristin Kelemen finishes the 6K with a time of 27:39 (9:06 mile pace).



Kristin Kelemen (front right) recognized pre-race during senior shoutouts.



Josh Walters (left) and Kyle Campbell (right) leading the men's team.



Ethan Pocock runs in center of the pack.



Aaron Mendez, one of the team captains for the Blue Devils, finishes 8K with a time of 30:32 (6:00 mile pace).



Erin Cool runs a 30:19 6K (10:10 mile pace).

New faces on the ice: Buffalo Sabres look to end 11-year drought

TYLER PACOS
Sports Editor

The 2022 NHL season is just around the corner.

With preseason underway as of Sept. 24 and the regular season slated to start on Oct. 11, teams are making their final adjustments to their respective rosters ahead of opening night.

The Buffalo Sabres are coming off yet another season of not making the playoffs. The 11th straight season to be exact. With many new factors being added into the mix though this year, the destiny for the team this season is quite up in the air.

Buffalo picked up new goaltender Eric Comrie during free agency this off-season, along with physical-minded defenseman Ilya Lyubushkin to help bolster their depth within the roster. General Manager Kevyn Adams also sought out contact extensions for forwards Vinnie Hinostroza, Victor Olofsson and Tage Thompson.

Keeping the younger core together was something Adams has focused on ever since his tenure has started in Buffalo. Then you add developed prospects Ukko-Pekka Luukkonen and Jack Quinn into the mix, both having a chance to play their first full season in the NHL. It's safe to say there will be lots of new and young talent to see throughout the season this year.

The Sabres have 82 games on their schedule this year, opening the season on Oct. 13 against the Ottawa Senators at home. From there, they can be seen 12 times nationally on ESPN/TNT including the second return to Buffalo for former first-round pick and current Vegas Golden Knight Jack Eichel scheduled for Nov. 10.



The Buffalo Sabres home ice at KeyBank Arena.
Photograph by Tyler Pacos.

The abundance of new faces heading into next week makes it unclear how this season could go, but from what we saw at the end of last season along with the new additions made, Buffalo could have a good chance of making a serious splash in the highly skilled Atlantic Division.

OPINION

The opinions voiced by writers and artists in the Opinion section of The Leader reflect those individuals' opinions, not those of The Leader as a whole. Only stories clearly marked as Editorials reflect the opinion of The Leader's executive staff.



“THE PLUMBER”

Executive Producer of Lovercall

“THE ELECTRICIAN”

Lovercall Producer

Hello!

We are The Plumber and The Electrician: two producers of the radio show Lovercall right here at SUNY Fredonia. Lovercall is an anonymous late-night talk show about love, relationships and more. Students who come on the show use a codename to protect their identities when discussing potentially personal topics, hence the codenames of the writers of this column.

On each episode, the hosts and guests of Lovercall participate in a variety of segments. The cast discusses a relevant news story, a date idea, a wacky discussion and finally a main topic for the episode.

Listeners also write into the show, either via Fredonia Radio's Instagram, @fredonia_radio, or through the QR code listed in this column.

The show is streamed weekly on Thursdays from 10 p.m. to 12 a.m. on WDVL 89.5 at www.fredoniaradio.com.

This column runs in conjunction with Lovercall and can be found both in print and online at fredonialeader.org.

“The Plumber” is a 21 year-old cisgender male who goes by he/him/his pronouns and is a senior at SUNY Fredonia.

“The Electrician” is a 20 year-old cisgender female student who goes by she/her/hers pronouns and is a junior at SUNY Fredonia.

Together, we hope to provide our best advice about college relationships, dating, friendships and other aspects of college life.

Lovercolumn: To the Lovercallers

Date idea of the week

We also hope to provide our fellow students with a fun and unique date idea in every column. For this week's issue, we at Lovercall think going into the countryside and going apple picking is the best way to spend a date this fall!

With the leaves just about to change color, now is the perfect time for the annual apple harvest. Some local orchards let you pick your own apples, and this could be a fun date for the month, or even as a double date!

While most of the local apple orchards are located in Buffalo and Jamestown, there is one in nearby Forestville.

Meadows Farms is only a 20 minute drive from campus. They offer apple picking and fresh pressed apple cider. This locally owned orchard is the perfect place to spend an hour or two picking apples with your significant other.

Besides eating the delicious fresh apples, you can make them into a sweet treat as well. Making caramel apples or baking an apple crisp could be another fun date with your partner after the apple picking.

“I tried this date idea out with my boyfriend last weekend, and it was a ton of fun making something together and then getting to eat it after,” The Electrician said. “Baking is a great way to get messy and having fun with your partner.”

Lovercallers

We call those who reach out to us “Lovercallers.”

This week, we got a lot of responses from those looking for advice. We utilized Yik Yak, a distance-based anonymous messaging forum, to gather our responses.

One caller wrote, “What do you do when a relationship gets toxic?” We at Lovercall recommend communicating

with your partner and taking a step away from the relationship. Being in a toxic relationship isn't healthy for either you or your partner. To avoid becoming drained and unhappy, we recommend taking a break from your relationship and reflecting on the aspects of the relationship that got toxic and why.

After that reflection period, then you can take stock and see if the relationship is worth pursuing or possibly ending. Your happiness is what's most important, and if a relationship isn't providing you that in the long term, it may not be worth your time.

Another Lovercaller asked, “How do you deal with being in love with your hookups? Like, I have a crush on both of the guys I slept with and I want them both to be my bf but they don't want me unless we [are having intercourse].” We have dubbed this caller, “Purple Cookie” after their Yik Yak icon. We strongly advise Purple Cookie to consider that these guys are likely not looking for a serious relationship like they are.

Paul, a host of Lovercall, recommended that Purple Cookie put their time and effort into a person who does want that same level of seriousness in a relationship.

This could again be solved through a simple conversation to see where their minds are at. But don't pursue a relationship without a conversation surrounding commitment. That could lead to problems very quickly, hurting both you and the other person involved.

A third Lovercaller reached out to our Yik Yak message asking for advice. This user, who we dubbed “Pink Reagan,” asked for advice regarding being ghosted. Pink Reagan had been persistent in their efforts to reach the person who ghosted them.

We here at Lovercall strongly advise against continuously contacting some-

one who has ghosted you. While it may be difficult and painful, giving that person space is the best you can do from a distance.

It's difficult to expect, but this person has moved on and you should try to do so as well. There's no worth in pursuing someone who doesn't share the same feelings.

If the relationship did pan out, consider how this person's behavior would make you feel. If this person makes a habit out of not being responsive to you, perhaps that isn't a relationship you'd like to be in anyways.

To all of our past, present and future Lovercallers, we are dedicating this article to you all. Confronting and facing problems head on is scary.

Talking about personal issues such as love, sex and relationships can be especially difficult. This can be doubly so if it concerns a friend or someone close to you. We want to offer ourselves to whoever needs unbiased advice under the protection of privacy.

We have all been in a place where we needed advice on love and couldn't reliably talk to someone about it. We hope this column achieves two things:

First, we hope it offers an outlet to ask questions in a safe, anonymous environment free from bias and judgment. Through the QR code, Instagram stories and Yik Yak, we encourage anyone with a question to ask it. We will try our best to answer it.

Secondly, we want to show that talking about these questions isn't something to be ashamed of. To be curious about sex or wonder about love is a normal human process. Sometimes it is easier to talk about it anonymously, but it is nothing to be ashamed of. That's why we inspire you to ask all types of questions here on Lovercolumn.

We are honored to be the ones writing to the community about the issues of love, and hope you turn to the Lovercolumn where you have a question about it.

Reach out!

Do you want to ask the authors of Lovercolumn a question? Do you need advice? Fill out the form by using this QR code.

Interested in being a guest on Lovercall? Email frs@fredonia.edu or visit Fredonia Radio Systems, located in McEwen Hall 115 and open Monday through Friday from 9 a.m. to 5 p.m.



"The Plumber" and "The Electrician" are members of Fredonia Radio Systems and are involved in the production of Lovercall.

Utilizing Fredonia's Chosen Name Initiative

EJ JACOBS

Special to The Leader

Do you ever get nervous on the first day of class during roll call?

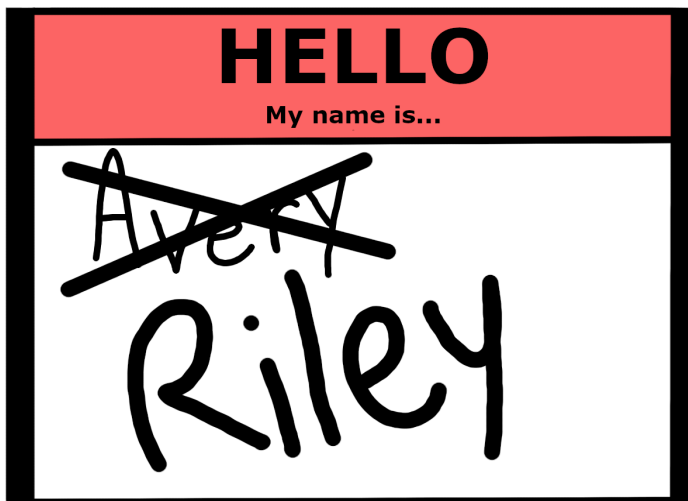
Do you get embarrassed to pull out your FREDCard, by the off chance people will be able to read it?

If you can relate to any of these questions, we have something in common.

This time last year, I was really nervous about going to classes and having my whole class not know me as the name I identify with.

After feeling the pressure this put on me, I looked for a solution to my problem. This is where I eventually discovered Fredonia's Chosen Name Initiative.

SUNY Fredonia's website states that, "The State University of New York at Fredonia recognizes that many persons identify themselves using a name that is different from their legal first name. Fredonia will refer to this name as the 'Chosen Name' and will use it when possible in the course of university activities."



Graphic by AJ Rosman.

The program is available to students, staff and faculty.

Once this program came to my attention, the steps to get EJ, my chosen name, on everything were quite simple. All I really needed to do was contact the Chosen Name Committee Member, Dr. Jennifer Hildebrand at jennifer.hildebrand@fredonia.edu.

Once I sent them an email, I got documents to fill out. The documents listed some simple information you have to fill out. The information is not inva-

sive, rather it just asks basic questions. They ask for your legal name, chosen name and your F-number.

The document has to be sent in through your Fredonia email to be considered "signed" and verified by you. Once the document is submitted, you don't have to wait very long to change your name.

The name on your FREDCard can be changed as soon as you get the go head that all your information is in.

The first card you get after your original is free, after

that you will be charged for any additional replacement cards. It will take about a week for your Fredonia email accounts to switch over to your chosen name. However, the switch is seamless.

The program really lifted a weight off my shoulders. I feel more comfortable than I ever have before. It really gave me a sense of confidence because I can now say my name is EJ, without anyone questioning or trying to prove me wrong.

Overall, this program is very beneficial to the Fredonia population.

THE SCALLION

Satire for Fredonia



Chris Pine announces MasterClass on how to manage the most OBNOXIOUS people

MATTHEW BAUM
Scallion Editor

Chris Pine, the celebrated actor featured in the newest Olivia Wilde film “Don’t Worry Darling” has just announced that he is teaming up with MasterClass to teach subscribers how to avoid wasting one’s time with the most miserable people on the planet.

Pop culture experts believe that it is because of the madness that ensued with the making of and press junket following the premiere of the film that inspired Pine to take up this project.

Pine, a mainstay of Hollywood and the most interesting millionaire named Chris, has had more than enough experience with the maintenance of his own mental health when surrounded by petty toddlers and insolent pop icons.

It is believed that at this year’s Venice Film Festival screening of his latest film, British music sensation Harry Styles, who also starred in the film, spit into Pine’s lap whilst taking a seat next to him. Why Styles was cast in a film that made itself out to be a suspense thriller with little to no acting experience before that point is anybody’s guess, but the image of a music star acting so poorly to lovable acting staple Chris Pine is evidence of the need of such training that Pine is willing to provide.

MasterClass’ statement on the new class said it was “geared toward everyday people who find themselves rolling their eyes at the obnoxious behavior of the people they can’t tell off,” and that anyone who finds themselves “sympathetic to the problems Pine is trying to resolve” can call a toll-free number

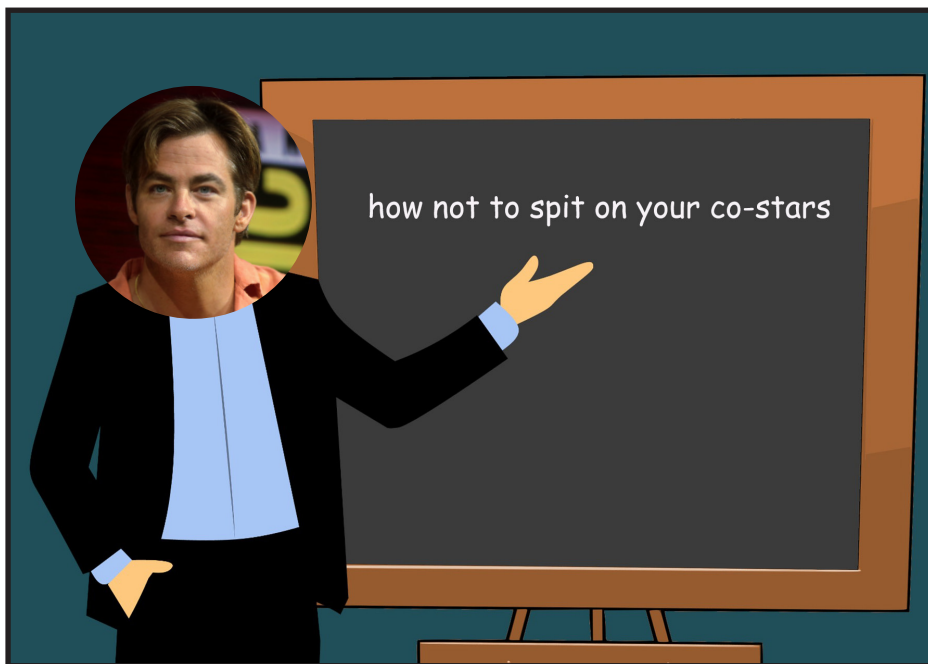
to get in touch with a licenced behavioral therapist.

There are six chapters revealed as of now, and two of the episode titles have been leaked online, namely “4: You’re Not the Problem, Keep it That Way” and “5: Tussling with the Twittersphere.”

In a press release promoting the upcoming Dungeons and Dragons movie, Pine spoke on the project, saying that, “It’s an important skill that many people would benefit from learning, and it’s certainly helped me

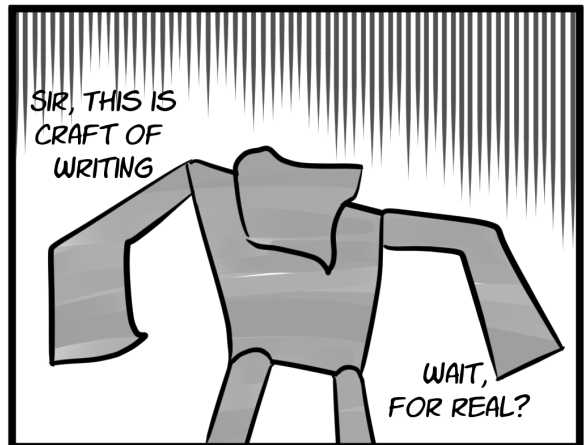
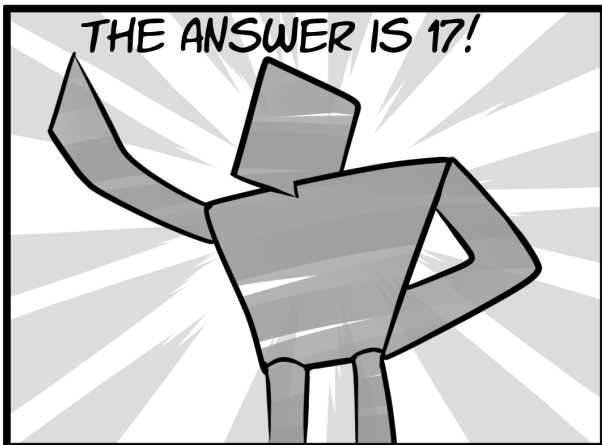
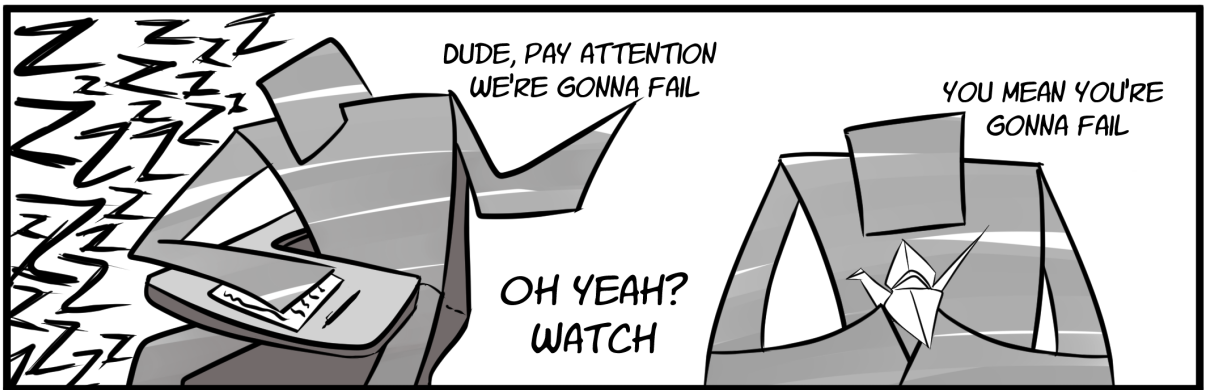
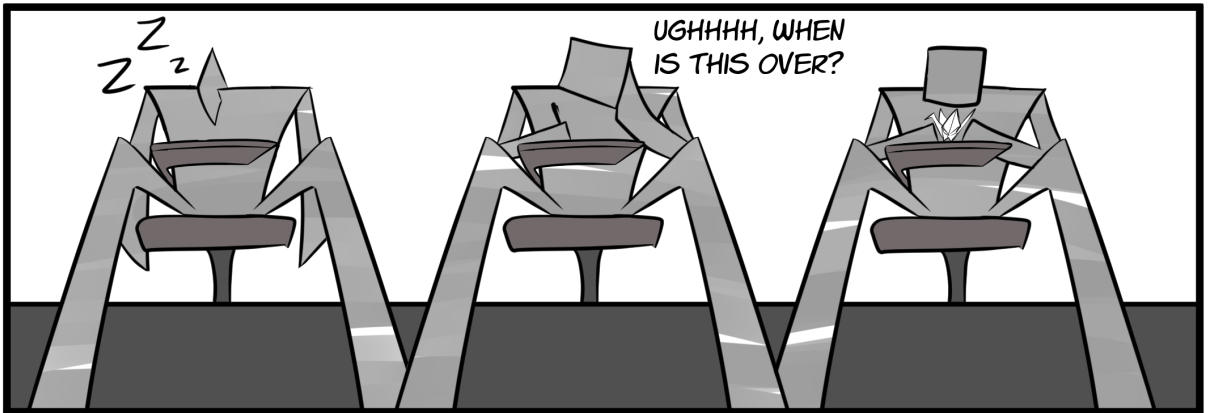
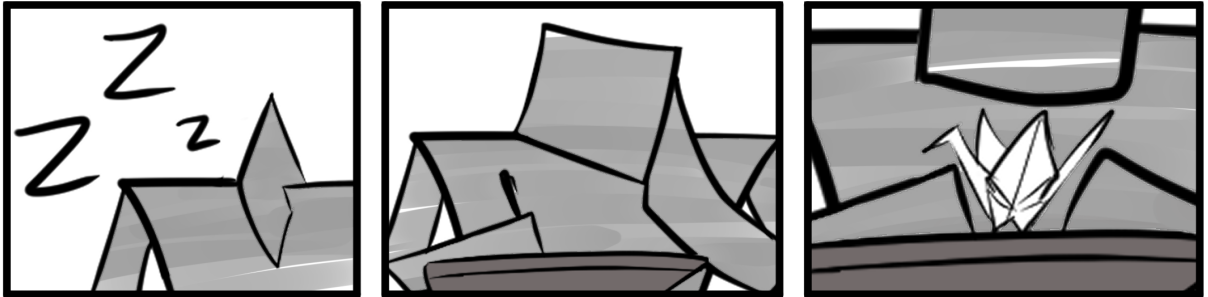
in the past. I mean, look at me, huh? You don’t stay in a job out here unless you can block out the ... annoyances that cross your path.”

Early reviews of the MasterClass say nothing but good things, with one commenter posting, “The thing about these lessons is that they feel like they’re lessons, you know?” That comment had over 6,000 responses, mostly from outraged Harry Styles fans, so it’s clear that the lessons are coming to good use.



Chris Pine photograph by Gage Skidmore from Flickr.
Chalkboard graphic by Mohamed Hassan from Pixabay.

RYAN LUDU: FREE MAN HILL



NICOLE THORSON: SKELETON ROOMMATE



HOROSCOPES

JAY BYRON
Staff Scallywag

Hi buds. Love ya. **Where's your stress level at?** I'll tell you.



Aries

Starting off strong, my little Aries friends are always struggling. You're struggling extra hard this week. Uh oh! What now?!



Taurus

Hmmmmmm ... I can't really figure you out. Just make sure you make yourself some yummy snacks so you aren't snackless.



Gemini

It's way higher than you think it is. You might wanna take a nap in your bed otherwise you'll accidentally take a nap in Starbucks.



Cancer

It could be worse! But, it's still pretty high. Hang in there. Pet a dog.



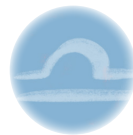
Leo

Stress? Couldn't be you. Keep bingeing a show, even if you know you should be incredibly stressed and doing 10 assignments. It's okay!



Virgo

Your stress level is as high as Maytum right now. Get a ladder and shove it down.



Libra

You say it's really high but it's just so you can get out of doing that crazy thing your one friend always asks you to do.



Scorpio

Refer to Aquarius, except yours has the added benefit that you're cute and we should go on a date sometime.



Sagittarius

Why is there so much happening right now?!?! What is going on??? Where am I??? Sorry, wait, I'm an empath, so all your thoughts just came to me. Go to bed before 4 a.m. more often.



Capricorn

Your stress level is so high. You're taking on a LOT of responsibility. Just stop! :)



Aquarius

You're probably doing okay. Meh. I have no idea if you're holding on or not, but you might wanna get a grip soon because otherwise stuff might turn rough. Oh well!



Pisces

You don't realize you're actually thriving right now because it's just gonna get worse from here. Slay.

